

# STUDENTS AND COLLEGE ATHLETICS

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# AGENDA

- Where to Start
- Division I, II, III
- Marketing Yourself
- Timeline
- Resources





# WHERE TO START

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- Resources: Parents, coaches, school counselor, SHS athletic department, alum student- athletes, parents/friends that have gone through the process
- Academics should be first priority - Broken leg test
- School location - Do you want family and friends in attendance?
- Athletic and academic standards – Are you a good fit? What Division: I, II, or III?

	<b>Men's Basketball</b>	<b>Women's Basketball</b>	<b>Football</b>
High School Student-Athletes	550,305	430,368	1,057,382
NCAA Student-Athletes	17,712	16,532	73,063
Percent High School to NCAA	3.2%	3.8%	6.9%
NCAA Student-Athletes Drafted	50	34	253
Percent NCAA to Professional	1.2%	0.9%	1.6%

# THE NCAA



- Dedicated to safeguarding student-athlete well-being and equipping them with the skills to succeed on the playing field, in the classroom, and throughout life
- NCAA has 3 Divisions
  - Division I: Generally have more students and larger athletic departments. Schools in this division can give athletic scholarships.
  - Division II: Emphasize a life balance in which academically and athletically gifted students can compete at a high level. This division can give athletic scholarships.
  - Division III: Academics are the primary focus. The sports seasons are shorter reducing time away from academic studies and other campus activities. This division cannot give athletic scholarships.

# DIVISION I INITIAL ELIGIBILITY



- For students to be eligible to compete in NCAA sports during their first year at a Division I school, they must graduate high school and meet **all** the following requirements:

- Complete 16 core courses:
  - 4 years of English
  - 3 years of math (Algebra I or higher)
  - 2 years of natural/physical science (1 year of lab science, if offered)
  - 1 additional year of English, math, or natural/physical science
  - 2 years of social science
  - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
- Complete 10 core courses, including seven in English, math or natural/physical science, before the start of their 7<sup>th</sup> semester.
- Earn at least a 2.3 GPA in their core courses
- Earn an SAT combined score or ACT sum score matching their core course GPA on the Division I sliding scale



# DIVISION I INITIAL ELIGIBILITY – ACADEMIC REDSHIRT



- Students who enroll full time at a Division I school, and have not met all the Division I academic requirements, may not compete in their first year at college
- They could however, qualify as an academic redshirt allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
- To qualify for an academic redshirt the student must graduate high school and meet all the following requirements:
  - Complete 16 core courses:
    - 4 years of English
    - 3 years of math (Algebra I or higher)
    - 2 years of natural/physical science (1 year of lab science, if offered)
    - 1 additional year of English, math, or natural/physical science
    - 2 years of social science
    - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
  - Earn at least a 2.0 GPA in core courses
  - Earn an SAT combined score or ACT sum score matching their core course GPA on the Division I sliding scale



# DIVISION II INITIAL ELIGIBILITY

- For students to be eligible to compete in NCAA sports during their first year at a Division II school, they must graduate high school and meet **all** the following requirements:

- Complete 16 core courses:
  - 3 years of English
  - 2 years of math (Algebra I or higher)
  - 2 years of natural/physical science (1 year of lab science, if offered)
  - 3 additional year of English, math, or natural/physical science
  - 2 years of social science
  - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
- Earn at least a 2.2 GPA in their core courses



- Earn an SAT combined score or ACT sum score matching their core course GPA on the Division II sliding scale



# DIVISION II INITIAL ELIGIBILITY – PARTIAL QUALIFIER

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- Students who enroll full time at a Division II school, and have not met all the Division II academic requirements, may not compete in their first year at college
- They could however meet the requirements to be a Partial Qualifier, allowing them to practice during their first term in college and receive an athletics scholarship for the entire year
- To be a Partial Qualifier the student must graduate high school and meet all the following requirements:
  - Complete 16 core courses:
    - 3 years of English
    - 2 years of math (Algebra I or higher)
    - 2 years of natural/physical science (1 year of lab science, if offered)
    - 3 additional year of English, math, or natural/physical science
    - 2 years of social science
    - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
  - Earn at least a 2.0 GPA in core courses
  - Earn an SAT combined score or ACT sum score matching their core course GPA on the Division II sliding scale



# DIVISION III INITIAL ELIGIBILITY

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- If a student is planning to attend a Division III school, they do not need to register with the NCAA Eligibility Center
- Division III schools set their own admissions and eligibility standards





# WHAT ARE NCAA CORE COURSES?

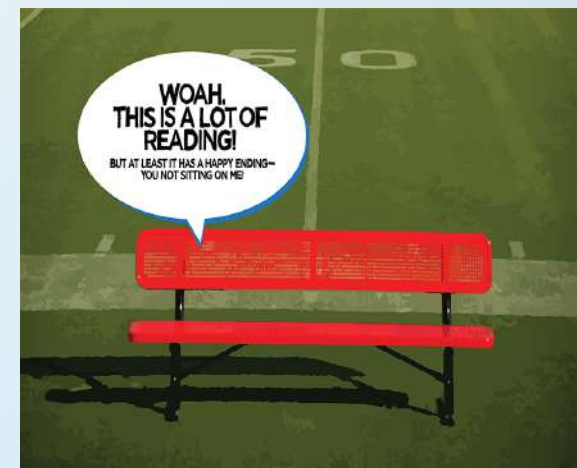
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- For courses to be approved as NCAA core courses, they must meet these areas:
  - Be an academic, 4 year college preparatory course eligible for high school graduation credit in one or more of these areas:

English	Math (Algebra I or higher)
Natural/Physical science	Social Science
Foreign Language	Comparative religion or Philosophy

- Be at or above your high school's regular academic level
- Be taught by a qualified instructor

**For a list of SHS's approved NCAA Core Courses see your School Counselor**



# THE NCAA'S GPA

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- The NCAA Eligibility Center calculates core course GPAs based on the grades students earn in NCAA-approved Core Courses.
- GPAs are calculated on a 4.000 scale
- Numeric grades such as 92 or 87 are changed to letter grades such as A or B
- The NCAA Eligibility Center does not use plus or minus grades
- Weighted honors or Advanced Placement courses may improve a student's core course GPA but the high school must notify the NCAA Eligibility Center that it weights grades in those classes
- For Pass/Fail grading situations, the NCAA Eligibility Center will assign the high school's lowest passing grade for a course in which the student received a Pass grade (for most schools this is a D)



# HOW DO I GET NOTICED?

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- Complete Prospective Student-Athlete Questionnaires on school's athletic websites
- Participate in college showcases, camps, and clinics
- Create a sports resume that highlights athletics, academics, and citizenship
- Ask your coach to call a college coach on your behalf
- Email and send a letter to college coaches



**Annie Athlete**  
**Volleyball Information**

*1234 Main Street; Simsbury, CT 06070*

*Telephone: (123)-456-7890; [annieathlete@e-mail.com](mailto:annieathlete@e-mail.com)*

**High School:** Simsbury High School  
34 Farms Village Road  
Simsbury, CT 06070  
860-658-0451

**Height:** 5'10"

**Weight:** 147 lbs

**Vertical:** 22"

**GPA:** 3.67 on a 4.0 scale (weighted)

**Graduation date:** June 2017

**Conference:** Central Connecticut Conference West Division & Connecticut Interscholastic Athletic Conference

**Position:** Setter

**Jersey:** #4 Dark/ # 7 Light

**Varsity Starter:** 2 years

**Awards/Honors:** Rookie of the Year (2013)

All Conference (2013, 2014)

All State (2014)

Classic Tournament MVP (2014)

**Other Experience:** AAU Volleyball (2012- Present)

Farmington Valley Volleyball Camp (2012-2013)

Hartford State Summer Volleyball Camp (2014)

**High School Coach:** Jane Smith

Cell: 987-654-3210

[headcoach@email.com](mailto:headcoach@email.com)

**AAU Coach:** John Wilson

Cell: 876-543-2109

[aaucoach@e-mail.com](mailto:aaucoach@e-mail.com)

# COLLEGE COACHES: WHAT DO THEY LOOK FOR?

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- Grades, character, attitude, athletic ability
- Contact, evaluation, quiet, dead periods
  - What if a student contacts a coach and doesn't hear back?
- Prospective student-athlete mistakes



# NCAA INITIAL ELIGIBILITY PROCESS – START YOUR SEARCH

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HIGH SCHOOL  
STUDENT

## GRADE 9

- Student asks counselor for a list of high school's core courses to ensure he or she takes the right classes.

## GRADE 10

- Student registers with the NCAA® Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).

## GRADE 11

- Student checks with counselor to make sure he or she will graduate on time with all required NCAA core courses.
- Student takes the ACT or SAT, submitting his or her scores to the NCAA using code 9999.
- At the end of the year, counselor provides student's official transcript to the NCAA Eligibility Center.

## GRADE 12

- Student finishes last NCAA core courses.
- Student takes the ACT or SAT again, if necessary, submitting his or her scores to the NCAA using code 9999.
- After April 1, student requests final amateurism certification decision from the NCAA Eligibility Center.
- After graduation, counselor provides student's final official transcript with proof of graduation to the NCAA Eligibility Center.

# FRESHMAN YEAR

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- Check in with your school counselor regarding your course selections and NCAA core requirements
- Start high school with strong academics – these grades will matter
- Have conversations with your coaches, both high school and club or AAU
- Start participating in camps, clinics, exposure tournaments, college showcases
- If you are traveling during this year check out different college campuses



# SOPHOMORE YEAR

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- Maintain academics and conversations with your school counselor
- Start doing research on colleges you may be interested in
  - Research current roster, watch games and style of play, research tenure of coach and coaching changes
- Register with the NCAA Eligibility Center

# NCAA ELIGIBILITY CENTER STUDENT REGISTRATION

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Registration Fee: \$75 for students in the United States, U.S. territories and Canada  
\$130 for all other international students

# JUNIOR YEAR

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- Send SAT or ACT scores to the NCAA Eligibility Center – NCAA code: 9999
- Go on unofficial visits – can contact coach to set up a tour and/or meeting
  - Get a sense for the campus setting, athletic facilities, academic support, dorms, and the different activities and social life
- Continue to do research on school of interest, attend games, participate in showcases, camps, etc.
- Make sure your transcript is sent to the NCAA Eligibility Center at the end of the school year

# SENIOR YEAR

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- Ensure Junior Year transcript was sent to the NCAA Eligibility Center
  - Visit “My Planner” page in your NCAA Eligibility Center account
- Follow college application process with your school counselor
- Official college visits – check NCAA website for specifics regarding your sport
- Maintain strong academics
- Review NCAA policies on banned drugs and substances – check when completed
- Complete amateurism questionnaire
- Ensure final transcript with proof of graduation is sent to the NCAA Eligibility Center

# SCHOLARSHIPS



- NCAA Division I and II schools provide more than \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes
- Only about 2 percent of high school athletes are awarded athletics scholarships
- Division I full scholarships provide tuition and fees, room and board, books and other expenses related to the cost of living
  - Scholarships can be yearly or multi-year
  - May also pay for student-athlete to finish their bachelor's or master's degrees after they finish playing NCAA sports
- Division II full scholarships provide tuition and fees, room, board and course related books and supplies

**Most student-athletes who receive athletic scholarships receive an amount covering a portion of these costs – a Partial Scholarship**



# NATIONAL LETTER OF INTENT

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- A National Letter of Intent is signed by the student-athlete, agreeing to attend a Division I or II college for one academic year
- Participating colleges agree to provide financial aid for a minimum of one academic year to the student-athlete as long as they are admitted to the school and are eligible for financial aid under NCAA rules
- Signing an NLI ends the recruiting process, schools are prohibited from recruiting student-athletes who have already signed an NLI





# HELPFUL LINKS

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- [www.eligibilitycenter.org](http://www.eligibilitycenter.org)
- [www.ncaa.org/playcollegesports](http://www.ncaa.org/playcollegesports)
- [www.2point3.org](http://www.2point3.org)
- [www.nationalletter.org](http://www.nationalletter.org)
- [www.simsbury.k12.ct.us](http://www.simsbury.k12.ct.us)
  - Simsbury High School
    - School Counseling – NCAA

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**ANY  
QUESTIONS?**