



The Dolphin Digest has gone DIGITAL! Please remember to sign up as a subscriber!



Picture Day!

Individual picture day is Tuesday, September 18, 2012. All students will have their photos taken whether you purchase a package or not. Order forms are coming home with students today. Checks should be made payable to LEONARD'S, and we ask that you send them in the **DAY OF** picture day. This helps us to ensure that all orders are given directly to the photographer. Remember to wear your best SMILE!

Breakfast & Lunch Information

Breakfast and lunch are served daily in our cafeteria. The cost for a full price breakfast is \$1.25 per day and a reduced priced meal is \$0.30. Lunch prices are \$2.20 for full price and \$0.40 for reduced price lunches. We accept checks, cash and payments through PayPams.com (<https://paypams.com/HomePage.aspx>) If you would like to complete an on line application to see if you qualify for free or reduced lunches, you can visit <https://mealapps.stjohns.k12.fl.us/lfserver/EFORM>. Forms are also available in the front office. If you have any questions, please contact our cafeteria manager, Mrs. Suzanne Deuschle, at 547-8551.

The United States Department of Agriculture (USDA) released the final rule as part of the Healthy Hunger-Free Kids Act (HHFKA) that will become effective July 1, 2012. The goal of the final rule is to promote overall student wellness and to assist in decreasing the incidence of childhood obesity, as well as hunger.

St Johns County Nutrition Services Department has developed new menus in order to meet the new dietary guidelines for school age children, in addition to meeting the goals of the HHFKA. Some of the changes you will see in your menu include:

- A choice of fat-free or 1% white or chocolate milk.
- An increase in portion sizes for vegetables:

Kindergarten – 5th grade: ¾ cup per day

- Weekly offerings of vegetables must come from different vegetable sub-groups:

Dark Green, Red / Orange, Beans / Peas and Starches

- Fruit offerings will come from a variety of canned (in juice) and fresh items:

Kindergarten through 5th grade: ½ cup per day

- Students are REQUIRED to take a minimum of ½ cup fruit OR vegetable.
- Half of all grain products offered must be 50% or more whole grain
- A decrease in the number of bread / grain servings offered each week:

Kindergarten through 5th grade: 8-9 servings per week

- A change in the number of meat/meat alternate servings offered each week:

Kindergarten through 5th grade: 8-10 servings per week

- New calorie minimum and maximum ranges for each grade group
- Students with milk allergies will no longer be allowed to receive juice in place of milk

VOLUNTEER RULES—IMPORTANT

The following information has been sent from the SJCSJ RSVP/Volunteer Service Office. We have been asked to share it with you so that you will understand these policies.

Want to have Lunch with your child?

In order for a person to have lunch with his/her child, that person must now be a cleared volunteer. In years past the decision to have a person cleared as a "visitor" or "volunteer" was a school decision. It is now a district-wide process to assure that each person coming to the school for lunchtime activity is to be **cleared as a volunteer** prior to being in the lunchroom.

Field Trip Attendance

It is mandatory for a person to be a cleared volunteer to take part in any aspect of a school's field trip. If a person's volunteer application has not been completed (either never submitted by the applicant or not completely cleared through the Sheriff's Office and sexual offender database) or if the person has applied and has been denied, he/she cannot take part in any part of the field trip. **This means that he/she cannot "follow the bus" to the location, or meet the group at the destination.**

To sign up to be a volunteer, please visit the SJCSJ website at www.stjohns.k12.fl.us. Go to the For Parents & Students tab and click on Volunteers in Our Schools.

If you have any questions, please contact our Volunteer Coordinator, Shawna Petrello, at 547-8540 or by email: shawna.petrello@stjohns.k12.fl.us

Principal's Corner

Dear Ketterlinus Family,

The students are doing a fantastic job in learning our school-wide rules, expectations and procedures. SWIM is the school-wide motto for students to follow.

S – Safe

W – Well Mannered

I – Incredibly Respectful

M – Make wise decisions... with the best!

I'm very proud of our students by displaying such great character both in school and out of school. KES students are wonderful! I'm looking forward to our Character Counts! Celebration next month.

Two weeks have flown by and it's now time to let your children SWIM to class! Beginning Tuesday, parents will need to sign in and be a cleared volunteer in order to enter the halls at Ketterlinus. We will have staff available to help your little one get to their class if needed. We are confident that they can do it!

Have a wonderful long weekend!

Mrs. Kathy Tucker, Principal

Summer A.R. Reading Challenge

Over the summer, students were encouraged to keep up their reading skills! Students were asked to read any A.R. books then stop by our school site to take an A.R. quiz to earn points. Students were then entered in a drawing by grade level, and winners were drawn to win a LIMOUSINE ride to Barnes and Noble and out to lunch! We applaud all students who took the challenge—great job on reading!

Congratulations to the following winners of our Summer AR challenge!

Ashawnti Covil	25 AR Points
A.J. Ritchie	20 AR Points
Aaron Jett	20 AR points
Sophia Brecko	20 AR Points
Steven Tolzmann	15 AR Points
Edie Schwarz	10 AR Points
Jack Brecko	5 AR Points
Kerrigan Golz	5 AR Points
Lillana Herrington	5 AR Points

Transportation Notifications / Changes

Please make sure that your child's teacher is aware of your child's afternoon transportation arrangements at all times. This information is requested of parents at the beginning of the school year. Your child's teacher will abide by the information that was given by the parents, unless he/she receives a change in writing.

It is very important that parents get in the habit of sending the teacher a note in the morning should your child's transportation need to be changed for that particular day. These notes need to be very specific and include your child's name, the mode of transportation, bus number or day care bus information, if applicable, and the date or dates this change involves. Teachers cannot accept a verbal change in transportation from your child. This information must be in writing from the parent only.

Should the need arise to make a change in your child's transportation during the day, please call the office at 547-8540. We ask that all changes be received by 2:15 (1:15 on Wednesdays). This allows us time to be sure that all teachers are notified of dismissal changes in plenty of time to notify your child.

Note Regarding Absence



Date _____

Dear _____,

This is to notify you that my child: _____

was absent on the following date(s) _____

for the following reason: _____

(parent signature)

If your child saw a doctor, please attach a copy of the doctor's note. Notes must be sent in with 48 hours of absence.

Thanks!



~ Dates to Remember *~*

- 9/3 Labor Day ~ School Holiday
- 9/7 Sprit Day! Wear your KES Spirit Shirt
- 9/18 SMILE! It's picture day!

Volunteers Needed!

We are in need of cleared volunteers to assist with shelving books in our library. Also, we are looking for a parent or grandparent (or two!) who would be willing to assist us with our new BOX-TOP program! If you can donate a little of your time, please let us know!



BOX TOPS for Education = \$\$ for KES!

Box Tops are one of the EASIEST ways to make money for your school! Box Tops are located on several products that we use in our households! Cereal, freezer meals, etc. Please save those Box Tops and turn them in to Mrs. Petrello in the front office (we have a box designated for collecting them). We will turn those little tabs of paper into money for our school and students! Soon, students will be bringing home a Box Top sheet to help with your collection process. Please make copies as needed. Be sure to write your child's name on their form—we will hold a drawing to award prizes! **The class who turns in the most Box Tops each nine weeks will win lunch from ZAXBY'S!!! (Thank you Zaxby's!)**



BUILDING MINDS

Lego Robotics Classes!

Did you happen to check out the "Building Minds" Lego Robotics table during orientation? Amazing! Students in grades K-5 can sign up for Lego Robotics classes which will be held every Wednesday from 2:00—3:00 p.m. During this class, students will have hands-on learning and will be able to not only create Lego models, but make them come to life through motorized gears and computers! One example was an Alligator: when the computer keystroke of "a" was pressed, the Lego Alligator opened and closed his mouth, as well as made sounds! All classes are educational and aligned with Florida's Next Generation Sunshine State Standards reinforcing concepts taught in the classroom. The class will be taught by a certified teacher. The six-week session is \$9 per class and will begin Wednesday, September 12, 2012. Each six week class will cost \$54.00. Please make checks payable to "Building Minds LLC". Registration forms are available in our front office. For more information, please stop by the KES office or call (904)612-2359. You can also email BuildingmindsFL@gmail.com.



LEE = Language Exploration Enrichment

Would you like your child to learn Spanish?

L.E.E. is a program offered to all regular and extended day students. LEE will encourage the students to develop a love for the language, while offering intensive language instruction. Classes meet twice a week after school for 12 weeks each semester. Classes will meet at the school immediately following dismissal. Students can sign up for Basic, Intermediate or Advanced classes. Students will meet Mondays from 2:55—3:40 p.m. and on Wednesdays from 1:55—2:40 p.m. A non-refundable deposit of \$190 will be charged per student. Hurry! Space is limited and registration ends August 31st. For more information or to obtain a registration form, please email LEEstjohns@aol.com, or visit our front office. You can also call 657-1918 for more information.



For all Boys and Girls Ages 7 and Up
Every Monday from 2:50 pm—5:00 pm
September 17, 2012—October 22, 2012
The First Tee of St. Johns County will provide Transportation to The First Tee and back to school.

After School Program

Teaching Life Skills Through the Game of Golf

Program Fee: \$35 *

6 Week Session

Participants will gain basic golf knowledge and core values associated with the game

We will not turn anyone away. Financial assistance available.

12 spots available—first come, first served

PTO "Spirit Shirt" Order Form

Friday, September 7th, will kick off KES Spirit Days. Spirit Days will be held every Friday, and the students are asked to wear their Dolphin t-shirts. A prize will be given each month to the class that shows the most spirit. Also, students are asked to wear these t-shirts when attending field trips. All proceeds go directly back into the school to benefit our children. Please use the order form below for t-shirts and car magnets. The orders will be delivered to your child's classroom. Please contact Amy Newman at 806-2996 with any questions.

Student Name: _____

Teacher: _____ Gr: _____

Please mark the shirt size below. Each shirt is \$10.00.

- Youth Med (6) Youth Lg (8-10) Youth XL (10-12)
- Adult Small Adult Med Adult Large Adult XL
- Car Magnet - \$5.00 each

Clinic Needs

Our clinic is in need of PLAIN, SOLID COLOR, ELASTIC WAIST shorts in kids sizes 5-12. Shorts or pants should be suitable for both boys or girls. If you have any to donate, please let Nurse Lisa know. Thanks!!

Student Advisory Council needs YOU!

We are in need of SAC members for our School Advisory Council. This group helps to advise our school on ways to improve.

This group meets monthly (approximately 8-9 times a school year) for approximately 45 minutes to 1 hour. Please let us know if you would like to become a valuable member of our SAC team!

Name: _____

Student: _____

Teacher: _____

Email Address: _____

Phone #: _____



Reduce, Reuse and Recycle!

Parents, please help us by saving and donating the following items to school. You can drop them off at the front office. These items can be recycled and turned into great things for us dolphins!

- Box Tops
- Campbells Soup Labels
- Empty Ink Cartridges (all kinds and sizes)
- Coke Rewards Points

(Found on Coke bottle caps, 12 pack boxes of Coke products and cases of Dasani water)

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In order to receive our weekly publication, you will need to sign up at <http://www-kes.stjohns.k12.fl.us/> look on the bottom right side of the page where it says "School Newsletter". Enter your email address and press "SUBSCRIBE". ALL parents must subscribe to receive the newsletter, even if you were receiving it last school year. To date, only 150 email addresses have signed up to receive our Dolphin Digest. Please take one minute and sign up for your copy today!



Dolphin "Lunch Box"

Monday, Sept. 3

No school—Labor Day!

Tuesday, Sept. 4

Cheese Sticks OR Chicken Quesadilla, Steamed Broccoli, Green Peas, Marinara Sauce, Peaches, Milk

Wed., Sept. 5

Chicken Nuggets, Baked Beans, Carrots, Ranch Dressing, Breadstick, Orange, Milk

Thursday, Sept. 6

Spaghetti & Meat Sauce OR Fajita Chicken Wrap, Salad with Ranch Dressing, Cherry Tomato & Celery Sticks, Pears, Milk

Friday, Sept. 7

Oven Baked Chicken OR BBQ Meatballs, Breadstick, Carrots with Dressing, Green Beans, Applesauce, Milk