

Natalie J Kaiser MS OT/L
Occupational Therapist Licenced

Mrs. Natalie J Kaiser received her Undergraduate degree in Psychology from Sacred Heart University and her Masters of Science degree in Occupational Therapy from Columbia University. She has worked with both children and adults in a variety of settings including mental health, physical rehabilitation and home care. Natalie has worked in the Newtown public schools for the past 12 years. She works full time and travels between many schools including Reed Intermediate, Newtown Middle School, Newtown High School and covers occasionally at elementary schools.

Mrs. Kaiser has pursued many continuing education courses including; wheelchair assessment and evaluation, sensory integration and autism, Zones of Regulation, Yoga for the Child with Special Needs, use of assistive technology, and transition planning (including MAPS and Charting the Life Course). Mrs. Kaiser believes in her student's ability to participate in all aspects of life, building independence across their day and life span through engagement in meaningful activities. She consults with teachers and families to develop functional routines and assists teaching self care, independent living skills and prevocational skills. She also leads yoga classes regularly in the fit for life program at Newtown High school helping students practice deep breathing stretching to build healthy bodies and minds necessary for independence and success.

Mrs. Kaiser lives in Sandy Hook with her husband, two daughters and son (ages 19, 15, 11) , their beagle Ruby, a rabbit, and 8 chickens. In her spare time she enjoys cooking, reading, yoga, and traveling with her family.