

# SIMSBURY HIGH SCHOOL



## WHAT'S HAPPENING

2020-2021

The following are all of the sports, clubs and activities going on at Simsbury High School! Daily announcements offer news about when they meet, events they're planning and who to contact to get involved. You can also get all the latest information from the Clubs and Activities page on the SHS website. If you have any questions, please contact the faculty advisor or the Athletics and Student Activities Office at 860-658-0451 ext. 190.

Don't see the club you're looking for? No problem, students are welcome to start a new club or activity by completing the New Club Form. It's available on the Clubs and Activities page of the SHS website. There's also a hard copy of the form at the end of this booklet.

Get involved! Your participation in extracurricular activities will enrich your high school experience and positively contribute to our school culture.



A handwritten signature in black ink, appearing to read "Jeff Pinney". The signature is stylized and written in a cursive-like font.

Jeff Pinney  
*Director of Athletics &  
Student Activities*

# CLUBS

## **ANIME CLUB – [Mr. Hunter](#)**

Anime is a style of animation developed in Japan, characterized by colorful, extraordinary art taking place in settings that are “unbelievable.” Students get together and discuss what anime they like and dislike and also evaluate anime based on the story-line, voice-overs, humor and other attributes of an anime. Manga’s, or Japanese comic books, are exchanged. Students draw their own anime characters and give each other anime names from their favorite series.

## **APPS FOR THE COMMUNITY - [Ms. Fearrington](#)**

The goal of this club is to help non-profits by creating apps to aid in their efforts. Students will work on reaching out to local non-profits that may need our help, meet to discuss what type of apps could help them and then work together to create them.

## **ASPIRING MEDICAL PROFESSIONALS CLUB (AMPC) - [Ms. Pirek](#)**

Our goal is to motivate and educate students who are interested in pursuing careers in the medical field. AMPC will bring in guest speakers from a large variety of medical fields. Members can make recommendations of potential guest speakers, and they can invite and interview speakers. Members can also ask guest speakers questions to gain knowledge of a potential career path. There can also be a potential for a fundraising aspect, where funds can be donated to a selected medical research organization.

## **ASPIRING WRITERS ASSOCIATION – [Mr. Leftoff](#)**

The Aspiring Writers Association is dedicated to the creation of literature, with a focus on fiction and poetry. Members will write and get help with improving their work, editing and brainstorming with other members. Members will participate in creative exercises and have a chance to share their written works.

## **BEST BUDDIES – [Ms. Rooney](#)**

This club focuses on developing one-on-one friendships between typically developing students and students with intellectual and developmental disabilities. Planned group activities may take place in school or an alternative setting (bowling, out to lunch, movies, etc.). The club will meet twice a month after school and once a month for group activities.

## **CHESS CLUB – [Mr. Fleet](#)**

This club involves both casual games with friends and competitors with professional instruction to help in the development of every member’s chess skills. The club, while providing a wide variety of new opponents, is a great way to make new friends and have a good time. Come check us out some time; we accept players of all skill levels.

## **CHINESE CLUB – [Ms. Watts](#)**

The Chinese Club is organized to allow students to spend time with other students who have an interest in the Chinese language and culture. Activities include attending Chinese films, going shopping in a Chinese supermarket, playing Chinese board games, celebrating Chinese festivals, and after school cooking fun.

## **CODING CLUB - [Ms. Fearrington](#)**

In Coding Club, we explore online coding activities from making games to building websites! We work with online coding platforms and coding languages that will require students to use their problem solving and creative skills. You don't need any coding experience at all, and you will gain knowledge on coding as we do fun projects individually and in groups! With not too much of a time commitment (meets are only twice a month), you can do this club along with sports or other activities!

**CONNECT 4 CANCER – [Ms. Bombard](#)**

Connect 4 Cancer club will work with a pediatric oncology office and help support children that are being treated for cancer. The club will plan donation drives and create other opportunities to support the children and their families.

**CULINARY ARTS CLUB – [Chef Lestrud](#)**

The Culinary Arts Club provides students with additional time to improve their cooking skills and even learn how to cook new foods! The club will meet after school once a week in the culinary room.

**CYBER SECURITY CLUB - [Ms. Fearington](#)**

The purpose of the Cyber Security Club is to learn how to identify and remediate cyber security vulnerabilities. Club members will learn the methods of combating cyber security vulnerabilities and will prepare for and compete in online competitions in May.

**DEBATE TEAM – [Mr. Leftoff](#)**

The Simsbury High School Debate Team provides students with opportunities to demonstrate, practice, and improve their speaking skills through extemporaneous debate. During weekly practice, students learn the elements of debate and engage in practice debates with other Simsbury students. During the fall and winter months, students also have the opportunity to compete at Connecticut Debate Association tournaments throughout the state. All debate topics arise from current domestic and international controversies.

**EARTH'S ADVOCATES – [Ms. Barker](#)**

Earth's Advocates is an environmental club dedicated to helping the earth. The club does various activities such as fundraising for environmental causes and volunteering at coastal and local cleanups. Everyone is welcome and together they work to make a difference.

**[FIRST ROBOTICS](#) – [Mr. Bopp](#)**

FIRST Robotics Competition, For Inspiration and Recognition of Science and Technology, (FRC), is an exciting multinational competition to promote student interest in the dynamic and creative area of science, technology, engineering and math (STEM). Student teams are mentored by practicing engineers, business people, teachers and other established FIRST teams. In FRC, students take on various roles in the design and building of a robot, as well as fundraising, marketing, and community outreach. One of the community outreach opportunities is serving as a mentor for the FIRST Lego teams starting up in the elementary schools, incorporating teamwork, leadership, and professionalism.

**FLY FISHING CLUB – [Mr. Curtiss](#)**

Students will learn the basics of fishing, including casting, best baits/lures to use, and of course safety instructions. Weekly meetings will include information, practice and learning about upcoming events. The club will be working on plans to enter fly fishing tournaments. The goal of the club is introduce all students to the beauty of the sport!

**FRENCH CLUB– [Ms. Christolini](#)**

French Club allows students to spend time with other students who have an interest in the French language and culture. Students get together to learn and experience French music, film, food and activities!

**FUTURE BUSINESS LEADERS OF AMERICA – [Ms. Manning](#)**

Future Business Leaders of America (FBLA) is a national organization for students in grades 9 - 12 interested in business and finance. Goals include developing character; creating interest/understanding in business; and encouraging efficient money management. Participation in

this extra-curricular activity includes two meetings a month (before school and evenings) as well as involvement in civic, community, and fund-raising events. A highlight of FBLA is attending the State and National Leadership Conference. The members of FBLA operate the School Store.

#### **GAMING CLUB – [Mr. Hunter](#)**

The Gaming Club is a great way to get together with other students and play various card and board games. This year we played a lot of Magic the Gathering, but the choice of games played is made by the club. The club meets once a week after school.

#### **GSA (GENDER-SEXUALITY ALLIANCE) – [Dr. Younse](#) and [Ms. Saltzman](#)**

The Gender-Sexuality Alliance is a club that discusses current events around the world where LGBT equality has materialized in culture and politics. GSA also provides a safe, non-judgmental space for all who join. This club is for anyone who supports and would take pride in promoting the GSA club and LGBT equality.

#### **HARRY POTTER CLUB – [Ms. deVecchis](#)**

Harry Potter Club is a relaxed, fun group for fans of both the books and movies. Anyone is welcome to join us and participate in our Harry Potter themed activities and have a good time with their friends!

#### **HARTS FOR MUSIC - [Ms. Saltzman](#)**

The goal of Harts for Music is to provide funding and materials to a school in Hartford with an underfunded music department. Students will plan fundraisers, participate in the fundraisers and collect donations. This club is a great way to get more involved in the music department and give back to the community!

#### **HOPE FOR THE HOMELESS - [Ms. Skiba](#)**

This is a club dedicated to helping the homeless with basic needs. They organize collections for items like clothing and bath supplies. The club also plans volunteer trips to local soup kitchens to prepare and serve meals.

#### **HORTICULTURE CLUB – [Mr. Bopp](#)**

The Horticulture Club works on beautifying our school and the courtyard area in addition to learning about plants and landscaping design. We'll be working on plans for the school's landscaping.

#### **KEY CLUB of SIMSBURY HIGH SCHOOL – [Ms. McCusker](#)**

The Key Club is an international organization that is dedicated to helping others and serving the community. As the largest high school service club in the world, the Key Club gives students a variety of opportunities to build character, develop leadership skills, and provide service. At SHS, we hope to establish a presence at the school where we can make a difference in the classroom as well as outside the classroom. In the local community, we hope to connect with other service organizations to volunteer together.

#### **LEADERSHIP TO SUCCESS – [Ms. Russell](#) and [Ms. Banks](#)**

Leadership to Success is a club designed to provide a space where students can come together and discuss issues of diversity and academic success.

#### **MATH LEAGUE – [Ms. Zackeo](#) and [Ms. Meyer](#)**

This club is composed of a group of students who enjoy doing mathematical problems for fun – and open to all students. Simsbury's Math League competes in the Capital Area Math League, which is composed of twenty-four area schools. The group competes six times a year ending the season with a banquet in May.

### **MINDFULNESS CLUB - [Dr. Ernst](#)**

The Mindfulness Club is for anyone interested in learning about mindfulness and stress reduction. Students have an opportunity to try mindfulness techniques and discuss their own experiences.

### **MLK IN SIMSBURY COMMITTEE – [Mr. Curtiss](#)**

The MLK in Simsbury Committee is planning the construction of our own Martin Luther King memorial in Simsbury about him and his time spent in Simsbury!

### **MODEL UN – [Mr. Turgeon](#)**

The Simsbury High School Model United Nations provides students with the opportunity to review and interpret modern global issues from international perspectives. Weekly meetings throughout the fall session allow students to discover and evaluate current events across a range of topics and viewpoints. This includes a trip to New York City to visit the UN and speak with mission delegates of selected countries. Students then write resolutions, assuming the perspectives of those countries. In the winter, resolutions are represented and debated in a two-day mock United Nations session among hundreds of other Model UN participants from across Connecticut.

### **PET PALS – [Ms. McCusker](#)**

In Pet Pals club, we get together to have fun and connect with other members with a focus on our pets. We'll tell stories and share videos/photos of our pets. We also plan to do other activities like writing short stories if our pets were human, drawing our pets, and playing pet-based games! All students are welcome; if you don't have a pet, you can use your dream pet.

### **[THE PINNACLE YEARBOOK CLUB](#) – [Mr. Nielson](#) and [Mr. Jeffers](#)**

All students are invited to participate in the design and development of the Pinnacle yearbook. Though upperclassmen are usually assigned to leadership roles and editorial positions, this is a wonderful opportunity for others to learn about all aspects of the production and publishing of the yearbook. Students who have an interest in writing, editing, advertising, marketing, graphic design, and photography are encouraged to become a part of the yearbook team!

### **PROJECT LISA – [Mr. Turgeon](#)**

We are a registered nonprofit organization intent on raising money to purchase technology for underprivileged children. Last year, we raised \$10,000 and donated 25 computers to children in the town of Kuravilangad, India! This year, we're raising money to purchase iPads for students in Hartford Public schools. Join to support the cause!

### **SCIENCE CLUB – [Ms. Skiba](#)**

In Science Club we will explore, discuss and do hands-on activities related to biology, physics and chemistry. There will be opportunities to plan future participation in events like the Science Bowl, Science Olympiad and maybe even host a Science Fair at SHS!

### **SPANISH CLUB – [Ms. McCusker](#)**

The Spanish Club is for students of all grades who wish to further explore the cultures related to Spanish-speaking countries. We meet approximately once a month to practice our Spanish, make crafts, prepare and eat foods, listen to music, sing, watch movies, or organize service projects - all related to Spanish speakers around the world and at home.

### **STOCK MARKET CLUB – [Mr. Avery](#)**

In the Stock Market Club, students engage in an interschool competition where they need to manage a virtual portfolio. During the year, the group meets to discuss trading strategies that help them during this process. The markets are fickle, challenging, but lucrative. There is no substitute for experience.

**S.T.O.R.M. (STUDENTS TOGETHER ON RACIAL MATTERS) – [Mr. Martocchio](#)**

S.T.O.R.M. discusses current political and moral issues that deeply affect the minority communities across the country. Students will meet once a month to discuss strategies that can be implemented to bring about better understanding among diverse and homogeneous communities. The club will meet on Wednesdays from 2:30-3:30 PM.

**STUDENT COUNCIL – [Ms. Bombard](#)**

Student Council is a group of student leaders that acts as a resource for the student body and the administration for any student concerns and ideas. This organization will give students experiences practicing leadership skills, planning events, and working with school and community members to make Simsbury High School the best it can be for students. In addition to the executive officers of the Council, Student Council is composed of the executive officers of all four classes (grades 9 - 12) as well as six elected representatives from each class. All of these positions are elected by the student body. This group is responsible for special events, service projects, school climate surveys, school spirit activities, and any other activities of interest to the student body.

**STUDENTS OF COLOR ALLIANCE - [Ms. Hogan](#) and [Ms. Banks](#)**

The goal of this club is to give students of color at SHS a space to talk about their experiences and make connections. We will discuss current events, school-specific issues, watch movies/documentaries about race, sponsor speakers, as well as host fundraisers for nonprofits fighting racism. We hope these discussions serve as a way to engage members of the SHS community, as well as lead to a more nuanced understanding of today's issues.

**STUDENTS OF FAITH – [Ms. Henry](#) and [Ms. Ecker](#)**

Students meet weekly to encourage one another in faith and gain a better understanding of what it means to be a follower of God.

**TALK IT OUT CLUB – [Ms. Brockbank](#) and [Mr. Girard](#)**

Students are invited to connect with each other around the challenges and isolation of this “new normal”. Struggles with technology, feeling disconnected, overwhelmed, or isolated are common during this time and many of us share these same challenges. Let's come together and support each other, share ideas and strategies, and laugh! Please contact Mr. Girard or Ms. Brockbank for the Google code for the Girl or Boy group. Trans/Gender fluid students please join whichever group you feel most comfortable with (one group consistently, please).

**TAYLOR SWIFT CLUB – [Ms. Russell](#)**

This is a club where Taylor Swift fans can get together and talk about her music and other shared interests. Students will participate in a variety of fun activities, like trivia competitions, song rankings, games and discussions. This is not just a club for intense fans; anyone who enjoys her music is welcome!

**TED-ED CLUB – [Mr. Curtiss](#)**

TED has a branch of their organization called TED-ED. In this club, there is a set curriculum that is very flexible. We will be learning the process of how to create a TED talk! The club will represent Simsbury in the national club and connect online with other clubs. Our goal is to find our passions, create "bid ideas" and share them with the community.

**[THE TROJAN WALL](#) – [Ms. Garabaldi](#) and [Ms. Golden](#)**

This group is a student "spirit group," established to generate positive spirit and support for teams and activities within the SHS school community. All students are welcome to join and become active participants in SHS student life!

## **WOMEN'S EMPOWERMENT CLUB – [Ms. Weiser](#)**

The Women's Empowerment Club (formerly SAGE) strives to improve the school climate, raise awareness of women's social and political issues, and promote activism.

## **WOUNDED VETS STRONG – [Ms. Vollaro](#)**

This club helps educate members about the different physical and mental impact war has on veterans and how different charities, like WWP, Fisher House, etc. help aid in the recovery of the vets. Our big event is a bake sale benefiting the Wounded Warrior Project on Memorial Day. We plan to bring in guest speakers at meetings, like wounded vets, to tell their story; bring in representatives from WWP and Fisher House; as well as conduct other fundraisers to benefit different veteran charities.

## **YOUNG REPUBLICANS CLUB – [Mr. Nielson](#)**

The primary mission of the Young Republicans is to share, promote and spread the message of the Republican Party. The club meets weekly and holds discussions and meetings about various political topics.

# **CLUB SPORTS**

## **FENCING – [Ms. Saunders](#) and [Mr. Palmer](#)**

Fencing is a unique sport based on the traditional European rules of dueling in which two competitors face off on a fencing strip. Using the foil both offensively and defensively, the fencer tries to score points on their opponent while protecting their target areas. Fencing is a co-ed, winter club sport. Practices prepare fencers by developing the art and skills of fencing. The team participates in several competitions throughout the season.

## **[UNIFIED SPORTS®](#) – [Ms. Bulmer](#) and [Mr. Spector](#)**

Unified Sports® is a registered program of Special Olympics that combines approximately equal numbers of athletes with and without intellectual disability on sports teams for training and competition. All Unified Sports® players, both athletes and special partners, are of similar age and matched sport skill ability. Unified Sports® teams are placed in competitive divisions based on their skill abilities, and range from training divisions (with a skill-learning focus) to high level competition. The Simsbury High School unified sports program is a co-ed team that participates in three sports during the course of the year . . . soccer in the fall, basketball in the winter, and volleyball in the spring. The team practices one day per week and competes at various tournaments throughout the school year. Check out the [SHS Unified Sports](#) website for more information!

# **DANCE**

## **STEP TEAM – [Ms. Banks](#)**

Do you like to dance, come and join the STEP Team! The team is a performing dance group that is instructed by Coach La'Tosha Woodard. Step dance is a combination of African and African-American music and dance traditions. The team plans on performing at athletic games as well as other school events. Practice will be after school twice a week.

# **HONOR SOCIETIES**

Students are invited to join these honor associations based upon attainment of specific criteria related to each organization.

## **CHINESE NATIONAL HONOR SOCIETY – [Ms. Watts](#)**

The Chinese Club is affiliated with the Chinese Language Association of Secondary Schools

(CLASS) and promotes and recognizes students who demonstrate citizenship, leadership, and community service.

**COMPUTER SCIENCE HONOR SOCIETY - [Ms. Fearington](#)**

National organization - The purpose of the CSHS is to cultivate thriving environments for success in computer science in the school community by encouraging students' enthusiasm, honoring academic excellence, and promoting service. CSHS members provide meaningful service to the local community and demonstrate commitment to improving equity in computer science.

**FRENCH NATIONAL HONOR SOCIETY – [Ms. Christolini](#)**

The French National Honor Society is affiliated with the American Association of Teachers of French and is dedicated to the promotion of the French language and culture through music, film, food and activities. Club members offer tutoring in French for other students at SHS.

**INTERNATIONAL THESPIAN SOCIETY – [Dr. Younse](#)**

The International Thespian Society is an international honor society, founded in 1928, to recognize excellence in high school theatre. Students must earn points through participation in the theatre department in order to be inducted into the society. The group sponsors workshops, social events, and service events for the Simsbury High School theatre community. For more specific information, please contact Dr. Younse.

**NATIONAL ART HONOR SOCIETY – [Ms. Gagne](#)**

This society is for sophomores, juniors, and seniors who have and maintain an 85 or above average in their art classes. Student responsibilities include: posters, assisting teachers in art related areas, set up and take down of the Art Show. There are several fund raising events to benefit a National Art Honor Society senior who is pursuing a career in art. Students will attend weekly/biweekly meetings directly after school.

**NATIONAL BUSINESS HONOR SOCIETY – [Ms. Manning](#)**

The National Business Honor Society recognizes outstanding junior and senior students who have completed or are enrolled in their third business course and have a 3.0 GPA overall, and a 3.5 GPA in completed business courses. Students accepted for membership are honored at an induction ceremony in the fall and complete a service learning project during the school year.

**[NATIONAL HONOR SOCIETY](#)– [Ms. Williams](#)**

If a junior has a G.P.A. of 3.7 and the members of the faculty deem his/her qualities of character, leadership, and service to be outstanding, then that student is invited to become a member. National Honor Society is primarily a service organization. Members tutor students with academic difficulties, organize a blood drive for the Red Cross, and provide service to the SHS community as requested. Members raise money for local scholarships and for a variety of charitable causes including cancer, Cystic Fibrosis, and local food banks.

**LATIN NATIONAL HONOR SOCIETY - [Ms. Riel](#)**

The National Junior Classical League Latin Honor Society will be open yearly to juniors and seniors in Latin 3, 4 and 5 who meet the following requirements: 1) an 89.5% average or better in current Latin course, 2) are members in good standing of the school's chapter of the NJCL, and 3) exemplify good citizenship. Members will participate in activities such as tutoring Latin students and assisting with the Connecticut State Latin Day.

**SPANISH NATIONAL HONOR SOCIETY - [Ms. Scheer](#) and [Ms. McCusker](#)**

The Spanish National Honor Society recognizes high achievement in Spanish by the students of Simsbury High School and supports continuity of interest in Hispanic studies.



## **TRI - M MUSIC HONOR SOCIETY – [Ms. Abel](#) and [Ms. Saltzman](#)**

Tri-M is an international Music Honor Society. It is comprised of students from 10th, 11th, and 12th grades who are actively involved in choir, orchestra, band or jazz ensemble. Students are nominated based on criteria set by the school's local charter and the international Tri-M board of MENC. The group is active in community as well as music services and is a forum of unification of the entire high school music program.

## **MUSIC**

### **GOSPEL CHOIR – [Ms. Saltzman](#)**

Gospel Choir is an extracurricular singing group available to all SHS students and faculty members. The group will rehearse after school in the choir room on Thursdays from 2:30-3:30. This is a great opportunity for new and experienced singers to perform in African-American Gospel style. While most Gospel music is religious, this is not a religious club. People of all backgrounds are invited! There are refreshments available at every rehearsal!

### **S.T.U.M.P.A. (Serving to Unite Musical Performing Arts) - [Mr. Ford](#)**

The goal of S.T.U.M.P.A. is to go out into the community and perform music for everyone to enjoy. There will be performance venues at various retirement homes around Simsbury and some restaurants as well. Members meet together in a performance-like setting after school, where students will perform in front of their peers and receive critical feedback. This is especially helpful for recital or audition pieces. All students that are taking or have taken band, orchestra or chorus are welcome to join. As an added bonus, refreshments will be provided!

## **THEATER**

For more information about theater programs at SHS, please check out [Music & Performing Arts!](#)

### **FALL ONE ACTS – [Dr. Younse](#)**

The Fall One Act Festival, held every school year in late October, is a professionally judged competition of one act plays. Several plays are directed by seniors, each with a cast that contains a particular grade level (9 – 12). This creates an excellent opportunity for 9th grade students to get involved and be on stage in major roles just a few months into their time at the high school. All plays perform on the same day and professionals from the theater works adjudicate and provide feedback and awards to the students. Auditions usually happen the second week of school. This is a great way to get to know the theater program at SHS.

### **WINTER MUSICAL – [Dr. Younse](#)**

The Winter Musical is a major stage show that begins rehearsals in November and performs in February. The show is an elaborate, intense experience, which usually includes a cast of at least 50 actors, a sizeable number of musicians in the orchestra, and several students working behind the scenes to create an incredible and memorable show. Past shows include Les Miserables, Annie, and West Side Story. This year's show will be announced during the fall. It is a great way to gain experience and practice with acting, singing, and dancing.

### **SPRING PLAY – [Dr. Younse](#)**

The Spring Play is the final production of the Theater Program each year. It begins rehearsals in March and performs during the month of May. Over time, the shows will expose students to a wide variety of styles and let them experience many different kinds of theater. Students can gain practical acting experience and be a part of a fun and intense production. Shows in previous years included

The Laramie Project, A Midsummer's Night Dream, and The Crucible. This year's show will be announced during the winter months. Casts always include students from every grade level.

**UNIFIED THEATER – [Ms. Flowers](#) and [Ms. Cormier](#)**

Unified Theater is a student-led program that brings students together to write, rehearse and perform an original theater piece. The goal is for the students to facilitate inclusion through the arts and to give all students the opportunity to learn from one another. The group includes students of all abilities, interests, and backgrounds and is flexible to different students' needs. All students are welcome to participate as actors, singers, dancers, writers, directors, technicians and artists.

# SIMSBURY HIGH SCHOOL ATHLETIC TEAMS

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## FALL SEASON

### GIRLS

Cheerleading – Varsity (Coed)  
Crew - Varsity, Junior Varsity, Novice  
Cross Country - Varsity, Junior Varsity  
Field Hockey - Varsity, Junior Varsity, Thirds  
Soccer - Varsity, Junior Varsity, Freshmen  
Strength & Conditioning (Coed)  
Unified Sports – Soccer, Flag Football (Coed)  
Volleyball - Varsity, Junior Varsity, Thirds

### BOYS

Cheerleading – Varsity (Coed)  
Crew - Varsity, Junior Varsity, Novice  
Cross Country - Varsity, Junior Varsity  
Football - Varsity, Junior Varsity, Thirds  
Soccer - Varsity, Junior Varsity, Freshmen  
Strength & Conditioning (Coed)  
Unified Sports – Soccer, Flag Football (Coed)

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## WINTER SEASON

### GIRLS

Basketball - Varsity, Junior Varsity, Thirds  
Cheerleading – Varsity (Coed)  
Cross Country Ski - Varsity, Junior Varsity (Coed)  
Ice Hockey - Varsity, Junior Varsity  
Indoor Track & Field - Varsity, Junior Varsity  
Strength & Conditioning (Coed)  
Swimming & Diving – Varsity, Junior Varsity (Coed)  
Unified Sports - Basketball (Coed)

### BOYS

Basketball - Varsity, Junior Varsity, Freshmen  
Cheerleading – Varsity (Coed)  
Cross Country Ski - Varsity, Junior Varsity (Coed)  
Ice Hockey - Varsity, Junior Varsity  
Indoor Track & Field - Varsity, Junior Varsity  
Strength & Conditioning (Coed)  
Swimming & Diving – Varsity, Junior Varsity (Coed)  
Unified Sports - Basketball (Coed)  
Wrestling - Varsity, Junior Varsity

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## SPRING SEASON

### GIRLS

Crew - Varsity, Junior Varsity, Novice  
Golf - Varsity, Junior Varsity  
Lacrosse - Varsity, Junior Varsity, Thirds  
Rugby – Varsity, Junior Varsity  
Softball - Varsity, Junior Varsity  
Strength & Conditioning (Coed)  
Tennis – Varsity, Junior Varsity  
Track & Field - Varsity, Junior Varsity  
Unified Sports – Volleyball, Track & Field (Coed)

### BOYS

Baseball - Varsity, Junior Varsity, Freshmen  
Crew - Varsity, Junior Varsity, Novice  
Golf - Varsity, Junior Varsity  
Lacrosse - Varsity, Junior Varsity, Freshmen  
Rugby – Varsity, Junior Varsity, Thirds  
Strength & Conditioning (Coed)  
Tennis – Varsity  
Track & Field - Varsity, Junior Varsity  
Unified Sports – Volleyball, Track & Field (Coed)  
Volleyball - Varsity, Junior Varsity

# Request for New Club or Activity

Students are welcome to start a new club or activity by completing this request and submitting it to the Director of Athletics and Student Activities for review.

It is the policy of Simsbury High School to endorse co-curricular activities that are inclusive of all students, support the respect of all individuals, and are not disruptive to the educational process of the school. Any club or organization that does not meet all three criteria will not be accepted for consideration.

**Email address:** \_\_\_\_\_

**Name of student proposing club/activity:** \_\_\_\_\_

**Name of new club/activity:** \_\_\_\_\_

**Name of faculty advisor:** \_\_\_\_\_

*Please talk to the teacher you would like to advise your club or activity before submitting this request.*

**How many students are interested in the proposed club/activity?** \_\_\_\_\_

**Description of the club/activity you are proposing:**

What are the goals of the club/activity? What will the members be doing? What would you like SHS students to know about the club/activity?

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**Proposed meeting days and times:** \_\_\_\_\_

**What are the equipment needs or costs to the participants?** \_\_\_\_\_

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**Do you have any additional information to share about the club/activity?**

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Thank you for your request! Mr. Pinney, the Director of Athletics & Student Activities would like to talk with you about your proposal.

**Please stop in to the Athletic Office to schedule a time to meet.**

***Your participation in extracurricular activities will enrich your high school experience and positively contribute to our school culture!***