### INFORMATION ON YOUR

# SCHOOL-BASED HEALTH CENTER



Your school has a School-Based Health Center (SBHC), operated by the school's community partner, Child & Family Agency of Southeastern Connecticut (CFA)!

CFA has been operating SBHCs for more than 30 years and operates 13 School-Based Health Centers in this region with a Nurse Practitioner (APRN) and Mental Health Clinician (therapist) at each location.



The School-Based Health Center is different from the school nurse's office and a community primary care doctor but works collaboratively with them to provide comprehensive care for students.



Health insurance is billed for services provided, but there is <u>no cost</u> to the family (no co-pays, deductible costs, or out-of-pocket expenses).



Same-day medical appointments are available to registered students! Please note that we request that registrations are updated annually.

Once registered, students can receive the services listed below:

#### **Medical Services**

Physical Exams
Immunizations
Sick Visits
Prescriptions
Chronic Condition Education
(asthma, weight management)
Mental Health & Risk Assessment

#### **Behavioral Health Services**

Counseling Services
(individual, group, and family therapy)
Crisis Intervention
Mental Health Assessment, Diagnosis, and
Treatment Planning
Education on Mental Health Topics
Referral to other Mental Health or Community
Services

## REGISTER YOUR CHILD FOR SBHC SERVICES TODAY!

For questions or to schedule an in-person or telehealth appointment, please call 860.437.4550 or email SBHC@ChildandFamilyAgency.org



https://www.childandfamilyagency.org/schoolreg | Registration forms are also available at the School-Based Health Center, in the school nurse's office, or at the school district's Welcome Center.