



Palisade High School

March 2023

Daniel Bollinger, Principal

Brooke Caster, Asst. Principal

Zeb Hayward, Asst. Principal

Gregg Hawkins, Athletics/Asst. Principal

A Message from Principal Dan Bollinger

PHS Families,

As we start into the month of March, the end of 3rd quarter is just around the corner. Fourth quarter begins March 27th. Before we know it, this last quarter will be gone, too.

As I look at our testing calendar for the 4th quarter this year, please keep in mind that these test scores are used to help us make improvements in our school and to help students show proficiency for graduation in reading, writing, and math. I strongly encourage you to emphasize to your students the importance of doing their best on their tests. The testing schedule is included in the newsletter as well as the school website. I encourage you to review the schedule as there are days when only certain grade levels are expected to attend. Since proficiency on a state test is a graduation requirement, similar to credits earned, students need to attempt proficiency by testing their 9th, 10th and 11th grade years in order to be eligible for the next level badge in our tiered badge-privileges system.

Our counselors are planning for next year. All 9th - 11th grade students will soon be completing their schedules for next year. As you work with your students to plan their schedule, encourage them to challenge themselves in preparation for their post-secondary plans.

Before I write in the newsletter, I often read what I wrote last year. I spoke of officiating the state wrestling tournament and often hear, "Deduct 1 team point from a team for unsportsmanlike conduct" out of the loudspeaker. In life, we receive bad calls and have to be able to learn to work through it. I will always pose the question, what is the purpose of athletics in high school? If we can't agree that it is to prepare them for their future and to help guide our students to be better employees, we are missing the whole purpose of high school. Their future is very rarely for a professional career in athletics. So what purpose does it hold? It is meant to help them learn how to push through the difficult times, build sportsmanship, win or lose, pushing through those tough practices, adjusting what you do when something is not working, getting benched for messing up, then performing when you go back in, and overcoming those bad calls! Within the walls of Palisade High School, we run a mini society that I feel is much more protected. I have had many conversations with parents regarding school situations of another student "picking on their child", or a teacher that your child does not "get along with". Again, this is an opportunity for you, alongside us, to coach your child through these situations. They need to learn to handle them. As they get older, the situations don't go away, sometimes they intensify. They have to navigate a co-worker "being mean" or a boss that they "don't get along with". This is for your child to learn to navigate and work through, with your coaching-- don't miss the opportunity to grow your child!

Dan



UPCOMING DATES

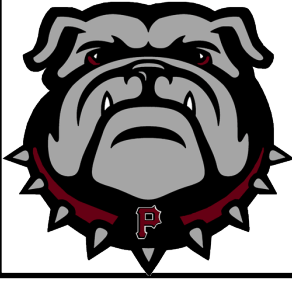
March 15th
End of 3rd Quarter

March 16th
No School—Teacher In-Service

March 17th
No School—Teacher Workday

SPRING BREAK
March 20th-24th





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Counselor's Corner

Upcoming Testing Information

All freshmen-juniors will be taking the Statewide assessments in April. Please avoid making appointments for your students on their testing days. Detailed information will be sent separately as we near testing time!

Wednesday, April 12th **9th-PSAT (Pre SAT-test)** & **11th-SAT**

Thursday, April 13th **10th-PSAT (Pre SAT-test)** & **11th-CMAS**

ASVAB optional test at Central High School March 16th

SENIOR FAMILIES

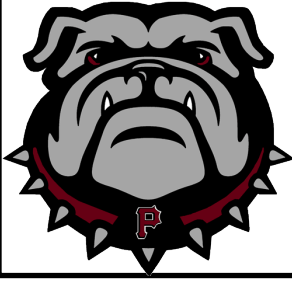
If your student is planning to attend college next year, you will need to help him or her fill out the Free Application for Federal Student Aid (FAFSA.gov). It is important to complete the FAFSA as soon as you can, as college aid monies are limited. Make sure you go to the correct website, www.FAFSA.gov and **NOT** www.FAFSA.com. Filling out the FAFSA is free! Also, make sure you select that correct college semester: Fall 2023. You will need your 2021 tax forms in order to complete the FAFSA.

ASCENT 5th Year Program The District has extended the ASCENT deadline from March 1st to March 28th!

Counselors are following up with individual students, but please do reach out to your counselor with any questions! Invites have been sent to seniors (and their families) who potentially qualify for the ASCENT 5th year program to find out more about this great opportunity to further their learning while having the State of Colorado cover tuition costs for the first year of college!

In order to qualify, students must complete nine college credit hours by the end of their senior year and meet GPA and test score requirements.

Those who meet these requirements are able to attend CMU as a "5th year senior", and the State covers the cost of tuition. Students are able to walk with their class at graduation in May, however they earn their official diploma at the end of their ASCENT year in May 2024.



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Scholarship Brochure

Seniors, please bring a copy of any scholarships awarded or offered from ALL colleges (even if you do not plan to attend that school) to the counseling office before the April 21st deadline.

Spring Financial Aid Workshop-Thursdays, March 3rd 6-8 PM at CMU, Dominguez Hall

CMU is hosting a FAFSA completion workshop and information night for all D51 seniors and their families. Families are invited to complete their FAFSA, ask questions about next steps such as verification, understanding financial aid, and accepting financial aid. Families are welcome to stop in anytime between 6-8 pm! Food and beverages are provided.

Concurrent Enrollment at CMU/WCCC for Fall 2023 March 29 @ 11:15 in the PHS Library

Wednesday, March 29th we will be visiting with students interested in taking concurrent classes at CMU or WCCC in the fall. Students need to let their counselor know they are interested in the program, and we will include them on the interest list. We will visit with students March 29th about the process, qualifications, and details!

Concurrent enrollment is a great way for students to take challenging courses and earn college and high school credit, all while having their tuition covered by the District!

NHS ANNOUNCEMENT FOR SENIORS

If you are wanting to receive the Service Learning Cord, you will need to turn in the paperwork by March 15th, 2023.

Paperwork can be found on the PHS Homepage!

Once there, go to *Student Handbook*—> *General Info*—> *Service Learning Cord*



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Have you heard?

This year, college admissions test scores hit a **30-year low**.

42% of recent high school grads didn't meet vital college readiness benchmarks.

Impact of these low test scores includes

- Inability to use scores to gain an edge for test-optional admissions
- Fewer opportunities for scholarships
- Inaccurate freshman year course placement
- Increased time to degree
- Higher attrition rates

We can help you maximize your score—and future success—with our ZAPS® Strategy Seminar!



Two weeks left to register!

Central, Fruita Monument & Palisade High Schools are partnering with us to bring ZAPS SAT Test Prep to your student!

Receive the Nation's Best Test Strategy Prep at a special price of only \$110.00!

Register within 10 days prior to the seminar date and location you choose, and receive a 10% discount, making your price only \$99!

Students will be taking the SAT on April 12, 2023

SAT Test Prep Seminar
Central High School
Friday, March 10, 2023
Time: 8:30 AM - 2:15 PM

SAT Test Prep Seminar
Fruita Monument High School
Saturday, March 11, 2023
Time: 9:00 AM - 3:00 PM

SAT Test Prep Seminar
Palisade High School
Thursday, March 16, 2023
Time: 8:00 AM - 2:00 PM

Your Seminar: \$110.00

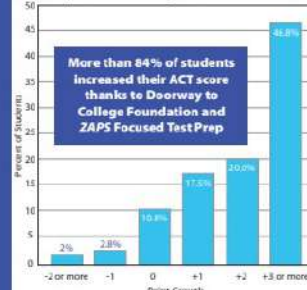


Register at:
www.doorwaytocollege.org
or call 877-927-8378

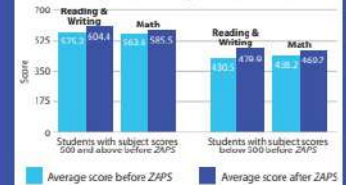
ZAPS Focused Test Prep is a service of Doorway to College Foundation. Copyright © 2022. Doorway to College Foundation, 70 Circle Drive, Unit D, North Liberty, IA 52317

PROVEN RESULTS

ACT Composite Score Change After ZAPS ACT Seminar



SAT Subject Score Change After ZAPS SAT Seminar



Average SAT score increase after ZAPS SAT Seminar



WHAT STUDENTS ARE SAYING

"I took a month-long class last year, and I thought that this one seminar was as useful and productive, if not more so, than the month-long class!"

—Matthew, Dos Pueblos HS., CA



"Most test practice seminars are very boring and not that helpful. This one is the first where I learned valuable tips and information, and I actually can say I enjoyed!"

—Jillian, Manhattan HS., KS



"I found this seminar very useful! I appreciate the time and enthusiasm that was put into the presentation, and now feel 100 times more confident about testing. Thank you!"

—Olivia, Westford Academy, MA

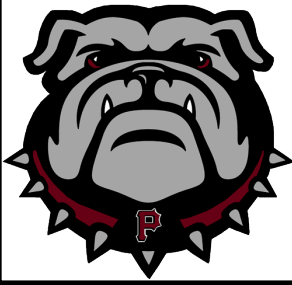


Help Your Student Even More

Check out other helpful prep resources available on our website:
www.doorwaytocollege.org/shop



877-927-8378 | map@doorwaytocollege.org | [Doorway to College](https://www.facebook.com/DoorwaytoCollege) | [@Doorway2College](https://twitter.com/Doorway2College) | www.doorwaytocollege.org



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PALISADE HIGH SCHOOL

MARCH 2023

PHS REC NEWSLETTER

REC High School Game Night. The students enjoyed meeting other students from the other high schools. Played games like UNO, Giant Jenga and Mario Kart. As well as enjoyed Pizza and lots of other snacks



WHAT IS REC?

- REC is a nonprofit organization in 16 schools across the valley working to provide a safe and beneficial environment after-school.
- Tutoring-help with academics and homework.
- College and Career direction and knowledge.
- Enrichment opportunities- field trips and real-life skills such as cooking, sewing, etc.
- SEL -Social Emotional Support
- Family Engagements- encourage and support families with resources as needed. As well as a few family nights a year which includes dinner.

ATTENDANCE AND ENROLLMENT

REC currently has 42 students registered in our after-school program at PHS. Our daily attendance is between 22-25 students per day. Just last week, our 25 students that attend program regularly completed 45 missing homework assignments. It has truly been an honor to get to work with and know these young adults.

UPCOMING EVENTS AND DATES

- March 10th CMU Baseball Game Suplezio Field @ 6
- March 28th MGMS upcoming 8th Graders are coming to visit our REC program.
- March 31st High School Karaoke Night @ REC Office from 4-7
- Talent Show/ Art Show @ REC office from 4-7
- Family Dinner @ PHS Cafeteria from 5-6

YOUTH COUNCIL

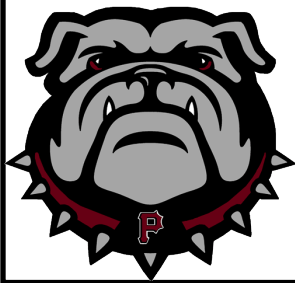
A handful of our students have started a PHS REC Youth Council. They are going to help with the planning of our parent night. As well as coordinate a Spring Egg Hunt at a local Elementary School on April 7th.



Rebecca Thye PHS Manager
970.985.1647



A group of students and staff playing a game after completing homework



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OPEN RECRUITMENT FOR INTERNSHIPS



Connecting Students and Business Professionals through work-based learning experiences

HIGHLIGHT

Students from Palisade High School, how would you like to try out a career before you commit to college or a job? You have the opportunity to participate in work-based learning experiences through internships. Gain professional and industry skills while you plan for your future.

APPLY TODAY FOR AN INTERNSHIP!



Open Internships

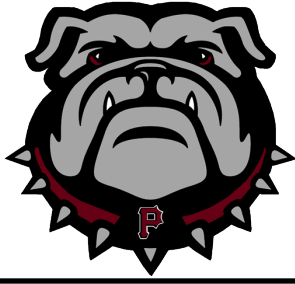
- Engineering/Business
- Business Communications
- Marketing
- Corporate Level Inclusivity Program (female only)
- Social Media Marketing
- Insurance Business



REGISTERING TO BE AN INTERN IS QUICK AND EASY!

Register online by scanning the QR code or going to <https://tinyurl.com/PalisadeInternApp>

For questions or more information, contact Crystal Green at crystal.green@d51schools.org



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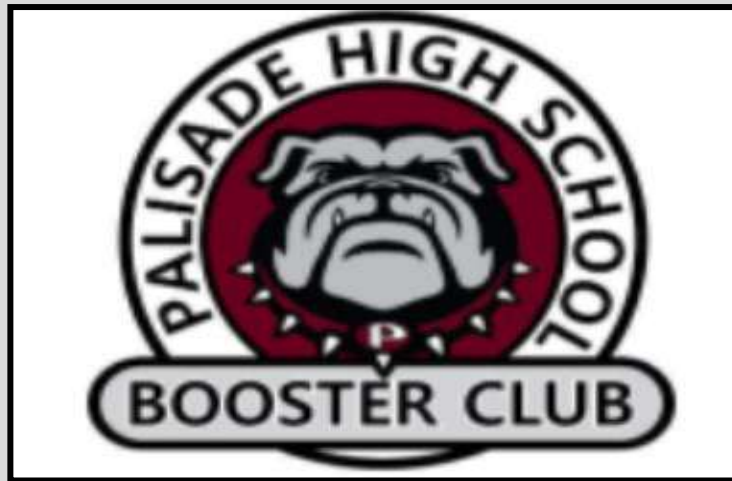
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Information from the PHS Booster Club



The Booster Club meetings will be the 2nd Tuesday of each month in the Library at PHS 6pm-7pm Anyone interested in learning about Booster Club, who we are, and what we do as well as upcoming events & volunteer needs can join.

Parents, student and faculty can also reach Booster Club members by emailing palisadebooster@gmail.com with any questions, concerns or comments.



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PALISADE FOOTBALL LAWN AERATION



SATURDAY APRIL 15TH, 2023

PHS Football Lawn Aeration Fundraiser

The Palisade High School Football team will be aerating lawns for their spring fundraising project on Saturday, April 15th. If you would like your lawn aerated by the PHS football team [click here](https://forms.gle/iwX9JU2WxQDPfSMJT) <https://forms.gle/iwX9JU2WxQDPfSMJT> sign up on our webpage or email Coach Mohr at Brandon.Mohr@d51schools.org. We greatly appreciate your support and we look forward to seeing you on April 15th. Go Bulldogs!



Want a healthy green lawn for the summer?

Get your lawn aerated by the PHS Football players!

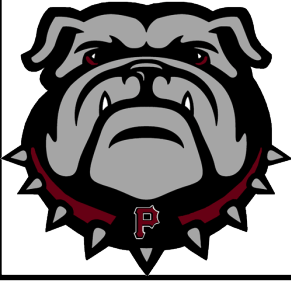
Scan the QR code to sign up.



PALISADE HIGH SCHOOL FOOTBALL

Contact:
Coach Mohr at Brandon.Mohr@d51schools.org
or
Coach Steele at Patrick.steele@d51schools.org

Palisade High School
254-4800 ext. 25291



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Help Kids in Need & Put \$\$ Back into Your Child's School!

April 16, 2023



Fundraising is fun & easy using the Elevate Kids Pledge It platform

Two Options

Register Here

Register Today!

Scan the QR code or go to our website to learn more. elevatekids.org/fun-run/



Donate Through Pledge It



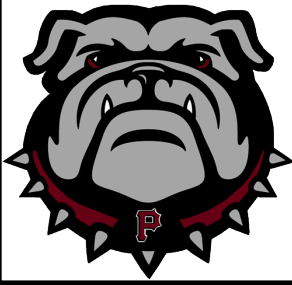
Questions?

Email us at info@elevatekids.org

This Event Benefits

P.E. Programs in local grade & middle schools





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Military-Bound Graduate Recognition

HONORING LOCAL 2023 HIGH SCHOOL GRADUATES
THAT HAVE COMMITTED TO SERVE OUR COUNTRY

Western Slope Blue Star Moms invites all families of recruits to join us as we honor graduating seniors that have chosen to serve our country. Join us to meet other local military families from all branches, connect with the Western Slope military community, visit with local recruiters and honor the commitment your child has made.

You are proud of their decision to serve, and so are we!

SATURDAY, APRIL 29, 2023

WESTERN SLOPE VIETNAM MEMORIAL

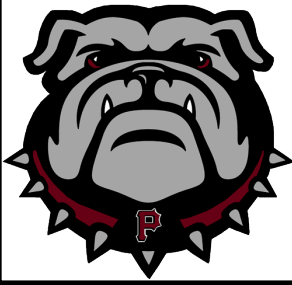
340 Hwy 340 Fruita Colorado

11:00 - 11:30 Recognition Ceremony

11:30 - 1:00 Family Picnic

Please RSVP at wsbluestarmoms.org





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**LIMITED SPACE
AVAILABLE**

SAT TEST PREP

IN-PERSON SESSIONS &
INDIVIDUAL TUTORING
IN MARCH



Earn Higher SAT Scores
Receive Scholarship Opportunities
Increase Confidence Overall

Register Now!

Call or Text Suzanne Bergen

970-433-3473

suzanne.testprep@gmail.com

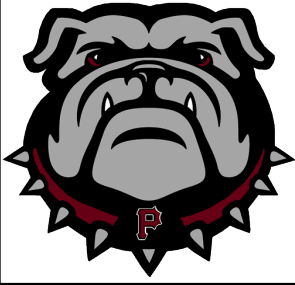


Raise Your Score....Improve Your Future!

Are you interested in advertising in our newsletter?

It goes out at the beginning of every (school) month to over 1,100 families as well as to some of our Palisade Community members!

Call 254-4800 ext. 25247 for pricing and more information today!



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YOU USE.



WE DONATE.



THEY BENEFIT.



Use your Alpine Bank EDUCATION Loyalty Debit Card* and help us raise \$2.5 million to support Colorado community causes in 2023. Learn more at alpinebank.com/50YearsYoung.

*Alpine Bank debit cards are available with no annual fee to individuals with an Alpine Bank checking account.



Alpine Bank

50 YEARS YOUNG
1973-2023

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