## Anatomy Final Exam Review

## MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

1) Which of the following activities represents physiological studies:	1)
A) making a section through the heart to observe its interior	
B) examining the surface of a bone	
C) drawing blood from laboratory animals to determine their blood sugar levels	
D) viewing muscle tissue through a microscope	
E) observing the parts of a reproducing cell	
2) The lymphatic system:	2)
A) produces heat	
B) picks up fluid leaked from blood vessels and returns it to the blood	
C) responds to internal and external changes by activating appropriate muscles and glands	
D) synthesizes vitamin D	
E) secretes hormones that regulate processes such as growth, reproduction, and nutrient use (metabolism) by body cells	
3) Which of the following statements is true regarding the vertebral, occipital, and buccal regions:	3)
A) only the occipital and buccal regions are located dorsally	
B) all of these regions are located dorsally	
C) only the vertebral and buccal regions are located dorsally	
D) none of these regions is located dorsally	
E) only the vertebral and occipital regions are located dorsally	
4) Which of the following is an anterior body landmark:	4)
A) antecubital region	
B) calcaneal region	
C) gluteal region	
D) scapular region	
E) vertebral region	
5) In describing the relationship between the patellar and femoral regions:	5)
A) the patellar region is distal to the femoral region	
B) the patellar region is superior to the femoral region	
C) the patellar region is lateral to the femoral region	
D) the patellar region is dorsal to the femoral region	
E) the patellar region is proximal to the femoral region	

6) The ovary is part of which of the following two systems:	6)
A) endocrine and respiratory systems	
B) reproductive and respiratory systems	
C) digestive and respiratory systems	
D) reproductive and endocrine systems	
E) digestive and endocrine systems	
7) Which of the following is the correct sequence, going from superior to inferior, on the medial abdominal surface:	7)
A) hypogastric region, umbilical region, epigastric region	
B) epigastric region, hypogastric region, umbilical region	
C) epigastric region, umbilical region, hypogastric region	
D) hypogastric region, epigastric region, umbilical region	
E) umbilical region, hypogastric region, epigastric region	
8) In anatomical position:	8)
A) the body is laying face up with the feet parallel and the arms at the sides with the palms facing forward	
B) the body is erect with the feet parallel and the arms hanging at the sides with the palms facing forward	
C) the body is erect with the feet parallel and the arms hanging at the sides with the palms facing backward	
D) the body is laying face down with the feet parallel and the arms at the sides with the palms facing backward	
E) the body is laying face up with the feet parallel and the arms at the sides with the palms facing backward	
9) Which ventral cavity subdivision has no bony protection:	9)
A) pelvic	
B) spinal	
C) abdominal	
D) cranial	
E) thoracic	

10) The molecules in the cell membrane that serve as receptors or binding sites for hormones or other chemical messengers are the:	10)
A) glycoproteins	
B) proteins	
C) lipids	
D) cholesterol molecules	
E) carbohydrates	
11) Which of the following is NOT true of epithelial tissue:	11)
A) it covers all free body surfaces and lines the hollow cavities of organs	
B) it forms continuous cellular sheets	
C) it forms glands	
D) it has a good blood supply within it and is very vascular	
E) it rests on a basement membrane	
12) The molecule that carries an amino acid to the ribosome for incorporation into a protein is:	12)
A) ATP	
B) transfer RNA (tRNA)	
C) ribosomal RNA (rRNA)	
D) DNA	
E) messenger RNA (mRNA)	
13) The epithelial tissue found in areas subject to considerable stretching, such as the urinary bladder, is:	13)
A) pseudostratified columnar epithelium	
B) stratified squamous epithelium	
C) simple squamous epithelium	
D) simple columnar epithelium	
E) transitional	
<ul> <li>14) Place the four steps in DNA replication in the proper sequence:</li> <li>(1) DNA separates into its two nucleotide chains</li> <li>(2) two DNA molecules are formed that are identical to the original DNA helix</li> <li>(3) DNA helix unwinds</li> <li>(4) each strand acts as a template for building a new complementary strand</li> </ul>	14)
A) 4 2 1 2 P) 2 4 1 2 C) 2 1 4 2 P) 4 1 2 2 E) 1 2 4 3	

15) Glands, such as the thyroid, that secrete their products directly into the blood rather than through ducts are classified as:	15)
A) ceruminous	
B) endocrine	
C) exocrine	
D) sudoriferous	
E) sebaceous	
16) Two types of endocytosis are:	16)
A) solute pumping and active transport	
B) phagocytosis and pinocytosis	
C) active transport and phagocytosis	
D) cellular secretion and solute pumping	
E) pinocytosis and passive transport	
17) The tissue that is usually well vascularized and has an extensive intercellular matrix is called:	17)
A) nervous tissue	
B) muscle tissue	
C) connective tissue	
D) brain tissue	
E) epithelial tissue	
18) The patella is a:	18)
A) irregular bone	
B) flat bone	
C) short bone	
D) sesamoid bone and a short bone	
E) sesamoid bone	
19) The hyoid bone is unique because:	19)
A) it has no specific function	
B) it is covered with mucosa	
C) it has an unusual shape	
D) it is the only bone of the body that does not directly articulate with any other bone	
E) it largely consists of cartilage	

20) Red bone marrow	functions to	, whereas yellow be	one marrow functions	s to	20)
A) produce bloo	d cells; store fat tis	sue			
B) provide osteo	oclasts; produce ost	teocytes			
C) provide osteo	ocytes; produce ost	eoblasts			
D) produce adip	ose tissue; produc	e blood cells			
E) provide osteo	ocytes; produce blo	od cells			
21) A shallow, basin-li	ike depression in a l	bone often serving as	an articular surface is	s a:	21)
A) groove	B) sinus	C) meatus	D) foramen	E) fossa	
22) The two largest foo	ot bones are the:				22)
A) metatarsals 4	and 5				
B) middle and p	roximal phalanges				
C) talus and cale	aneus				
D) distal and mi	ddle phalanges				
E) metatarsals 1	and 2				
23) The greater tubercle is located on the:					
A) humerus	B) femur	C) radius	D) ulna	E) tibia	
24) The canal that runs	through the core o	f each osteon contains	<b>3</b> :		24)
A) osteoclasts an	d osteoblasts				
B) yellow marro	w and Sharpey's fil	oers			
C) cartilage and	lamella <b>e</b>				
D) red marrow					
E) blood vessels	and nerve fibers				
25) Paralysis of which	of the following wo	ould make an individu	ial unable to flex the	thigh:	25)
A) vastus media	lis				
B) iliopsoas and	rectus femoris				
C) vastus lateral	is				
D) biceps femori	s				
E) vastus interm	edius				

26) Which one of the following does NOT compress the abdomen:	26)	
A) internal oblique		
B) external oblique		
C) rectus abdominis		
D) latissimus dorsi		
E) transversus abdominis		
27) Which of the following muscles enables raising of the eyebrows and horizontal wrinkling of the forehead:	27)	<del></del>
A) the frontalis		
B) the temporalis		
C) the zygomaticus		
D) the masseter		
E) the buccinator		
28) Which one of the following muscle actions would NOT be classified as an ISOTONIC contraction:	28)	
A) throwing a ball		
B) lifting a glass of water to your mouth		
C) pushing against a stationary wall		
D) writing a letter		
E) typing your shoe		
29) A sarcomere is:	29)	
A) the contractile unit between two Z lines		
B) the nonfunctional unit of skeletal muscle		
C) the area between two intercalated discs		
D) a compartment in a myofilament		
E) the wavy lines on the cell, as seen in a microscope		
30) The mechanical force of contraction is generated by:	30) _	
A) shortening of the thin filaments		
B) shortening of the thick filaments		
C) a sliding of thin filaments past thick ones		
D) the temporary disappearance of thin filaments		
E) the "accordian-like" folding of thin and thick filaments		

31) W	hich one of these ef	fectors is NOT di	rectly controlled by	the autonomic nervous	system:	31)	
	A) skeletal muscle						
	B) smooth muscle						
	C) abdominal orga	ns					
	D) cardiac muscle						
	E) most glands						
32) TI	ne sciatic nerve is th	e largest nerve in	the body resulting	from a combination of w	hich two nerves:	32)	
	A) femoral and tibi	al nerves				•	
	B) pudendal and co	ommon peroneal	nerves				
	C) pudendal and ti	bial nerves					
	D) pudendal and fe	emoral nerves					
	E) common fibular	and tibial nerves					
33) A	shallow groove loca	ated on the surfac	e of the cerebral cor	tex is called a:		33)	
	A) gyrus	B) furrow	C) tract	D) fissure	E) sulcus		
34) Which one of the following describes how the interior surface of a cell membrane of a polarized neuron differs from the external environment? The interior is:					34)	<u>.</u>	
	A) negatively charg	ged and contains r	nore sodium				
	B) neutral and cont	tains the same am	ount of sodium				
	C) positively charg	ed and contains n	nore sodium				
	D) negatively charg	ged and contains l	ess sodium				
	E) positively charg	ed and contains le	ess sodium				
35) W	hich one of the follo	wing best describ	es the waxy-appea	ring material called mye	lin:	35)	<u>-</u>
	A) a lipid-protein (	(lipoprotein) cell r	nembrane on the ou	itside of axons			
	B) a mass of white	lipid material tha	t surrounds the cell	body of a neuron			
	C) a mass of white	lipid material tha	t surrounds the den	drites of a neuron			
	D) a mass of white	lipid material tha	t insulates the axon	of a neuron			
	E) an outer membra	ane on a neurogli	al cell				
36) Th	ie ion essential for b	lood clotting is:				36) _	
	A) hydrogen	B) sodium	C) iodine	D) potassium	E) calcium		

37) '	Which one of the foll	owing represents	the proper sequenc	ce of hemostasis:		37)	
	A) coagulation, pla	atelet plug forma	tion, vascular spasn	n			
	B) coagulation, va	scular spasm, pla	telet plug formation	n			
	C) platelet plug for	rmation, vascular	r spasm, coagulation	า			
	D) vascular spasm	, coagulation, pla	telet plug formation	n			
	E) platelet plug for	rmation, coagulat	tion, vascular spasn	n			
38) 1	Platelets are fragmen	ts of multinuclea	te cells called:			38)	
	A) erythrocytes						
	B) megakaryocyte	5					
	C) eosinophils						
	D) macrophages						
	E) basophils						
<b>39</b> ) I	Bleeding disorders of	ten result from a	lack of which one o	of the following vitamins:	:	39)	
	A) vitamin K						
	B) vitamin B12						
	C) vitamin A						
	D) vitamin C						
	E) vitamin D						
•	A clot that breaks awa	ay from a vessel v	wall and circulates t	freely within the bloodst	ream is called	40)	
	A) thrombus						
	B) thromboplastin						
	C) fibrin						
	D) clotting cascade						
	E) embolus						
41) T	The carotid artery is l	ocated in the:				41)	
	A) neck	B) groin	C) leg	D) abdomen	E) armpit		
42) V	When the ventricles c	ontract, the bicus	pid (mitral) valve p	revents blood from flow	ing from the:	42)	
	A) left ventricle to	the right ventricle	2				
	B) left ventricle to t	the left atrium					
	C) right atrium to t	he left atrium					
	D) right ventricle to	the right atrium	ı				
	E) left atrium to the	e right atrium					

43) The atria of the heart are the chambers that are:	43)
A) located inferiorly and are the receiving chambers of the heart	
B) located superiorly and are the discharging chambers of the heart	
C) located inferiorly and are the discharging chambers of the heart	
D) located superiorly and are the receiving chambers of the heart	
E) located posteriorly and are the discharging chambers of the heart	
44) Which one of the following blood vessels carries oxygenated blood:	44)
A) superior vena cava	
B) coronary sinus	
C) inferior vena cava	
D) pulmonary vein	
E) pulmonary artery	
45) The reflex that helps an infant hold on to the nipple and swallow is called the:	45)
A) fetal reflex	
B) rooting reflex	
C) sucking reflex	
D) peristaltic reflex	
E) nursing reflex	
46) The sequence of steps by which large food molecules are broken down into their respective building blocks by catalytic enzymes within hydrolysis reactions is called:	46)
A) ingestion	
B) propulsion	
C) mechanical digestion	
D) absorption	
E) chemical digestion	
47) Which of the following influence the release of pancreatic juice and bile:	47)
A) gastrin and renin	
B) cholecystokinin and gastrin	
C) secretin and gastrin	
D) cholecystokinin and secretin	
E) renin and cholecystokinin	

48) Negative feedback systems:	48)
<ul> <li>A) regulate heart and breathing rates, and operate in such a way that the initial stimulus is enhanced and increases</li> </ul>	
<ul> <li>B) regulate heart and breathing rates, and operate in such a way that the initial stimulus is shut off or reduced</li> </ul>	
C) operate in such a way that the initial stimulus is enhanced and increases	
D) operate in such a way that the initial stimulus is shut off or reduced	
E) regulate heart and breathing rates	
49) Which of the following is the correct sequence, going from simplest to most complex, in the levels of structural organization of the human body:	49)
A) cellular level, chemical level, tissue level, organ system level, organismal level, organ level	
B) chemical level, tissue level, cellular level, organ system level, organ level, organismal level	
C) cellular level, tissue level, chemical level, organ level, organ system level, organismal level	
D) cellular level, chemical level, tissue level, organ level, organ system level, organismal level	
E) chemical level, cellular level, tissue level, organ level, organ system level, organismal level	
50) The smallest living unit of all living things is:	50)
A) a tissue	
B) a cell	
C) an organ	
D) the organism	
E) a molecule	
51) Intercalated disks are found in:	51)
A) both skeletal and smooth muscle tissue	
B) cardiac muscle tissue only	
C) skeletal muscle tissue only	
D) smooth muscle tissue only	
E) both cardiac and smooth muscle tissue	
52) The type of muscle found in the walls of hollow organs, such as the stomach, and in the walls of blood vessels is:	52)
A) skeletal muscle	
B) smooth muscle	
C) cardiac muscle	
D) both cardiac muscle and skeletal muscle	
E) both smooth muscle and skeletal muscle	

53)	Which one of the foll	lowing is NOT tru	ie about the cell mem!	orane:		53)
	A) it regulates the	entry and exit of	cell materials			
	B) it consists of tw	o lipid layers				
	C) it allows water	soluble molecules	s to pass through easi	ly		
	D) its lipid compo	nents are primaril	ly phospholipids and	cholesterol		
	E) it contains prot	eins for specialize	ed functions			
54)	The foramen magnu	m passes through	the:			54)
· -,	A) axis	<b></b>				
	B) occipital bone					
	C) atlas					
	D) coxal bone					
	E) temporal bone					
	- -					
55)	The major portion of	the coxal bone is	the:			55)
	A) false pelvis					
	B) pubis					
	C) ischium					
	D) sacrum					
	E) ilium					
56)	The insertion of the g	gluteus maximus i	s the:			56)
	A) femur	B) tibia	C) sacrum	D) ilium	E) calcaneus	
	_	ve skeletal muscle	its characteristic strip	oed appearance are <sub>l</sub>	produced, for the	57)
1	most part, by:					
	A) the T tubules	4 44				
	B) the arrangemen	-				
	C) a difference in t		e sarcolemma			
	D) the sarcoplasmi					
	E) the "cocked" po	sitions of the head	ls of the thick filamen	ts		
58) 1	The area of the brain	stem that plays a	role in consciousness	and the awake/sleep	cycles is the:	58)
	A) limbic system					
	B) reticular activat	ting system (RAS)	,			
	C) thalamus		•			
	D) cerebellum					
	E) pineal body					

59) Afferent nerves are called	ر and motor nerves are called	59)	
A) motor nerves; sensory nerves			
B) peripheral nerves; cranial nerve	es		
C) sensory nerves; efferent nerves			
D) cranial nerves; peripheral nerve	es		
E) mixed nerves; motor nerves			
60) Anemias appearing in old age result	from all of the following EXCEPT:	60)	
A) leukemia			
B) vitamin deficiencies			
C) nutritional deficiencies			
D) drug therapy			
E) erythrocyte mutations			
61) Severe shock occurs with blood loss of	of:	61)	
A) over 30 percent			
B) over 10 percent			
C) over 5 percent			
D) over 20 percent			
E) over 50 percent			
62) The path of blood flow within the sys	temic vascular system is:	62)	
A) arterioles, arteries, capillary bed	ls, veins, venules		
B) arteries, arterioles, capillary bed	ls, veins, venules		
C) arterioles, arteries, venules, veir	ns, capillary beds		
D) arteries, arterioles, capillary bed	s, venules, veins		
E) arterioles, arteries, capillary bed	s, venules, veins		
	to metabolize the amino acid phenylalanine, which can result ss a special diet low in phenylalanine is followed, is called:	63)	
A) cleft palate			
B) cleft lip			
C) tracheoesophageal fistula			
D) cystic fibrosis			
E) phenylketonuria			

64) Which of the follow abdominal surface:	ing is the correct se	quence, going from	n superior to inferior, or	n the lateral	64)
A) lumbar region	, hypochondriac re	gion, iliac region			
B) iliac region, h	ypochondriac regio	n, lumbar region			
C) lumbar regior	, iliac region, hypo	chondriac region			
D) hypochondria	c region, lumbar re	gion, iliac region			
E) iliac region, lu	ımbar region, hypo	chondriac region			
65) Which of the follow	ing statements abo	ut RNA is correct:			65)
A) it contains 2 cl	nains				
B) it has the base	uracil instead of th	ymine			
C) it is composed	l of amino acids				
D) it never leaves	the nucleus				
E) it contains dec	xyribose sugars				
66) Which of the follow correct:	ing groups of bone	s in the human boo	ly, categorized accordin	g to shape, is	66)
A) skull bones - i	flat bones				
B) wrist and ank	le bones – long bon	es			
C) cranium - ses	_				
D) arm and leg b	ones - short bones				
E) coxal bones -	irregular bones				
67) Which one of the fo	llowing muscles is:	involved in dorsifl	exion and inversion at t	ne ankle joint:	67)
A) tibialis anterio	*			,	
B) hamstrings					
C) quadriceps gro	oup				
D) extensor digite	_				
E) peroneus mus	cles				
68) The posterior side o	f the leg and foot is	served by which r	erve:		68)
A) obturator	B) peroneal	C) tibial	D) median	E) femoral	
,	• •	•	•	•	
69) The universal recipi	ent has blood type:				69)
A) A	B) B	C) AB	D) ABO	E) O	

70) Substances tend to leave the bloodstream at the arterial end of the capillary because:	70)
A) the osmotic pressure of the blood is higher at the venular end of the capillary	
B) blood pressure is higher at the venular end of the capillary	
C) interstitial pressure is higher at the arterial end of the capillary	
D) blood pressure is higher at the arterial end of the capillary	
E) the osmotic pressure of the blood is higher at the arterial end of the capillary	
71) Which one of the following is NOT absorbed by the human large intestine:	71)
A) water	
B) vitamin K	
C) protein	
D) some of the B vitamins	
E) ions	
72) The structure that delivers digestive enzymes to the small intestine is/are the:	72)
A) liver	
B) pancreas	
C) pharynx	
D) adrenal glands	
E) lymphoid organs	
73) Once solid material is phagocytized and taken into a vacuole, which of the following statements best describes what happens:	73)
A) a ribosome enters the vacuole and uses the amino acids in the "invader" to form new protein	
B) oxygen enters the vacuole and "burns" the enclosed solid material	
C) the vacuole remains separated from the cytoplasm and the solid material persists unchanged	
D) a lysosome combines with the vacuole and digests the enclosed solid material	
E) cilia propel the material throughout the cell interior	
74) The atlas is the:	74)
A) last lumbar vertebra	
B) part of the sacrum	
C) second cervical vertebra	
D) first thoracic vertebra	
E) first cervical vertebra	
TRUE/FALSE. Write 'T' if the statement is true and 'F' if the statement is false.	
75) The lymphatic system secretes hormones that regulate processes such as growth, reproduction, and nutrient use by cells.	75)

76) The thoracic cavity is separated from the abdominopelvic cavity by the diaphragm.	76)
77) The cervical area refers to the genital region.	77)
78) The greater the osmotic pressure, the greater the tendency of water to move into that area.	78)
79) The movement of substances from an area of higher hydrostatic pressure to an area of lower hydrostatic pressure is called <i>diffusion</i> .	79)
80) Most of the stress on the vertebral column occurs on the sturdiest vertebrae in the sacral region.	80)
81) The diaphysis of a long bone is composed of spongy bone.	81)
82) A contraction in which a skeletal muscle does not shorten but its tension increases is called isometric.	82)
83) A sustained partial contraction of skeletal muscle is called muscle tone.	83)
84) Acetylcholine is the substance released by the axonal endings of somatic efferent fibers and by parasympathetic nerve fiber endings.	84)
85) Reflexes are rapid, predictable, and automatic responses to stimuli.	85)
86) Rh-related problems occur in pregnant Rh- women carrying an Rh+ baby.	86)
87) Smooth muscle and elastic tissue in a blood vessel wall is found primarily in the tunica media.	87)
88) Brush border enzymes break down double sugars into simple sugars but have no effect on protein digestion.	88)
89) Excretion is the process of removing wastes from the body.	89)
90) When a cell is placed in a hypotonic solution it will swell and may rupture.	90)
91) The heaviest, strongest bone in the body is the femur.	91)
92) A prime mover of the arm that acts in adduction is the deltoid.	92)
93) Efferent nerve fibers may be described as motor nerve fibers.	93)
94) An abnormally low WBC count is called leukopenia.	94)
95) The right and left common iliac veins receive oxygenated blood directly from the abdominal aorta which then sends the blood directly to the right and left external iliac arteries.	95)

96) The lacy apron of the peritoneum that covers the abdominal organs is called the lesser omentum.		
97) The highest level of structural organization in humans is the organ level.		97)
98) Cholesterol synthesis and breakdown takes place in the rough endoplasmic reticulum.		98)
99) The layman's name for the scapula is the co	llarbone.	99)
MATCHING. Choose the item in column 2 that best	t matches each item in column 1.	
Match the following:		
100) Coxal	A) hip	100)
	B) thigh	
Match the following.		
101) Responds to stimuli (internal and external)	A) skeletal system	101)
102) Site of hematopoiesis	B) nervous system	102)
Match the following:		
103) DNA	A) acts as a template during transcription and is synthesized during translation	103)
	B) acts as a template during transcription	
Match the following:		
104) Chromosomes move slowly apart toward opposite ends of the cell	A) anaphase	104)
Match the following:		
105) Articulates with arm bone head	A) scapula	105)
Match the following:		
106) Area where bone growth takes place	A) epiphyseal plate	106)
	B) epiphyseal line	
Match the following:		
107) A metabolic pathway that produces water, carbon dioxide, and ATP, and	A) aerobic respiration	107)
provides for a large amount of ATP	B) anaerobic respiration	

108) Serves as the actual "go" signal for	A) calcium ions	108)
muscle contraction	B) sodium ions	
Match the following:		
109) Primary sensory cortex	A) parietal lobe	109)
110) Somatic motor cortex	B) pyramidal tract	110)
	C) frontal lobe	
	D) corticospinal tract	
Match the following function with its blood cell:		
111) Transport carbon dioxide	A) leukocytes	111)
	B) erythrocytes	
Match the following.		
112) An increase in sympathetic nervous system firing causes cardiac output to	A) increase	112)
Identify the digestive organ that is primarily associated wit	h the following digestive function:	
113) Site where starch digestion begins	A) mouth	113)
	B) stomach	
Match the following:		
114) Inferior	A) above	114)
	B) below	
Match the following:		
115) Peroxisomes	A) uses oxygen to detoxify harmful substances	115)
Match the following:		
116) Cells that can dissolve the bony matrix	A) osteoclasts	116)
	B) osteons	
Match the following:		
117) Destroys acetylcholine (ACh)	A) enzymes	117)
	B) potassium ions	

Match the following:		
118) Cerebrospinal fluid is filtered into the ventricles through this	A) choroid plexus	118)
	B) epithalamus	
Match the following function with its blood cell:		
119) Kill parasitic worms	A) eosinophils	119)
	B) neutrophils	
Match the following.		
120) An increase in the deposition of saturated fats in the lining of blood vessels causes arterial blood pressure to	A) increase	120)
Identify the digestive organ that is primarily associated w	ith the following digestive function:	
121) Site where pancreatic enzymes and bile enter the alimentary canal	A) duodenum	121)
	B) ileum	
Match the following:		
122) Lateral	A) toward the side	122)
	B) toward the midline	
Match the following:		
123) Chromosomes cluster and align at the center of the spindle	A) metaphase	123)
Match the following:	•	
124) Small channels that radiate through the matrix of bone	A) canaliculi	124)

B) Sharpey's fibers