

October 2022

# SOCIAL-EMOTIONAL LEARNING:

## Responsible Decision Making



**Responsible Decision Making** is the ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms.

### HOW TO?

- **Identify the problem:** Students must be able to accurately recognize when they have encountered a problem. Problems can range from difficulty meeting the expectations in a classroom, to choosing whether or not to complete homework, or even deciding to engage in unhealthy behavior, such as lying or using banned substances.
- **Analyze the situation:** Once students have succeeded in identifying the problem, they must then learn to analyze the situation from a variety of angles, which includes identifying how and why the problem arose.
- **Solve the problem:** After students have sufficiently identified, analyzed, and considered the problem, they then need to develop and practice methods for solving problems. They need to identify possible options and explore the potential consequences of each option.
- **Consider ethical responsibility:** In addition to the natural or identified consequences of a decision, students must also consider any ethical or moral obligations they may feel or be held to. For instance, before a student chooses to look at someone else's test, the student will need to consider the potential ethical and moral repercussions of cheating.
- **Evaluate and reflect:** Evaluating and reflecting on what happened is almost as important as the decision-making process itself. When students take the time to evaluate how successfully they identified, analyzed, and solved a problem, they are more apt to engage in appropriate reflection on what went well and what could be improved. This reflection allows students to note any necessary changes and work to incorporate those in their next decision-making opportunity.

# AWARENESS

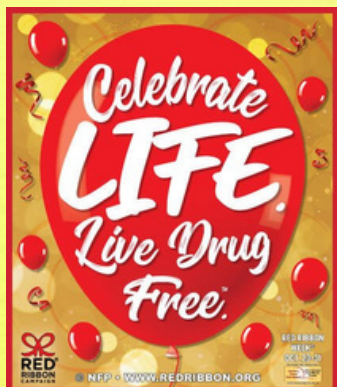
The purpose of awareness is to inform and educate people about a topic or issue to influence their attitudes, behaviors, and beliefs toward the achievement of a defined purpose or goal. Many of our students may know of about one or all of these awareness events, but this is a great time to share information so that we can break stigmas, heal, end the negative behavior of bullying and learn more together.

## National Bullying Prevention

## Breast Cancer Awareness

## Red Ribbon Week

## World Mental Health Day





# RESOURCES

## DISTRICT CHALLENGES:

1. Write encouraging, positive words for students and post them on their desks or in common student areas.
2. Wear pink for Breast Cancer Awareness, green for Mental Health, blue for Bullying Prevention and Red during Red Ribbon Week.
3. Leave a positive note for a colleague
4. Be Kind to Others!



Social-Emotional Learning  
Mental Health Resources  
The Calming Space  
Mental Health Service  
Referral

BCSS Bullying Hotline  
334-382-4989  
866-663-8244  
stopbullying@butlerco.k12.al.us

