

WELCOME TO SMITHS STATION HIGH SCHOOL!!!

Hello,

My name is Mrs. Cathy Rowan, and I am the 10th grade guidance counselor. WELCOME! We are so happy that you are here!

The Smiths Station High School team is comprised of three guidance counselors, Mrs. Rowan – 10th grade, Mrs. Shores – 11th grade, and Mrs. DeLuca – 12th grade.

As your school guidance team, we will work as part of a team with our students, school faculty/staff, parents and the community to create a caring climate and atmosphere. Our focus is to help students feel safe, successful and supported academically, socially and emotionally.

Our role is to aid our students with learning strategies, self-management and social skills to promote success during their high school career.

Our guidance team strives to provide an engaging program for our students to include, leadership, advocacy and collaboration. We want our students to experience and achieve success.

The Smiths Station High School guidance team will collaborate with students, parents, and teachers to assist in helping meet our students' needs as it relates to their academic achievement, so that they can grow into successful life-long learners.

The guidance team provides programs which enhance academic and social growth through career fairs, opportunities for student enrichment, and remediation. We will work closely with the student/family who experience discipline, attendance and academic problems. We will guide the student along in selecting appropriate courses that line up with their interests, abilities, and career plans. We will assist students with completion of college admissions applications, organize and promote standardized assessment opportunities and interpret test results to our students/parents. We are also involved in the scheduling process to ensure that the student is aligned with their abilities and educational/career plans. The guidance team serves as a resource for students, staff and parents regarding developmental needs of students.

Lastly, high school counselors are often involved in crisis intervention. School counselors do not provide therapy or long-term counseling in schools; however, school counselors are prepared to recognize and respond to student mental health needs and to assist students and families seek the proper resources.

In closing, the SSSH Guidance Team is here to promote and foster a positive and supportive environment during the student's time here at SSSH.

Should you have questions or concerns related to your child's wellbeing and progress, please feel free to contact your grade level guidance counselor. We strive to foster the needs, strengths and potential of our students here at Smiths Station High School.

Contact Information:

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