

Dear Parents,

In March, we'll be learning about physical science including light and sound. The monthly topic is "Light and Sound on the Move". These topics will obviously be incorporated in our Thursday functional academic groups. These groups include all of the intermediate pod. Students are broken into smaller groups and spend an hour with one of the intermediate pod teachers each week. The three academic groups taught are cooking, math, and survey.

In this class I teach a cooking class focusing on math and measurement. Cooking is a full sensory experience for these students that can incorporate specific concepts of math, communication, and fine motor movements, and is therefore a great activity for them to participate in. Each month there is one recipe that we focus on. To ensure safety with each of the students, at the beginning of the month I will send a permission slip with the recipe and recipe ingredients listed. I can substitute some ingredients usually, but not all, so it is very important to **please send this back each month**. I will also have alternative cooking activities for those students who will not be handling the actual food ingredients. Please fill out the bottom of this each month and send it back to your student's teacher.

Thank you,
Ashley Merkel
Intermediate Teacher

Month: March

Topic: Light and Sound on the Move

Recipe: Crunchy, munchy honey cakes

Ingredients: muesli flakes, sugar, self-rising flour, butter, honey, milk

Teacher Name: _____

Student Name: _____

_____ I give full permission for my student to participate in this cooking activity

_____ My student may NOT touch these ingredients

_____ My student may NOT taste these ingredients

_____ My student only eats puree and may NOT taste it

_____ My student only eats puree but staff CAN puree the food for them to taste it

Comments:
