



Ninth & Tenth Grade Parent Night

Today's Topics

- **Who is my counselor?**
- **What are the high school graduation requirements?**
- **What classes do I need to take to go to college?**
- **How can my counselor help me get to college?**
- **PSAT Wednesday, 10/16**

Freshmen (2023) Counselors

Ms. Gullo (A-Lep) & Ms. Simmons (Leq-Z)



Sophomore (2022) Counselors

Mr. McCain (A-Lef) and Mr. Montero (Leg-Z)



What do your counselors do?

- Meet with you and develop a college plan and update that plan annually
- Let you know what resources are available to you and how to find them
- Help you navigate the road to college
- Ensure that you get the most out of your four years at Upland High School

Earning Credits

- Five credits are awarded for each semester class passed
- Credits are issued only at the semester
- 230 credits required for graduation



Typical Freshman Schedule

- Math
- English
- Science
- Foreign Language or Visual Performing Art
- PE
- Elective

Typical Sophomore Schedule

- Math
- English
- Science
- Foreign Language
- PE
- World History

High School Graduation Requirements

- A. History (social science) 30 credits (3 years)
- B. English 40 credits (4 years)
- C. Math 20 credits (2 years)
- D. Science 20 credits (2 years)
- E. Fine arts or Foreign language 10 credits (1 year)
- F. Physical Education 20 credits (2 years)
- G. Electives 90 credits (all 4 years)

College by the Numbers

- ✓ 80% of what colleges look for are your grades and rigor of your coursework
- ✓ 10-20% Test Scores (SAT, ACT...)
- ✓ 0-10% Extra-Curricular (sports, clubs, band...)
- ✓ Students who meet the UC A-G requirements are three times more likely to transfer to a four year college if they start at a junior college.

UC/CSU REQUIREMENTS

A-G Eligibility requirements

- | | | |
|----|------------------------|-----------|
| a. | History/Social Science | 2 years |
| b. | English | 4 years |
| c. | Math | 3 years * |
| d. | Lab Science | 2 years * |
| e. | Foreign Language | 2 years * |
| f. | Visual Performing Arts | 1 year |
| g. | Electives | 1 year |

*Recommended additional One or Two Years

What do colleges consider in the admissions process?

- The types of courses a student takes. Did he/she take and pass with a 'C' or better all of the required courses?
- Did he/she “stretch” and go beyond the minimum number of courses? They are looking for academic “depth and breadth.”
- Grades - student should strive for “A’s & B’s.”
- Did a student challenge themselves?

Academic Resources available at Upland High School

- Keep in contact through email/Aeries Portal
- Teachers are available to help students (time varies with individual instructor)
- Tutoring available in library after school every day until 5PM
- Homework Help Hotline from Harvey Mudd College (math and science only) 1-877-827-5426
- Friday Cards & Homework Contract (available in Guidance Office)
- Math Lab Monday, Tuesday, Thursday until 3:45 in J216

Keys to Success at UHS

- Organize: successful students use a planner/organizer
- Prioritize: family, school, social...
- Attendance: regular attendance (no more than five absences per semester, no more than six tardies per semester)
- Homework: routine and a good work area
- Get Help: meet with teachers before/after school, use tutors, talk to your counselor
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Reach Your College Goal!

