

Palisade High School (PHS) Community Advisory Council (CAC)

Agenda, 6 PM, Media Center/ Library

November 6th 2018

Introduction/ Welcome: Mary

Attendance: Dan Bollinger, Sarah Johnson, Lina Warner, Jennifer Mello, Mike Neste, Mary Hammond Atkinson, David Miller, Ariel Pedrone, Kim Leonard, Jeff Warner, Gary Lake,
Pre Excused: Felicia Casto, Gina Shurden

Approve last month's minutes: Dan

Presentation:

- Trauma informed classroom CBITS (Kim Leonard (School Psychologist) and Ariel Rendt-Pedrone)
- CBITS, (Cognitive Behavioral Intervention for Trauma in schools)
- 3 tiers,
 - Tier 1 General stuff
 - Tier 2, some help (this group) Ariel, Lori Starr and Kim have been trained
 - Tier 3, red zone, even a different referral
- How does trauma present itself,
 - What are the basics of trauma and how does it affect your life?
 - How do we cope better throughout the day
 - Trauma for individual narratives. Pull kids to see their narrative
 - Then the kid shares with the group.
 - 10-week cycle then plan to do some follow up with the kids to see how they are responding. Take case-by-case basis...
- Not a resource that is well known by the general population, it is by referral through counseling Dept and admin.
- Role is as an intervention for Tier 2 kids.
- Currently 10-12 kids
- Did a pre-screening to see if it is a good fit.
 - Criteria was based on level 2: Car accident, death of a family member, middle range kids, not super intensive therapy.
 - Real severe kids were not necessarily a good fit, they will refer out to more intensive therapy
- Also a key is to educate teachers
- There is a parent component, talk to them about what we are working on and how strategies that we are teaching the kids. Also teaching the parents some strategies
- How do we get disengaged parents engaged?
- Showed a video of Chiefs player, Eric Berry, who faced trauma with a horse when he was young and how he worked to overcome that trauma.
 - <http://www.nfl.com/videos/nfl-films-presents/0ap2000000250293/NFL-Films-Presents-Horsin-around-with-Eric-Berry>

Review Action Items from October/early November:

- Feedback on conferences
 - Food (Gina)
 - Very appreciated, did a great job.
 - Ran out of salad, more green salad and add fruit
 - Food would be best if can be served at room temperature.
 - Gluten free options? Bread and dessert.

- Conferences:
 - Do we have the opportunity to change the date?
 - I will pose that question to the district admin, can we look at other options?
 - Show up and have a staff meeting (Suicide prevention training)
 - Purposefully everything is put on a Monday, looking toward a 4-day work week
- Feedback on Town presentation
 - Make sure I introduce the people present
 - David Miller, Mary Hammond Atkinson, Don Metzler, Gina Shurden
 - Presented very little data
 - Engaged town with 5 topics
 - IB (MYP and DP and the difference)
 - PACK (Closed campus, office hours, etc)
 - Running with the PACK
 - How are we engaged within the town
 - Parade, etc...
- Teacher inservice update
 - Key Concepts (See handout)
 - Related concepts (See handouts)
 - Using key concepts and related concepts, the charge at the top of a unit planner is to write a statement of inquiry:
 - The purpose of this is to be able to transfer what they are learning, understanding the why, not just the what.
 - Writing a statement of Inquiry
 - “Decision making can be improved by using a model to represent patterns in relationships”
 - Relationships=Key Concept, model, pattern=Related concept, Identities=Global context
 - “Multiple representations of relationships are used to create valid arguments and justify decisions”
 - Relationship=Key Concept, Justify and representation=Related concept,
 - “In an argument, knowledge and understanding is synthesized to communicate logical arguments”
 - Communicate=Key Concept, exploration and Logical conclusions=global context
 - Cross-curricular planning and teaching is required by IB
 - Science and ELA
 - Kids did the experiments in the science class learning and following the scientific process
 - Wrote about and defended their claims in ELA
 - Math with World Language
 - Mike Neste stated that his daughter is talking about concepts and even content that is being discussed in multiple classes.
- Update on Fall athletics/Activities
 - Marching band regional and state update
 - 1st in regionals
 - 3rd in state through much adversity
 - Football
 - Ranked 1st in state play Ft. Morgan this Saturday at 1:00
 - Volleyball
 - Young team with little varsity experience, over achieved, seated 10th, hosted regionals. A lot of experience returning.
 - Orchestra

- 8 kids just returned from the all state orchestra event in Western State Orchestra in Greeley
- Choir
 - 2 students received call backs and are auditioning in Denver this weekend to compete for very selective spots

Specific topics for the current month: As designated

- Finals Schedule:
 - Dec 18th - 5th and 7th block finals (full day of classes)
 - Dec 19th – 6th and 8th block finals (Full day of classes)
 - Dec 20th – 1st and 3rd block finals (Lunch starting at 10:13 (no 5th period), 1/2 day, students with C's or better or a teacher note are allowed to leave)
 - Dec 21st – 2nd and 4th block finals (Lunch starting at 10:13 (no 5th period), 1/2 day with teachers available for make-up work with students)

Up-coming events: See PHS December Newsletter (available on website). As designated

- Counseling events (Dan)
- November calendar :
 - <http://www.calendarwiz.com/calendars/calendar.php?crd=palisade&&jsenabled=1&winh=744&winw=1424&inifr=false>
- Wednesday, January 16th from 7:25-11:30ish.
 - 9th & 10th Pre-DP :Career Fair at PHS-Main Building, Café, Auditorium, Gym, Library
 - 10th Non-DP : WCCC Tours
 - 11th : Practice SAT Test-West Building

Other: To be determined

- Any Parent Questions:
- Any other topic the group feels that needs to be addressed (Open Forum)
 - Trunk or Treat at Rocky Mountain Elementary
 - Purpose is to engage the Clifton community
 - Great reaction to the basketball team that had a spot. They made kids do activities for the treat
 - Ladder
 - Shoot baskets
 - Had kids shoot without looking to earn a free tee shirt
 - Basketball team was having a good time, very actively engaged with the elementary kids
- Next meeting ideas:
 - SAT/PSAT school plans
 - What might the data say about the effectiveness of the new structure of PACK
 - No freshman advisory
 - Academic mentor
- Sounds of the Season
 - “Do You Hear What I Hear?”
 - Friday, December 7, 2018 at 7:00 PM
 - Saturday, December 8, 2018 at 2:00 PM and 7:00 PM
 - First Presbyterian Church
 - \$12 tickets in advance, \$14 tickets at the door
 - Reserved Premium Seats available
 - Tickets available through Monumental Events
 - Excellent opportunity

Wrap Up/ Recap of Action Items: Dan/ Mary/ Group

Future Meetings: Dec 4th, Feb 5th, April 2nd, May 7th (if needed.)

Adjourn: Mary 7:55 PM