

## **Unit 2: Substance Abuse and Prevention**

 Unit #:
 APSDO-00026615
 Duration:
 2.0 Lesson(s)
 Date(s)

#### Team:

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#### Grade(s)

10

#### Subject(s)

Wellness

### **Unit Focus**

In this unit, students will get a brief review of the laws against drugs, the types of drugs, and ways they can get help if they or someone they know has a drug problem. Students will present an evaluation of a drug and its effects on a person socially, mentally, financially, and physically.

# Stage 1: Desired Results - Key Understandings

| Standard(s)  | Transfer   |   |  |
|--|--|---|--|
| <ul> <li>Connecticut Goals and Standards         Health Education: 12</li> <li>Apply and evaluate characteristics         needed to be a responsible individual         within their peer group, school, family,         and community H.5.2</li> <li>Assess the importance of assuming         responsibility for personal health         behaviors H.3.1</li> <li>Demonstrate avoidance, refusal,         negotiation and collaboration skills to         enhance healthy relationships H.5.7</li> <li>Evaluate how information from family,         school, peers and the community         influences personal health H.4.3</li> </ul> | T1 (T5) Access, evaluate and use information from various sources to deepen understanding of a given topic. T2 (T2) Communicate effectively based on purpose, task and audience using appropriate vocabulary and body language.  |   |  |
|  | Meaning  |   |  |
|  | Understanding(s)   | Essential Question(s)   |  |
|  | <ul> <li>U1 (U160) Drug use has detrimental effects on the human body when used.</li> <li>U2 (U161) Substances carry a different set of risks and consequences because of their potency and their unpredictable chemical makeup.</li> <li>U3 (U162) Even when you know that you are</li> </ul> | Q1 (Q150) What choices do I make when I am in charge of myself? Q2 (Q151) How do I keep myself safe? Q3 (Q152) How does what I put in my body affect the way it works? Q4 (Q203) How do I find the words to speak up for myself? How do I find the words to |  |

| <ul> <li>Evaluate the effects of media, technology and other factors on personal, family and community health H.4.2</li> <li>Evaluate the impact of personal health behaviors on the functioning of body systems H.1.3</li> </ul> | addicted, you may need to admit you need help.   | speak up for others? <b>Q5</b> (Q300) How do I speak up for myself/someone else? How do I find the words?  |
|---|--|--|
|   | Acquisition of Knowledge and Skill  Knowledge Skill(s)   |  |
|   | K1  Dangerous recreational and non recreational drugs  K2  Effects of peers on decision making in relation to drug use | Determine most important information and images to display for the given drug in the student presentation  S2  Use the slide deck as a launching pad for oral explanation for the drug the student is presenting (rather than reading the slides to an audience) |