



## SIMSBURY PUBLIC SCHOOLS HEALTH PROGRAM INFORMATION

### 1. IMMUNIZATIONS

- The Simsbury Board of Education, as mandated by Connecticut law, requires that all preschool, kindergarten, grades 7, 11 and transfer students who are entering Simsbury Public Schools shall have been successfully immunized against:
  - Polio
  - Rubeola (Measles)
  - Rubella (German Measles)
  - Diphtheria, Pertussis, Tetanus (DPT)
  - Mumps
  - Hepatitis B
  - Varicella
  - Hep A
  - Pneumococcal
  - Influenza
  - Tdap/Td
  - Meningococcal
- Any student entering school before the age of five, must show adequate immunization against Hemophilus Influenza (HIB).
- A record of these immunizations must be presented to the school nurse on or before registration of any child before s/he will be permitted to attend school.
- Students entering 1<sup>st</sup> grade must show proof of a second Varicella.
- Students entering 7<sup>th</sup> grade must show proof of a second immunization against Rubeola (Measles), Tdap/Td, Meningococcal and a second dose of Varicella.
- Students entering 8<sup>th</sup> grade must show proof of a second Rubeola (Measles), Tdap/Td, and Meningococcal and second Varicella.

### 2. PHYSICAL EXAMINATIONS

- Kindergarten, Grade 7 and Grade 11: School health legislation requires that each child entering these grades must present written proof of a physical examination, to the school nurse, prior to the first day of school. Students who have not provided the school nurse with a physical, completed within 12 months of the first day of school, will not be permitted to enter school. A tuberculin screening must be recorded on the student's physical. Health forms are mailed to the parents during March of the student's six and tenth grade years.
- Transfer students entering any other grade who have no previous record of a physical examination must show proof of a physical examination, including a screening for tuberculosis, signed by a physician prior to registration. Transfer students must present complete health information to the nurse and may not register until all health data is approved.
- Students entering from any state other than Connecticut must have a physical exam dated within 12 months prior to entry to Simsbury Schools.
- Students entering from any country outside of the United States must have a completed physical done by a physician in the U.S. within 12 months prior to entry to Simsbury Schools
- Physicals must be completed by a legally qualified practitioner of medicine (pursuant to Connecticut State Statute 10-206). As there is no school physician, in compliance with state legislation, the physical examination will be paid for by the Board of Education for students participating in the free/reduced lunch program. Prior to making an appointment for a physical examination, requests for financial assistance must be approved by the Director of Health Services at 860-658-0451 Ext 711.

### 3. SCREENINGS

- Annual vision screening for distance acuity is given to all children by the school nurse.
- Auditory screening is given to all students in kindergarten, grades 1, 2, 3, 5 and 8 and on request from a parent/guardian or teacher.

- Postural screening is done on all students in grades 5, 6, 7, 8 and 9 by the nurse, in cooperation with the physical education teachers. All deviations from normal are reported to the parents/guardians in writing.
- Speech concerns are referred to the speech therapists.

4. **ILLNESS AND ACCIDENTS**

- If a child becomes ill or seriously injured at school, parents/guardians will be notified immediately and will be expected to provide immediate transportation home. If it is impossible to contact the parents/guardians, the services of a physician may be sought by a school nurse or members of the professional staff.
- Parents/guardians should ensure that the school health office has current emergency data including a designated adult to take charge of the child if the parents/guardians cannot be reached. Emergency data forms are sent home at the start of the school year; for updating; please notify the nurse of subsequent changes.
- First aid will be administered by the nurse or authorized person for all minor injuries received going to or from school and at school. It is not the responsibility of the school to provide for other treatment.

5. **REPORTING OF ACCIDENTS AND INSURANCE**

- All accidents which occur at school or en route to or from school are to be reported to the health office immediately.

6. **OUTSIDE RECESS**

- Recess is a component of the regular school program. Children are expected to come to school properly clothed for the weather conditions.
- Written parent/guardian requests for exclusion from recess will be honored for a reasonable length of time.
- Extended exclusion requires a physician's written statement.

7. **MEDICATION AT SCHOOL**

- CHILDREN ARE NOT ALLOWED TO POSSESS MEDICATION AT SCHOOL, INCLUDING ALL OVER-THE-COUNTER ORAL DRUGS- EVEN ASPIRIN AND TYLENOL- IN COMPLIANCE WITH THE STATE LAW, without a physician's medication authorization order on file in the Health Office.
- Parents/guardians must make arrangements with the nurse if it is necessary for a child to take medication at school. State law requires that the medication be left in the School Health Office labeled with the name of the medicine, dosage, and time it is to be taken and must be accompanied by written authorization from the parent/guardian and physician.
- The Physician's Medication Authorization form is available on the [www.simsbury.k12.ct.us](http://www.simsbury.k12.ct.us) web site or in the School Health Office.
- If a child is under a special medication program at home, the nurse should be informed.

8. **MEDICAL APPOINTMENTS**

- To avoid taking a child out of school, please make pupil medical appointments during non-school hours.

9. **HOMEBOUND TUTORING**

- Parents/guardians who expect a pupil to be absent for at least three consecutive weeks due to illness, should contact the school nurse about home tutoring.