

# Wasilla High School Class of 2020



**Senior  
Information**

# For more information see...



Ms. Overfelt A-G



Mrs. Troisi H-O



Mr. Holbrook P-Z

## *WHS Counselors*

## *Additional Support*



Ms. Abell,  
Counseling Secretary



Mrs. Hinton,  
Registrar

# Questions You May Have as You Begin This Next Journey in Life

- Who am I?
- Where am I going?
- What do I value?
- What am I feeling?
- Will I be enough?
- Who is my help?
- What if I am not what you think?
- What if I fail?



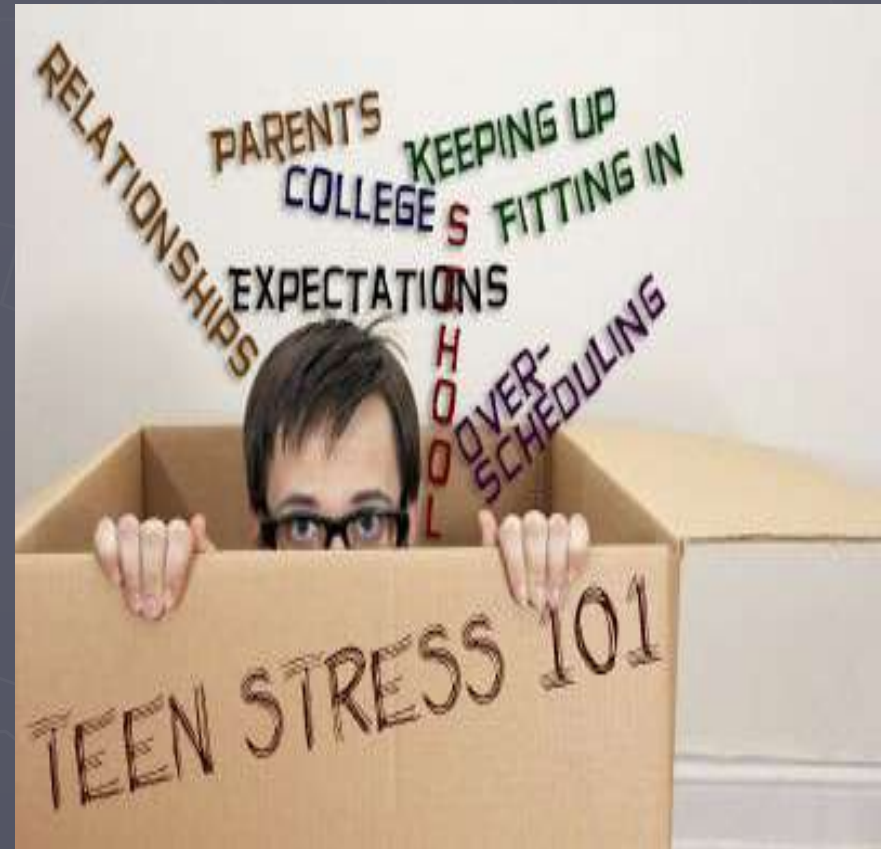
# Developmental Tasks of Older Teens



- ▶ Identity – development of self
- ▶ Autonomy – age appropriate
- ▶ Tug of War – leaving home, “treat me like an adult . . . can I have some money?”
- ▶ Need parental supervision and support
- ▶ Conflict helps us leave – helps us transition to change

# Well

- Not sleeping well or sleeping all the time
- Unusually irritable
- Significant change in appetite
- Withdrawn
- Secretive
- Major change in normal likes/dislikes
- Hopeless
- Shut down



# What If You Fail ....



“Success is going from failure to failure without a loss of enthusiasm.”

-Winston Churchill

# 5 Benefits of Failure

- Failure Teaches Lessons
- Failure Helps Us Overcome Fear
- Failure Recommits us to Our Goals
- Failure Inspires Creative Solutions
- Failure Strengthens Our Support System



[JK Rowling on the Benefits of Failure](#)

# A Few Suggestions



- Be organized
- Meet deadlines
- Stay in the race until you cross the finish line.
- Actions = Consequence
- Make good decisions!





# Post High School Planning



What will I do?



**College Degree:**

- \*Associates
- \*Bachelor
- \*Master
- \*Doctorate

**Vocational Training:**

- \*Certificate
- \*Associates
- \*Apprenticeship
- \*On the job training

**Military:**

- \*Air Force
- \*Army/Marine
- \*Coast Guard
- \*Navy

# AKCIS

[http://acpe.alaska.gov/PLANNING/Education\\_Planning/AKCIS](http://acpe.alaska.gov/PLANNING/Education_Planning/AKCIS)



## Information About:

- Careers
- Colleges
- Scholarships

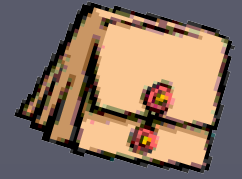
## WHS Login Info:

Username: wasillahs

Password: 4Student



# What To Be Working On...



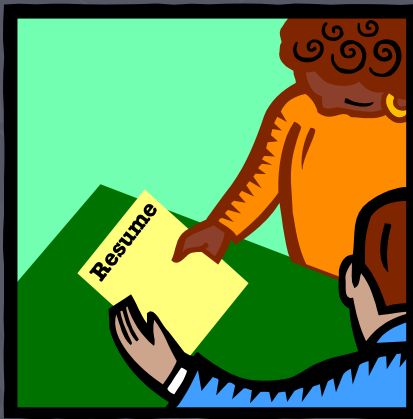
- ▶ Investigate careers, colleges, and training programs. Start narrowing your focus.
- ▶ Attend college, armed services, and technical college visits at WHS. Visits are in the announcements. If possible, visit campuses.
- ▶ Select 3 to 7 colleges – create a folder for each one with deadlines and requirements written on the outside of each folder.
- ▶ Review your transcript to make sure you are taking the classes you need for graduation and post graduation plans.
- ▶ Take the ACT, SAT, ASVAB, and WorkKeys.
- ▶ Create separate folders for copies of transcripts, resumes, essays, and letters of recommendation. (have several copies of each).
- ▶ Make a folder for each scholarship that you apply for.
- ▶ Complete the financial/college comparison sheet.



# The Application Portfolio

## What You May Need to Apply for...

Colleges, Technical Schools, Scholarships, Armed Services, Apprenticeship Programs & Jobs:



- ✓ Resume
- ✓ Official Transcripts
- ✓ Test Scores – ACT, SAT, ASVAB, WorkKeys.
- ✓ Essays and Cover Letters about You & Your Interests
- ✓ Letters of Recommendation from Teachers and Community Members.

# Post-Secondary Application Process

- ▶ Application - online
- ▶ Transcripts – Ms. Hinton, Registrar
- ▶ GPA/Rank
- ▶ Letters of Recommendation
- ▶ Exams:

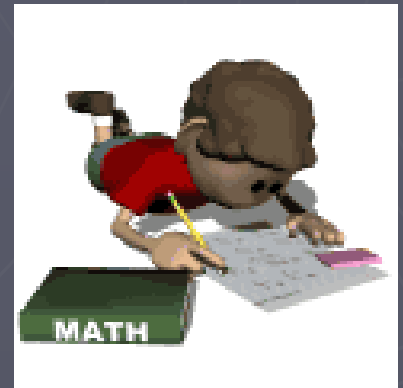
SAT <http://www.collegeboard.com>

ACT <http://www.actstudent.org>

ASVAB: Wasilla High fall and spring or see your recruiter

WorkKeys: Every Thursday at Job Center

WHS code: 020155



# Test Info & Prep



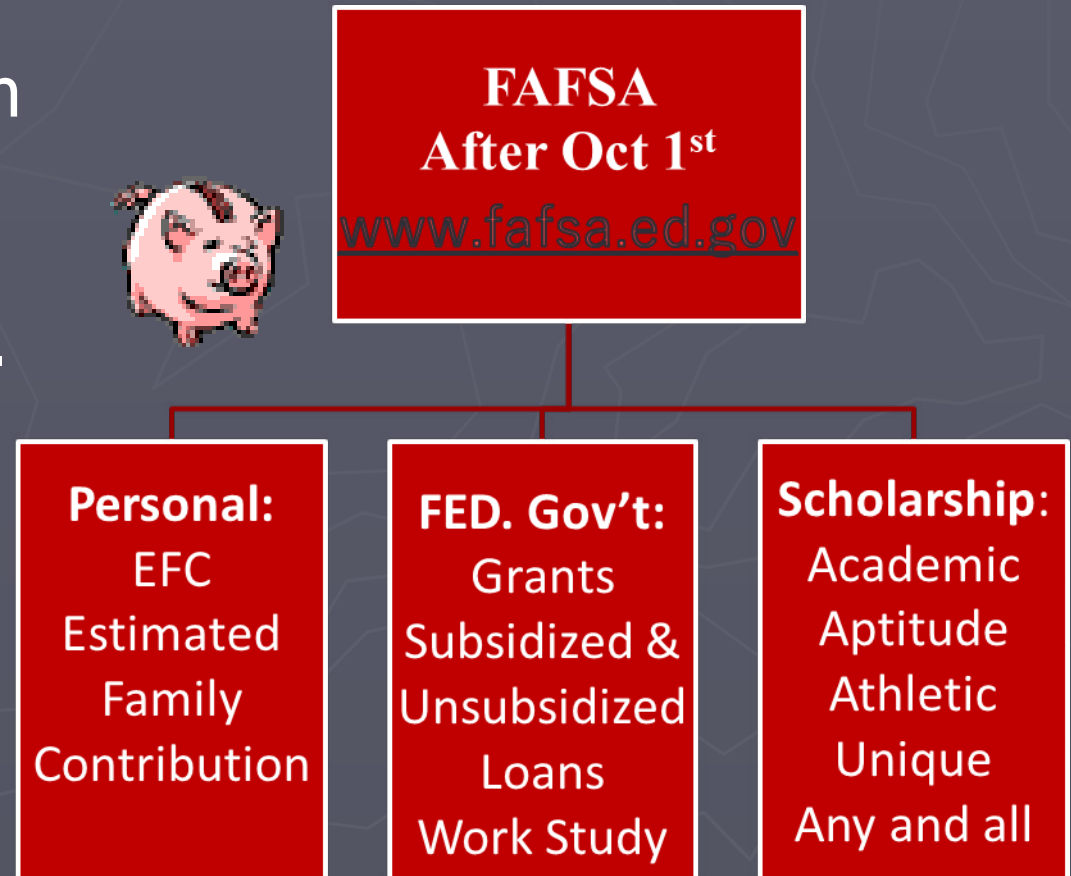
## Make sure to:

- ▶ **Keep a list of your log-in and passwords**
- ▶ **List WHS as your high school so your scores can be added to your transcript**
- ▶ **Use your FREE score reports**
- ▶ **Remember your ID and ticket when you test**
- ▶ **Answer every question. There is no penalty for guessing on either the ACT or SAT**
- ▶ **Practice ... Practice ... Practice**
  - ❖ **Free test-prep is available for both the ACT & SAT through Apex for all MSBSD students and through Khan Academy for students who have taken the PSAT or SAT.**

# Financial Aid



- ▶ Funding comes from many sources – Each college will create a proposal for you based on the FAFSA.
- ▶ Scholarships are typically awarded during your senior year.



# FAFSA – Free Application for Federal Student Aid

October 1<sup>st</sup> – you'll need an accurate estimate of your income and expected taxes.

Go to [www.fafsa.ed.gov](http://www.fafsa.ed.gov) and apply for a pin number a few days prior to actually completing the FAFSA. (It's an electronic signature)

You'll be given an EFC (Estimated Family Contribution) amount and the EFC will be sent electronically to each college you designated on the FAFSA application.

The college financial aid office will create a Financial Award Proposal and it will be sent to you for approval.

Keep a file to refer to when you renew the FAFSA each year of college and Grad school. UAA Mat-Su offers FAFSA help to assist in the application process. Call and make an appointment.





# FAFSA Answers & Help

## Common FAFSA Mistakes

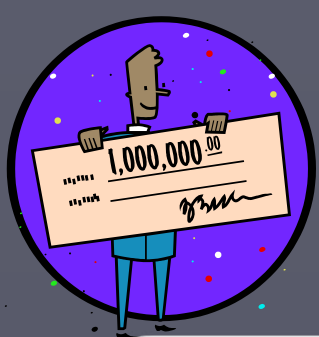
<https://www.youtube.com/watch?v=Mbb9eqXxUzo>

## Step by step process on how to file the 2018-19 FAFSA

<https://www.youtube.com/watch?v=x1gmfQiQRCY>



- ✓ Call Your University
- ✓ Visit the Mat Su College Financial Aid Office
- ✓ Register for College Goal Alaska at:  
<https://acpe.alaska.gov/PLANNING/College-Goal-Alaska>



# Apply, Apply, Apply



At WHS: weekly updates posted in the counseling office. Also check WHS Counseling website for links.

<https://www.matsuk12.us/Page/14370>

Internet: AKCIS, fastweb.com, Google (watch for scams)

## Scholarships

Schools: Your college or vocational program will usually have scholarships linked under financial aid.

Keep track of deadlines and be professional and organized in your presentation. Don't rule yourself out of applying! Typically, the closer the source of the money the higher your chances of receiving the money.



# Alaska Performance Scholarship



- ▶ Three levels of awards
  - ❖ Level 1 \$4,755
  - ❖ Level 2 \$3,566
  - ❖ Level 3 \$2,378
- ▶ Based on GPA, ACT/SAT/WorkKeys scores
- ▶ Must fill out FAFSA
- ▶ Create an account on the Alaska Commission on Postsecondary Education Portal
- ▶ 2 ways to qualify:
  - ❖ 4 math, 4 science, 4 lang. arts, 4 social studies
  - ❖ 3 math, 3 science, 4 lang. arts, 4 social studies, 2 foreign lang.

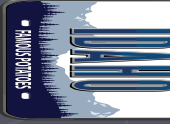
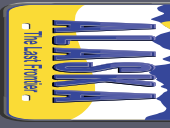
Some classes do not count for APS.  
Be sure to check with your counselor.

# WUE – Western Undergraduate Exchange

<https://wiche.edu/wue>

- ▶ Students are eligible to request a reduced tuition rate of 150% of resident tuition at participating colleges.
- ▶ Students must apply – a small number of awards are available.
- ▶ States participating:

- |              |                |                |
|--------------|----------------|----------------|
| ✓ Alaska     | ✓ Idaho        | ✓ Oregon       |
| ✓ Arizona    | ✓ Montana      | ✓ South Dakota |
| ✓ California | ✓ Nevada       | ✓ Utah         |
| ✓ Colorado   | ✓ New Mexico   | ✓ Washington   |
| ✓ Hawaii     | ✓ North Dakota | ✓ Wyoming.     |





# NCAA/NAIA

- ▶ NCAA – Division I and Division II
- ▶ NAIA – Intercollegiate Athletics at all other levels
- ▶ Register online for NCAA at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)
- Register online for NAIA at [www.playnaia.org](http://www.playnaia.org)

## IMPORTANT:

*It is the responsibility students and their families to make sure that CORE classes taken meet NCAA and NAIA requirements.*

# NCAA/NAIA

<b>NCAA Division I – MUST MEET ALL</b>	<b>NCAA Division II – MUST MEET ALL</b>	<b>NAIA – MUST MEET 2 OF 3</b>
English – 4 years	English – 3 years	Achieve a minimum of 18 on ACT or 860 on SAT
Math – 3 years	Math – 2 years	Achieve a minimum overall GPA of 2.0
Science – 2 years	Science – 2 years	Graduate in the top half of high school class
Additional year of English, math, or science	Additional year of English, math, or science	
Social Science – 2 years	Social Science – 2 years	
Additional Academic Courses – 4 years	Additional Academic Courses – 4 years	

# NCAA/NAIA



- ▶ For NCAA Approved High School courses go to <https://web1.ncaa.org/hsportal/exec/hsAction>
- ▶ Type in **020155** for the ACT Code and select Search. Select Show All Approved Courses, or Show All Denied Courses and compare to your completed and current courses.
- ▶ **\*\*Important Notices\*\***
- ▶ It is your responsibility as a student and an athlete to make sure that the CORE classes you are taking to meet NCAA and NAIA requirements are accepted.

# Important Fall Dates



- ▶ Oct. 1<sup>st</sup> – FAFSA available online
- ▶ Oct. 9<sup>th</sup> – Post-Graduation Parent Night at 6:00 pm
- ▶ Oct. 14<sup>th</sup> & 15<sup>th</sup> – Anchorage College & Career Fair @ UAA Alaska Airlines Center
- ▶ Oct. 16<sup>th</sup> – Mat Su College & Career Fair @MTA Sports Center (9am-1pm and 2-6pm)
- ▶ Oct. 22<sup>nd</sup> – ASVAB
- ▶ Nov. 7<sup>th</sup> – Jostens at WHS – Pass out cap & gown info. in Advisory
- ▶ Nov. 30<sup>th</sup> – Deadline for Senior Picture for Yearbook
- ▶ Nov. 30<sup>th</sup> – Deadline for Quote for Yearbook
- ▶ Dec. 17<sup>th</sup> – 19<sup>th</sup> – Semester 1 Finals



# Important Spring Dates

- ▶ Jan 1<sup>st</sup> – Last day to order senior ads (& yearbooks for \$55) @ [yearbookforever.com](http://yearbookforever.com)
- ▶ Feb – ASVAB
- ▶ March – All Seniors interested in APS – these are the last ACT/SAT dates for APS qualification
- ▶ April 11<sup>th</sup> – Prom
- ▶ April 17<sup>th</sup> – All online courses completed to walk at graduation.
- ▶ May 4<sup>th</sup> – 15<sup>th</sup> – AP Tests
- ▶ May 5<sup>th</sup> – 7<sup>th</sup> Senior Finals
- ▶ May 11<sup>th</sup> – Senior Awards Night 6PM
- ▶ May 14<sup>th</sup> – Graduation practice
- ▶ May 14<sup>th</sup> – Graduation 7 pm Menard Sports Complex



# Still Have Questions?

- ▶ Talk to your parents
- ▶ Talk to your recruiter
- ▶ Call your prospective tech. school, college or university admissions & financial aid offices



**See Your WHS Counselor -  
We want to help you!**