

## **Students**

### **Alcohol, Drugs and Tobacco Steroid Use**

The Board of Education recognizes that the use of anabolic steroids presents a serious health and safety hazard. As part of the District's drug prevention and intervention efforts, the Superintendent or his/her designee and staff shall make every effort to ensure that students do not begin or continue the use of anabolic steroids.

Students participating in athletics are prohibited from using anabolic steroids or any other performance-enhancing drugs, except where prescribed by a physician. Coaches shall inform students about this prohibition and the dangers of using such drugs.

The Superintendent or his/her designee shall ensure that students in grades 7-12 receive instruction on the effects of anabolic steroids as part of their science, health, physical education or drug education program.

Students shall be made aware of the dangers of steroid use and that their use, unauthorized possession, purchase, or sale could subject them to disciplinary action.

The following minimum penalties are prescribed for any student athlete found in violation of the prohibited use of anabolic steroids:

1. First Violation: Suspension from school athletics for the remainder of the season.
2. Second Violation: Suspension from school athletics for the remainder of the season and for the following season.
3. Third Violation: Permanent suspension from school athletics.

No student shall be eligible to resume participation in school athletics unless a medical determination has been submitted, verifying that no residual evidence of steroids exists.

(cf. [5131.6](#) - Alcohol, Drugs and Tobacco)

(cf. [6164.11](#) - Drugs, Tobacco, Alcohol-Instruction)

Legal Reference: Connecticut General Statutes

[10-16b](#) Prescribed courses of study.

[10-221\(d\)](#) Boards of education to prescribe rules.

21 U.S.C. 812 Controlled Substance Act

Policy approved: 5/16/07