

#### Dates to Remember

April 30<sup>th</sup>-May 6<sup>th</sup> MAPs & DIBELS Testing

May 4<sup>th</sup> Deadline for 2<sup>nd</sup> Semester PRs

May 11<sup>th</sup> 4<sup>th</sup> Quarter Work Samples Due

May 11<sup>th</sup> Monthly Reports Due

May 18<sup>th</sup> Deadline for submission of

receipts

May 23<sup>rd</sup> PAC Meeting 5pm

May 28<sup>th</sup> All Learning Centers Closed

June 1<sup>st</sup>-2<sup>nd</sup> ALC Closed for Challenger

Overnight Field Trip

MOM

# ENROLLMENT is now open for the 18/19 school year!

INCREASED K-8th ALLOTMENTS!!

New Families: please click on MyPACE and sign in as a guest to get started.

Returning Families: please sign into your MyPACE account and click on the Reenroll button at the bottom of the screen.

Student Learning Plan (SLP) appointments will begin in May. Once you enroll we will call to set up your appointment.

If you have any questions, please feel free to call us at (907) 677-0992.

#### Teacher Tip of the Month by Jen Whicker, KLC Teacher

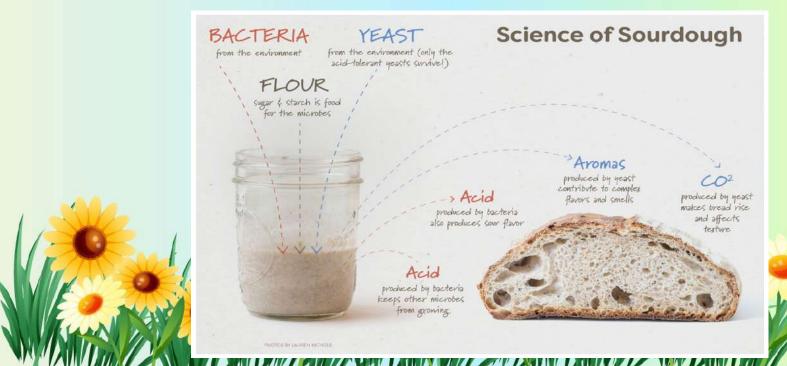
#### Science can be delicious!

In my own quest to find recipes for all things sourdough, I came across this website and thought it would be a great summer science activity. Even if your family is already using a sourdough starter, this activity guides the learner in the science behind the process. If you wanted to make a larger unit from the activities and lessons, consider the following cross-curricular tie-ins:

- History: specifically in Alaska (why are old timers called Sourdoughs?)
- Math: measuring and calculating
- Home Economics: cooking and baking sourdough goodies
- Health: the probiotic benefits of fermented foods (There are options for GLUTEN FREE starters too)

#### http://studentsdiscover.org/lesson/sourdough-for-science/

"Humans have baked bread for over 10,000 years. All over the world, different cultures bake their own unique breads – and have for centuries. Yet we know almost nothing about the microbes that truly make a traditional sourdough bread. In this project, you can create your own sourdough starter from scratch, just by mixing flour and water. Over the course of 10 days, you can take a series of simple measurements to track the growth of your own "microbial zoo". Your measurements will help solve the mystery of bread, by quantifying how different flours contribute to the growth of each "microbial zoo" – and how those microbes contribute to the taste and texture of bread."



# I GOT THIS!

The path to growth mindset is a journey, not a proclamation. -Carol Dweck

Monthly tips for instilling growth mindset in children (Ideas inspired from <u>The Growth Mindset Coach</u> by Brock and Hundley, 2016).

#### Why we should practice talking to ourselves.

Our inner voices are constantly buzzing away in our brains and psychologists have discovered that what the voices are saying can have an impact on our success or failure. Lev Vygotsky, an early twentieth-century psychologist, called the self-talk of very young children "private speech." Observe a toddler alone at play, and you'll likely hear an audible narration of the events taking place, which Vygotsky believed was the very young child's effort to make sense of the world. Eventually that private speech turns into an inner monologue, or self-talk, working hard to organize thoughts, regulate behavior, and develop self-awareness. It's important to talk about inner voices with kids. Sometimes kids don't even realize that everyone else has an inner voice too!

One way to develop awareness of the fixed and growth mindsets is to ask your students to think of a time they were really frustrated and gave up at something. Tell them the example of a high school student who was playing in the finals match of a tennis tournament against the number one ranked player in the state. This player had two sets thoughts in her head. (see below) Fixed mindset can be like the little devil on your shoulder and growth mindset the angel guiding you toward healthy choices in many areas of life.



#### **Objectives:**

- ✓ Understand how self-talk plays a role in developing growth mindset.
- ✓ Develop a growthmindset plan to learn something new.
- ✓ Develop a growthmindset plan to solve a problem

FIXED MINDSET THOUGHTS	GROWTH MINDSET THOUGHTS
She's bigger than me.	I have played people bigger than me before, and won!
She hit's harder than me.	I'll have to be extra quick to return her serves.
There's no way I'm going to beat her.	I'll work hard to try and win the game.
I might as well quit now before I get beaten.	Playing my hardest with dignity is more important than winning.
I'm going to feel bad when I lose.	Whether I win or lose, taking on this challenge will make me a better player.
She's ranked number one.	Rankings aren't set in stone; if I work hard, I could be number one.

# Happy Birthday to all of our students born in May!!





### **AK Challenger Overnight Field Trip**

FREE

Join us for an out of this world adventure for PACE students. Parents will provide transportation to and from the Challenger Learning Center. This is an overnight trip where parents will chaperone their student(s) during non-workshop hours. Workshop hours will be



6:30-9:00pm Friday, 9:00-11:30am and 1:00-3:30pm on Saturday.

Parents will be responsible for feeding their student(s) Friday evening before the workshop begins. Lunch on Saturday will also be on your own. PACE will provide breakfast Saturday morning.

There are a total of 38 beds for parent use. Everyone needs to bring bedding. Students should also bring a sleeping pad. Must be at least 4 years old to sleep in dorms.



\*\*Please arrive 15 minutes before workshops start\*\*

\*\*Deadline for registration is May 11<sup>th</sup> \*\*



## PAID FOR BY PACE!!!



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