

The background of the left half of the image is a solid red color. On the right side of this red area, there are abstract, flowing shapes in shades of green and yellow, resembling a stylized plant or a ribbon. The text is centered in the red area.

# PACK SHE BACK TO SHE MA

A song from Barbados



# BARBADOS



Barbados is an Island in the West Indies. It is warm and has sunny beaches. Many people of Barbados are of African decent. The language of Barbados is a variation of English, mixed with African dialects. Their music has strong rhythms, and lots of drums and clapping. Many children participate in singing games and folk songs.

# BARBADOS FLAG

- The Barbados Flag has two colors. The blue represents the sea and sky. The yellow represents the golden sand. There is a trident in the center.





# PACK SHE BACK TO SHE MA

Pack she back to she ma oh! Pack she back to she ma.

What a pretty little girl like Jessie Mahon, pack she back to she ma.

Pack she back to she ma oh Pack she back to she ma.

What a pretty little girl like Jessie Mahon, pack she back to she ma.

With a pretty little girl like Jessie Mahon she lazy til she born. Da girl wouldn't wash, da girl wouldn't cook so I packed she back to she ma, Oh!

Pack she back to she ma oh! Pack she back to she ma. What a pretty little girl that Jessie Mahon, pack she back to she ma! Pack she back to she ma oh Pack she back to she ma. What a pretty little girl that Jessie Mahon, pack she back to she ma!



# WHAT DOES IT MEAN?

- Pack she back to she ma?

Send her back to her mom.

# A SINGING GAME

- Pack she back to she ma... –
- *pat pat clap clap, thumbs over right, thumb over left*
- What a pretty little girl...-
- *Hands on hips, thrust hands forward to send her away*
- She lazy till she born, da girl wouldn't wash, the girl wouldn't cook...
- *Sleeping, washing, stirring*
- So I pack her back to she ma
- *pat pat clap clap, thumbs over right, thumb over left*



# INSTRUMENT TIME

- Drums – we are going to use cups to play some drum rhythms that go along with the song “Pack She Back”



# OTHER MUSIC AND CULTURE FROM BARBADOS

- The Steel Drum - <https://www.youtube.com/watch?v=rZ642zSpQgc>
- Making Cou Cou <https://www.youtube.com/watch?v=hINpVn6ggSc>