

PROFILE

Thank you for letting me be part of your school family! As your school social worker, I am here to provide students and their families with resources to help you with any social, emotional, and academic issues during the school year.

My days at Mesa are spent pushing into classrooms to do brief *Second Step* social emotional learning lessons, creating a positive school climate, providing behavior intervention support, teaching coping strategies, helping families in crisis, and working one on one with students facing challenges that are impacting their academic success.

I am the liaison between school, family, and community and an advocate for EVERY STUDENT! My goal is to provide a safe space, listening ear, and warm heart and to help guide Mesa's youth to their full potential.

CONTACT

Office Hours: 7:30-3:20
Monday- Thursday

PHONE:
970-565-3858 ext 6172

EMAIL:
cwhite@cortez.k12.co.us

I LOVE

My job
Adventures in the mountains with
Friends and Family
Calling the Four Corners my home

MS. WHITE

COUNSELOR

EDUCATION

University of Denver
Master of Social Work

Fort Lewis College
Bachelor's in Psychology

WORK EXPERIENCE

- *Led campaign to buy socks for kindergarteners in need.*
- *2015 Started working with youth in Southwest Colorado.*

ROLE AS THE SCHOOL SOCIAL WORKER IS TO SUPPORT YOU WITH...

- *Social, Emotional and Academic Support Groups*
- *Short Term Individual Counseling*
- *Issues with Friends and Family*
- *Academic Concerns, Feeling Overwhelmed, Time Management*
- *Classroom Lessons*
- *Student Workshops*
- *School Wide Programs: Kindness Week, Bullying Prevention, Testing Taking Tips*
- *Conflict Mediation*