

R.O.A.R Report



Visit us at: <http://rimrock.mesa.k12.co.us/>

Old editions will be archived on our website.

Mission Statement: Rim Rock nurtures and equips mindful, engaged and empowered learners. Si usted necesita una traducción en español favor de llamar al 254-5484. Estamos para servirles.

Like us/Follow us on Facebook: <https://www.facebook.com/Rim-Rock-Elementary-178372062579265/>

February 27, 2019

Upcoming Dates

Thursday, February 28 – 4:15 – School Advisory Committee Meeting – Conference Room

Thursday, March 7 – 4:00 – PTO Meeting - Library

Monday, March 11 – No School – Teacher Work Day

Tuesday, March 12 – Picture Day

Monday, March 18 – Friday, March 22 – Spring Break

Thursday, March 28 – 5:00 – 4th Grade Discover Colorado Night – Gym

Focus on Learning:

CMAS Testing – Starts April 1st



We will begin CMAS Math and English Language Arts (3-5th) testing as well as our CMAS Science (5th) testing the week after we return from spring break. We

have placed our CMAS testing calendar on our school website for you to review with your family <http://rimrock.mesa.k12.co.us/documents/2018CMAS-Schedule2018.pdf>.

Please note when your child(ren) will be testing and avoid any appointments or family trips during those times. Due to our size, our testing window is very tight and constant communication about planned absences is crucial.

If you know your child will miss a session, PLEASE notify your child's teacher immediately so we can plan ahead and arrange for all sessions of testing. For accurate reporting information, student scoring and school accreditation, it is important for all of our students to complete each portion of the exam. **If a child starts a segment of the exam, they MUST complete all parts within that subject.**

Our District has also put together information around testing expectations at each grade level. This information can be found here:

<http://www.d51schools.org/cms/One.aspx?portalId=81872&pageId=511080>

If you have any questions about the calendar or the testing, please contact Mr. Moore, our School Assessment Coordinator before Spring Break.

School of Choice Window

The School of Choice window for the 2019/2020 school year will open on **March 4, 2019 at 10:00 a.m. and it will close on March 15, 2019 at 4:00 p.m.** Please watch for the information letter to parents, as it will be coming to you electronically. You will find the information letter on your ParentVue, Peach Jar, District 51 Home Page, Social Media, etc. The letter will be available in both English and Spanish the week of February 18, 2019.

Preschool Open House

On March 5, Preschool will be hosting their annual open house. It will be located in the preschool classroom from 4:30 to 6:30. The Preschool Questionnaire and ASQ will be available during this time. At the time of submission of the Questionnaire and ASQ, it is being requested that you to provide a copy of your child's birth certificate and immunization record.

Also, our upcoming Family Outing will be on April 26 at 10 AM. We will be visiting the Butterfly Pavilion.

Focus on Safety

Playground and Parking Lot Safety



We know providing a safe environment for our learners is our top priority. We need your continued partnership with the following areas and times of the day.

Playground supervision begins at **8:35 am**. Students should not be on campus prior to this time unless they are attending an organized tutoring session or school

sponsored group meeting. At the end of the day, supervision ends at **4:00 pm** – all students should be off campus or waiting in the front office for pick up. Please reinforce these times and expectations with your children so we can provide the needed supervision and safe learning environment they need.



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Patience, patience, patience – **PLEASE** – in our parking lot and on surrounding area roads. A few extra minutes to ensure the safety of our children is well worth it.

Remember to stay in your car while dropping off or waiting for your children unless you are parked in a **designated** parking spot. Please do not have your children run from your car to the sidewalk or from the sidewalk to your car – this puts them in great danger! In addition, as you are pulling up to drop off or pick up your children, please be respectful of our handicap accessible ramps. Finally, do not block other families in by sitting behind park cars. Following our guidelines ensures a timelier and **SAFE** drop off and pick up for our children.

Your continued partnership is very important in keeping our children safe!

Focus on Our Community:

NEHS Supporting our Local Community

Recently, our NEHS students teamed up with other groups across the Valley and gathered socks, lip balm and hand wipes to add to hygiene kits for homeless teens in our schools. Thank you for your generous donations to support this cause.



In addition, a few of our NEHS members participated in the annual Lions Club Parade to say thank you for the funding we received two years ago to purchase additional chrome

books.

The Counselor's Corner

In February we talked about kindness and empathy. We read *Be Kind*, and talked about how to show acts of kindness at school and at home. We also discussed empathy. Empathy is feeling or understanding what someone else is feeling. Kindness and showing empathy is important for many reasons:

1. It makes someone else feel better.
2. It helps us to feel good about ourselves.
3. We learn compassion for others and to look beyond our own needs. Compassion is empathy in action!
4. It may inspire others to be caring too.
5. Kindness makes the world a better place.

5th graders are continuing to learn strategies for dealing with stress and strong emotions in the district-wide “Riding the Waves” lessons. Some of the techniques that we have covered are: affirmations, journaling, meditative drawing, laughter, belly breathing, positive self-talk and guided imagery. We are currently working on progressive muscle relaxation.

Random Acts of Kindness day was February 17th. How did you celebrate? Make it a goal to be kind every day.



Self-Awareness

- I am aware of my traits, know what I do well, and know what areas I can work on.

Social-Awareness

- I care about and respect the individual differences of others.
- I care about others and do my part to make my community better.
- I care about how I perceive others and how they perceive me.