

Phone (203) 341-1260

Welcome to Staples Athletics. We have gone to an online registration system for all sports. Please go to http://shs.westport.k12.ct.us/ and click on Athletics to register. You will need an email address to set up an account.

To be eligible to participate in Staples Athletic Program, students must:

- 1. Have a valid Physical Examination (blue form) on file in the School Nurse's office.
- 2. All athletes must be registered online.

Physical Examination Requirements:

- 1. Prior to the first tryout/practice session, all prospective student-athletes are required to pass a physical exam by a physician.
- 2. Completed physical examination forms must be on file in the School Nurse's Office prior to the first tryout/practice session.
- 3. The physical examination is valid for 13 months, and must cover athletes for the entire sports season (including tryout period). Should the physical examination expire during the course of the sports season, the athlete will be required to be examined prior to the date of the physical examinations expiration, otherwise continued participation is prohibited.

During the registration, you and your athlete will agree and sign off on the school's Code of Conduct, Sudden Cardiac Arrest Awareness Student & Parent Informed Consent Form and Student and Parent Concussion Informed Consent Form.

Once you have registered, your athlete's name will be added to a waitlist pending confirmation of their physical date by the nurses' office. You will be contacted if your athlete's physical date on file with the nurse has not been done within the last 12 months.

Any questions, please contact the Athletic Office at <u>203-341-1260</u>.