

LYMAN HALL HIGH SCHOOL

POST-SECONDARY PLANNING BOOKLET

An Academic & Career Planning Guide for Students & Families



SCHOOL COUNSELING DEPARTMENT

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POST HIGH SCHOOL PLANNING: JUNIOR YEAR CALENDAR

<p>SEPTEMBER/OCTOBER</p>	<p>NOVEMBER/DECEMBER</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Continue working to the best of your ability! Junior year grades are VERY important <input type="checkbox"/> Familiarize yourself with Naviance <input type="checkbox"/> Add/update your personal email in Naviance so we can communicate scholarship opportunities etc.! <input type="checkbox"/> Familiarize yourself with the LH School Counseling website & Twitter @LHCounseling for news, updates, scholarships & more! <input type="checkbox"/> Begin identifying sources of college & career information <input type="checkbox"/> Attend college fairs and parent nights <input type="checkbox"/> Meet with college representatives when possible → sign up in Naviance! <input type="checkbox"/> Attend Financial Aid night <input type="checkbox"/> Stay involved in extracurricular activities <input type="checkbox"/> Investigate job shadow opportunities in the College & Career Center in the LHHS Library 	<ul style="list-style-type: none"> <input type="checkbox"/> Develop a preliminary list of potential schools and careers that interest you <input type="checkbox"/> Prepare for the SAT by linking your CollegeBoard account with Khan Academy → Khan Academy offers FREE individualized SAT test prep based off PSAT scores <input type="checkbox"/> Continue to meet with college representatives when possible → sign up in Naviance!
<p>JANUARY/FEBRUARY</p>	<p>MARCH/APRIL</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Prepare for semester exams <input type="checkbox"/> Plan your senior year program with your counselor <input type="checkbox"/> Create a list of colleges → target, reach, & safety schools <input type="checkbox"/> Schedule campus tours during upcoming vacations <input type="checkbox"/> Continue investigating your school & career options using Naviance and other college search tools <input type="checkbox"/> Discuss your progress and plans with your school counselor at your individual planning meeting <input type="checkbox"/> Continue practicing for March SAT using Khan Academy 	<ul style="list-style-type: none"> <input type="checkbox"/> Register to take SAT, SAT II, ACT and/or AP Tests <input type="checkbox"/> Take state required SAT at LHHS <input type="checkbox"/> DON'T MISS YOUR CHANCE TO SEND YOUR SAT SCORES FOR FREE! You have up to 9 days after test day - after that you will be charged for each score report you send! <input type="checkbox"/> Attend Junior Student/Parent Planning Seminar <input type="checkbox"/> Visit colleges during vacation <input type="checkbox"/> Begin to identify teachers/counselors you can ask for letters of recommendation <input type="checkbox"/> Attend spring college fairs
<p>MAY/JUNE</p>	<p>JULY/AUGUST</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Take SAT, SAT II, ACT, or AP Tests <input type="checkbox"/> Begin working on applications for military academies and/or ROTC, if applicable <input type="checkbox"/> Schedule college visits for summer vacation <input type="checkbox"/> Prepare for final exams <input type="checkbox"/> Start planning college essay - check the Common App website to see the essay topics! 	<ul style="list-style-type: none"> <input type="checkbox"/> Volunteer some time in areas of your career interest <input type="checkbox"/> Review and analyze your SAT scores <input type="checkbox"/> Visit colleges you have researched <input type="checkbox"/> Reduce your list of colleges to approximately 4-8 <input type="checkbox"/> Complete your resume on Naviance <input type="checkbox"/> Create an account on CommonApp.org → write down your login information as you will need it in the future! <input type="checkbox"/> Continue to work on your college essay!

POST HIGH SCHOOL PLANNING: SENIOR YEAR CALENDAR

SEPTEMBER/OCTOBER	NOVEMBER/DECEMBER
<ul style="list-style-type: none"> <input type="checkbox"/> Finalize list of colleges and add them to "Colleges I'm applying to" in Naviance <input type="checkbox"/> Note all deadlines: testing, admissions, financial aid for each individual school <input type="checkbox"/> Match CommonApp & Naviance accounts <input type="checkbox"/> Register for SAT, SAT subject tests or ACT <input type="checkbox"/> Schedule campus tours, auditions, or interviews <input type="checkbox"/> Meet with school counselor for individual post-secondary planning appointment <input type="checkbox"/> Meet with College Reps/attend College Fairs <input type="checkbox"/> Request letters of recommendation in person and then through Naviance <input type="checkbox"/> Complete NCAA eligibility form if applicable <input type="checkbox"/> Attend district wide financial aid workshop <input type="checkbox"/> Complete and submit FAFSA starting October 1st** 	<ul style="list-style-type: none"> <input type="checkbox"/> Take appropriate SAT, SAT subject test or ACT exam <input type="checkbox"/> Process applications in Naviance & CommonApp <input type="checkbox"/> Complete CSS profile for Private Schools if necessary <input type="checkbox"/> Investigate & research scholarships/financial aid <input type="checkbox"/> Visit FAFSA4caster to estimate your eligibility for federal student aid. This resource can be found on FAFSA.ed.gov
JANUARY/FEBRUARY	MARCH/APRIL
<ul style="list-style-type: none"> <input type="checkbox"/> Retake SAT, SAT subject tests or ACT if necessary <input type="checkbox"/> Complete CSS profile, if necessary <input type="checkbox"/> Process final college application in Naviance <input type="checkbox"/> Continue searching/applying to scholarships & financial aid through Naviance → colleges tab, scholarships located at bottom of page 	<ul style="list-style-type: none"> <input type="checkbox"/> Notify college of your choice by May 1st <input type="checkbox"/> Continue searching/applying for scholarships in Naviance <input type="checkbox"/> Review acceptance letters <input type="checkbox"/> Review financial aid packages <input type="checkbox"/> Let your counselor know your status/decision <input type="checkbox"/> Register for AP exam, if appropriate <input type="checkbox"/> Take Accuplacer Exam, if attending community college
MAY/JUNE	JULY/AUGUST
<ul style="list-style-type: none"> <input type="checkbox"/> Notify schools you have decided not to attend via letter or email <input type="checkbox"/> Take AP tests, if applicable <input type="checkbox"/> Continue searching/applying for scholarships in Naviance <input type="checkbox"/> Begin applying for student loans, if needed <input type="checkbox"/> Finalize your financial aid package with college <input type="checkbox"/> Start summer job search <input type="checkbox"/> Register for Early College Experience (ECE) if applicable 	<ul style="list-style-type: none"> <input type="checkbox"/> Complete and submit all materials requested by your selected school <input type="checkbox"/> Schedule & attend college freshman orientation <input type="checkbox"/> Finalize student loans, if needed <input type="checkbox"/> Enjoy your post-secondary journey!

SCHOOL COUNSELING DEPARTMENT

INFO FOR COLLEGE APPLICATIONS

@LHCOUNSELING

School Name & Address: Lyman Hall High School
70 Pond Hill Road
Wallingford, CT 06492

LHHS CEEB Code: 070815

Date of High School Entry: August/September of your freshman year (ex. 9/2013)

Date of Graduation: Last month/year of school (ex. 6/2016)

Counselor's Name & Email: Heather Kloiber hkloiber@wallingfordschools.org
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Susan Lorenzo slorenzo@wallingfordschools.org

Counselor's Title: School Counselor

Counselor's Phone Number: (203) 294-5360

Counseling Fax Number: (203) 294-5335

CREATING A LIST OF COLLEGES

Students often ask, "How many colleges should I apply to?" The CollegeBoard suggests that students apply to 5-8 schools, with any more than 8 not being necessary. When you start to consider colleges, here are some things you should consider:

- Variety of academic programs
- Clubs & activities
- Size
- Public vs. Private; Private is more \$\$
- Special programs; study abroad
- Housing options
- Location
- Facilities; labs, gyms, theaters etc.

Once you determine what's most important to you on a college campus, you can begin to narrow down your list into three categories: Safety, Target, and Reach.

- **Safety:** A safety school is one where your academic credentials **EXCEED** the school's average range for students accepted the previous year. You should be reasonably certain you will be accepted to your safety schools-- and just like your target and reach schools, your safety schools should consist of colleges you would be happy to attend and can afford.
- **Target:** A target school is where your academic credentials fall **WITHIN** the school's average range for students accepted the previous year. It's not unreasonable to expect to be accepted to several of your target schools, but it's important to remember that although you fall within range, there are no guarantees.
- **Reach:** A reach school is where your academic credentials fall on the **LOWER** end or even **BELOW** the school's average range for students accepted the previous year. Reach schools are a gamble- although it may be a long-shot, or a 50/50 chance, it should still be possible.

STUDENT EXAMPLE

Here is one example if you had the following academic credentials:

- GPA - 3.78
- SAT Score
 - **Math** - 540
 - **Evidence Based Reading & Writing** -560

<u>Safety</u>	<u>Target</u>	<u>Reach</u>
Southern Connecticut State University ● SCSU Average SAT ○ Math - 410-500 ○ R&W - 410-520	Eastern Connecticut State University ● ECSU Average SAT ○ Math - 470-570 ○ R&W - 480-570	University of Connecticut ● UConn Average SAT ○ Math - 580-690 ○ R&W - 550-650

****To balance your list, consider selecting 1-2 safety schools, 2-4 target schools, and 1-2 reach schools. This will provide you with different options to select from and attend schools you're actually excited about!****

COLLEGE APPLICATION METHODS

EARLY DECISION

Early Decision is **binding**-- which means you are **obligated** to enroll if you are accepted. This type of application is suggested for students who have completed extensive college research, have narrowed down their first-choice college to one school, and have completed a rigorous academic course load. If you submit your application under Early Decision, you sign a **binding** agreement with the college that states if you are accepted, you will attend and withdraw your pending applications from other schools. Also, if accepted, you will not have the opportunity to compare your financial aid package with other schools.

Deadlines for Early Decision are as early as they get! Typically, the application deadline is in early November-- which means in turn, you will be notified of your acceptance, deferment, or rejection earlier- usually by the end of December. If a school defers you, it means that your application will be reconsidered with the Regular Admission applicant pool. It is important to note that you may only apply to 1 school for Early Decision consideration.

EARLY ACTION

Early Action is a **non-binding** early application method that allows students to apply before the large pool of Regular Decision applicants. If you are accepted, you are **not** required to commit and withdraw your other applications. Instead, you simply submit your application earlier and find out if you are accepted, denied or deferred earlier. Typically, the Early Action deadline falls in the beginning of November and you receive notification of their decision by the end of December. Students can still pursue other applications and if accepted to the school they applied Early Action to, do not need to respond with their decision until May 1st. In most cases, you can apply Early Action to as many schools as you would like, but some schools prohibit multiple Early Action applications-- so check the policies of the schools are you are applying to!

REGULAR ADMISSION

Regular Admission deadlines vary from institution to institution, but typically fall between January and March. There are no obligations to enroll in any school that you are accepted to if you submit a Regular Decision application. Admission Officers review your application with the entire Regular Decision application pool, so the longer you wait to submit your application, the bigger the application pool, the greater the competition. Students are typically notified of the college's decision in the beginning of April and are asked to commit and submit a deposit to the school of their choice by May 1st.

ROLLING ADMISSION

Rolling Admission schools do not have a specific application deadline, however, that does not mean you should neglect to submit your application until the last minute. Typically, Rolling Admission schools review applications on a 6-8 week or monthly basis. It is important that you submit your application to a Rolling Admission school **as soon as possible** because there is *less competition*. Once the school accepts the maximum number of students it can allow, that's it. If you are accepted, you do not need to inform the college of your decision until May 1st.

WAITLISTED

Colleges sometimes Waitlist applicants because they are never exactly sure of how many accepted students will actually enroll. By waitlisting applicants, it gives them time to analyze enrollment data and determine how many spots in the freshmen class are still available. Colleges are not obligated to accept anyone who they have waitlisted or explain why or why not a student was not accepted. If you are waitlisted from your top-choice school, it is important to prepare a backup plan and consider your other options. They may not notify you of their decision until middle/late summer. If you are accepted, be sure to review your financial aid package, housing choices, etc. and contact the school with any questions you may have.

TWO YEAR vs. FOUR YEAR SCHOOLS

TWO YEAR COLLEGES

Although four year colleges receive a lot of attention, many high school graduates decide to enroll in a two-year institution for many reasons:

- No Room & Board fees
- Associate degrees take less time to complete which allows students to start their careers earlier
- Two-year colleges are highly vocational.
- Can be used as a starting point to earn your Bachelor's Degree

Many students start at a two-year school and after completing their General Education courses, transfer to a four-year institution because of the significant financial savings and the easier transition of the academic demands. Also, programs at two-year colleges often include apprenticeships and internships within the local community which provides students with valuable connections they can use to help with finding a job after graduation.

<u>School</u>	<u>Type</u>	<u>Total Annual Cost (Tuition, Fees, Room & Board)</u>
Gateway Community College	2 Year	\$4,168
Central Connecticut State University	Public 4 Year School	\$20,410
Quinnipiac University	Private 4 Year School	\$58,810

FOUR YEAR COLLEGES

Although four-year colleges are significantly more expensive than two-year colleges, these institutions offer students invaluable on and off campus learning opportunities that simply cannot be found elsewhere. At a four-year school, a student typically enrolls in a much broader curriculum and completes their degree which can be utilized for a variety of careers upon graduation. In the first two-years of school, students typically take General Education or Introductory courses. During junior and senior year, students take more advanced courses that focus solely on their declared major. Unlike two-year schools, four-year colleges offer an enormous amount of learning opportunities on campus such as clubs and organizations, cultural events, honor societies, study abroad opportunities, athletic programs, service-learning projects and so much more.

IVY LEAGUE & OTHER HIGHLY COMPETITIVE SCHOOLS

The eight Ivy League institutions are Brown University, Columbia University, Cornell University, Dartmouth College, Harvard University, University of Pennsylvania, Princeton University, and Yale University. These schools are *fiercely* competitive- they not only have exceptionally high academic standards, but also look for unique large scale accomplishments and talents such as making a scientific discovery or national political involvement . There are other institutions that are just as competitive and difficult to get into such as but not limited to Duke, Stanford, Georgetown, MIT, Rice, Johns Hopkins, and many others.

Columbia on average receives around 40,000 applications every year--with an acceptance rate of 6.89%. For every 100 available spots in the freshmen class, Harvard admits only 1. As for academics, Harvard's mid-50th percentile for SAT scores is 1410-1590 (Math & Evidence Based Reading & Writing only) out of a possible 1600. Although 25% of freshmen who enroll at Harvard are below and above this average SAT score, there are thousands of applicants within this SAT score range who are not admitted. Also, because these schools are so academically competitive, the Ivy League schools do not award academic merit scholarships- financial aid is only given based on financial need.

TYPES OF DEGREES

CERTIFICATE

< 1 YEAR

A Certificate is a specialized form of training that is career specific. Obtaining a Certificate is fastest to complete-- typically in a year or less depending on the program. The courses are job/career specific and the programs available are typically in technical studies. Certificate programs are designed to develop the skills necessary for entry level employment in a specific career field. Some certificate programs that are available at Gateway Community College are Automotive Technology, Electronics Technician, Computer Servicing, Fitness Specialist, and Firefighter 1&2. Certificate Programs are a great option for students who want to quickly complete a program that leads to a specific career.

ASSOCIATE DEGREE

< 2 YEARS

An Associate Degree can be a stepping stone toward a Bachelor's Degree. The course load is broad, as opposed to only job specific training. Typically, Associate Degrees take 2 years to complete. Often, credits can be transferred to another institution if the student is interested in pursuing a Bachelor's Degree. Some Associate Degree programs offered at Gateway Community College are Automotive Technology: General Motors, Food Service Management, Diagnostic Medical Sonography, Pre-Dental Hygiene Transfer Compact, Aviation Maintenance Technology, and many more!

BACHELOR'S DEGREE

4 - 6 YEARS

A Bachelor's Degree is awarded by a college or university that normally takes four years of full-time undergraduate studies to complete (depending on the institution and field of study). A Bachelor's Degree includes declaring a major in a specific field of study such as Business Administration, Marketing, Biology, Criminal Justice, Accounting and many many more! There are two broad categories of Bachelor Degrees- Bachelor of Arts (BA) or Bachelor of Science (BS). Most programs require 120 credit hours.

MASTER'S DEGREE

1 - 4 YEARS

In order to enroll in a Master's Degree program, a Bachelor's Degree is required. A Master's Degree allows you specialize in a specific field of study. There are three broad categories of Master's Degrees- Master of Arts (M.A.), Master of Science (M.S.), and Master of Business Administration (M.B.A.).

DOCTORATE DEGREE

7-8 YEARS

A Doctorate Degree is the highest level of education that can be attained. Some of the most common Doctorate Degrees are Doctor of Education (Ed.D.) and Doctor of Philosophy (Ph.D.). Students interested in conducting research or teaching at the college level pursue a P.h.D. while students who are interested in serving as leaders or experts in their fields pursue an E.d.D. In order to enroll in a Ph.D or Ed.D program, students must first earn a Bachelor's Degree and Master's Degree in a field specifically related to their desired Doctoral field of study.

FIRST PROFESSIONAL DEGREE

6-18 YEARS

In order to practice law or medicine, one must acquire a First Professional Degree which involves an extensive amount of education, research and training because they require licensing in order to practice in the field. Depending on the degree field, the required years of education, research and training vary. First Professional Degrees are awarded in the following 10 fields:

- Chiropractic
- Law
- Optometry
- Pharmacy
- Theology
- Dentistry
- Medicine
- Osteopathic Medicine
- Podiatry
- Veterinary Medicine

Here is an example! The average American physician spends 14 years training to become a doctor. The path to becoming a doctor generally consists of 4 parts:

1. **Undergraduate Studies** - Complete a 4 year Undergraduate program (Science focus) and must pass the Medical College Admission Test
2. **Medical School** - Complete 4 years in Medical School - 1st two years complete coursework & labs, last two are supervised internships at clinics or hospitals
3. **Residency** - Depending on the area of specialization, can take 3-8 years. Residency programs provide doctors with experience working in hospitals or clinics and assist in diagnosing and treating patients
4. **Fellowships** - 1-3 years of additional training - typically for doctors who are specializing in a specific field

ADMISSION PROCEDURES

HOW COLLEGES REVIEW APPLICATIONS

Since 1993, the National Association for College Admission Counseling annually surveys colleges across the country regarding the value of each factor in the admission decision process. Although academics and test scores are taken into essential consideration there are many other aspects of the applicant that are of considerable importance. The number 1 factor, grades in college prep courses, consistently continues to remain the number 1 factor in the decision about whom to admit to college.

1. Transcript

- a. Strength of schedule (AP, Honors, College Prep)
- b. Grades in College Prep Courses
- c. Weighted GPA
- d. Grade trends
- e. Senior schedule
- f. Strength of high school curriculum

2. Standardized Test Results

- a. SAT,
- b. SAT Subject Tests (if applicable)
- c. ACT
- d. AP

3. College Essay

4. Student's Demonstrated Interest

- a. Have you met with a college rep? The college reps that come to Lyman Hall are often the ones reading your application!

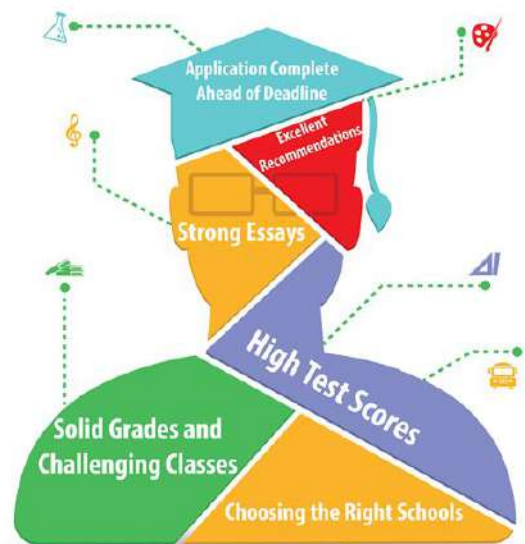
5. Counselor & Teacher Recommendations

6. Interview, if offered or applicable

7. Extracurricular Activities

8. Special talents or accomplishments

- a. Alumni connections to college or university



THE COMMON APPLICATION

WHAT IS IT?

The Common Application (more commonly known as the Common App), is an undergraduate college admission application that students can use to apply to over 600 different colleges. One of the largest benefits of the Common App is that your personal information only needs to be entered once, allowing you to focus on the other requirements of your application such as your essay, letters of recommendation, etc. Most, but not all colleges require the Common App essay which is designed to help showcase personality and writing abilities. The Common App offers five essay topics for students to choose from-- you only need to choose one! To learn more about the Common App or see if your college accepts it, please visit www.commonapp.org.

2016-2017 ESSAY PROMPTS

We encourage you to look over these essay prompts over the summer going into your senior year, so you can begin to plan your college essay. Please note that the maximum word count is **650 words**.

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from failure can be fundamental to later success. Recount an incident or time when you experienced failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you challenged a belief or idea. What prompted you to act? Would you make the same decision again?
4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
5. Discuss an accomplishment or event, formal or informal, that marked your transition from childhood to adulthood within your culture, community, or family.



COURSE REQUIREMENTS FOR COLLEGE

As you start to consider your college and career aspirations, you should know that the courses you take in high school *matter*. When you submit your high school transcripts to colleges, admissions officers want to see that you have a strong educational foundation to build upon. To create such a foundation, we suggest that students take a minimum of five academic classes every semester-- starting with the "basics" and gradually challenging yourself with more advanced courses. College expectations change on a regular basis; therefore, it is important that you obtain specific information directly from the colleges you are interested in.

PUBLIC/PRIVATE FOUR YEAR COLLEGES

● English - 4 years

- Freshman Year - *Literary Themes & Genres*
- Sophomore Year - *World Literature*
- Junior Year - *American Literature* or *AP Language & Composition*
- Senior Year - *Senior English Seminar* (Fall) and *Life, Love, Death, & Immortality* (Spring) or *Mythology & Monsters* (Spring), or *AP Literature & Composition*

● Mathematics - 3 to 4 years

Most colleges require students to have at least 3 years of high school Math that are Algebra and Geometry based. It is important that you check directly with the colleges you are applying to because some of the more competitive colleges may require 4 years.

- Freshman Year - Algebra I or Geometry
- Sophomore Year - Geometry or Algebra 2
- Junior Year - Algebra 2, Precalculus, AP Statistics
- Senior Year - Advanced Algebra with Financial Applications, Precalculus, AP Calculus 1, AP Calculus 2, AP Statistics

● Science - 3 years

Colleges want to see that you have taken 3 years of laboratory science classes. Just like Math, some of the more competitive colleges may require 4 years of laboratory science classes- check directly with the colleges to which you are applying.

- Freshman Year - Integrated Science or Biology
- Sophomore Year - Biology or Chemistry
- Junior Year - Chemistry, Physics, Anatomy & Physiology, Earth Science, AP Chemistry
- Senior Year - AP Physics, AP Biology

● Social Studies - 3 years

- Freshman Year - US Gov & Politics & Contemporary Global Issues
- Sophomore Year - World History or AP World History
- Junior Year - US History, AP US History
- Senior Year - AP Psychology, AP Economics, Sociology, Africa, AP Comparative Politics

● Foreign Language - 2-3 years

Many colleges require a minimum of 2 years in the same foreign language, but some prefer more! Completing a foreign language track shows you're willing to go beyond the basics!

(CollegeBoard, 2016)

WHY COLLEGE MATTERS

College matters! Not only does it provide you with an education that will broaden your knowledge, skills, and experiences, but research shows that a college diploma *significantly* helps students find a job/career, maintain that job/career, and make significantly more money throughout their lifetime. Although college *can* be expensive, there are plenty of schools and programs that are far more affordable than others. It is important to think of college as an investment- spend money now, so you can earn more in the long run. There are numerous programs in place from the Federal government after completing their FAFSA to help students pay for college while enrolled and upon graduation such as income-driven repayment plans, loan forgiveness, the PAYE program, and RE-PAYE program. For more information visit www.studentloans.gov

Enrolling in college while maintaining a job can be difficult, but it is important to know that earning a college education provides **FAR** greater opportunities and significantly higher salaries. According to the Bureau of Labor Statistics, a person with a Bachelor's Degree can earn as much as \$1 million dollars MORE over a lifetime than someone with only a high school diploma. Also, people with a college degree make on average \$1,100 a week while those with just a high school diploma make \$638. If those were the weekly full-time earnings of two different students, that's a difference of \$1,848 a month or \$24,024 a year!

Completing a Certificate Program, Associate Degree, or Bachelor's Degree will make you more marketable to employers and provide greater social mobility, such as affording a house. Here are the unemployment rates for people 25 years and older with different levels of education (Federal Student Aid, 2015).

<u>Unemployment Rate in 2014</u>	<u>Level of Education Completed</u>	<u>Mean (Average) Earnings in 2014</u>
9.0%	Less than a High School Diploma	\$30,108
6.0%	High School Diploma, No College	\$43,056
6.0%	Some College, No Degree	\$48,984
4.3%	Occupational Program (Career School)	\$48,152
4.6%	Associate Degree	\$52,364
3.5%	Bachelor's Degree	\$74,308
2.8%	Master's Degree	\$88,036
2.1%	Doctoral Degree (Ph.D.)	\$105,456
1.9%	Professional Degree (M.D., J.D.)	\$124,904

FINANCIAL AID IN A NUTSHELL

Planning for college expenses is an enormous financial undertaking. Although you may not need to be an expert, students and families should research financial aid options in order to have a basic understanding of college costs and financial obligations upon graduation.

WHAT EXACTLY IS FINANCIAL AID?

Almost two-thirds of today's full-time college students receive some sort of need-based financial aid-- so you must be asking yourself--how do they determine my need? Your financial aid eligibility is based on two calculations:

1. The total cost of the education (varies from institution to institution)
 - a. Generally includes tuition, room & board, living expenses, etc.
2. The family's ability to pay

To apply for need-based financial aid, families must complete the **Free Application for Financial Aid (FAFSA)** or, depending on the school, the **College Scholarship Service's PROFILE application (CSS PROFILE)**. These applications determine the amount, if any, a family and student can contribute to the cost of attendance, known as the **Expected Family Contribution (EFC)**. The EFC amount can vary from institution to institution; however, the formulas to determine the EFC have been put in place to ensure some degree of similarity. Both applications heavily rely on numbers from your income tax returns and applications must be submitted annually- no exceptions as it a Federal law.

FAFSA vs. CSS PROFILE

- **FAFSA** - required by all colleges that accept & award Federal financial aid
 - Requires most recent tax & W-2 forms
- **CSS PROFILE** - generally viewed as application for private or institutional funds
 - Some institutions require both the FAFSA & CSS PROFILE

MAIN TYPES

There are 3 main types of financial aid:

- Grants & Scholarships - Federal or institutional awards that **do not** need to be repaid
- Work Study Program - Part-time campus employment subsidized by the Federal Government
- Loans - Low-interest student or parent loans that **will need** to be repaid

When you apply for financial aid, your financial aid package will likely include student loans. There are generally two types of student loans:

- Federal student loans - Funded by the Federal government
- Private student loans - Nonfederal loans; made by a private lender such as a bank, credit union, or school

FEDERAL LOANS

There are two national Federal programs that provide low-interest, payment deferred loans that borrowers can repay after their enrollment ends:

- Stafford Loan
- Perkins Loan
- Parent PLUS loan

In order to qualify for these loans, students/families must complete the FAFSA so their financial need can be determined. Also, students must be enrolled at least half-time in a college that leads to a degree or certificate. There are several repayment and loan forgiveness programs available to students who have Federal loans (restrictions may apply**) upon graduation that can help reduce monthly payments and/or cap the amount of total payments into a 10, 20, or 25 year period.

- **For more information about Federal Loans, visit <https://studentaid.ed.gov>

Federal loans, which are offered by the U.S. Department of Education, will either be "**Subsidized**" or "**Unsubsidized.**" The conditions of a **Direct Subsidized Loan** have better terms as the U.S. Department of Education pays the interest while the student is:

- Enrolled in school at least half time
- For the first 6 months after graduation/leaves school (called a grace period)
- During a period of deferment (a postponement of loan payments)

As for **Direct Unsubsidized loans**, the borrower is responsible for paying the interest during all periods. This means that interest *immediately* starts accruing from the moment the loan is given and if you choose not to pay interest while in school, during grace periods, or while in deferment or forbearance, interest will accrue and capitalize (add to the principal amount of your loan).

PRIVATE LOANS

One of the major differences between Federal and Private Student Loans is that Private Lenders unlikely offer loan forgiveness programs. In order to determine what your repayment options and obligations are, you must speak directly with your lender. Private Student Loans are also not subsidized, therefore, no one pays the interest of the loan but you (the lender). Unlike Federal Student Loans, Private Loans can have variable interest rates- meaning the interest rate can increase, and substantially increase the total amount you owe.

RESOURCES

- Detailed financial aid information including repayment options for federal loans and loan forgiveness programs
 - <https://studentaid.ed.gov>
- National Association of Student Financial Aid Administrators
 - <https://www.nasfaa.org/>
- FinAid.org
 - <http://www.finaid.org/>
- FAFSA
 - <https://fafsa.ed.gov/>
- College Affordability and Transparency Center
 - <http://collegecost.ed.gov/catc/Default.aspx>
- Net Price Calculator
 - <http://netpricecalculator.collegeboard.org/>
- Consumer Affairs Top 10 Best Rated Student Loans
 - https://www.consumeraffairs.com/finance/student_loans.html

Naviance

Naviance is an electronic portfolio that plays a vital role in the college application process. It is an invaluable tool that streamlines this often overwhelming process, allowing students to utilize their test scores, GPA, potential majors/careers to search for schools and programs that match their needs. Naviance allows students to conduct in-depth searches for colleges by size, location, tuition cost, programs, athletics, competitiveness and more. Lyman Hall is also in the process of collecting the data necessary for the Scattergram feature which allows students to compare their GPA and test scores with the average GPA and test scores of other Lyman Hall students that were accepted to particular schools. For students who are interested in going directly into a career, Naviance offers numerous tools and resources such as resume building, career searching and more!

As students begin to apply to colleges, Naviance keeps track of where students have applied and which documents have been requested/submitted. Most schools now accept the Common Application, Coalition Application, or have their own online application directly on their website. The Lyman Hall School Counseling Department sends all information electronically and Naviance keeps track of the documentation requested and submitted. Seniors at Lyman Hall will use Naviance to:

- Request Letters of Recommendation
- Request Transcripts
- Research Colleges & Careers
- Sign up for College Rep Visits
- Access Scholarships
- Review Admission Statistics
- Build a Resume
- Explore College Majors
- Research Financial Aid & FAFSA

To access Naviance, please visit: <http://succeed.naviance.com/lymanhall>



SAT/ACT TEST INFO & TIPS

Both the SAT and ACT are standardized tests commonly used by colleges to assist in the admission decision making process. These test scores allow post-secondary institutions to universally compare and assess a student's readiness for college. **Both the SAT and ACT offer an optional Writing Test, which some colleges require.** Each college has different application requirements and it is important that students research this **before** registration.

- On test day, students should bring the following items:
 - Two No.2 pencils with erasers - *mechanical pencils are not allowed*
 - Calculator - Check the CollegeBoard & ACT websites for lists of approved calculators
 - Drinks & snacks for between breaks
 - **Important note:** *no electronic devices are allowed during testing & even during breaks. This includes cell phones, smart watches, MP3 players and headphones*

SAT

The SAT is made up of 2 sections: Math and Evidence-Based Reading and Writing. Every year, Lyman Hall serves as an SAT testing center in October and June. Students who are interested in taking the SAT during other administrations will have to take the SAT at another local high school. We recommend that Lyman Hall students take the SAT at least twice. To register, please visit <https://www.collegeboard.org/>

IMPORTANT NOTE: Upon registering for the SAT, students receive 4 free score reports to send to colleges of their choice. **Colleges must be chosen at the time of registration or up to 9 days after the test.** After 9 days, it costs \$11.25 per score report to send.

<u>Test Date</u>	<u>Regular Registration Deadline</u>	<u>Late Registration Deadline</u>
October 1, 2016	September 1, 2016	September 20, 2016
November 5, 2016	October 7, 2016	October 25, 2016
December 3, 2016	November 3, 2016	November 22, 2016
January 21, 2017	December 21, 2016	January 10, 2017
March 11, 2017	February 10, 2017	February 28, 2017
May 6, 2017	April 7, 2017	April 25, 2017
June 3, 2017	May 9, 2017	May 24, 2017

ACT

The ACT is made up of 4 sections: English, Math, Reading, and **Science**. To register and view testing locations, please visit the ACT website at <https://www.act.org/>

<u>Test Date</u>	<u>Regular Registration Deadline</u>	<u>Late Registration Deadline (Fee Required)</u>
September 10, 2016	August 5, 2016	August 19, 2016
October 22, 2016	September 16, 2016	September 30, 2016
December 10, 2016	November 4, 2016	November 18, 2016
February 11, 2017	January 13, 2017	January 20, 2017
April 8, 2017	March 3, 2017	March 17, 2017
June 10, 2017	May 5, 2017	May 19, 2017

TOEFL

The Test of English as a Foreign Language (TOEFL) evaluates the proficiency of the English language for students who are non-native speakers interested in applying/enrolling in English-speaking universities. For additional information, please see your School Counselor!

KHAN ACADEMY

The CollegeBoard has partnered with Khan Academy, a non-profit organization that provides **FREE**, mastery-based, **individualized** online learning! Because of their partnership with the CollegeBoard, Khan Academy offers students personalized SAT practice based on their individual strengths and weaknesses from their PSAT and SAT results. If you are looking for ways to increase your SAT scores, Khan Academy is an invaluable free resource. Khan Academy also offers additional learning tools for numerous subject areas such as Algebra, Pre Calculus, Biology, US & World History, Computer Programming and more! Students can practice topics at their own pace, To take advantage of the personalized SAT practice service, follow the directions below:

CREATING A KHAN ACADEMY ACCOUNT

1. To create a free account, visit www.khanacademy.com and click the green button, "Start learning now." Students can sign up in one of three ways:
 - a. Facebook
 - b. Gmail
 - c. Email, other than gmail
 - i. If students sign up using their email, they will need to complete their registration by signing into their email account, locate the email from Khan Academy, and click "Finish Signing Up."
2. A new browser will open- students will be prompted to create a username and password. After creating a username and password, students will need to select their avatar. **Write down your login information so you can easily access your account in the future!*

ACCESSING INDIVIDUALIZED TEST PREP

1. Once students create a Khan Academy account and login, they will have access to numerous test prep options of various subject areas ranging from Microeconomics to Computer Programming. On the left hand side, students will see a list of academic subjects. To access individualized SAT test prep, click "Test prep," and then "New SAT (Starting March 2016).
2. Khan Academy will then ask students "Which SAT do you want to practice for?" Select option B, "New SAT (1600 points, exam start March). At the bottom of the page, select, "Next to question 2."
3. Khan Academy will then ask for their zip code: Wallingford's zipcode is 06492
 - a. Students can select "Or skip this step." Either way, select "Next to question 3."
4. **IT IS VERY IMPORTANT THAT YOU FOLLOW THIS STEP EXACTLY.** In order to provide personalized test prep specifically tailored to individual strengths and weaknesses, students will need to link their CollegeBoard account with their Khan Academy account. ****You must use the SAME CollegeBoard login information you used to register for the PSAT's****
 - a. For students who know their Collegeboard account information, select option A: "Sign into CollegeBoard.org and send your PSAT results to Khan Academy."
 - b. If students **DO NOT** know their CollegeBoard login information, you **NEED** to contact the CollegeBoard. You can only have one account with the CollegeBoard, therefore, you will need your PSAT login information to register for the SAT in the future. **DO NOT CREATE A NEW ACCOUNT UNDER ANY CIRCUMSTANCE**
 - i. Students can also select "Forgot username or password" if they know which email address they used to register with the Collegeboard or call the Collegeboard to receive their account information: (866) 630-9305
 - ii. If you did not take the PSAT, select option B: "Take your first diagnostic quiz"
 1. If students did not take the PSAT seriously, they should complete the assessment which consists of 4 Math quizzes and 4 Reading & Writing quizzes.
 - iii. After selecting option A or B, select "Onward" at the bottom of the page



ADVANCED PLACEMENT

Advanced Placement (AP) is a program created by the CollegeBoard that allows high school students to take courses that can potentially earn them college credit. Lyman Hall High School is fortunate enough to offer 20 Advanced Placement courses. These courses are demanding and fast-paced because they are designed to provide students with college-level academic experience.

AP EXAMS

AP Exams are created and scored by the CollegeBoard but are conveniently administered at Lyman Hall High School during the school day in May. The CollegeBoard is responsible for creating the AP Exam schedule to which we must follow exactly. In order to earn college credit, students must receive a certain score on the AP Exam which is scored on a scale of 1 to 5. The exam score requirements vary from institution to institution, so it is best to check directly with the school's students are interested in. The School Counseling Department visits AP classrooms in the Fall to discuss AP registration information and procedures. Students who register for AP exams are responsible for making up any missed work while completing an AP Exam.

AP Course
AP Art Studio
AP Biology
AP Calculus 1
AP Calculus 2
AP Chemistry
AP Comparative Politics
AP Economics
AP European History
AP French 5
AP Language & Composition
AP Latin
AP Literature & Comp. 4
AP Music Theory
AP Physics
AP Psychology
AP Spanish 5
AP Statistics
AP U.S. Gov. & Politics
AP U.S. History
AP World History



UConn Early College Experience

UConn ECE is your opportunity to take UConn courses while still in high school. The curriculums and course instructors of these classes are closely monitored by the University of Connecticut to ensure college equivalence. **It is important to note that taking a UConn ECE course does not guarantee admission to UConn**, however, there are many benefits to enrolling in ECE courses such as:

- You can earn college credit
- Receive an official UConn transcript and transferable college credits
 - ECE courses have a credit transfer rate of 87%**
 - Visit <http://ece.uconn.edu/> for details**
- You can receive a better understanding of the academic requirements for college level courses
- Significant financial savings! **ECE courses are 1/10th of the cost of the SAME course on a UConn campus**
- Head start to your desired field of study

ECE Courses at Lyman Hall

<u>LH Course</u>	<u>UConn</u>	<u>Teacher</u>	<u>Session</u>	<u>Credits</u>	<u>Cost</u>
AP English 4	ENGL 1011	Laura O'Boyle	Full year	4	\$160
AP French 6	FREN 3267 FREN 3268	John Mackey	Fall Spring	3 3	\$125 \$125
AP European History	HIST 1300 HIST 1400	Mario Pannone	Fall Spring	3 3	\$125 \$125
AP Calculus	MATH 1131Q MATH 1132Q	Sarah Serkin	Fall Spring	4 4	\$160 \$160
AP Physics	PHYS 1201Q PHYS 1202Q	Lawrence Mordarski	Fall Spring	4 4	\$160 \$160
AP Spanish 6	SPAN 3178 SPAN 3179	Marcie Vazquez	Fall Spring	3 3	\$125 \$125
AP Statistics	STAT 1100Q	Boyd Johnson	Full year	4	\$160
Plant Science 3	HORT 1110	Jane Amenta	Full year	3	\$125
Plant Science 4	HORT 2520 HORT 3530	Jane Amenta	Fall Spring	2 2	\$90 \$90
Wildlife Biology 4	NRE 1000	Emily Picard	Full year	3	\$125



NCAA CLEARINGHOUSE

The college-bound student athlete must be academically eligible and meet academic core course requirements in order to qualify for Division I and Division II college athletics. Juniors and seniors interested in playing NCAA sports at the DI or DII level must register with the NCAA Clearinghouse. To register with the NCAA Clearinghouse, please visit www.eligibilitycenter.org. **The NCAA Clearinghouse will not review any student who has not completed three full years of high school.**

<u>Division I Qualifier Requirements</u>	<u>Division II Qualifier Requirements</u>
<ul style="list-style-type: none"> ● 16 Core Courses** <ul style="list-style-type: none"> ○ 10 core courses completed before the start of seventh semester. Seven (7) of the ten (10) must be in English, Math, or Natural/Physical Science <ul style="list-style-type: none"> ■ "Locked in" for core-course GPA calculation ● There is a sliding scale for GPA & Test Scores <ul style="list-style-type: none"> ○ Have a minimum GPA of 2.0 in core classes with either a combined SAT score of 1020 (Math & Evidence-Based Reading & Writing only) or an ACT sum score of 86** ● Graduate from high school 	<ul style="list-style-type: none"> ● 16 Core Courses** <ul style="list-style-type: none"> ○ 3 years of English ○ 2 years of Mathematics (Algebra I or higher) ○ 2 years of Natural/Physical Science (1 year of lab if offered by high school) ○ 3 years of additional English, Mathematics, or Natural/Physical Science ○ 2 years of Social Science ○ 4 years of additional courses (from any area above, foreign language, or comparative religion/philosophy) ● Graduate from high school

(NCAA Eligibility Center,

2016)

****To access additional information pertaining to the Division I or Division II Qualifier Requirements, see the "NCAA Eligibility Center Quick Reference Guide" which we have posted for your convenience on the Lyman Hall School Counseling Website.**

DIVISION III ATHLETICS

Division III schools provide an integrated environment in which they focus on academic success and offer competitive athletic programs. Although Division III schools do not offer athletic scholarships to student athletes, the NCAA reports that 75% of Division III student athletes receive some form of aid such as academic scholarships, merit, or need-based financial aid.

If you are interested in attending a Division III school, you do not need to register with the NCAA Eligibility Center because Division III schools set their own admission standards (NCAA Eligibility Center, 2016).



JOINING THE MILITARY

THE ENLISTMENT PROCESS

- Must take the Armed Services Vocational Aptitude Battery (ASVAB)
 - Your AFQT score will determine your job qualifications
- Must pass the physical exam which includes:
 - Height & Weight Measurements
 - Hearing & Vision Exam
 - Urine & Blood Tests
 - Drug & Alcohol Tests
 - Muscle Group & Joint Maneuvers
 - Specialized Test, If Required
- Meet with a military counselor to determine a career
 - What factors influence this?
 - Needs of the Service
 - AFQT score from the ASVAB test
 - Recruit Preference
 - Job Availability
 - Physical Requirements
- Oath of Enlistment
- After the Military Entrance Processing Station (MEPS) - recruits will do 1 of 2 things:
 - Direct Ship → Report to Basic Training after completing MEPS testing requirements
 - Delayed Entry Program (DEP) → Commit to Basic Training at a time in the future; generally within 1 year

THE ASVAB - WHAT TO EXPECT

- Armed Services Vocational Aptitude Battery (ASVAB)
 - Multiple choice exam that helps determine the best career(s) options for an individual
 - Each branch of the military uses a custom combination to determine your scores related to different career fields
- Each subject has a fixed number of questions & time limit
 - Roughly 3 hours long
 - **Subtests:** General Science, Arithmetic Reasoning, Word Knowledge, Paragraph Comprehension, Mathematics Knowledge, Electronics Information, Auto & Shop Information, Mechanical Comprehension & Assembling Objects
 - Total of 225 questions
- Your AFQT score is made up of 4 critical areas:
 - Arithmetic Reasoning
 - Word Knowledge
 - Paragraph Comprehension
 - Mathematics Knowledge
- Your AFQT score determines whether you're qualified to enlist
- Your scores in the other areas of the ASVAB determine your occupational qualifications and enlistment bonuses
 - The higher your scores are → the better your chances are of getting a speciality/job & signing bonuses
- Take practice tests & study to figure out where you may need to improve beforehand

BASIC MILITARY REQUIREMENTS

<u>Branch</u>	<u>Age</u>	<u>Minimum Required AFQT Score</u>	<u>High School Diploma Required</u>	<u>Physical & Weight Requirements</u>
Army	17	31	Yes	Yes
Marine Corps	17	31	Yes	Yes
Navy	17	35	Yes	Yes
Air Force	17	36	Yes	Yes
Coast Guard	17	45	Yes	Yes

ROTC AT UCONN

- Reserve Officers' Training Corps
- UConn offers 2 ROTC programs
 - Army ROTC
 - Air Force ROTC
- Storrs Campus
- Combine a traditional undergraduate college education with military instruction
- You learn firsthand what it takes to lead & motivate others & how to conduct missions as an Officer in the military
- There are over 70 career fields available to college graduates
 - Aviation, Engineering, Space & Missiles, Intelligence, Special Operations, & Cyberspace

NATIONAL ROTC PROGRAMS

<u>Branch</u>	<u>Army</u>	<u>Navy and Marine Corps</u>	<u>Air Force</u>
<u>Availability</u>	1,100 campus programs	153 campus program	1,100 campus programs
<u>Example Training Topics</u>	Army leadership, military tactics, principles of war, and combat survival training	Summer cruise training, surface warfare orientation, flight time on navy aircraft, and maritime self-defense	Laws of armed conflict, international security, aerospace studies, and field training
<u>Service Obligations</u>	3-8 years, depending on scholarship acceptance	Between 3-12 years of active military service, depending on scholarship acceptance and degree level	Between 4-10 years of active duty, depending on contract cadet appointment
<u>Example Career Specialties</u>	Infantry, Military Intelligence, Civil Affairs, Medical Corps	Submarine, Explosive Ordnance Disposal, US Marine Corps, Navy Nursing Corps	Air Battle Management, Aircraft Maintenance, Cyberspace Operations, Piloting, & Tactical Air Control

RECRUITER: IMPORTANT QUESTIONS TO ASK

- What jobs are actually available to me?
- Can you put me in touch with a service member in field that I'm interested in?
- What is the retention rate for my prospective job & service?
 - Gulp.... with the military facing budget cuts & reductions in force size, this may be important to consider
- What is a standard enlistment for this field?
 - While some jobs require longer enlistment obligations as a result of sensitive/extended periods of training, not all do
 - If your recruiter says you should enlist for 5 years instead of 4, you should be asking why
- I know all branches pay the same, but does it really work like that?
 - Although military pay is standardized, different branches & fields pay at different rates which means your branch & job field may impact your income
 - If you are choosing between 2 jobs, one may pay less
 - May be eligible for certain stipends such as being bi-lingual

IMPORTANT REMINDERS

- Have a conversation with your parents
 - Do your research beforehand & include them in the process
- Take someone with you when you meet with a recruiter
- **DON'T** sign anything → take your contract home & review it *carefully*
 - *Regardless of what your recruiter tells you, you can review your contract at home before signing*
 - Make sure you are issued your own copy to keep!
- Talk to veterans & current members of the military
- Consider your moral feelings about going to war
 - *Remember, you are expected to kill people*
- You no longer have the same constitutional rights
 - You will be required to follow all orders given to you whether you agree with them or not

RESOURCES

- **ASVAB Practice Tests**
 - <http://www.asvabpracticetests.com/>
- **Today's Military** - A valuable resource for students and families; includes FAQ's, videos and more
 - <http://todaysmilitary.com/>

KEY STEPS FOR SENIORS APPLYING TO COLLEGE

COMMON APPLICATION

1. Go to www.commonapp.org and create an account.
2. Enter your e-mail address, a password, and the required information. **DO NOT use your school email to register.** Write your login information down and keep it somewhere safe. You will need it again!
3. Complete the Education Section. You will know it is complete when a green check mark appears.
4. Add at least one college to your college list under the "My Colleges Tab." Use the "College Search Tab" to do this. If you need additional help, please see our "Naviance & Post-High School Planning" presentation located on our website under the Post-Secondary tab.
5. Sign the FERPA Waiver which is located within the "Assign Recommenders" tab of your application under "My Colleges." You can only see this tab once you have added at least one school to your application.
6. Now go to the Family Connection in Naviance by signing into Naviance at <http://connection.naviance.com/lymanhall> and enter your network username and password.
7. Click on the "Colleges" tab and then "Colleges I am Applying To."
8. Enter the email address you used for your Common Application in the blue box and click "Match."
9. The colleges you entered into the Common Application will appear within Naviance. Review the colleges you are applying list and answer the question "Applying via Common Application?" **For any schools that show unknown, be sure to answer "yes or no" so we know whether you are completing the Common Application or the school's regular application, otherwise we cannot process your application.**
10. Now you can add any non-Common Application schools (see steps below).

ADDING NON-COMMON APP SCHOOLS TO NAVIANCE

1. Sign in to Naviance at <http://connection.naviance.com/lymanhall> and enter your network username and password.
2. Go to "Colleges I'm Applying to."
3. Scroll to the bottom and "add college to this list" (tiny blue font).
4. **You only want to add the names of the schools you are DEFINITELY applying to!!**
5. Add the colleges you are applying to. (Add school names by using "look up" to find your schools, then click on "add colleges.") When you add the college, you then need to request a copy of your transcript.

REQUESTING LETTERS OF RECOMMENDATION

Most colleges require 2 letters of recommendation. Choose who you ask carefully because the first recommendations entered into Naviance will send automatically. You do not get to pick and choose which recommendations to send.

1. Ask teacher(s) in person if they would consider writing a recommendation for you and provide them with a copy of your resume.
2. Log into the Family Connection in Naviance by visiting <http://connection.naviance.com/lymanhall> and enter your network username and password.
3. Click on the "Colleges" tab.
4. Click on "Colleges I'm Applying To."
5. Scroll down to the bottom, and you will see "Teacher Recommendations."
6. Click on "Add/cancel requests."
7. Add teachers who have agreed to write a recommendation for you. You can include a note if you would like.
8. Once you make the request, the teacher is automatically e-mailed.
9. You can then check the status of the recommendation on Naviance (It will show: requested, in progress or complete)

SENDING YOUR TEST SCORES

- When you register for the SAT, you receive 4 free score reports. These 4 score reports must be used at the time of registration or up to 9 days after the test.
 - After the 9 days, it will cost \$11.25 per score report you send.
- Make sure you have an account with the CollegeBoard and write down your login information. Your score reports will be sent to the account you register with!

Your application is not complete until you send your SAT/ACT scores to all schools that require them. Students are responsible for sending their SAT/ACT scores to their respective colleges.

Please visit www.collegeboard.org for SAT scores or www.actstudent.org for ACT scores. If you have any questions, please speak with your school counselor.

FEE WAIVERS

If you need a Fee Waiver for your application, **you must talk to your School Counselor before you submit your application to the school(s).**

HOW TO SIGN UP FOR COLLEGE REP VISITS

1. Login to Naviance using your school username and password- <http://connection.naviance.com/lymanhall>
2. Click the "colleges" tab at the top of the page.
3. On the right hand side you will see "Upcoming College Visits"
4. To view AND sign up for any visit, click "view all upcoming college visits"
5. All visits are listed here- click the "sign up" link
6. Again - click blue "sign me up" link
7. The next page will have a green box with sign up confirmation
8. Visit Ms. Greaves in the College and Career Center in the library any time before the visit to receive your pass.

POPULAR TRADE SCHOOL PROGRAMS

For students who are interested in specific career oriented programs, here are some popular options!

AUTOMOTIVE TECHNOLOGY

- Median pay → \$45,525
- **Gateway Community College**
 - Honda PACT - partnership with local Honda dealerships
 - Toyota T-Ten - partnership with Toyota dealerships
 - Work 32-44 weeks at a Toyota dealership, 43 weeks in the classroom
 - Rotate 8 weeks of class with 8 weeks of paid work at Toyota
 - Other programs include: Automotive A/C & Electrical Accessories, Engine Performance & Diagnosis, Suspension Steering & Brakes, & more
- **Bristol TEC**
 - 1 year intensive program that involves the diagnosis & service techniques for motor vehicles

AVIATION MECHANIC TECHNOLOGY

- Median pay → \$79,100
- **Connecticut Aero Tech School**
 - 20 month program (2400 hours)
 - After passing the FAA exam, students are certified as Airframe & Powerplant Mechanics
- **Gateway Community College**

CARPENTRY

- Median pay → \$39,844
- **Charter Oak State College**
 - Connecticut Carpenters Apprenticeship & Training Program
 - 8,000 hour training program → roughly 4 years to complete
 - Receive on-the-job training while working alongside Journeyman Carpenters
 - After completing the program, apprentices receive certification from the CT Department of Labor & the United Brotherhood of Carpenters

ELECTRICAL ENGINEERING ENGINEERING

- Assist engineers develop and test equipment such as computers, health monitoring systems, communications etc.
- Median pay → \$61,639
- **Gateway Community College**

ELECTRICIAN & HVAC

- Median pay → \$44,530
- **Lincoln Tech**
 - HVAC/R - includes energy efficiency training → energy auditing and solar thermal/geothermal technologies
 - Electrical & Renewable Energy Technology
- **Industrial Management & Training Institute**

WELDING TECHNOLOGY

- Median pay → \$41,578
- **Bristol TEC**
 - 900 clock hours toward State approved apprenticeship training program
- **Lincoln Tech - East Windsor, CT campus only**
 - 960 clock hours