

inordinate lifestyle behaviors. Here are some ways you can help lower your risk:

- Maintain a healthy weight. The risk of breast cancer is 1.5 times higher in overweight

FAC presents 2019-20 School Series performances

East Arkansas Community College announces the Fine Arts Center's 2019-20 School Series performances designed to offer high quality performances that engage, explore, and inspire school children of all ages.

Since April 2010, the School Series performances at EACC's Fine Arts Center have attracted an attendance of over 14,500 area students from thirty different school programs. Dedicated to providing meaningful experiences for enrichment through the arts, EACC is currently offering area schools the opportunity to reserve seats for two theatrical performances scheduled in the Fine Arts Center during the 2019-20 school year.

The Ugly Duckling
Tuesday, October 29, 2019
at 10:00 a.m.
Recommended for Pre K - 2nd Grades

Lightwire Theater brings a classic tale to the modern stage in an unforgettable theatrical experience. Lined with electroluminescent wire, the beloved story of The Ugly

breast cancer. This is false. If the bra is comfortable, there is nothing about sleeping in it that can harm you.

- Holding your cellphone in your bra will lead to breast

Duckling plays out on stage through a cutting-edge blend of puppetry, technology and dance. With dazzling visuals, poignant choreography and the creative use of music ranging from classical to pop, this production brings The Ugly Duckling story into a new and brilliant light.

Dog Loves Books
Friday, February 21, 2020
at 10:00 a.m.
Recommended for Pre K - 3rd Grades

Louise Yates' New York Times bestseller comes to life in this exciting musical about the irresistible Dog who loves everything about books. In fact, he loves books so much that he decides to open his own bookstore. Dog decides that the best way to sell books is to act out all kinds of fun stories for his customers, everything from dancing dinosaurs to funny fairy tales. His customers can't help but get into the act too. How could Dog's bookstore not be a huge success? The delightful musical celebrates the power of the imagination

633-0215 or visit
ForrestCityAnytime.com.
For more information about scheduling a screening mammogram, call 870-261-0152.

and the satisfaction that comes when you share books with others.

School administrators, teachers, and representatives will not want to miss the opportunity to see children delight in the magic of live arts performances. All shows are approximately one hour in length.

Seating for School Series performances is arranged on a first-come, first-served basis, admission is \$5 per person (students, teachers, chaperones), and school representatives are encouraged to make reservations early to guarantee availability.

For more information or to reserve seats for a performance, schools should contact Niki Jones, Arts Center Manager at 870-633-4480, ext. 352 or njones@eacc.edu.

NOTICE

The Palestine - Wheatley School District will present its Annual Report To The Public on Tuesday, November 5, 2019, in the District Cafeteria, at 6:00p.m.

COMMERCIAL SPACE FOR LEASE

6 Offices plus
Managers Office
2 Bathrooms
Conference Room
Reception Area
Waiting Room

633-5100