



A MESSAGE FROM THE PRINCIPAL:

Dear RMS Parents -

As 3rd Quarter is winding to a close at RMS, we are reminded how quickly the year goes. I'm sure many of our kids and parents are thinking about grades. At school we constantly talk and prompt students to give great effort and reach their potential with their school work and character. We appreciate the cooperation of parents to help students complete their homework. Similar to many schools, we often struggling with some of our students completing their homework/practice. This can become a vicious cycle, where the more a student procrastinates, the further behind they become and meeting expectation becomes increasingly difficult. If like me, you've ever asked yourself, "How should I best support my kid with their homework?" please continue to read this informative article I dug up.

Thank you for trusting us with the education of your kid! We are Redlands!

Sincerely,
Jory Sorensen, Principal RMS

IMPORTANT DATES AND EVENTS:

Name	Date	Time	Location
Wrestling	Thursday March 1	3:30	Redlands MS
No School-teacher workday	Friday March 9		
Spring break	March 12-16		
Track begins	Monday March 19		

FROM THE FRONT OFFICE

Parking Lot Safety

Parents, please do not attempt to cut through the parking lot after you drop off/pick up your child. Our staff and some students walk through the parking lot and at times we have dodge vehicles. Please drop off/pick up your child, then follow the line of cars around our parking lot. Thank you for your cooperation.

Following bus rules

Student Transportation of America, the company that contracts with our school district to provide transportation services to our students, requires that students must have written permission from a parent or legal guardian, and a school staff member, to ride a bus that they are not registered to be on. Recently, some students asked our bus loop duty staff to sign these notes, and their requests were denied. Students who wish to ride a bus that they are not registered for need to obtain a signature from the following staff members: Mrs. Jacobs-Bachtel or Ms. Euler in the front office, Mr. Fifer, or Mr. Sorensen. Please support us in these efforts.

HOMWORK ADVICE

“Homework has a branding problem,” says author Bruce Feiler in this New York Times article. “Or, to be a little less pointy-headed about it, everybody hates homework.” But this hasn’t always been so. “Parents have been having these battles since before electric lighting,” he says. In the 19th century, homework was popular because people viewed the brain as a muscle that needed to be strengthened by nightly exertion. At the beginning of the 20th century, there was a backlash against repetitive drills, and by the 1940s, homework was out of favor. Then Sputnik got people panicked about the U.S. falling behind the Soviets and lots of homework was part of the solution. There was another dip in the 1960s, and then A Nation at Risk caused yet another surge in the 1980s. Today we’re hearing from both sides: Chinese kids are doing six hours of homework before breakfast! No, play is more important than make-work and Google wants employees who are creative.

In Feiler’s own household, the homework wars come down to squabbles over several questions, and he went looking for answers from experts:

- Do children need to work at their own desks or is the kitchen table okay? Eva Pomerantz, a specialist on parent involvement at the University of Illinois, likes the kitchen table because a parent is usually around,

increasing the chance of connections, but is busy preparing meals, which makes it less likely they'll do the homework themselves. But it depends on your house, she says: "If you have a crazy, noisy kitchen, that's probably not the place for your kids to be doing homework unless they have amazing concentration."

- Is it okay for children to do homework sprawled on their beds? "It's not about the kid being on their bed while they do their homework," says Erika Patall, a University of Texas expert on motivation and achievement. "It's about the extent to which they're really engaged and attentive to their work." Young people vary in their preference for bright or dim lighting and sitting up or lying down. If the kid is falling asleep, looking out the window, or on the phone, then bed homework is a problem.

- How about listening to music or doing FaceTime with friends? Patall says the research on multitasking is pretty clear: "People tend to be very bad multitaskers, even people who say, 'I'm a great multitasker.'" Doing other things extends the time homework takes and erodes the quality of work.

- Should parents go over homework to check for errors? "If you're concerned that imperfect homework makes you look bad, that's problematic," says Pomerantz. But regularly looking over homework may help students put in more effort and catch their own mistakes.

- Should parents criticize sloppy homework or stick to encouragement? "You don't always have to be upbeat," says Patall. "You don't want to deliver critical messages that imply things can't be fixed. So you never want to say things like, 'You're stupid.' But pointing out a situation where they should try harder would certainly be justified."

- What will make children more self-motivated? The key is to give them as much control over their homework as possible, says Pomerantz, who has to fight her own tendency to be controlling. She tells her children how hard she works and says she expects them to do the same. "If you give them space to be self-reliant," she says, "they usually will take it."

"The Homework Squabbles" by Bruce Feiler in The New York Times, September 14, 2014.

SCHOOL OF CHOICE INFORMATION



Notice: School of Choice – 2018

Although the Board of Education has endorsed a neighborhood school concept based upon structured attendance areas, it recognizes and has determined that students should be given the option to attend a school or participate in a school program located in an area other than that of their assigned school. In conformity with Board policy JCA/JFBB and regulation JCA/JFBB-R, parents/guardians of students may apply for School of Choice or a Transfer Request, as outlined in JCA/JFBB-R.

While students residing within a designated attendance area shall have priority, such applications, if timely, made in accordance with the policy and regulation, shall be granted if space is available in both the requested school and the requested school program. Priority among applicants will be determined by the date of the application on a space available, first come, first served basis.

Procedures for applying for the School of Choice Option are as follows:

1. The School of Choice Application will be available starting at 10:00 a.m. on March 5, 2018, and will be accepted until 4:00 p.m. on March 30, 2018. The application is available in electronic form **only** and is available at the District's web site at www.d51schools.org/schoolofchoice
2. Applications will be done through ParentVue. If you do not have a ParentVue account please create one prior to March 5, 2018. If you have questions, please contact your school.
3. Complete the application and submit. Applications will be marked with the date and time upon submission of the electronic form.
4. All students wanting to attend an out of area school for the 2018-2019 school year must submit a School of Choice application **unless the student is continuing in the same school in which a School of Choice was granted last year and space is still available.**
5. **If you do not have access to the internet**, please go to the Basil Knight Center at 596 North Westgate Dr., from 7:30 AM – 4:30 PM, Monday through Friday or your child's school office.

New Emerson Elementary, Dual Immersion Academy, Independence Academy, Juniper Ridge and R-5 High School will not be available as options for School of Choice as enrollment in these schools are by a separate application process only. The Challenge Program at East Middle School and the International Baccalaureate Program at Palisade are not options of School of Choice as these programs are available through a separate application process.

PLEASE NOTE: Transportation will NOT be provided for students who live out of the attendance area and attend school under School of Choice.

Once the applications are received, prioritized waiting lists will be established for each school. The criteria for placement in your school of choice are space availability and date of application. Each school in the district has established a capacity for the total school, for each grade level, and for programs in the school. Consequently, a school may have space available at one grade, but may not at another, or there may be space available in one program but not another at any given school. There must be space available in both a grade level and/or a program in the school to accept an applicant.

After the March 30, 2018, deadline, the building principal will notify the parent/guardian on or before April 13, 2018, of their application status (acceptance or denial). If the parent/guardian receives notice of acceptance, they must sign and return the letter of commitment no later than April 27, 2018, to be accepted into the receiving school.

If you have questions regarding School of Choice or which school your child should attend please call the Office of Advocacy and Support (970) 254-5323.



Aviso: Escuela de Selección - 2018

Aunque la Mesa Directiva apoya el concepto de la escuela del vecindario, basándose en zonas de asistencia estructuradas, reconoce y ha determinado que los estudiantes deberán tener la opción de asistir a una escuela o tener la opción de participar en un programa escolar que se encuentra en una zona distinta a la de su escuela asignada. En conformidad con la póliza JCA/JFBB y la regulación JCA/JFBB-R, de la Mesa Directiva, los padres tutores de los estudiantes pueden solicitar para la escuela de selección o para una transferencia como se indica en la póliza JCA/JFBB-R.

Mientras que los estudiantes que residen en una zona de asistencia asignada tienen prioridad, dichas solicitudes se deben procesar si están a tiempo y se han hecho en conformidad con la póliza y regulaciones, y serán aprobadas si hay un espacio disponible tanto en la escuela y el programa que se solicita. El orden entre las solicitudes será determinado por la fecha de recepción de la solicitud, por el espacio disponible y según la regla de que el primero en llegar tendrá la prioridad.

Los procedimientos para solicitar a la Escuela de Selección son los siguientes:

1. El formulario para solicitar la Escuela de Selección, estará disponible el 5 de marzo del 2018 a partir de las 10:00 a.m. y será aceptado hasta el 30 de marzo del 2018 a las 4:00 p.m. La solicitud está disponible **solamente** en formato electrónico y se encuentra en la página de Internet del distrito www.d51schools.org/schoolofchoice
2. Las solicitudes se realizarán a través de ParentVue. Si no tiene una cuenta de ParentVue debe crear una antes del 5 de marzo del 2018. Si tiene alguna pregunta, por favor, comuníquese con la escuela de su hijo/a.
3. Complete la solicitud y envíela. Se pondrá fecha y hora en las solicitudes al momento de la recepción del formulario electrónico.
4. Todos los estudiantes que desean asistir a una escuela fuera de la zona para el año escolar 2018-2019 deben presentar una solicitud para la escuela de selección, **a menos que el estudiante continúe asistiendo a la misma escuela de selección que fue aceptado el año anterior y todavía tiene un espacio disponible.**
5. **Si usted no tiene acceso a Internet**, por favor vaya al Basil Knight Center, de 7:30 AM – 4:30 PM, de lunes a viernes o a la oficina de la escuela de su niño/a.

La Escuela Primaria New Emerson, la escuela DIA (Dual Immersion Academy), Independence Academy, Juniper Ridge y la Escuela Preparatoria R-5 no están disponibles como opciones para la escuela de selección, ya que la matrícula en estas escuelas se hacen solamente en un proceso de solicitud por separado. El Programa Desafío en la Escuela Secundaria East y el Programa de Bachillerato Internacional en la Escuela Preparatoria Palisade no están disponibles como opciones para la escuela de selección, ya que estos programas están disponibles a través de un proceso de solicitud por separado.

POR FAVOR, NOTE: El transporte NO se proporcionará a los estudiantes que viven fuera del área asignada y asisten a la escuela bajo la opción de las Escuelas de Selección.

Cuando se reciban las solicitudes se establecerá la lista de espera para cada escuela. Los criterios para la colocación en su escuela de selección son el espacio disponible y el orden de recepción de la solicitud. Cada escuela en el distrito ha establecido una capacidad para toda la escuela, para cada nivel de grado y para los programas en la escuela. Por consiguiente, una escuela puede tener espacio en un grado, pero no en el otro, o puede tener espacio disponible en un programa pero no en otro en cualquier escuela determinada. Para aceptar a un solicitante, debe haber un espacio disponible tanto en el nivel de grado y/o un programa de la escuela.

Después de la fecha límite del 30 de marzo del 2018, el director del edificio informará al padre/tutor el o antes del 13 de abril del 2018 sobre el estatus de la solicitud (aceptación o denegación). Si el padre/tutor recibe una notificación de aceptación, él debe firmar y devolver una carta de compromiso a más tardar el 27 de abril del 2018 para ser aceptado en la escuela receptora.

Si tiene preguntas sobre las Escuelas de Selección o sobre a qué escuela debe asistir su niño/a, por favor comuníquese con la Oficina de Apoyo (970) 254-5323.

REDLANDS MIDDLE SCHOOL GEAR FOR SALE

Stop by the office to purchase Redlands gear!



2018/2019 WASHINGTON D.C. TRIP INFORMATION

8th GRADE STUDENTS

The Washington D.C. trip for 2018 current 8th graders closes on March 22nd for registration! On March 22nd all payments are due for current and new registrants. The next meeting will be April 25th at 6pm at RMS in the cafeteria. We will discuss the packing list and traveling plans, as well as participate in a get to know you game.

If you still want to sign up go to www.worldstrides.com/signup and use Trip ID 143826



FUTURE 8TH GRADE STUDENTS

Students who will be in 8th grade next year (current 7th graders) are invited to an informational meeting March 29th at 6pm in the RMS library. We will talk about the 2019 Washington DC Trip. The dates for the trip are not set, however, it is typically in the first week of June 2019.

Gwen Eller, school counselor, is the chaperone for these trips.

We will be joined on the trip with Fruita 8/9 school and their 8th graders.

Contact Mrs. Eller at 254-7000 ext. 39121 or Gwen.Eller@d51schools.org for more information.

****Please note this is not a school sponsored trip!****

COUNSELORS' CORNER

Technology and Our Children- The Good, Bad and the Ugly

Is your child addicted to their phone, social media or video games? We are raising our children in a technology driven world and are learning about new problems that arise from “information at our fingertips.” I think we can all agree that it comes with good and bad outcomes. Addressed here are some of the negative side-effects:

- **Hard to Enjoy the “Now”-** People that are on their “technology” much of the day are constantly bombarded with sensory and information overload. Look around at the next event your child is in (band concert, soccer game, etc...) and see how many people are on their phones. How can we truly be present when we are looking through Facebook or Snap chat at what others are doing.
- **FOMO- Fear of Missing Out-** This phenomenon occurs when students constantly want to know what others are doing, as well as pressure for our kids to do or be someone else based on their social media.
- **Anxiety Increases-** Often having too much information at your fingertips can increase anxiety in children and adults. So much information coming at us at all times, we feel the need to check our social media, phone, or computer all the time.
- **Low Self-Worth-** When students are constantly comparing themselves to others in social media or in a video game, a common outcome is low self-confidence. The selfie generation is often looking at themselves and trying to be “perfect”. Social Media also allows for a venue for students to say and do mean things that would normally not do in person. This also lowers self-worth in our students.
- **Social Isolation-** One can hide behind a screen, not interact or have to hold a conversation, not talk to one another, and people more apt to say mean things- which only increases social isolation.
- **Instant Gratification-** When students can interact or get information quickly through their technology, boredom becomes a thing of the past. Boredom is a good thing because it helps to promote creativity and problem solving. When students are without their technology they often have a hard time figuring out how to fill their time, or may feel like they need someone or something to entertain them.
- **Desensitized to Human Interaction and Violence-** When students do not have enough balance between technology and real world interaction we can see some concerning behavior such as violence or narcissistic interactions. Students may experience obsessive thoughts about their video games or their appearance.
- **What Can You Do?**
- Hopefully you were not overwhelmed with the above information. Often our children are not affected by all of the above, however, it is good to notice the warning signs so you can do something about the effects of too much technology. Sometimes there are safety issues involved and we have to make swift decisions to protect our kids.
- **Phone/Video Game/Computer Diet-** Decide on a week or two where there is no technology. Keep a journal during that time to see how you and your child are feeling and what you are doing in place of the technology.
- **Set Boundaries-** As a family talk about when and where technology could be used can be used in the home. Talk about how long it can be used and establish a time at night that it needs to be shut down. Set time limits- then Wi-Fi is turned off, power off for video games, etc... Students tend to abide by boundaries that are set when they are included in the discussion.
- **Cell phone free zones-** Many families say no technology during meals, however, it could be any time that you want your child to interact with others. Some people say no technology in the bedroom at night. It is best to discuss this as a family.
- **Teach technology etiquette-** Online you can find a lot of suggestions for what you should teach your child about technology. The number one thing is to talk about privacy settings and about not talking to someone they do not know online. This is a safety issue that you would want to address ASAP. Here is one place to get tips online: <https://www.psychologytoday.com/blog/teen-angst/201012/cyber-etiquette-teens> .
- **Model healthy technology use-** If you are on your computer, phone or video games more than you are interacting with your child- then expect the same in return. Our children model what they see, especially in adolescence. If you need to interact with technology for work, etc... then set boundaries for when you are working and when you need to be “present” to interact with your child.

Some of the above information in this article was addressed in the video presentation by Simon Sinek here:

<https://www.youtube.com/watch?v=sL8AsaEJDdo> and/or compiled from information gained from the American School Counseling Association Conference in July 2017.

If you or your child needs support in curbing their technology use, please feel free to contact the counseling office at Redlands Middle School.

Gwen Eller Gwen.Eller@d51schools.org

Shan Mixon Shan.Mixon@d51schools.org

STUDENT OF THE MONTH-FEBRUARY 2018

CONGRATULATIONS TO THE FOLLOWING REDLANDS MIDDLE SCHOOL STUDENTS OF THE MONTH:

<u>LAST NAME</u>	<u>FIRST NAME</u>	<u>SUBJECT/AREA</u>	<u>HABIT OF MIND FOCUS:</u>
Saylor	Greta	Art	Creating, imagining and innovating
Grace	Yamaguchi	Choir	Applying past knowledge to new situations
Grabow	Chad	Computers	Remaining open to continuous learning
Harvey	Eric	Orchestra	Thinking interdependently
Bennett	Matt	P.E.	Managing impulsivity
Gray	Zane	P.E.	Listening with understanding and empathy
Brown	Maryn	P.E.	Persistence
Stockton	Madison	Tech Ed	Creating, imagining and innovating
Booth	Albert	Core 6-1	Questioning and problem posing
Miller	Bethany	Core 6-1	Thinking about your thinking
Dalpiaz	Karsyn	Core 6-1	Striving for accuracy
McCune	David	Core 6-1	Remaining open to continuous learning
Black	Mackenzie	Core 6-2	Striving for accuracy
Beus	Westley	Core 6-2	Finding Humor
Renzi	Teag	Core 6-2	Striving for accuracy
Recker	Meilyn	Core 7-1	Thinking interdependently
Rath	Lily	Core 7-1	Remaining open to continuous learning
Legg	Mackenzie	Core 7-1	Thinking flexibility
Knight	Alise	Core 7-1	Thinking and communicating with clarity
Siegmund	Cooper	Core 7-2	Applying past knowledge to new situations
Pacheco	JT	Core 7-2	Listening with understanding and empathy
Geer	Lauren	Core 7-2	Thinking and communicating with clarity
Runyan	Mandi	Core 7-2	Thinking about your thinking
Anderson	Noelle	Core 8-1	Listening with understanding and empathy
Roehm	Kaylee	Core 8-1	Striving for accuracy
Jump	Robert	Core 8-2	Persistence
Pyle	Rae	Core 8-2	Taking responsible risks

Sponsor: Juniper Family Medicine

Dr. Kate Pierce and Dr. Laura Campbell

REDLANDS MIDDLE SCHOOL BANDS

2017-2018 CONCERT PERFORMANCE SCHEDULE

Thursday, March 8 – Fruita Cluster Jazz Jam – 7th Grade Jazz and 8th Grade Jazz
7:00pm, Fruita Middle School Auditorium

Middle School Jazz Showcase – 8th Grade Jazz Band only
7:00pm, Palisade High School

Thursday, April 12 7th Grade Band, 8th Grade Band, 8th Grade Jazz Band Pre-Festival Concert
7:00PM, RMS Gym

Thursday and Friday April 19 and 20 - Colorado West Music Festival
Times TBA (during school day) 7th Grade and 8th Grade Bands, 8th Grade Jazz Band

Monday, April 30 – CMU Jazz Festival
Times TBA (during school day) – Jazz Band only

Monday, May 21 – Spring Pops Band Concert
7:00PM, RMS Gym – all band students

REDLANDS MIDDLE SCHOOL CHOIR ORCHESTRA

2017-2018 CONCERT PERFORMANCE SCHEDULE

6th Grade Choir

Date	Event	Time	Place
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

7th and 8th Grade Choir

Date	Event	Time	Place
Monday, April 16, 2018	Pre-Festival Concert	7:00	RMS Gym
April 18, 19, and 20, 2018 TBA	Colorado West Festival	TBA	Colorado Mesa University
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

REDLANDS MIDDLE SCHOOL ORCHESTRA

2017-2018 CONCERT PERFORMANCE SCHEDULE

6th Grade Orchestra

Date	Event	Time	Place
Thursday, April 26, 2018	6th Grade String Clinic	?	Grand Junction High School?
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

7th and 8th Grade Orchestra

Date	Event	Time	Place
Monday, April 16, 2018	Pre-Festival Concert	7:00	RMS Gym
April 18, 19, and 20, 2018 TBA	Colorado West Festival	TBA	Palisade High School
Wednesday, May 16, 2018	End of the Year Concert	7:00	RMS Gym

EUROPE TRIP 2019-MAKE YOUR RESERVATIONS!



GREECE 2019



Our 2019 Europe trip is accepting enrollment. Next year's 8th grade class is invited to explore GREECE, and experience its history, culture, architecture and Mediterranean beauty! If you are interested in providing this opportunity for your student, or are interested in experiencing Greece with us, please visit:

www.eftours.com/2061202xm

For more information, contact Joy Mandeville at 970-254-7000, Ext 39193.

2018 DISTRICT 51 TECHNOLOGY EXPO



2018 D51 Technology Expo First Annual

Please Mark Your Calendars

Wednesday July 25, 2018

PUBLIC INVITED

Harry Butler Board Room, 455 N. 22nd St 12:00

pm to 6:00 pm

Google apps, mobile devices, robotics, collaboration, Lego League, 3D Printing, STEM, flipped classrooms, and so much more. On July 25, 2018, join Mesa County Valley School District 51 for our first D51 Technology Expo.

D51 teachers are integrating technology in unique ways to engage students in learning. The Expo will provide an opportunity to learn from the D51 Technology Department. Teachers, parents, families, community members, and businesses are invited to see how students and teachers in D51 classrooms use technology. This event will allow students and teachers to share ideas and successes from their campus, while

demonstrating the role technology plays in classroom learning. The event is free and open to the public.



The Expo will be a perfect forum for students and teachers to show off the exciting ways they are utilizing technology in instruction, and hopefully inspire other students and teachers to take fresh ideas back to their campuses.

District students will take the lead in showcasing the tools they are using to demonstrate knowledge in all subject areas.

Tables/Booths will be set up in the exhibition hall, and visitors will watch technology demonstrations and talk to students and teachers in an interactive and informal setting.

There will also be drawings for door prizes for students and staff. Names will be drawn after the Expo and winners will be contacted.

For D51 Teachers:

Please plan to attend and participate in the valuable breakout training sessions/tracks offered at the Expo. Sessions to include training on G Suite for Education, Schoology, ClassLink, Chromebooks, and more.

Other informational sessions will be available for interested parents and members of the community.

GOALS PROGRAM



This year, give your children the gifts that keep giving:

CONFIDENCE, COOPERATION, COMMUNICATION

Enroll your children in the GOALS program to take a backcountry rafting and camping adventure in Utah on the Green River in June 2018.

****GOALS is not an officially sanctioned school trip.****

GOALS expeditions are designed for students in 6th, 7th, and 8th grades.

Summer 2018 Adventure:

Projected expedition dates: June 8th through June 15th.

Join us on an outdoor adventure that you will never forget!

Parent and Student Information:

Contact Mr. or Mrs. Fifer at RMS, 970-254-7000.



RMS ARTISTS

8th Grade Slab Box



Jens Tobiasson



Kylie Williams



Payton Mack

7th Grade Coil Pots



Izabella Olgin-Otanez



Isabella Tallman



Lauren Kieckhaefer

6th Grade Pinch Pots



Jacob Carmichael



Jacob Shihady



Avelyn Benefield



Girls on the Run/Heart & Sole is Coming to Redlands This Spring!

Practice Days Times: Monday & Wednesday 3:00-4:30

Practice begins: February 19th, 2018

Season ends: Saturday, May 8th @ Fruita 5K

Registration dates: 1/22/18- 2/11/18 www.gotrwesterncolorado.org

Heart & Sole is an after school program that uses the power of running to prepare girls for a lifetime of self-respect and healthy living. Through interactive activities, such as running, playing games, and discussing important issues, GOTR participants learn how to celebrate being teen girls. The program focuses on building self-esteem and improving emotional and physical health. During the 10-week program, girls are empowered with a greater self-awareness, a sense of achievement, and a foundation in team building to help them become strong, contented, and self-confident young women.

Each session is led by trained, volunteer female coaches who guide and mentor girls through a fun and uplifting curriculum. Coaches teach specific life lessons such as dealing with body image and the media, resisting peer pressure, making healthy decisions and contributing to the community. Along the way, the girls train together to walk or run a 5K (3.1 mile) event.

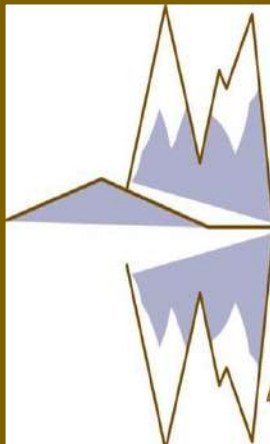
Registration fee is \$55.00 (scholarships are readily available).

Group size is limited, so early registration is encouraged. Registration closes on February 11th or when the site fills, whichever happens first, so don't delay 📅

www.gotrwesterncolorado.org

If you have any questions contact Redlands Site Liaison, Thea Skinner,
thea.skinner@d51schools.org

THANK YOU to our Student of the Month Sponsors!!!



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