PACK SHE BACK TO SHE MA

A song from Barbados



BARBADOS



Barbados is an Island in the West Indies. It is warm and has sunny beaches. Many people of Barbados are of African decent. The language of Barbados is a variation of English, mixed with African dialects. Their music has strong rhythms, and lots of drums and clapping. Many children participate in singing games and folk songs.

BARBADOS FLAG

 The Barbados Flag has two colors. The blue represents the sea and sky. The yellow represents the golden sand. There is a trident in the center.





PACK SHE BACK TO SHE MA

Pack she back to she ma oh! Pack she back to she ma. What a pretty little girl like Jessie Mahon, pack she back to she ma. Pack she back to she ma oh Pack she back to she ma. What a pretty little girl like Jessie Mahon, pack she back to she ma.

With a pretty little girl like Jessie Mahon she lazy til she born. Da girl wouldn't wash, da girl wouldn't cook so I packed she back to she ma, Oh!

Pack she back to she ma oh! Pack she back to she ma. What a pretty little girl that Jessie Mahon, pack she back to she ma! Pack she back to she ma oh Pack she back to she ma. What a pretty little girl that Jessie Mahon, pack she back to she ma!

WHAT DOES IT MEAN?

• Pack she back to she ma?

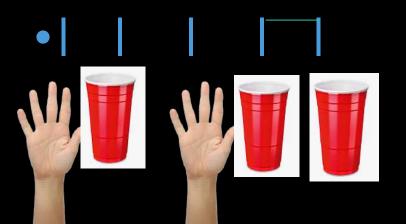
Send her back to her mom.

A SINGING GAME

- Pack she back to she ma... –
- pat pat clap clap, thumbs over right, thumb over left
- What a pretty little girl...-
- Hands on hips, thrust hands forward to send her away
- She lazy till she born, da girl wouldn't wash, the girl wouldn't cook...
- Sleeping, washing, stirring
- So I pack her back to she ma
- pat pat clap clap, thumbs over right, thumb over left

INSTRUMENT TIME

 Drums – we are going to use cups to play some drum rhythms that go along with the song "Pack She Back"





OTHER MUSIC AND CULTURE FROM BARBADOS

The Steel Drum - <u>https://www.youtube.com/watch?v=rZ642zSpQgc</u>

https://www.youtube.com/watch?v=hINpVn6ggSc

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