

# Unit 4: Growth and Development

<b>Unit #:</b>	APSDO-00026713	<b>Duration:</b>	2.0 Lesson(s)	<b>Date(s)</b>	
----------------	----------------	------------------	---------------	----------------	--

**Team:**  
 Jodi Kryzanski (Author), James Pappa, Katie Schmutz, Timothy Feshler, Lisa Abate, Jeffrey Redman, Ann Perrault, Holly Rzonca, Cheryl Edwards, Donald Bartomioli, Molly DeSantis, Mellanee Harmon

**Grade(s)**  
 2, 3, 4

**Subject(s)**  
 Wellness

## Unit Focus

In this unit students will continue to learn about the composition of the human body through literacy based group discussions and activities.

## Stage 1: Desired Results - Key Understandings

Standard(s)	Transfer	
<p><b>Connecticut Goals and Standards</b>  <i>Health Education: 4</i></p> <ul style="list-style-type: none"> <li>• Demonstrate avoidance, refusal and negotiation skills to enhance healthy relationships <i>M.5.7</i></li> <li>• Demonstrate the ability to work cooperatively in small groups when advocating for healthy individuals, families and schools <i>M.8.5</i></li> <li>• Distinguish between safe, risky or harmful behaviors involving themselves and/or others <i>M.3.3</i></li> <li>• Explain how health is influenced by the growth and interaction of body systems <i>M.1.3</i></li> <li>• Explain the relationship between positive health behaviors and prevention of</li> </ul>	<p><b>T1</b> (T1) Develop skills, knowledge and concepts needed to make appropriate decisions to create a healthy and balanced lifestyle.</p> <p><b>T2</b> (T3) Advocate based on personal needs (academic, behavioral, emotional and physical) to determine an appropriate solution for self and others.</p> <p><b>T3</b> (T5) Access, evaluate and use information from various sources to deepen understanding of a given topic.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p><b>U1</b> (U156) One`s person`s physiological development may be very different from your own experience.</p> <p><b>U2</b> (U154) The digestive system is designed to process nutrients and get rid of waste to maintain overall health.</p>	<p><b>Q1</b> (Q152) How does what I put in my body affect the way it works?</p> <p><b>Q2</b> (Q153) How do changes in my body affect outward behaviors?</p>

injury, illness, disease and premature death <i>M.1.1</i> • Use a decision-making process to enhance health <i>M.6.1</i>	Acquisition of Knowledge and Skill	
	Knowledge	Skill(s)
	<b>K1</b> Vital organs and body cells of reproductive system	<b>S1</b> Identify the systems of the body and their function  <b>S2</b> Differentiate between cells, tissues, organs, and systems