

# PARCC & CMAS



## Testing Tips

PARCC stands for **Partnership for Assessment of Readiness for College and Careers**. It is a test designed to measure student achievement in relationship to the Colorado Model Content & Common Core Standards. These standards are expectations specifying what students should know at particular points in their education. The PARCC provides a snapshot of student achievement in reading, writing, and mathematics. CMAS stands **for Colorado Measures of Academic Success**. This assessment measures social studies and science.

## Help Prepare Your Child for State Testing

Here are some tips for parents to help their students do their very best every day, but especially during the State testing period. We ask for your help in having your child be as prepared as possible in the following areas.

- get a good night sleep, be well rested (8-10 hours)
- eat a healthy breakfast
- arrive to school on time and be here every day (especially during testing)
- have a positive “can do” student attitude
- plan ahead to ensure your child is present, reschedule any appointments the child may have or need to attend during this time.

Here are some test taking tips that will help my child take PARCC/CMAS? Remind your child to:

- read the test directions carefully
- read the questions carefully and be sure of what they are asking
- read all of the answer choices before responding
- if you don't know the answer to a question, skip it and come back if there is time
- eliminate any answers that you know are wrong, and then consider only those that might be right
- go back and check your answers if time allows

We know that as a partner in your child's education, you will do all you can to help ensure your child's success and we greatly appreciate your support.

Thank you from the Staff at Lincoln OM Elementary!