



# YOUTH WORK

## Talking Safety

### **A Safety & Health Curriculum for Young Workers** California Edition

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Centers for Disease Control and Prevention  
National Institute for Occupational Safety and Health



# Lesson 4 (and 4B)

## Emergencies at Work



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# Emergencies at Work

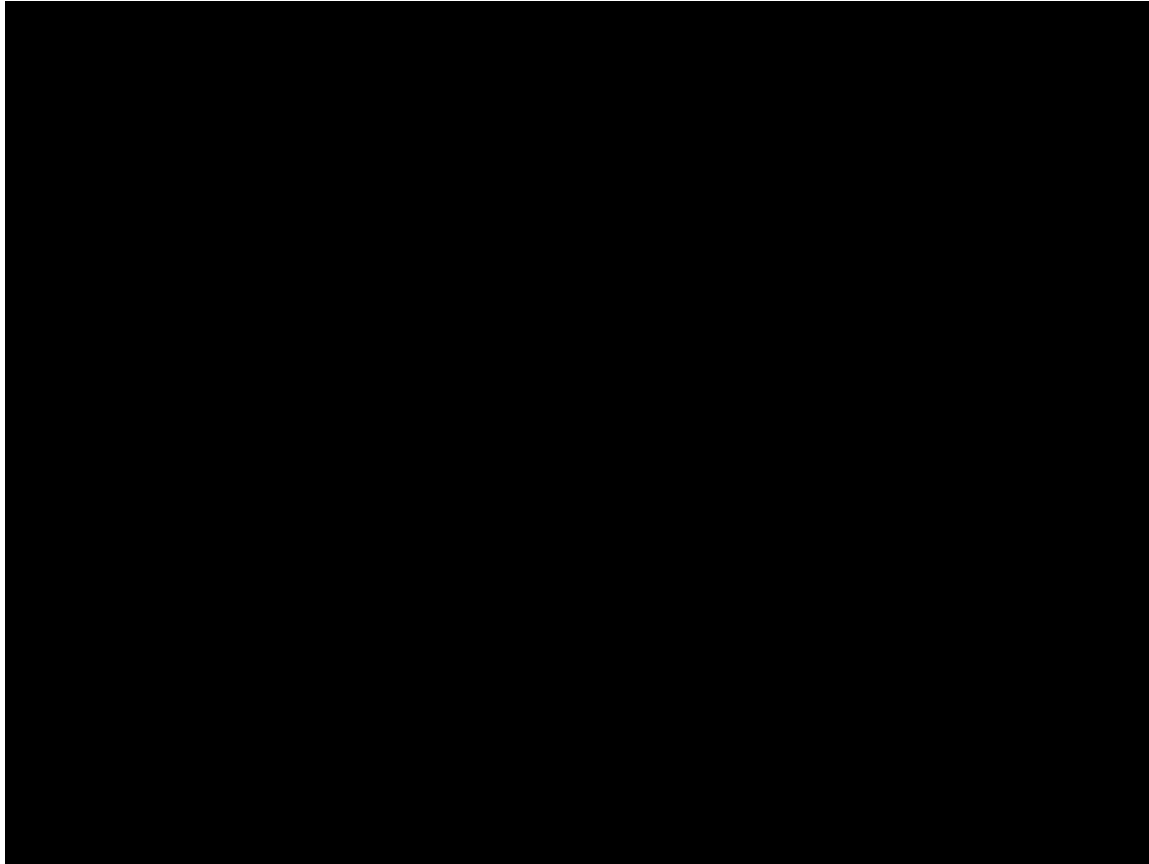
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## What is an emergency at work?

An unplanned event that harms or threatens employees, customers, or the public; that shuts down business operations; or that causes physical or environmental damage

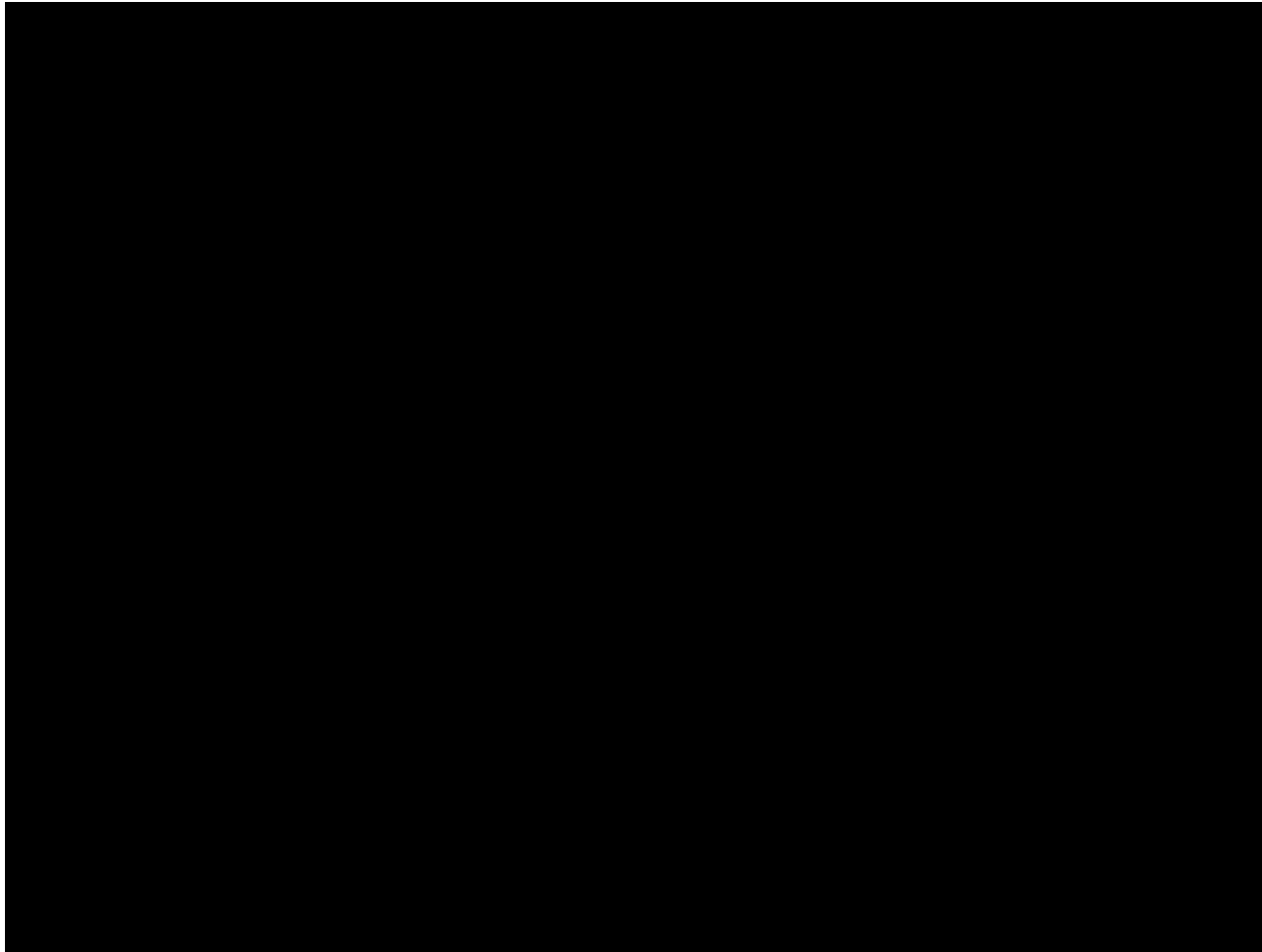
# Emergencies at Work

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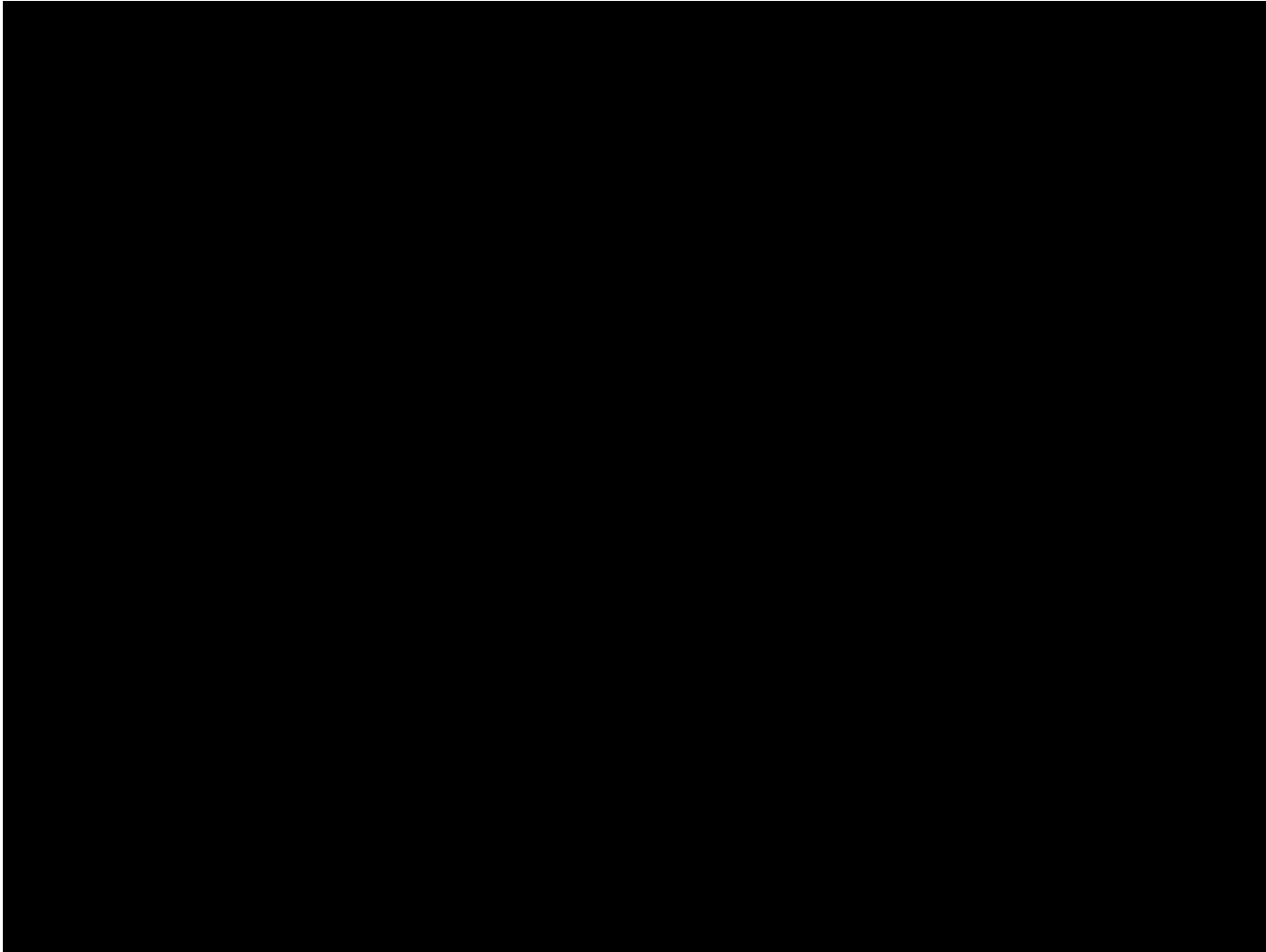
# Emergencies at Work

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# Emergencies at Work

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# Disaster Blaster! Game



# Emergency Action Plans

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Many workplaces need an emergency action plan. Workers should receive training on the plan.

- The plan should include information about
  - Different emergencies and how to respond
  - Locations of meeting places
  - Evacuation routes
  - Emergency equipment and alert systems
  - Key personnel (who's in charge)
  - Procedures to follow when someone is injured
  - Individual worker responsibilities
  - Practice drills

# Lesson 5 (and 5B)

## Know Your Rights and Responsibilities



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# Know Your Rights: Quiz Game

## Questions

Rights on the Job	Dangerous Work and Work Permits	Child Labor Laws and Work Hours	Getting hurt, Getting help, Staying safe
<del>\$100</del>	<del>\$100</del>	<del>\$100</del>	<del>\$100</del>
<del>\$200</del>	<div>CA law says that this is the maximum number of hours 14- and 15 year-olds can work in a school week.</div> <div>Click to close</div>		<del>\$200</del>
<del>\$300</del>			<del>\$300</del>
<del>\$400</del>			<del>\$400</del>
<del>\$500</del>	<del>\$500</del>	<del>\$500</del>	<del>\$500</del>

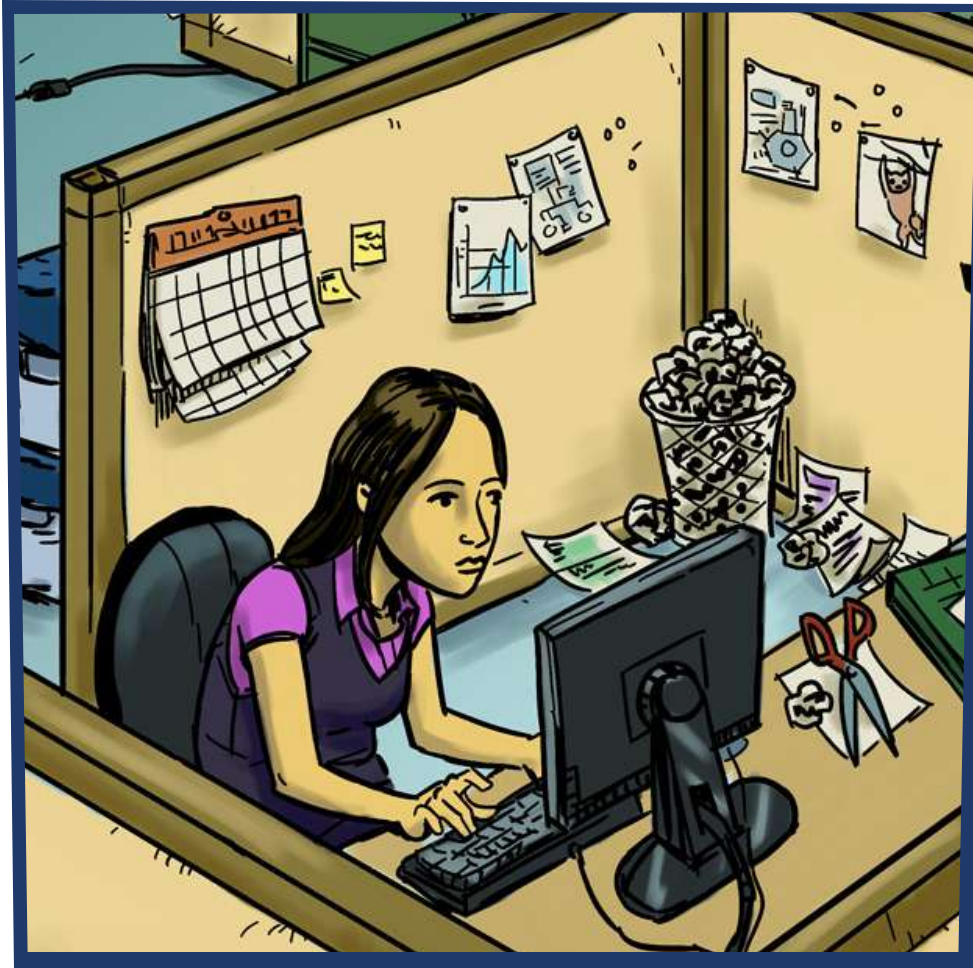
# Know Your Rights: Main Points

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- OSHA laws protect workers from job hazards. Employers must provide a safe and healthy workplace, training, and safety equipment.
- Tell your supervisor right away if you're injured at work! You can't be fired for reporting work hazards.
- Departments of Labor enforce child labor laws. The Equal Employment Opportunity Commission (EEOC) protects workers from discrimination and harassment at work.
- Child labor laws protect teens from working too long, too late, too early, or in certain dangerous jobs.
- Young people have rights and responsibilities at work.

# Lesson 6 (and 6B)

## Taking Action



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# How to Approach a Workplace Problem

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## Steps in Problem Solving

- Define the problem.
- Get advice.
- Choose your goals.
- Know your rights.
- Decide the best way to talk to the supervisor.
- Contact a state or federal Wage & Hour Division or OSHA for help, if necessary.
- Talk to a teacher, parent, co-worker, or other trusted adult.

# Taking Action: Main Points

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- Steps for approaching a workplace problem include: defining the problem; getting advice; choosing goals; knowing your rights; talking to your supervisor.
- If you don't feel comfortable talking with your boss, speak with a trusted adult, OSHA, or another agency.
- Trust your instincts! Don't be afraid to speak up if you have a problem at work!