

Today in AVID...

Week #6 Quarter 2 (11/18-11/22)
(calendar site)
Monday, 11/18

AVID Learning Goal:

- I can complete an impromptu speech.

Daily Question: What skills do I need to complete to strength my impromptu speech?

Activities/Assignments:

1. Monday Fishbowl Speeches
2. Principle #1 Notes

Have out:

Homework:

1. 10-18 pages of Cornell Notes for classes due Thursday
2. TRF due Thursday
3. Reading packet due as one of your Cornell notes for Thursday 11/21



ACE PLUS SCHOLARSHIP PROGRAM

CHANDLER-GILBERT
COMMUNITY COLLEGE

OPEN RECRUITMENT NIGHT

November 21, 2013

ARE YOU
SELF
MOTIVATED
?

ARE YOU
STRONGLY
CONSIDERING
COMMUNITY
COLLEGE?



ATTENTION
CLASS OF
2016

ARE YOU A
SELF
STARTER?

The ACE PLUS Program recruits *high school sophomores* who fit at least one of the following criteria:

- First-Generation college students
- Financially at risk and/or difficult for parent to pay for college education after high school completion
- Students live in a single-parent household
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- Sibling or relative of current or past ACE participant.

LEARN MORE DETAILS ABOUT THE ACE SCHOLARSHIP PROGRAM.

STEP BY STEP INSTRUCTIONS ON HOW TO APPLY.

ACE STAFF WILL BE AVAILABLE TO ANSWER ANY QUESTIONS.

INTERESTED STUDENTS SHOULD PLAN TO ATTEND WITH A PARENT.

When: Thursday, November 21, 2013

Time: 6:00PM to 8:00 PM

Where: Rm. SC 140 - Pecos Campus
Chandler-Gilbert Community College
2626 E. Pecos Rd. Chandler, AZ 85225

RSVP or questions: 480.857.5142
myaceadvisor@cgc.edu



Fish Bowl Speeches:

Students will consider what topics they'd like to hear classmates present spontaneous mini-speeches on. The following topics are on slips of paper placed in the fishbowl

- Day at the zoo
- Pets with Gas
- The Cola Wars
- The Ideal Game Show
- Fairy Tales
- Green Jello-O
- Just Say "No!"
- The Color Blue
- Friendship
- The Best Kind of Homework is No Homework!
- College
- P's Belong After O's and Before Q's-Not on My Plate!
- If I had million Dollars....
- Why Did the Chicken Cross the Road?
- Education Can Happen Outside the Classroom Too!
- My Favorite Cartoon
- I Am Most Thankful for...
- "Oldies But Goodies"...Says Who?
- When I'm Really Old (Like 30), I'll Be...
- If I could Have Dinner With Anyone, Anywhere...
- The Best Book/Story I've Read or Someone Read to Me
- If I Was a Superhero, My Super Power Would Be...
- Eye for an Eye-The World Goes Blind
- The Best Invention Ever

Fish Bowl Speeches:

Students will consider what topics they'd like to hear classmates present spontaneous mini-speeches on. The following topics are on slips of paper placed in the fishbowl

- Every Monday, two students will choose topics upon entering class.
- They will have four minutes to prepare—to gather thoughts, and two minutes to deliver an impromptu speech on the topic drawn from the fishbowl.
- Speaker must speak on the topic chosen, and speak for the full two minutes.
- Audience must listen attentively and cannot interrupt the speaker.
- What does “listening” look like? Make sure you practice these attributes of listening!
- After each mini-speech, speaker must evaluate him/herself and, classmates will evaluate speaker too.

Fish Bowl Speeches:

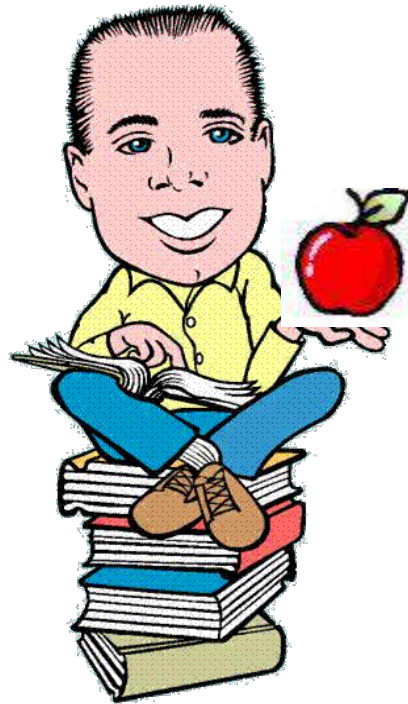
Students will consider what topics they'd like to hear classmates present spontaneous mini-speeches on. The following topics are on slips of paper placed in the fishbowl

- *Class Rubric:*
 - *What's important to consider when evaluating a speaker?*

We're paying attention to...	because it's important...	(3) Outstanding (2) Good (1) Work on it
eye contact	To look at the audience.	
continuity	To keep going, even when nervous.	
volume	To be heard by the audience.	
enunciation	To pronounce words clearly to be understood.	
captivation	To engage the audience so they keep listening.	
	Out of 15 possible points, my total is...	

Principle #1

Take 100% Responsibility For Your Life



What does this mean?



“You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself.”

- Jim Rohn
Self-made millionaire, success coach, and philosopher

About the Author



Jack is the originator of the *Chicken Soup for the Soul®* series. For the last 30 years, he has helped hundreds of thousands of individuals achieve their dreams. After the massive success of Jack Canfield's *The Success Principles*, thousands of requests came rushing in to develop the most important success strategies for today's teenagers. Jack Canfield has teamed up with successful author and young entrepreneur, Kent Healy to design a fun and engaging teen-friendly book that offers the timeless information and inspiration to get from where you are to where you really want to be.

About the Co-Author



Kent Healy (San Clemente, CA) started his first business at age 15 and by 17 began writing his first book, *Cool Stuff They Should Teach in School*. The success of this book and speaking engagements has made Kent one of the most popular and sought after young experts on the topic of success. At age 22, he taught a course titled, *The Science of Success* at a local high school. He is a syndicated columnist and a highly regarded guest on TV and radio shows. Today, at age 23, Kent has become a spokesperson for today's young generation. You can visit his websites at: www.coolstuffmedia.com and www.kenthealy.com

Survey



Statement	Answer
1. I blame others for my mistakes.	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. I make excuses for why things are the way they are.	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. I complain when things don't go my way.	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. I deny that things are my fault.	<input type="checkbox"/> Yes <input type="checkbox"/> No
5. I say, "I don't know" why I really don't want to think things through.	<input type="checkbox"/> Yes <input type="checkbox"/> No

If you answered yes to any of the questions above, pay attention...

5 Things That Keep You From Success

1. Blaming others

“All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you.”



- Wayne Dyer
Best selling author and inspirational speaker

5 Things That Keep You From Success



2. Making excuses

“Like opposite forces of a magnet, success and excuses just refuse to work together. They simply cannot co-exist. It’s either one or the other.”



5 Things That Keep You From Success

3. Complaining

“The one who complains about the way the ball bounces is likely the one who dropped it.”



- Lou Holtz
Former football coach at Notre Dame

5 Things That Keep You From Success

4. Denial

“Simply choosing not to look at the truth does not change the truth.”



5 Things That Keep You From Success

5. Saying, “I don’t know.”

“Saying, ‘I don’t know’ is a convenient switch that turns your brain off to the hard decisions that lead to success.”



The Law of Life

- $E + R = O$
- Event + Response = Outcome

“If you don’t like your outcomes, change your responses.”



Negative Internal Dialogue

- "I'm not good enough."
- "Oh, well, that's all I'm capable of anyway"
- "Why me?"
- "I just don't have enough skill."
- "It's not my fault."
- "If only...."



Positive Internal Dialogue

- "I can do this."
- "I am good enough."
- "I can make it happen."
- "I'm in control."
- "I will..."



Tip: Practice saying these phrases in place of the negative ones.

Take 100% Responsibility for Your Life



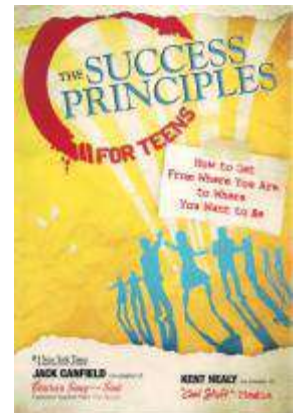
Success or Failure

Depends on...

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Silent Reading

- Read about taking responsibility for your life on pages 1-18 in the book entitled *The Success Principles* by Jack Canfield and Kent Healy.
- Take down one page of Cornell notes.



Today in AVID...

Week #6 Quarter 2 (11/18-11/22)
(calendar site)
Tuesday, 11/18

AVID Learning Goal:

- I can refine my tutorial skills by improving my learning skills and POC's in chosen subjects..

Daily Question: What are my POC's this week?

Activities/Assignments:

1. Planning a video for AVID
2. Read Planning #1 Reading and take Cornell notes

Have out:

- Video planning template
- Planning #1 Reading and Cornell Notes

Homework:

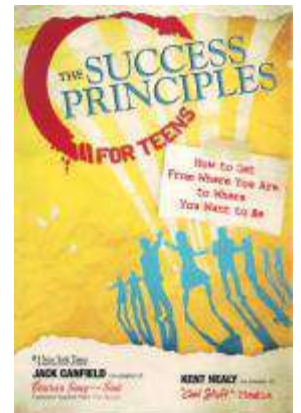
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Planning a video

- We need to plan a video to go on the announcements.
- EVERYONE in class will be in the video.
- Odette will be video taping the project.
- Spend about 8 minutes discussing ideas on what you would want the video to look like.
- Use the presentation template to draw each scene for your presentation.
- I will be presenting this to the other AVID teachers next week for approval.

Silent Reading

- Read about taking responsibility for your life on pages 1-18 in the book entitled *The Success Principles* by Jack Canfield and Kent Healy.
- Take down one page of Cornell notes.



Today in AVID...

Week #6 Quarter 2 (11/18-11/22)
(calendar site) Thursday, 11/21

AVID Learning Goal:

- I can describe educational choices I have while at CHS that will influence my abilities to attend a college.

Daily Question: What course choices do I have to complete high school?

Activities/Assignments:

1. TRF
2. Ace Plus Application presentation
3. Stamp Cornell Notes
4. Planning #1 Reading Worksheet

Have out:

- Cornell Notes
- TRF
- Planning #1 Reading Worksheet

Homework:

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2. TRF due Thursday



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TRF

- ✓ Get into like subject groups
- ✓ Use whiteboards in back of room
- ✓ Get markers & erasers from cabinet under the AVID whiteboard next to the safety hood (Make sure you return them when done)
- ✓ Complete the TRF and Reflection sheets
- ✓ Turn in when done
- ✓ **YOU KNOW THE DRILL!!**



- ✓ If done early, work on homework assignments for classes!
- ✓ **NO GOOFING OFF!!!**

On Your Own

Name _____ Date _____ Period _____

PRINCIPLE #1: TAKE 100% RESPONSIBILITY FOR YOUR LIFE

Directions: Read through Principle #1 on pages 1-18 of the book entitled *The Success Principles for Teens* by Jack Canfield and Kent Hasly. Then complete the activities below.

Make a list of the top 3 excuses that you have used in the past.

1. _____
2. _____
3. _____



Pick a quote from the reading. Write the quote. Then explain what it means.

Quote:

Meaning:

Complete the sentence below.

In order to change my life, I must first change _____

What does E+R=O mean?

E+R=O means _____



What do you have control of in the equation: E+R=O

In your mind, what are two things you say to yourself over and over again (good or bad)?

1. _____
2. _____

Write down one statement that you could say each day to yourself that would help you become more successful.

Ask friends, family members, teachers, coaches, or your counselor the following questions. Have them write their responses below. Then have them sign their names.

Question #1 *Is what I am doing working?*

Response:
Signature:

Question #2 *Could I be doing something better?*

Response:
Signature:

Question #3 *Is there something I should stop doing?*

Response:
Signature:

Question #4 *How do you see me limiting myself?*

Response:
Signature:

In the space below, write an original quote about taking responsibility for your own life. Then go to the following website: <http://bighuge.com/motivator.php> to make a motivational sign. You will need to upload a picture of yourself and use the quote below to make your sign. Print a copy of the sign and staple it to this page.

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- I can describe educational choices I have while at CHS that will influence my abilities to attend a college.

Daily Question: What course choices do I have to complete high school?

Activities/Assignments:

1. Planning #1 Reading Worksheet
2. Video Storyboard discussion

Have out:

- SAT Vocabulary cards and handouts

Homework:

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2. TRF due Thursday