CLASS OF 2021 Our Journey Has Just Begun



Your facilitators for today

Melanie Moseley– Parent and Family Liaison Jasreen Jawanda–PHS Academic Counselors

Parent & Family Liaisons



Melanie Moseley & Maria Espinosa How did you get your name?



Today's Objectives



To review information for a successful transition to 9th grade
 To help you to feel comfortable with your child's transition to Pittsburg High School

Who's is who at PHS?

Administration Dr. Janet Schulze- Superintendent PUSD

Todd Whitmire- Principal Ted Alfaro- Assistant Principal Jennifer Clark- Assistant Principal Veronica McClennan- Assistant Principal Raj Naicker- Assistant Principal Connie Spinnato- Assistant Principal

Preparing for change



Counselors

ADVICE TPS SUPPORT SUPPORT SUPPORT

Bonnie Arnold Leidi Arias

Darlynne Fu

Rick Grabin Jasreen Jawanda

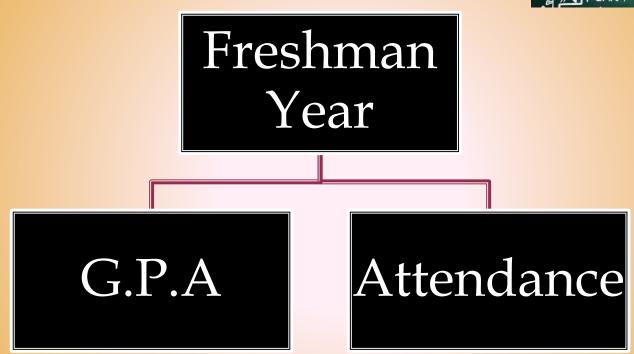
Danni Le Tanya Voqui

Josephine Saechao Sherene Sasser Special Ed Team Grades 9-12 (AVID) Grades 9-12 English Learners, (Lopez, O to Z) Grades 9-12 (Media Arts Pathway) Grade 9 (A-Rivera) Grades 9-12 GEARS-Engineering Academy & Bio Med), Grade 9 Ro-Z Grades 9-12 (Puente) Grades 9-12 English Learners (A-Lopez, N)

Early Academic Outreach Program (EAOP) Workforce Coordinator Dr. Elizabeth Gonzalez-Sidrian & Dr. Ann Maione

Staying on Track to Graduate





 Freshman year can be a predictor if a student graduates on time (within 4 years)! Parents Have a Vital Role

365 Days in a Calendar Year



Parents can monitor, encourage, support and collaborate to ensure the success of their students.

Graduation Requirements

- 220 Total Credits to Graduate
 - 140 are Subject Requirements
 - 80 are Elective Credits
- Semester grades are the ones that count:
 - 2 semesters per year
 - 5 credits per class per semester = 60 credits per year
- Complete 35 hours of Community Service



Graduation Requirements vs. A-G

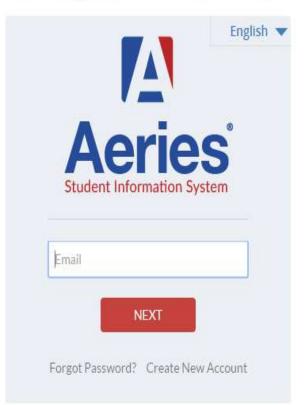
Subject		Units*
English	(4 years)	40
Social Studies	(3 years)	30
Mathematics	(2 years)	20
Fine Arts/Foreign Lan	guage (1 year)	10
Physical Science	(1 year)	10
Life Science	(1 year)	10
Physical Education	(2 years)	20
Electives		80
TOTAL		220
Community Service Require	ement	35 hours**

	A-G Requirements	Years
А	History & Social Science	2 years
В	English	4 years
С	Mathematics***	3 years
D	Laboratory Science	2 years
Е	Language (other than English)	2 years
F	Visual & Performing Arts	1 year
G	College Preparatory Elective	1 year
***	4 years is recommended	

1. *5 units per class/2 semesters in the year
 2. ** AVID & Puente need to complete 100 hours

Online Parent Portal

Pittsburg Unified School District



- Monitor Number of Tardies
- Monitor Number of Absences
- Monitor Grades
- Monitor Missing Assignments
- Email your child's teachers to check on your scholar's progress



Home Screen

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Gradebook Details

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13 🗄	Artistic Accord Project Presentations-Essay		Formative	Essays/Projects/Midterm/Fina	35 / 50	35 / 50	70.00%		12/01/2015	12/01/2015	Yes	
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Essays/Projects/Midterm/Final 25.00% 115.00 150 76.66% C

The 2nd drop down the Gradebook Detail provides a list of assignments, scores, dates completed as well as any missing assignments. In the lower area of the screen there is a summary of the percentages for each grade category based on the teachers syllabus.

Oh no a missing assignment!!! Student needs to check with the teacher.

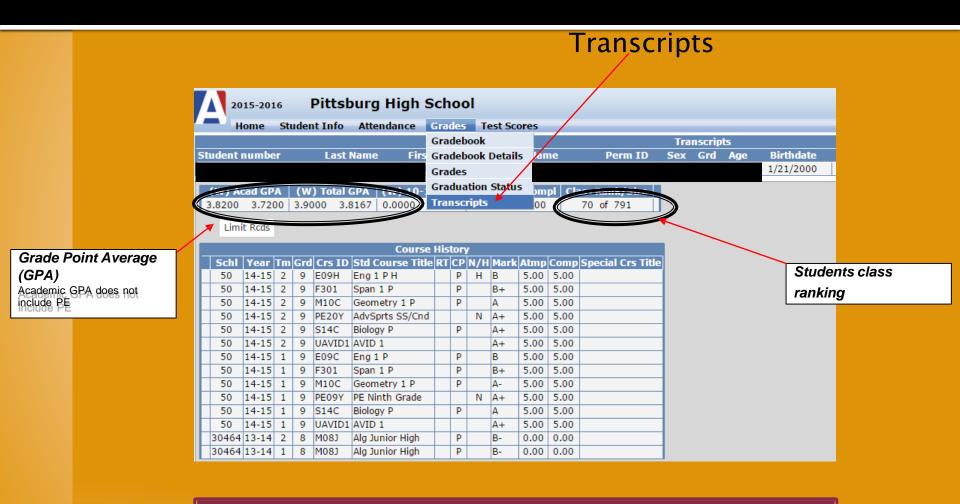
Attendance Screen

H	ome Student		Attendance	Grades	Test Scores	_	_	_		_	_	_		
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This screen will provide a summary of your student's attendance for the year. It includes the following information:

Days Enrolled Days Present Days of Excused Absences Days Tardy Days Suspended Days of Unexcused Absences Days Truant

Monitoring Graduation Status

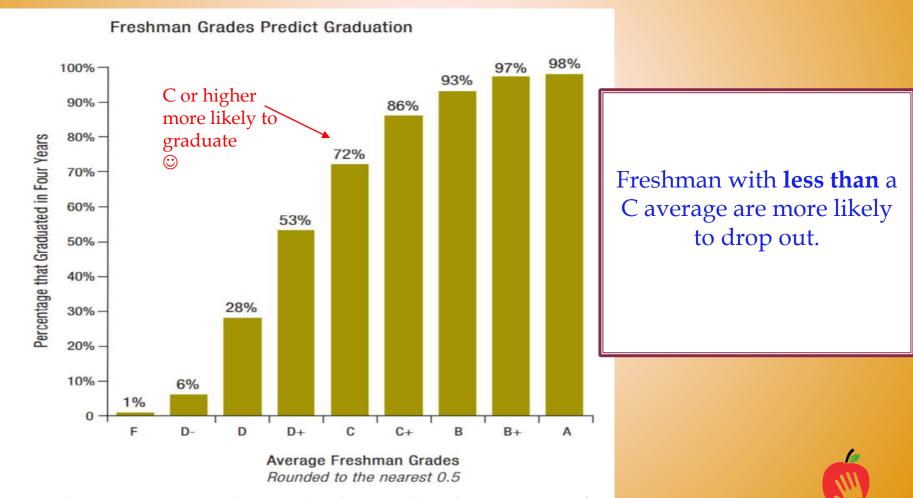


Note: In order to receive eligible credits to graduate, a student must pass his/her class.

Set Up a Weekly Parent Notification

In the Aeries Portal there is a great tool called P progress on a weekly basis.	arental Notification Preferences. This allow	s you to receive emails on the students
2015-2016 Pittsburg High School Home Student Info Attendance Grades Test Scores		Change Student Options Logour
	Parent Notification Preferences Receive Weekly Progress Email? Preferred Day: Friday Preferred Time: 12:00 PM Save	Change Password Change Email Parent Notification Preferences
	1: Click receive weekly Progress Email Step 2: Select day of the week	
	I because it allows teachers time to make up elect time of day you want to receive the ema Step 4: Click Save	· · · · · · · · · · · · · · · · · · ·

Freshman Year Grade Point Average (GPA)



*The Consortium on Chicago School Research at the University of Chicago

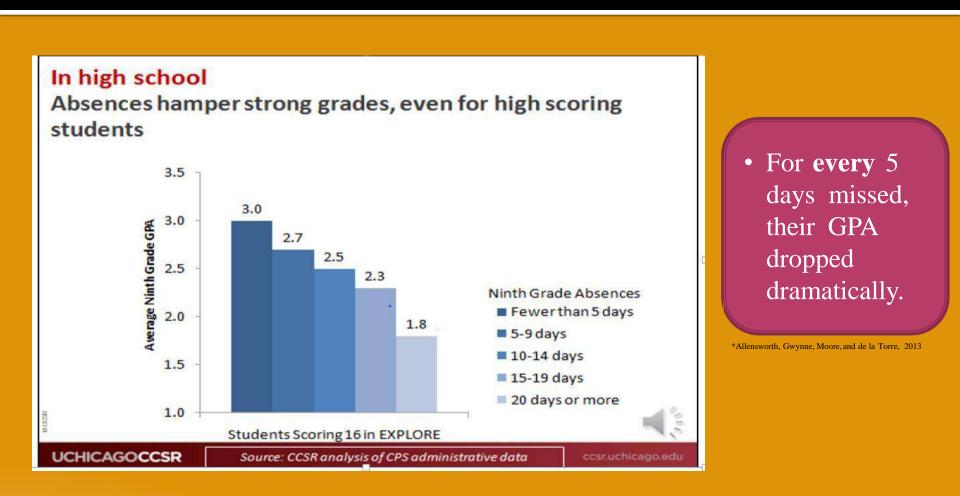
Attendance Matters!



EVERY SCHOOL DAY COUNTS

- Chronic Absences = 10% school year =18 days
- 1-2 days a month can lead to Chronic Absenteeism!
- Attendance correlates to school success
- Absenteeism correlates to school failure (including dropping out!)
- 1 day absent = 6 periods missed = 6 lessons missed

Attendance Impacts All Students



A finding from the University of Chicago illustrates the impact of absences on high-performing students.

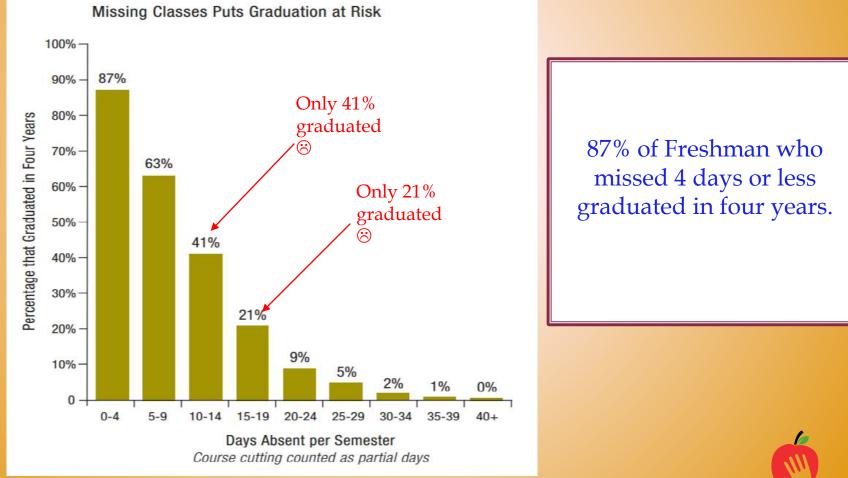
30 Minutes Missed

If you are not in your seat when the bell rings, YOU ARE TARDY!

If they miss 30 minutes of valuable instruction every day, that adds up.

150 minutes missed per week. 600 minutes missed per month. 10,800 minutes missed in the school year.

Days Missed Impacts Graduation



*The Consortium on Chicago School Research at the University of Chicago

Parent Questionnaire

Why we need you to fill it out:

- To improve our parent orientation
 To be able to meet the needs of our
 - parents and families
- To plan parent workshops on topics of your choice

10-minute Break Time



Large Group Activity

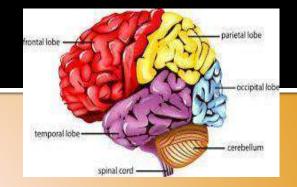


- 1. In general, do adolescents plan ahead for tomorrow or live for today?
- 2. In general, do adolescents think of others feelings and how their actions can impact others or do they think of themselves?
- 3. In general, are adolescents willing to wait or want everything now?
- 4. In general, do adolescents think things through or act on their emotions?

How adolescents think vs. adults

How we want our children to How adolescents think
think
Plan ahead for tomorrow Live in "today"
Think of others feelings and how Think of themselves their actions can impact others
Willing to wait for thingsWant things in the "now"
Think things through Act on their emotions

The need for boundaries



- The brain is not fully developed until age 25!
- The prefrontal cortex (the decision-making area of the brain) develops last! (AAA, 2013) (UCLA 2013)
- The lack of life experience results in teens seeing day-to-day existence,
- **not** long-term perspective.

Freshmen Counselors



What name did you give your incoming 9th grader and why?



What Challenges Might Scholars Face Socially?

Socially

- Reestablishing positive identity
- Relationships with old and new friends
- Cliques
- Sense of belonging
- Peer pressure

Socially/How parents can help

- Accepting & being accepted
- Mutual respect
- New & Old Friends
- Cooperation & Communication
- Agree to disagree
- Learning attitude
- Motivate & Inspire, Role Model

What Challenges Might Scholars Face Emotionally?

Emotionally

- Relinquishing/new friendships
- Sense of identity
- Managing time
- Seeking purpose and roles
- Key values

Emotionally – How parents can help

- Talk & listen
- Promote self-discipline
- Learn from mistakes
- Celebrate hard work
- Be consistent & predictable
- Resolve conflict
- Give independence
- Stay involved/Be a great motivator

Academically

- Excitement and worries
- Unfamiliar buildings/lockers class schedules
- Academic demands/rigorous workload
- Multiple teachers/styles/expect ations
- Making choices

Academically – How parents can help

- Assist in organizational skills
- Help with time management skills
- Encourage independent decision making & problem solving
- Help set goals
- Use of parent portal (see your parent liaison)
- Set the expectation for daily ontime attendance

What Challenges Might Scholars Face Physically ?

Physically

- Apprehensive about abilities
- Feel inferior/different
- Want to "fit in"
- Physical changes

Physically – How parents can help

- Encourage physical activity
- Limit computer, television, video games
- Reassure physical changes are normal
- Communicate with school if your child has physical challenges that impede his/her ability to complete P.E. instruction
- Encourage scholar to use P.E. uniform

Signs of Concern

- Lots of anxiety / worry, lasting for weeks
- Many tantrums, or is irritable much of the time
- Frequent stomachaches and/or headaches
- Has trouble sleeping
- Not interested in things they used to enjoy
- Avoids spending time with friends
- Low or no energy

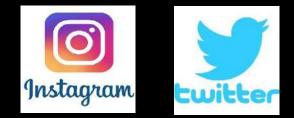


Intervention Programs

4 Corners Gunter Lincoln Center **Poly Atamai** REACH **Restorative Justice** SOULIJAHS **Successful Purpose**



Social media



- Teens are on social media in alarming numbers.
- Connected 24/7 to peers and the Internet.
- Doctors recommend a maximum of 2 hours of Internet time per day
- Can cause conflicts ("he said, she said")
- Impacting recommended hours of sleep

The Role of Parent Engagement



 Parents can monitor, encourage, support and collaborate to ensure the success of their students.





The importance of parent involvement

Students with involved parents have:

Higher test scores and grades
 Better attendance
 Positive Attitudes
 Less behavior issues
 Higher graduation rates.

Monitor Regularly & Get Help to Stay On Track



Parent Advisory

parent

Parent Club If you are interested in starting a Parent Group please let us know.

PAAACT is an organization formed to advocate for African American students We are looking for a new Chairperson, if you are interested please contact the Parent Liaisons ELAC ENGLISH LEARNER ADVISORY COMMITTEE

ELAC is a parent group that is dedicated to working with parents of English Leaners (EL) to provide them with information about the school academics, community programs and resources for EL students. School S^{ite} ^{Ouncil}

> SSC is a team of teachers, parents and administrators who are responsible for developing an annual school plan and budget to facilitate schoolbased program coordination. Particular attention is paid to meeting the individual needs of each student.

Stay Informed and Volunteer Regularly

Pittsburg Unified School District
Aeries Student Information System
Email
NEXT Forgot Password? Create New Account
un un fin al 🚥 i
remind 🎫

Parent Liaisons



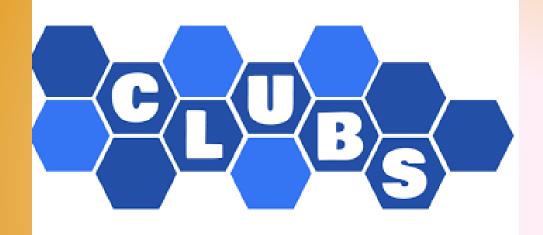


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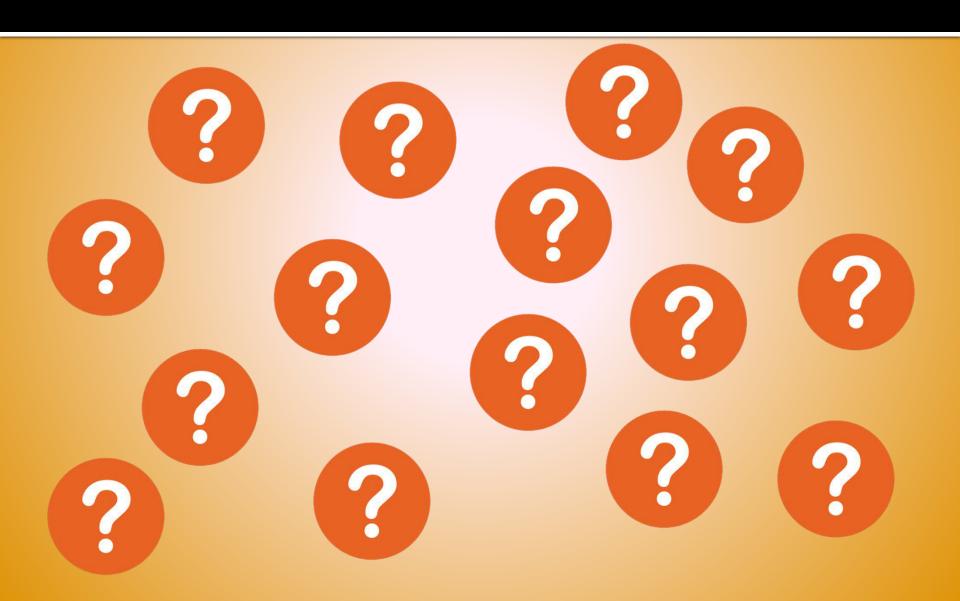
Parent Workshops



Social engagement New friendships

Healthy bodiesTeam building





Thank you for coming! Melanie Moseley and Jasreen Jawanda



Every Scholar, PLUS PARENT, Every Day!