



Welcome Freshman
and Sophomore
Parents





Sophomore Counselors

Ms. Cantu (A-Lil)

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Ms. Santoyo (Lim-Z)

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Freshman Counselors

Mr. McCain (A-Lon)

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Ms. Sanchez (Loo-Z)

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[us](#)



**U-College
& dual
enrollment
Counselor**

**Ms. Ahumada
(Ms. A)**

jessica_ahumada@upland.k12.ca.us



Counseling Department



What do your counselors do?

- ★ Meet with students to develop a 4-year plan and update annually
- ★ Let students know what resources are available and how to find them
- ★ Help students navigate the road to college or plans after high school





Earning Credits:

- Five credits are awarded at the end of each semester for every class passed (D or better)
- 230 credits are required for graduation
- There are 2 semesters in 1 academic year



Semester Breakdown

Credits are earned each semester, not each quarter




Semester 1 ends January 20th

Semester 2 begins January 23rd
and ends June 9th


In order to graduate from **Upland High School**, you must pass:

- **23 of 24 classes**






Graduation Requirements

- 
- ✓ History 30 credits (3 years)
 - ✓ English 40 credits (4 years)
 - ✓ Math 20 credits (2 years)
 - ✓ Life Science 10 credits
 - ✓ Physical Science 10 Credits

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Graduation Requirements

- 
- ✓ Fine Arts 10 credits (1 year)
CTE/World Language
 - ✓ P.E. 20 credits (2 years)
 - ✓ Electives 90 credits

230 total credits and Algebra I
required for graduation

Post-Secondary Plans - The Sky's the Limit!

Public University

University of
California

California State
Universities


Private
and out of
state
colleges
and
universities

Community
Colleges
(Junior
College)

Trade
Schools
and
Specialty
Schools

Military

World
of work



A. History/Social Science	2 Years
B. English	4 Years
C. Math	3 Years*
D. Lab Science	2 Years*
E. Foreign (World) Language	2 Years*
F. Visual Performing Arts (VPA)	1 Year
G. College Prep Elective	1 Year


*Recommended extra year




A-6 Requirements

**Must pass classes
with a C or better**

SAT/ACT Information


- 
- 👍 Private Colleges/Universities - check each campus for testing requirements
 - 👍 California State Universities (CSU) and the University of California (UC) - do not require any testing
 - 👍 Junior/Community Colleges - do not require testing



*If student receives a **D or F** in an A-G course, it must be retaken

*If student receives an **F** in a core graduation requirement, it must be retaken

Night School and Summer School are options to make up classes




What if my student gets a low grade?

PSAT for Sophomores

- On College & Career Day
- Through Horizon Test Prep
 - Online & free
- Students will receive results right away on the account the you create that day







College Dual Enrollment



Chaffey College


- 
- ✓ Students can earn 10 high school credits and 3 college credits for successfully passing a college class in one semester
 - ✓ Start by applying to the community college followed by completing a HSP (High School Partnership) or NON HSP form
 - ✓ A counselor will approve your request form if the student is in good academic standing




College Dual Enrollment



Chaffey College


- 
- ✓ HSP and NON HSP differ in that HSP covers textbooks and all fees along with tuition, while NON HSP only covers tuition
 - ✓ Interested? Apply to Chaffey now and keep an eye out for the Spring 2023 open enrollment form that begins October 24, 2022
 - ✓ Any Dual enrollment questions?
Contact Mrs. A @ 909-949-7880 ext 35354 or email:
Jessica_ahumada@upland.k12.ca.us



College Dual Enrollment



Chaffey College



Have not applied to Chaffey before?
Apply today and get started





Academic Resources


Where to get **help!**



Contact Teacher

Email/Contact
teacher about missing
assignments

Request tutoring time
for extra help



Homework Center

- After school in the library
- Small breakout groups to work on subject areas with peer tutors
- Starts in October



Tutor.com

- Tutor.com is available to all students through your Clever account
- Sign in to Google and then go to Clever
- 24/7 support
- All subjects



The Princeton Review **tutor.com**

1

Getting Started



The Princeton Review **tutor.com**

3

The Online Classroom

The image shows a laptop screen with a white background. At the top center of the screen is a yellow circle containing the number '3'. Below this, the text 'The Online Classroom' is written in a bold, dark blue font. To the left of the laptop is a green pen holder containing several colorful pens and markers. To the right is a stack of four books with different colored covers (green, white, green, red). The background of the laptop screen is a solid blue color with some white starburst graphics. The laptop itself is silver and is positioned on a blue surface. The entire scene is set against a yellow background that is pinned to a corkboard.

Questions?

Thank you for joining us!

Please email counselor if
you have any specific
questions or concerns:

Claudia_Cantu@upland.k12.ca.us

Bridget_Santoyo@upland.k12.ca.us

Art_McCain@upland.k12.ca.us

Kimberly_Sanchez@upland.k12.ca.us





Thank you!