

skill. There will be days where we will not play basketball to break up the units. We will also be working on our math skills with different projects and activities. Not just playing games the whole year!

PE Elective:

We will have about 2-3 week units that will consist of history, rules, skills and then gameplay. They will all be done in a safe manner and constructed appropriately. All quizzes will be given at the end of the unit.

Grading

Assessments 60%

This includes any unit quiz, any exit slip or evaluation that will help them critically think on what they learned in that lesson or that specific class.

Class Work 20%

This includes participating in physical education, listening to directions and applying your skills and knowledge to the specific skill the teacher is instructing that day.

Learning toward disposition 10%

This includes showing the proper effort in physical education and having a positive attitude every day you enter the class.

Homework 10%

For example (read an article on a specific unit) or review a video on a certain lesson or skill we are learning.

To get a great grade in physical education you must do well in all aspects above but this cannot be accomplished without participation.

PE Attire

PE Attire is shorts and a t-shirt including sneakers. There is no boots, slip-on shoes for physical education. After physical education students must put their dress code attire back on.

By signing below I agree with all the terms above including the units and skills that will be taught, the grading scheme and how I should be acting in physical education class.

Grading:

Assessments 60%

This includes any unit quiz, any exit slip or evaluation that will help them critically think on what they learned in that lesson or that specific class.

Class Work 20%

This includes any work that is done in class. This is a major area in health as we will be doing many fun lessons in the classroom this year.

Learning toward disposition 10%

This includes showing the proper effort and a positive attitude every day you walk into the health room. This also includes participating in class and class work.

Homework 10%

Any homework that is given out must be brought back the next day and will be 10% toward your final grade.

By signing the bottom I agree to the syllabus and understand the concepts of Mr. Patricks health class

exciting happy swimming
friends Vocational Physical life Chicago beautiful WTC
Spiritual good food Environmental Financial Women's Sleep Tobacco
Social change tips helpful veggie Alcohol positive Lakeshore vegetarian mindfulness Emotional changes love better knowledge Easy energy exercise Nutrition Rambler
Prevention Intellectual Stress balance happiness friendships Jesuit Men's resolutions Cultural Healthy