

Summary of Wellness Policy Survey Results

ASB Surveys	re collected from Mokler, Jackson, and PHS-West Total Number of Responses: 16		
Questions	Needs Improvement	Meets	Exceeds
1. Your school promotes a healthy lifestyle (healthy eating, physical activity, etc.).	4	7	5
2. Food and beverages sold and served to students on your schools campus from midnight and up to one-half hour after the school day are healthy.	5	7	4
 Your school enforces an "anti-bullying" policy on campus. 	2	9	5
4. Your school encourages all students to wash their hands before eating.	13	2	1
5. Classroom celebrations involving food at your school are held after the lunch period.	8	3	5
6. Classroom celebrations involving food are healthy.	5	10	1
7. Nutrition education is provided to students and included in other academic subjects (math, science, English, etc.).	8	7	1
8.Your school provides all students with the opportunity to be physically active on a regular basis through physical activity programs.	1	4	11
9. Teachers and staff model healthy behaviors while at school.	3	11	2
	Not at all Confident	Confident	Very Confident
10. How confident is your Student Council/ ASB at your school about following and understanding the nutrition standards in the PUSD Student Wellness Policy.	0	9	7
	No	Somewhat	Yes
11. Were you aware of the PUSD Student Wellness Policy before you filled out this evaluation form?	11	3	2
	Teacher	Parent or friend	Other
12. If you answered "yes" on question 11, how were you informed about the Student Wellness Policy	5	1	2

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13. Please list any fundraisers or other events that the Student Council/ASB at your school hosted that promote healthy behaviors (related to nutrition, physical activity, etc.)

Dance competition
Soccer tournament
In-n-out
All spirit weeks
Mental health day
Student store
Lunch activities
Student activities
Black history month hand print
Freshman dance
Kindness week
Cheering students
Calming room
Dodgeball for avid
Selling healthier snack choices
Pennies for Pep Fundraiser also called March Madness
Red Ribbon spirit week
Boo grams, winter grams, can donations
telling us to eat something healthy before eating junk food
14. What is your favorite health related event that your school has hosted this year?
The Wellness Summit
Soccer tournament
Cheering for students
Dodgeball tournament
Kindness week
None
Mental health awareness week
Field day is my favorite
March Madness was my favorite
Mental health week
Can donations for shelters
Healthy lunches