

Instruction

PHYSICAL EDUCATION

Note: Education Code 51241 allows the Board to exempt students from physical education for two years any time during grades 10 through 12. The number of PE credits required by the district for high school graduation should be indicated in *BP 6146.1 - High School Graduation Requirements/Standards of Proficiency*.

The Governing Board desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

(cf. *5121 - Grades/Evaluation of Student Achievement*)

(cf. *6142.8 - Comprehensive Health Education*)

(cf. *6145.21 - Sportsmanship*)

(cf. *6146.1 - High School Graduation Requirements/Standards of Proficiency*)

The Board shall approve the components of the physical education program.

(cf. *6143 - Courses of Study*)

Physical education staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal or designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.

(cf. *6164.6 - Identification and Education Under Section 504*)

Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.

(cf. *3516 - Emergencies and Disaster Preparedness Plan*)

The Superintendent or designee may excuse any student in grade 10, 11 or 12 who attends a regional occupational center or program from attending physical education courses if such attendance results in hardship because of the travel time involved.

PHYSICAL EDUCATION (continued)

In order to establish a strong foundation in high school, every student will complete Physical Education I, a course intended for students in Grade 9. The Physical Education I course adheres to the state framework and state physical education standards.

A student will make his/her best faith effort to enroll in a physical education class or physical education elective during the school year and/or during summer school to meet the second year high school physical education requirement.

If the student is unable to fit the second year of physical education into his/her schedule due to an impacted schedule, the second year of the requirement may be waived when the student participates in two seasons of interscholastic athletics* or two courses of an accredited program, which entail comparable amounts of time and physical activity and meet the District's physical education curriculum standards.

(cf. 6145.2 - *Interscholastic Competition*)

(cf. 6146.11 - *Alternative Credits Toward Graduation*)

*Legal Reference:***EDUCATION CODE**

49066 Grades; physical education class

51241 Temporary or permanent exemption from physical education

51242 Exemption from physical education for athletic program participants

52316 Excuse from attending physical education classes

60800 Physical performance test

CODE OF REGULATIONS, TITLE 5

3051.5 Adapted Physical Education for Individuals with Exceptional Needs

10060 Criteria for Physical Education Program

UNITED STATES CODE, TITLE 29

794 Rehabilitation Act of 19 73, Section 504

53 Ops. Atty. Gen 230 (1970)

*Management Resources:***CDE PROGRAM ADVISORIES**

0418.89 Physical Education, April 18, 1989

*Cheerleading is considered a part of interscholastic athletics

Second Reading/Adoption
June 2, 1998

CALAVERAS UNIFIED SCHOOL DISTRICT
San Andreas, California