



Citrus~Cucumber Water

- 1 large lemon, sliced
- 1 large lime, sliced
- 1 large orange, sliced
- 1 large cucumber, sliced
- 1 half-gallon of water



Place all the sliced fruits and the cucumber in a glass pitcher and add water. Refrigerate for two hours to allow flavors to infuse, then serve in glasses over ice.

Cucumber~Melon Water

- 1 large cucumber, sliced
- 1/4 honeydew melon, cubed
- 1/4 cantaloupe, cubed
- 1 half-gallon water

Place cucumber and melons in a glass pitcher and add water. Refrigerate for 2 hours, then serve over ice. Garnish with chopped pieces of melon.

Herb~Berry Flavored Water



- 1 cup fresh blueberries, lightly crushed
- 2 4-inch sprigs of fresh rosemary, lightly bruised (to release more flavor)
- 1 half-gallon of water



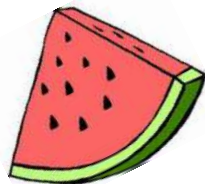
Add blueberries and rosemary sprigs to a large pitcher; fill with the half-gallon of water and refrigerate 2–4 hours. Serve in ice-filled glasses. Makes about 8 servings.



Watermelon~Basil Water

- 2 cups seedless watermelon, cubed
- 10 basil leaves
- 1 half-gallon of water

Pour water over melon and basil; refrigerate for 2 hours. Serve over ice, garnished with a sprig of basil.



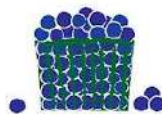
Lemon~Lavender Water

• 2 large lemons, sliced

Frozen Fruit Water

- 2 cups frozen berries, mangos, peaches, apples etc
- 1 half-gallon of water

Add frozen fruit to a pitcher; pour water over fruit and let sit at least 30 minutes in the refrigerator. Stir to distribute fruit flavor and serve in glasses with some ice cubes. (Note: you can chop up the same kind of fruit, unfrozen, and follow same directions. You'll need to use more ice when using un-frozen fruit).



Cucumber~Herbal Water



Lemon-Lime and Orange Water

- 1 large lemon, sliced
- 1 large lime, sliced
- 1 large orange, sliced
- 1/4 cup cilantro leaves
- 1 half-gallon of water

Add citrus slices (and cilantro leaves, if desired) to a large pitcher; fill with the half-gallon of water and refrigerate 2 hours. Garnish with your favorite citrus slice. Makes about 8 servings.

