

# BELLFLOWER MIDDLE/HIGH SCHOOL



Daily Bulletin for: 10/12/22

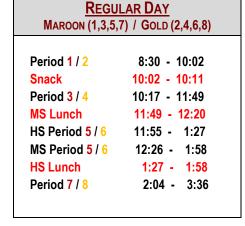
SHORTENED DAY
(MONDAYS)

Period 1 / 2 10:00 - 11:09 11:09 - 11:18 Snack Period 3 / 4 11:24 - 12:35 **MS Lunch** 12:35 - 1:06 HS Period 5 / 6 12:41 - 1:50 1:12 - 2:21 MS Period 5 / 6 1:50 - 2:21 **HS** Lunch Period 7 / 8 2:27 - 3:36

## **Because Unity Creates** Success

Visit the BHS Website: www.bellflowerhigh.org







10/12 - NO Games

10/13 - 12:15 - JV Cross Country @ Ralph B. Clark Park

10/13 - 1:15 - Varsity Cross Country @ Ralph B. Clark Park

10/13 - 3:00 - Varsity Girls Golf vs. Warren HS @ Lakewood CC

10/13 - 3:00 - Frsh/Sph Football vs. Norwalk

10/13 - 3:00 - Varsity Girls Tennis vs. Gahr @ home

10/13 - 3:15 - Varsity Girls Volleyball vs. Norwalk @ home

10/13 - 4:30 - JV Girls Volleyball vs. Norwalk @ home

10/13 - 4:30 - Frsh/Sph Girls Volleyball vs. Norwalk @ home



CALENDAR								
OCTOBER								
S	М	T	W	Th	F	S		
						1		
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28	29		
30	31							

**Lunch Menu:** Pepperoni Pizza – salad in a bag, broccoli buds, ranch dip.

Daily Option Choices: Chicken Sandwich, Bean & Cheese Burrito, Mini Twin Cheeseburgers, daily fruit

Vegetarian Option: Cheese Pizza w/ same sides

Breakfast for 10/13: Blueberry Waffle served w/ syrup pkt., or Strawberry Nutrigrain Bar

Breakfast Daily Options - Whole Fruit, Yogurt, Cheese Sticks

#### **NEW ANNOUNCEMENTS:**

This weekend the PTSA will be hosting its first Pop-up Shop for the school year. Join us this Saturday, October 15th from 9 am to 3 pm at the Nutrition Center Parking Lot located at 10247 Alondra Blvd. We will have food vendors, craft vendors, clothing vendors and much much more. Come out and support small businesses and student vendors. If you would like to be a vendor at any of our future three pop-up shops please contact any of your PTSA Board members.

The Classic Rock Club meets this Friday at lunch in room 204 to discuss FallFest . See ya there!

Congratulations to Mary Ordinario for winning all three sets against Warren High School!

Attention **ALL BUC Artists and Creative Minds** - The National Reflections program is a nationwide contest, where students can showcase their talents using the theme that is given every year. This year's theme is **"Show Your Voice"**.

**Explore the Arts and Express Yourself.** Bucs, submit your completed works of art in one or all of the available arts categories: Dance Choreography, Film Production, Literature, Music Composition, Photography, Visual Arts, and Special Artists Division.

Explore your thoughts, feelings and ideas. We can't wait to see all of the amazing entries. **Entries are due October 17th** to Ms. Denise Rodriguez or Ms. Kim Coleman.

Congratulations to the **Girls Golf team for defeating Mayfair yesterday's match** at Lakewood Country Club! Soleil (pronounced S0-Lay) Rodriguez scored 50 strokes for 9 holes, posting the best score for the season for the team. Let's give a big round of applause for the Girls Golf team for their win! #Golf is Fun!!!

Attention Middle School! **Middle School Bible Club meets Wednesdays** at lunch in Rm716. It's not too late to join, everyone is welcome. Bring your lunch, bring a friend, see you there.

Attention all staff and students: **The Ship is having a fundraiser at The Cerritos Chik-Fil-A all day on Thursday.**Ms. Jass has put fliers in the staff mailboxes, and students may pick up fliers in Ms. Jass's room 202 or from any SHIP cabinet members. Please support us by stopping by Chik-Fil-A in Cerritos any time from 6:30am-9pm on Thursday.

Come join our BRAND NEW **World Language Club**. First meeting to vote in officers will be Wednesday, October 19th at lunch. Bring your lunch, bring a friend see you there.

Congratulations to BHS Vocal Ensemble and the ensemble alumni for being chosen to perform at Disney's Candlelight Performances in December. They beat out dozens of choirs in Southern California region to perform with other selected choirs on December 3rd and 4th with a full orchestra and a celebrity narrator in the park. They will also receive two tickets to Disneyland!

We are very proud of BHS Vocal Ensemble and the alumni for representing Bellflower High School! #Be a part of the Legacy!!!

Bellflower High School's **Boys Golf Team** is looking for anyone who is interested in playing golf in the spring. No prior experience is necessary! If you are interested, please contact Mr. Shu in room 891, next to the high school band room, or email him.

#### **#GOLF IS FUN!**

Click, click, were you photographed by Photo club at the Homecoming Dance? Then please stop by room 608 & see Ms. Gamboa or a Photo club member before school, during lunch, after school to select your image. Thank you for supporting Photo Club!

### (Please READ Today - read every other day only)

Attention ALL BHS students and staff. This is a friendly and important reminder that we ALL must do our part in keeping our campus clean. Please make sure you are throwing ALL trash away during snack and during lunch time. We MUST take PRIDE in keeping our campus free from unnecessary trash. Our custodians have a great deal of responsibility and it is NOT their job to pick up trash, it is ours as a BHS family! Thank you for your help with keeping our campus clean!

#### (Please READ Today - read every Wednesday only)

Hey Bucs, the **Cerritos Rep will be in the College and Career Center every Wednesday during High School Lunch** to answer any of your Cerritos College related questions. Stop by to ask about Cerritos Complete, Dual Enrollment, Certificate Programs, and more!

#### **STAFF ANNOUNCEMENTS:**

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