

Lawrence County School District
Lawrence County SNPAAC (Wellness) Committee
Walnut Ridge High School
September 12, 2018

Call to order: Lunch served 11:45 A.M. Meeting called to order by Janna Berry 12:05 p.m.

Attendance: (9) Committee Members Present: Terry Belcher, Janna Berry, LeeAnn Cheadle, Larry Treadway, Jacob Kersey, Derek Bramlett, Lindsay Romine, Stephanie Nichols, and Kristal Jones.

Not Present (5) Anna Shaw, Dyan Heard, Vickie Mitchell, John Bland, and Valerie Petty.

Student Committee Member Present: Not appointed

Minutes: Members reviewed minutes from April 11, 2018 meeting. Bramlett motioned to accept and Kersey seconded motion. Minutes stand as reviewed.

Old Business:

*Healthy Active Arkansas, Rethink Your Drink grant was not awarded to Law Co. No reasoning was given except for the overwhelming number of schools who applied. Berry did apply for one water refilling station but has not heard back if grant will be awarded.

*Catapult Health was at Lawrence County School District on 08/06/2018 to conduct Wellness Exams to meet the requirement of the ARBenefits/Health insurance wellness premium discounts. 58 checkups was completed.

*Nichols conducted a Spring CPR class in Mrs. Howard's class to certify the students in her class. In addition, a staff CPR class was held in April to recertify staff in CPR.

***Stop the Bleed** program was conducted at WRHS Library on May 24, 2018. More than 25% of WR staff attended therefore the kits were awarded for participation. Three Wall mounted kits (kits that contain materials to control bleeding for 5 individuals) were provided to Law Co and have been mounted in various locations across campus. Eight additional, 1-person kits were awarded and will be placed in various locations throughout the district. **Stop the Bleed** program is a national awareness campaign and call-to-action. **Stop the Bleed** is intended to cultivate a grassroots effort that encourages bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.

*First Choice Health Care/Walnut Ridge Location was on campus May 29, 2018 to conduct student athletic physicals. About 75 athletes received their free physical that day. The Arkansas Activities Association requires all students involved in any extracurricular activity to receive a physical, from a Board certified physician prior to any type of activity involved in the activity. Although not a comprehensive exam, students' vision, reflexes, blood pressure, heart rhythms, spine alignment, and BMI vs Body type were checked. First Choice will provide a free physical at any time for any WRHS athlete. The coaching staff liked that Providers came to the campus instead of taking all student athletes out to First Choice by bus. Only suggestion was to schedule the event before school is out. Berry will take care of this in early spring.

New Business:

*Jones provided a copy of the first Q school menus to all members to review. Student use and misuse of cafeteria microwaves were discussed. Administration and Jones talked about the younger students, such as 3rd-6th graders, not having the right type of microwave-safe containers for their lunches. Cooking such items, like noodles or Mac-N-Cheese poses a safety threat with the Hot water and a younger student. Some students are not aware of the cooking instructions, creating a safety concern with a fire in the microwave. Solutions were discussed and will be addressed per administrator with students and parents if needed.

*Cardio-Optics is scheduled for September 19, 2018.

*Flu Clinic is scheduled for October 16, 2018.

*Mobile Mammogram will be on campus in January.

*Walmart was on campus, 9/4/18, to provide Hep A optional immunizations. 62 people were vaccinated, a total of 92 vaccinations were given.

*Triennial Review-Assessment for 2015-2018 was completed and submitted for review by Berry. It will be used to monitor and evaluate the Law Co SNPAAC committee and the Wellness Policy.

*New student members will be selected by Belcher and will attend for the remainder of the year.

*Next meeting date is December 12, 2018.

Motion to adjourn made by Kersey, seconded by Cheadle.

Lawrence County SNPAAC (Wellness) Committee
September 12, 2018
Walnut Ridge School Board Room
Agenda

- I. Call to order
- II. Reading of Minutes April 11, 2018
- III. Old Business
 - Healthy Active Arkansas, Rethink Your Drink: Choose Water Grant
 - ARBenefits/Health insurance/wellness Exam
 - Immunizations
 - Spring CPR class
 - Stop The Bleed
 - Athletic Physicals
- IV. New Business
 - Menus
 - Triennial Review-Assessment 2018/Checklist Update
 - Health Fair
 - New Student Members
 - Other/Misc information
- V. Adjournment