What to Expect in 7th & 8th Grades





The TMMS Way

<u>Treating</u> myself, others , & property with respect <u>Mindful</u> of my own behavior <u>Motivated</u> to learn <u>Serving</u> my school and community





Emotions Matter!

Emotions (and what we do with them) influence:

- Attention, memory, and learning
- Decision making and judgment
- Relationship quality
- Physical and mental health
- Everyday effectiveness

...at home, in the classroom, and at work!

What is **E**RULER?

- RULER is an approach to social and emotional learning that teaches the skills of emotional intelligence and includes everyone in the school community.
- RULER is involved in all parts and aspects of the school.
- Research shows that RULER reduces problem behavior, promotes positive relationships, and improves academic achievement.

IDENTIFY The RULER Skills

Recognizing emotions in oneself and others

Understanding the causes and consequences of emotions

Labeling emotions with a nuanced vocabulary

Expressing emotions in accordance with cultural norms & social context

Regulating emotions with helpful strategies

MOOD METER

How are you feeling?

1	ENRAGED	PANICKED	STRESSED	ATTERY	SHOCKED	SUPRISED	UPBEAT	FESTIVE	EXHILARATED	ECSTATIC
	LIVID	FURIOUS	FRUSTRATED	TENSE	STUNNED	HYPER	CHEERFUL	MOTIVATED	INSPIRED	ELATED
	FUMING	FRIGHTENED	ANGRY	NERVOUS	RESTLESS	ENERGIZED	LIVELY	ENTHUSIASTIC	OPTIMISTIC	EXCITED
	ANXIOUS	APPREHENSIVE	WORRIED	IRRITATED	ANNOYED	PLEASED	НАРРУ	FOCUSED	PROUD	THRILLED
ENERGY	REPULSED	TROUBLED	CONCERNED	UNEASY	PEEVED	PLEASANT	JOYFUL	HOPEFUL	PLAYFUL	BLISSFUL
ENE	DISGUSTED	GLUM	DISAPPOINTED	DOWN	APATHETIC	ATEASE	EASYGOING	CONTENT	LOVING	FULFILLED
I	PESSIMISTIC	MOROSE	DISCOURAGED	SAD	BORED	CALM	SECURE	SATSIFIED	GRATEFUL	TOUCHED
	ALIENATED	MISERABLE	LONELY	DISHEARTENED	TIRED	RELAXED	CHILL	RESTFUL	BLESSED	BALANCED
	DESPONDENT	DEPRESSED	SULLEN	EXHAUSTED	FATIGUED	MELLOW	THOUGHTFUL	PEACEFUL	COMFY	CAREFREE
ţ	DESPAIR	HOPELESS	DESOLATE	SPENT	DRAINED	SLEEPY	COMPLACENT	TRANQUIL	COZY	SERENE
← PLEASANTNESS										





If you do not plan on using 1st Day School Supplies, see below for each grade level supply list.

7th Grade**8th** GradeClick hereClick here

U.S. History

Mr. Milositz 203-365-8250 extension 8210 milositj@cestrumbull.org

 Topics Covered: Physical Geography First Americans
 Colonial America American Revolution 8th Grade

 Topics Covered: American Revolution American Foundations and Civics Expansion Civil War Reconstruction

 Inquiry Based Learning – Students discovering the past through primary sources

• Google Classroom & Discovery Techbook





SCIENCE! Dionne Couture



7th Grade

O Properties of Matter *O* Force and Motion – Simple Machines with Eli Whitney Museum*

O The Human Body – Fish Dissection with Maritime Aquarium* *O* Heredity – Strawberry DNA with Maritime Aquarium* *O* Force and Motion – Eli Whitney Museum* *O* Space Science – GAVRT Day

*To be decided

7th & 8th Grade Math Ms. Graveline

<u>8th Grade Topics:</u>

- □ Equations
- □ Volume and Similar Solids
- □ Angles and Triangles
- □ Transformations
- Exponents and Scientifie Notation
- Real Numbers and the Pythagorean Theorem
- □ Graphing and Writing ⁄⁄⁄⁄⁄⁄⁄⁄ Linear Equations
- Systems of Linear Equations
- **Functions**
- Data Analysis and Displays

<u>7th Grade Topics:</u>

Integers
Rational Numbers
Expressions and Equations
Inequalities
Ratios, Proportions, Percents
Scale Drawings
Circles
Surface Area and Volume
Probability and Statistics





Sra. LaVecchia 203-365-8200 ext. 7457 lavecchj@cestrumbull.org



7th Grade Topics:
describing ourselves
& family members
house & chores

8th Grade Topics:

- shopping & clothing
- food/restaurant

* Cinco de mayo



Grade 7: English Language Arts With Miss. Fried

Elisabeth (Ellie) Fried <u>friede@cestrumbull.org</u> Ext: 7456

ELA Goals: To encourage a love for reading, writing and thoughtful discussion through engaging units of study. Using different genres, students will get to practice reading and writing, both independently and collaboratively, to learn and appreciate their own personal skills and craft.

Things we will be working on...

Reading: Realistic Fiction, Historical Fiction, Nonfiction // Literary Devices

Examples: Miracle's Boys and Inside Out and Back Again

Writing: Informational (Nonfiction/Research Studies), Argumentative, Realistic Fiction, Personal Narratives (Memoir), Poetry // Figurative Language

Grammar and Language Skills: Sentence forms/structure, Parts of speech, Punctuation, Vocabulary units

<u>Resources we will be</u> <u>using:</u> -Mr. Webster -Thesaurus -IXL -Membean -FreeRice

> The More Hat You read, He More Hkings You will know. The More Hat You Learn, He More places You'll go.

LANGUAGE ARTS GRADE 8 **Develop or continue:** Mrs. Fletcher

- A love of reading
- fletchec@cestrumbull.org Reading and listening comprehension
- Meaningful writing
- Powerful vocabulary



Expect to see:

- Agenda with assignments noted
- Novels and collected citations
- Nightly reading: 45 min. ightarrow
- **Bi-Weekly Vocabulary Quizzes** •
- Online student specific homework • (IXL.com, Membean.com, and Powerup)



Teacher Contact List

Class	Teacher	Email	
Science	Dionne Couture	coutured@cestrumbull.org	
ELA - 8 th Grade	Carmen Fletcher	fletcherc@cestrumbull.org	
ELA - 7 th Grade	Ellie Fried	friede@cestrumbull.org	
Math	Leigh Graveline	gravelil@cestrumbull.org	
Spanish	Jenna LaVecchia	lavecchj@cestrumbull.org	
Social Studies	Joe Milositz	milositj@cestrumbull.org	



Specialist Contact List

Class	Teacher	Email	
Technology	Gretchen DiStefano	distefag@cestrumbull.org	
Art	Carmen Fletcher	fletchec@cestrumbull.org	
Music	Bob Fraleigh	fraleighb@cestrumbull.org	
Gym & Health	Justin Bloom	<u>bloomj@cestrumbull.org</u>	

Support Staff Contact List

Guidance Counselor	Terri Davis	davist@cestrumbull.org
Social Worker	Carla Moreira	moreirac@cestrumbull.org
School Psychologist	Dana Bossio	bossiod@cestrumbull.org
Special Education	Angela Duva	<u>duvaa@cestrumbull.org</u>
ESL	Alison La Luz	laluza@cestrumbull.org
Vice Principal	Ginger Vail	vailgi@cestrumbull.org
Principal	Anna Nelmes-Stoughton	<u>nelmesa@cestrumbull.org</u>

PowerSchool

PowerSchool is the grading platform the 7th and 8th Grade Team uses for grades. You can download the app to receive regular updates and notifications about grades, missing assignments, etc.

7th Grade Parents:

• Once the year begins, you will receive an email from Mrs. DiStefano regarding PowerSchool information. It will contain your individual sign-on instructions.

8th Grade Parents:

• Login is same as last year.

TOGETHER, we will have a great year!

Please make sure the office has the correct contact info (phone number and email).

