

Welcome Freshman Parents and Guardians!

We are looking forward to working with you on helping your child become Warrior Graduates. The following information will help you understand the policies, procedures, and process here at Central High School.

Parent Responsibilities

- [ParentVue](#) is the tool that teachers use to communicate with you progress, grades, and attendance.
- We expect parents and guardians to log in to ParentVue on a regular basis to monitor **Daily Assignments, Class Schedule** (communicate with teachers), **Grades, and Attendance**.
- You can opt-in to receive notifications with an active email address.
- If you encounter problems with ParentVue, please reach out to our attendance office, or visit: [ParentVue Info](#)

More information about communicating with teachers can be found on page 8 of the [Parent/Student Handbook](#). CHS Student expectations can be found [here](#).

Follow us on Facebook! <https://www.facebook.com/warriorscounseling/>

Remember, we are preparing students for life AFTER high school!

Student Responsibilities

- Warriors have the courage to be in the right place, at the right time, without exceptions
- Warriors have the courage to understand and follow expectations of their community by taking ownership of their actions.

Important Dates

<u>Day:</u>	<u>Time:</u>	<u>Event:</u>
August 8	12:00 am-4:00 pm	Orientation
August 8	4:00 pm-6:00 pm	Back to School Night
August 10-11		<u>No school</u> (teacher training)
August 12	8:00 am - 3:15 pm	First day of school

[D51 2022-2023 Calendar](#)
[Central High School Website](#)

Graduation Requirements

To graduate from Central High School, you need to earn **25 credits and a minimum 2.0 cumulative GPA** (on a 4.0 scale) in the following areas:

- 4 Language Arts credits (including language arts elective)
- 3 Science credits
- 3 Math credits
- 3 Social Studies credits (including social studies elective)
- 0.5 Physical Education (1 PE class) credit
- 0.5 Applied Personal Fitness / Wellness credit
- 0.5 Personal Finance or Economics credit
- 0.5 Computer / Technology Literacy credit
- 0.5 Fine Arts credit
- 10 Elective credits
- **Graduation Proficiency (in addition to credits)**
 - Passing the SAT, ACT, ASVAB, WorkKeys exam, or Advanced Placement exam
 - Pass a college-level concurrent class with a “C” or better
 - Earn an industry certification

Advisory

- Tuesdays/Thursdays after block 1 and Wednesdays/Fridays after block 2. See the bell schedule [here](#).
- This is a time to review grades, catch-up on homework, cover important information, attend assemblies, and anything else that needs to occur outside of instructional time.
- Students do earn credit and grades. Attendance is required
- New this year, we will have monthly Freshman only Advisory class competitions and weekly SEL lessons to build a sense of community and belonging.

Adding/Dropping Classes

- Class changes are only allowed in extenuating circumstances, students should see their counselor with concerns.
- Classes dropped after the start of the semester will result in a WF (withdraw fail).

AP Drop Protocol

- Students taking AP classes must complete the steps [here](#) in order to drop the class.

Contacts:

Counselors

Ext.

A-CL	Stacey Pottorff	Stacey.Pottorff@d51schools.org	22119
Co-Go	Madison Kohls	Madison.Kohls@d51schools.org	22120
Gp-Le	Kerri Spore	Kerri.Spore@d51schools.org	22121
Lf-Om	Liza Hines	Liza.Hines@d51schools.org	22122
On-Sh	Rebekah Giles-Barth	Rebekah.Giles-barth@d51schools.org	22123
Si-Z	Jessica Barton	Jessica.Barton@d51schools.org	22124
College and Career Advisor	Kline Donley		22131

Administration

Ext.

Principal	Lanc Selden	Lanc.Selden@d51schools.org	22103
9th	Brandon Milholland	Brandon.Milholland@d51schools.org	22108
10th	Shirley Hautala	Shirley.Hautala@d51schools.org	22105
11th	Dave Neal	David.Neal@d51schools.org	22106
12th	Tracy Arledge	Tracy.Arledge@d51schools.org	22107
Athletic Director	Josh King	Josh.King@d51schools.org	22104

Parenting Resources

[Warrior Resources](#)

Mental Health:

https://www.d51schools.org/resources/mental_health

Suicide Prevention:

<https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/Ten-Things-Parents-Can-Do-to-Prevent-Suicide.aspx>

<https://afsp.org/teens-and-suicide-what-parents-should-know>

LGBTQ:

<https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Diverse-Transgender-Children.aspx>

<https://gsanetwork.org/>

<https://www.thetrevorproject.org/>

Grief:

<https://www.hopewestco.org/>

Relationship help:

<https://www.loveisrespect.org/>

Struggling with parenting:

<https://www.loveandlogic.com/pages/articles-and-advice-for-parents>

All topics:

<https://podcasts.apple.com/us/podcast/how-to-talk-to-kids-about-anything/id1231126>