A take-along guide for fishing with kids

Rods and Reels, Rigging and Knot-tying, Bait and Lures

NOTES

### **Rods and Reels**

PIER 1

A rod and reel together is called a combo or rig. Rigs with closed-face (spin-cast) reels are inexpensive, rugged and easy for kids to use.



Line and line guides

The closed-face (spin-cast) reel Closed-face reels are simple to use. The thumb button is used for casting, the reel handle brings the line back in, and the drag adjustment controls the tension on the line when a fish is pulling on it. Drag adjustment

### Did you know?

Line opening



Rod tip

Fish can see thick line in the water. Use the lightest weight line you can for the fish species you are targeting. Nylon line comes in different thickness which determines the strength (called "pound test"). Six pound test line is good for most pier fishing.

### Dos and don'ts

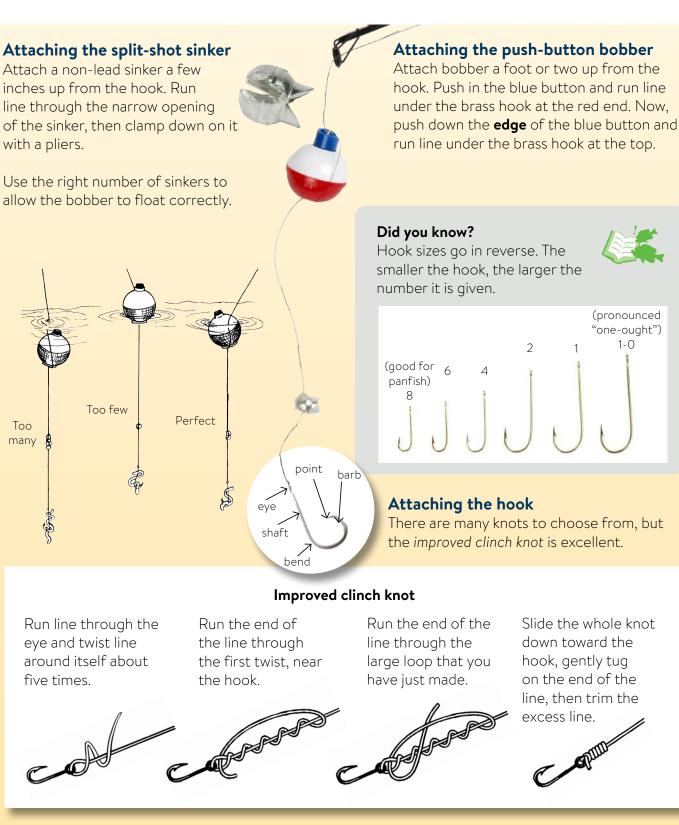
Don't lay your rig on the ground where it can get stepped on or get dirt inside the reel. Do replace old line once a year, as it gets weaker with age. Recycle old line at your local bait shop.



Reel handle

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# **Rigging and Knot-Tying**



For more information about removing rigging and knot-tying, see Chapter 5: Lesson 3 and Chapter 6: Lesson 1 in the MinnAqua Leader's Guide, *Fishing: Get in the Habitat!* mndnr.gov/minnaqua/leadersguide

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## **Baiting Your Hook**

From insects to leeches to minnows, live bait can be anything that a fish would eat in the wild. But, nightcrawlers are a cheap and effective bait that is easy to use and can catch a wide variety of fish.





Earthworms and leeches Mealy worms and Minnow

Minnows and other baitfish

the top.)

### Did you know?



Earthworms like nightcrawlers are un-American! Earthworms were not found in North or South America 200 years ago, but were brought here by settlers from Europe in the 1800s. They are not part of the native ecosystem and are harmful to our native woodlands. Earthworms break down important organic matter in forests, harming young saplings and native wildflowers. Dispose of unused earthworms IN THE TRASH and teach others about this surprising fact.

grubs



### How to bait a hook with a nightcrawler

Cut or tear off ¼ or ⅓ of worm (you do not need the entire worm).

Hold worm in one hand and hook in the other.

Push the point of the hook through the end of the worm and thread the worm onto the hook.

Push the hook out through the side of the worm once or twice as you push the worm onto the hook.

When finished, most of the hook should be concealed and a small portion of the worm should be left dangling.



### Collecting and storing live worms

Pick worms up off the surface of the ground after heavy rains, dig them from soil in your garden, or purchase them from vendors. Store them in a closed container with moistened shredded newspaper in the refrigerator.

DEPARTMENT OF NATURAL RESOURCES



For more information about baiting your hook, see Chapter 6: Lesson 1 in the MinnAqua Leader's Guide, *Fishing: Get in the Habitat!* mndnr.gov/minnaqua/leadersguide

### Lured by Lures



Artificial lures have some advantages over live bait and are used by many anglers. When it comes to deciding on the right lure, there are really only a handful of basic lure types:



### Jigs

Sometimes called a "jighead," a jig is simply a weight with a hook molded into it. The round weight usually has eyespots and a tail of feathers, plastic, or hair to make the jig resemble an insect or small fish.



### **Spoons**

A spoon is a single, curved metal blade that wobbles as it is pulled through the water. Usually shiny on one side and colorful on the other, a spoon imitates the shape, movement and colorful flashing of a small fish.

"Plugs "Plug" is a very generic term for any lure that looks

like a small baitfish with hooks attached. There

"crankbaits") usually have a plastic lip that causes

them to dive and wiggle as they are pulled along

beneath the water. Surface plugs float on the water's surface. "Poppers" and "chuggers" are surface plugs with a concave front that makes a sound and splash when the lure is twitched across

are many different kinds. Diving plugs (called

### Plastic worms

A plastic or rubber version of the real thing, often infused with a chemical that gives the lure an attractive smell or taste (to the fish). Slide it onto a hook or jig and you're ready to go.



### Spinners

Standard spinners, weight-forward spinners and spinnerbaits are all different versions of a similar idea. All spinners consist of one or two shiny metal blades that spin around a shaft as the lure is pulled through the water. The spinning blades produce flashes and vibrations that the fish can see, feel and hear.



### Flies

Fly anglers often use artificial lures that mimic the insects that hatch from rivers and streams. Some are designed to float on the surface of the water, while others are designed to sink. Flies are often used to attract trout, but work great for panfish too.





For more information about artificial lures, see Chapter 5: Lesson 4 and Lesson 6 in the MinnAqua Leader's Guide, *Fishing: Get in the Habitat!* mndnr.gov/minnaqua/leadersguide

the water.

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