

3rd Grade to 12th Grade School Menu - November 2021 - Decorah Community School District

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	No Classes
French Toast Sticks, Sausage Patty Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk	Egg, Ham & Cheese Bagel Fruit, Milk	The Decorah Community School District is taking part of the Seamless Summer Option Program which provides a free breakfast and lunch to all enrolled students in the district
Chicken Chili (Tomatoes, Beans, Chicken) 🍎 Local Cheese Curds *Crackers, Chocolate Chip Cookie Celery Sticks, Apricots, Milk	Shrimp & Fries Steamed Corn Cocktail Sauce, 🍎 Apples *Cornbread, Milk	Lasagna (Ground Beef and Cheese) Homemade Focaccia Bread 🍎 Kale Salad with Ranch Steamed Carrots, Craisens, Milk	Chicken Fajita 🍎 Sautéed Peppers & Onions 🍎 Mixed Greens, Refried Bean Fresh Garden Salsa, *Spanish Rice Applesauce, Milk	
8	9	10	11	
Mini Pancakes, Sausage Patty, Syrup, Butter, Fruit, Milk Mandarin Orange Chicken *Szechuan Noodles Brown Rice, Steamed Broccoli Fortune Cookie Strawberries, Milk	Homemade Biscuits & Sausage Gravy Fruit, Milk Cheeseburgers Homemade Bun 🍎 Mixed Greens, Tomato, Onion French Fries, Pears, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk Mini Deep Dish Sausage Pizza Broccoli Dijon Slaw Salad 🍎 Apples, Milk	Egg, Ham & Cheese Bagel Fruit, Milk Crispy Crunchy Tacos Crisp Corn Tortillas, Cheddar Ground Beef, 🍎 Shredded Greens Fresh Garden Salsa, Spanish Rice Baked Beans, Craisens, Milk	
15	16	17	18	
French Toast Sticks, Sausage Patty Syrup, Butter, Fruit, Milk Crispy Chicken Sandwich Homemade Bun, Fresh Broccoli 🍎 Lettuce, Tomato & Onion Ranch, Dried Cherries, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk 🍎 Local Turkey & Gravy 🍎 Homemade Dinner Roll Mashed Potatoes, Green Beans *Dressing, 🍎 Cran-Strawberries 🍎 Pumpkin Pie, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk 🍎 Creamy Tomato Basil Soup *Homemade Croutons Cheese Torpedos 🍎 *Mixed Field Green Salad Strawberries with 🍎 Yogurt, Milk	Egg, Ham & Cheese Bagel Fruit, Milk Mini Taco Pizza Cheddar, Ground Beef Tortilla Chips, Baked Beans 🍎 *Sour Cream, Bananas 🍎 Mixed Greens, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk Asian Sweet Chili Chicken Sautéed Peppers, Onions & Pineapple Brown Rice, Peas & Carrots Fortune Cookie, Apricots, Milk
22	23	24	Thanksgiving Day	26
Mini Pancakes, Sausage Patty, Syrup, Butter, Fruit, Milk BBQ Pork Sandwich Homemade Bun Potato Wedges Stemed Peas, *Raisins Blue Raspberry Slush, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk Viking Fish Sticks Homemade Sliced Bread, Butter Mashed Potatoes, 🍎 Cole Slaw Peaches, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk Hot Diggity Dogs Whole Wheat Bun French Fries, Ketchup Baked Beans Craisins, Milk		
29	30	Daily Main Dish Alternatives		
French Toast Sticks, Sausage Patty Syrup, Butter, Fruit, Milk Denver Omelet Ham, Cheese, Peppers & Onions Baked Apple-Cinnamon Oatmeal Sautéed Mushrooms Hash Brown, Applesauce, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk Sloppy Joes Homemade Bun Baked Beans Mixed Fruit, Milk	Meatless versions of menued main dishes are available upon request. Entree Salads Kale Chicken Caesar Johnny Appleseed Fiesta Chicken Chef's Choice		Ala Carte items and a second meals are available for purchase at the middle school and high school A single carton of milk is \$.30 if it is not part of a meal
		Sandwiches & Wraps Turkey & Cheese Ham & Cheese Bologna & Cheese Chicken Salad Egg Salad Sunflower & Veggie Cheese		

**Reimbursable meal consists at least 3: Grain, Meat / MA, Veggie, Fruit or Skim, 1% or Chocolate Milk
Lunch (3rd-8th 600-650 calories, 9-12th 750-850). USDA is an equal opportunity provider and employer.**