March 2020



Daniel Bollinger, Principal

Jackie Anderson, Asst. Principal

Zeb Hayward, Asst. Principal

Gregg Hawkins, Athletics/Asst. Principal

IMPORTANT DATES

March 9th

P/T Conferences from 3:30-7:30 PM

Personal Projects
Exhibition— being held
during conference times
in the Aux. Gym

March 11th

End of 3rd Quarter

March 12th

No School—Teacher Workday

March 13th

No School-Teacher

Spring Break
March 16th-20th



A Message from Principal Dan Bollinger

Bulldog Families~

Last month we hosted a team of evaluators who came to assess whether we're meeting the standards and practices expected of a school with Middle Years Programme. They observed classes and interviewed staff, administration, parents, students, and community members. They asked many questions about teaching and learning, but they also examined our facilities and organizational and leadership structures. As a result of their visit, we received feedback and, excitingly, official authorization! I could not be more proud of our hardworking students and staff, who were the highlight of the report.

Feedback fell into three categories: matters-to-be-addressed (fix now), recommendations (work on this), and commendations (you're doing this really well). We had zero matters to be addressed, eight recommendations, and six commendations. The recommendations, sometimes repeating, centered on bolstering support for our English Language Learners and language acquisition in general, increasing students' opportunities for service, making sure all departments were making progress, and spending more time in reflection on our teaching and learning cycles. Our commendations celebrated students, teachers, and Brooke Caster, our coordinator. Specifically, the report highlights strong teacher voice and resilience at PHS, noting our teams' positivity and ability to navigate change. It highlights our structures in place, such as PACK and our Building and Instructional leadership teams, and the stewardship of our physical resources. The report notes a strong commitment to teaching students the importance of academic honesty. It praises Brooke for her work in support of teachers and students, and, importantly, it celebrates our students for their engagement and particularly deep understanding of assessment criterion (their ability to describe how rubrics inform their learning).

When I think about the collective progress we've made in the last three or four years, I am both quite proud and incredibly grateful. I'm proud to be a Bulldog and member of a team that is so committed to students and to working together so that we are always improving, always getting better. I'm equally grateful for all the support our parents and community extend to me, our students, and staff. I can't imagine there's a more dedicated and caring school community out there. Thank you!

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From now until the next evaluation, which happens every five years, we'll be focused on addressing the recommendations and building upon our strengths, so expect to hear more in future newsletters.

As for now until the end of the school year, expect... a lot! MYP Personal Projects have been a culminating activity for our Sophomores, and they'll have a chance to display their work for other students and staff next week in an exhibition on March 9th. Also next week: a Community Advisory Council meeting on Tuesday, March 10th, at 6pm in the PHS Library. We typically have speakers share out on topics which are either timely or of high importance/interest. Next week, that speaker will be our own Mary Hammond Atkinson, leading a conversation about the risk of suicide. Mary is willing to talk openly and answer what questions she can in light of her own family's loss. This is a difficult topic for many to discuss but an important one, so if you're able to join us and feel ready for that sort of dialogue, please come and consider it a great chance to learn from one another in a safe environment.

Pat Steele will also share-out about the upcoming PHS Science Fair. Our science department is working with several outside agencies to provide opportunities for our students to connect what they're learning with actual field work. Partners include Fish and Wildlife, CU Engineering, and the Air Quality.

Fourth quarter begins just after Spring Break and keeps us all very busy. April State testing is a priority. The data helps us make improvements and the test itself gives students the opportunity to demonstrate proficiency for graduation, which is mandatory, so please make sure your students are in attendance and ready to do their best. The testing schedule is included in the newsletter on pages 7 & 8 as well as on the school website. Please review the schedule as there are days when only certain grade levels attend, and, as in the past, students must attempt to demonstrate proficiency by testing their 9th, 10th and 11th grade years in order to be eligible for their next level badge in our tiered badge-privileges system.

The week of April 13th-17th, right around testing and just before Prom, we host our annual Live Above the Influence week at PHS. For the last 10 years, this week of events has been facilitated by students, for students. There will be several activities and speakers to encourage our teenagers to make good choices.

Our counselors are planning for next year. All 9th – 11th grade students will soon be completing their schedules for next year. In making course requests, please encourage your students to challenge themselves in preparation for their post-secondary plans.

Lastly, if your student has been marked absent and you're getting the automated calls at home, please note those calls are going out twice a day now. The purpose of calling twice a day, once early, is give parents an opportunity to help us get kids back in class. It also allows us to correct the attendance record during working hours if a parent has simply forgotten to call-in. If your student suggests the mark of "UNX" (unexcused) is an error, please know that 'present' is the default and a mark of absent has to be made intentionally by the teacher. If your student is adamant that there's an error in attendance, ask him/her to speak directly to his/her teacher; otherwise, please assume your student was absent. The mark of "KTD" means your student was tardy to class. You can track your student's attendance (and grades) through ParentVue. We know good attendance is essential to student success, so if you're concerned about your student's attendance, please reach out to administration.

-Dan



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What transformations have you seen through this process of becoming an MYP school?



"Becoming an MYP school has strengthened our teaching community by aligning us all with a common vision of what excellent instruction looks like. This process has helped focus instruction on transferable skills and concepts and increase student engagement through relevant and meaningful learning experiences. Teachers come together to learn and grow from each other, to challenge what has been, and envision what might be, in order to bring the very best instruction to ALL learners in our school. We are beginning to see how our shift to MYP is better preparing all of our students to engage locally and prepare to participate in a global community."

How has the process of becoming an MYP school influenced your practices as an educator?



"I have become more cognizant of the fact that content can be better understood through focusing on the whole student - teaching them how to think, how to communicate, how to problem solve- those are the transferable skills that are essential to success in my math class as well as outside the academic world". Heather Huntley, Math



"Focusing on how to teach students to become thinkers and problem solvers rather than fact memorizers, and focusing on preparing them for an exciting unknown future."

Nathan Walker, Science



"I think the biggest benefit has been how reflective it forces us to be about our practice. We now approach education in a collaborative way, which creates greater continuity for students. Adam Korte, Social Studies



"As a result of common planning time, I am no longer an 'island' as a teacher. For one, our unit plans and resources are exponentially more effective and cohesive as a result of our PLC. Personally, collaborative planning has reduced my feeling of being overwhelmed and replaced it with an increased sense of confidence."

Kelley Robertson, English



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How has MYP shaped your learning experience at PHS?



"Performance tasks give me a different way to show my understanding that is more meaningful than traditional tests"

Amy, 9th grade

Focusing on ATL skills has helped me be successful this year. Also being challenged to be open mind-

tives."

Adan, 9th grade



"Through MYP, I have learned more about how to think about my learning. I have grown in the ways that I learn best and am also aware of how I could improve my strategies as a learner. This is evident not only in the subjects I'm learning, but also in the way I approach being a learner." Ashtyn, 10th grade.





"Rubrics have helped me most because it shows me what I need to work on." Malakhi, 9th grade



ed and to consider other perspec-

"Being in MYP I have had the opportunity to learn in a more organized way. All my teachers use the same type of rubric and talk to my other teachers so that my classes relate to each other." Ethan, 10th grade

The middle years program has undoubtedly advanced the way I experience learning. The ATL skills I have gained since entering high school have changed the way I look at learning very much. I personally have more explicitly focused on being reflective, a communicator, and a risk taker, and that is what has been the most beneficial to me." Jennika, 9th grade



What was it like as a student to be a part of the evaluation process?



"I felt honored to be able to represent my school, and although a little nervous, I know my school has provided me with the thought process necessary to prove that we deserve to be an official MYP school. As a part of the interview section, my fellow students and I engaged in a conversation-like discussion, where I found many of the answers to be pretty interesting. It was cool to see everyone's thought process and opinions."

Ashtyn, 10th Grade



"Being a part of the tour and interview made me realize how proud I am to be a part of the amazing culture we have at Palisade. I was able to represent not only how the students at PHS are excited to go places with the learning we receive, but how we are affecting our community and making an impact with all of the resources that we have." Jennika Quintana, 9th grade



"I loved participating in the MYP tour. I loved being able to show off my school and talk about the process we go through everyday." Ethan, 10th grade

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Counselor's Corner

REGISTRATION 2020-2021

Students will sign up for their 2020/2021 classes on the following dates:

| Grade | Paperwork Handed Out | Schedule in Library |
|----------------------|--|----------------------------------|
| Juniors | Tuesday, March 24 th | Thursday, March 26 th |
| Sophomores | Tuesday, April 7 th | Thursday, April 9 th |
| Freshmen | Tuesday, April 21 st | Thursday, April 23 rd |
| Pre-DP & DP Students | Scheduling will take place through their pre-DP/DP classes | |

ALL STUDENTS

Log on to your Naviance account to make sure that your current email and phone number listings are correct. Check your Naviance account regularly for information on upcoming college visits. If you add colleges that you are thinking about to your Naviance list, you will get an automatic invitation to meet with that college's rep when/if they visit PHS. If your email is up-to-date, you will receive several notifications throughout the year about scholarships and college information.

To get started, go to the PHS home page at http://phs.mesa.k12.co.us/. Click on the counseling tab then go to "Naviance Student" at the bottom. Students: Use your Student Vue username and password to log on. Parents who want to be added to their students account can have one set up by emailing MaryJane.Seriani@d51schools.org.

DECEMBER EARLY COMPLETERS

We encourage all seniors who completed their coursework in December to keep in touch with the Counseling Office and/or the Class of 2020 Facebook page/Instagram for information on senior meetings, graduation practice, and important deadlines!

COLLEGE SCHOLARSHIPS

Naviance is kept current and is an excellent source for scholarship information. Make sure you check your email for scholarship alerts.

Students should check Naviance frequently. Go to the college tab, scroll to the bottom of the page for scholarship list and search.

Check with the college you plan on attending for scholarships they offer.

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Scholarship Brochure

Seniors, please bring a copy of any scholarships awarded or offered from ALL colleges (even if you do not plan on attending that school) to the counseling office before the April 20th deadline.

SENIOR PARENTS

If your student is planning to attend college next year, you will need to help him or her fill out the Free Application for Federal Student Aid (FAFSA.gov). It is important to complete the FAFSA as soon as you can, since many colleges are already processing financial aid packages. Make sure you go to the correct website, www.FAFSA.gov and NOT www.FAFSA.com. Filling out the FAFSA is free! Also make sure you select that correct college semester: Fall 2019. You will need your 2018 tax forms in order to complete the FAFSA.



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SPRING TESTING SCHEDULE

Parents and students, please be aware of the testing schedule for the week of April 13th and plan ahead

April 14th: SAT for all Juniors. PSAT 10 for all Sophomores.

April 15th: PSAT 9 for all Freshmen. CMAS 11 Science for all Juniors.

April 13th, 16th, 17th: Regular school days for all students.

On **April 14**th, all Juniors and Sophomores are expected to report to school at our regular start time. Freshman and Seniors should not report to school on April 14th.

On **April 15**th, all Freshman and Juniors are expected to report to school at our regular start time. Sophomores and Seniors should not report to school on April 15th.

On April 14th and 15th, buses will run on their regular schedule; however, most students will finish testing before noon. The cafeteria will be open to students after testing. Following testing, students may stay on campus in our commons areas and await buses, as needed.

Career Center *will not* be in session on April 14th and 15th; however, interested 9th graders may interview at Career Center, by appointment, on April 14th. Sophomores can do the same on April 15th. Transportation *will not* be provided. Visit Career Center's webpage from more information.

WCCC will be in session, and those buses will run at their regularly scheduled times. Students are encouraged to attend if they are not otherwise testing.

Any student who does not report for testing on April 14th and 15th will be pulled from class for make-up testing. As a reminder, students must attempt these standardized tests in order to earn their next level badge, for demonstrating proficiency on the state's standardized tests is a graduation requirement.

Please see page seven of the newsletter for more information

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2020 April Test Schedule: SAT/ PSAT/CMAS

Monday, April 13: Regular School Day

♣Regular Early-Release Monday Schedule

o All Students expected to attend

VALLEY STUDENTS ONLY

Students attending Valley will test AT VALLEY following the schedule outlined here.

Tuesday, April 14: SAT 11 and PSAT 10

SAT Testing beginning at 8:00am – Grade 11

PSAT 10 Testing beginning at 8:00am - Grade 10

Bring a calculator, ID, #2 pencils (no mechanical pencils), and eraser(s)

Wednesday, April 15: PSAT 9 and CMAS Science 11

♣PSAT 9 Testing beginning at 8:00am - Grade 9

o Bring a calculator, ID, #2 pencils (no mechanical pencils), and eraser(s)

CMAS Science Testing beginning at 8:00am – Grade 11

Bring your ID

Thursday and Friday, April 16, 17: Regular School Days

Regular School Schedule

o All students expected to attend

Students may be pulled from class for make-up testing

Test Schedule by Grade

Grade 9: Report to school every day but Tuesday, April 14th

Grade 10: Report to school every day but Wednesday, April 15th

Grade 11: Report to school on all days

Grade 12: Report to school on Monday, Thursday, and Friday. No school for

Seniors on Tuesday and Wednesday.

School begins at the same, regular time all week.

Buses will run on their regular schedule all week.

Career Center will NOT be in session on April 14th or 15th.

WCCC expects students to attend when they are not testing.

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Students in Advanced Placement (AP) Courses

The window to register and pay for AP exams has closed, and now that you've committed to testing, you also need to commit to preparing and studying. Don't forget that College Board has many study guides and resources posted online.

You can access those through your account at myapcollegeboard.org.

Additionally, District 51

offers free test-prep sessions for a number of AP courses. Please see the flyer in this month's newsletter for more information and, if there's a session for you, plan on attending!

2020

AP
SATURDAY
STUDY
SESSIONS

8:00 A.M. - 12:05 P.M.

ALL D51 AP STUDENTS
ARE STRONGLY
ENCOURAGED TO

ATTEND



FEBRUARY 22 at FMHS

AP ENVIRONMENTAL SCIENCE
AP BIOLOGY
AP CHEMISTRY
AP PHYSICS 1

MARCH 7at CHS

AP ENGLISH LANGUAGE
AP ENGLISH LITERATURE

MARCH 22 at GJHS

AP PSYCHOLOGY

MARCH 28 at GJHS

AP STATISTICS
AP CALCULUS

APRIL 4 at CHS

AP ENVIRONMENTAL SCIENCE
AP BIOLOGY
AP CHEMISTRY
AP PHYSICS 1

SEE YOUR AP TEACHER FOR MORE INFORMATION

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The Ford Atkinson Justice Fund

Committed to healing the wounds of economic, racial, and social injustice, contributions to **Ford's Fund** are intended to restore the human spirit, give hope, and help humans who need to know the grace and mercy of their Maker in practical ways.

Contributions may be sent to:

Ford Atkinson Justice Fund c/o Alpine Bank 709 Horizon Drive Grand Junction, CO 81506

All funds will be sent from Alpine Bank to Vanguard, who administers the Donor Advised Fund. All donations will be made to registered 501c3 entities and may include the following:

Initial Contributions:

- International Justice Mission
- Kids Aid
- Child & Migrant Services
- Grand Valley Catholic Outreach
- The House

ijm.org kidsaidcolorado.org migrantservicesgv.org Catholicoutreach.org thehousegj.org

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NEWS FROM...

National Honor Society

There is an interest meeting for NHS on Tuesday the 10th of March at 12:10 in room 146. If you are interested in joining National Honor Society please make this meeting!

World Language Department

Los estudiantes que hablan español NO deben tomar las clases de español 1 y español 2. Tememos mejores opciones:

*La clase de Spanish for Native Speakers or Spanish for Heritage Speakers.

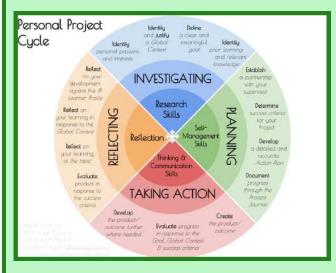
*AP Spanish. Si pueden leer en español muy bien, entonces la clase mejor para ellos será AP Spanish.

*Honors Spanish 2 les puede ayudar mucho con la gramática y la escritura.

*También pueden tomar clases de francés.

Para saber cuál es el mejor nivel para cada estudiante, se recomienda hablar con cualquiera de los profesores de español.

Sophomore Personal Projects



Please come by the Auxilary gym on March 9th during Parent/Teacher Conferences from 3:30-7:30 p.m. to see the Sophomore

Personal Projects on display!

During the structured time of Sophomore Academic Mentor, 10th grade students have been engaged in sustained inquiry with the personal project over the course of the year. They have worked hard and have produced some incredible projects that they would love to share!

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A Message from Our Attendance Advocate Kim Bohrer

Pay Attention to Attendance: Keep Your Child On Track in Middle and High School

Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

DID YOU KNOW?

- · Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- . By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- · By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- . Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- . Students can be chronically absent even if they only miss a day or two every few weeks.
- Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school everyday, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged

- Find out if your child feels engaged by his classes and feels safe from bullies and
 other threats. Make sure he/she is not missing class because of behavioral issues
 and school discipline policies. If any of these are problems, work with your school.
- Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school

- Know the school's attendance policy incentives and penalities
- Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- . Check on your child's attendance to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.



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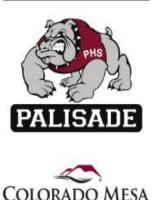
Gregg Hawkins, Athletics/Asst. Principal

College & Career Information

ZACH CLUTE-REINIG Career and College Advisor

Palisade High School 3679 G Road Palisade, CO 81526

zclute-reinig@coloradomesa.edu 970.852.7310



Dear Parents and Families,

With the weather warming (slowly) and graduation becoming more of a reality every day, the time has come to face those things that we may have been putting off. As somewhat of a procrastinator myself, I have sympathy for those students who find themselves a little bit behind at this point in the year. If, perhaps, you have a student who fits this description, fear not. There is still time for students to apply for scholarships, get admitted, secure financial aid, and so on—but sometimes it takes a little focus to get there. Here are some small, practical steps that will help a procrastinating student (or anyone!) get ontrack for graduation:

- 1. Set small, achievable goals: Your student may find it easier to do something if it is small and achievable. For example, a goal of working on the FAFSA for 15 minutes a night is certainly less overwhelming than the goal of "getting financial aid ASAP!" Even if these goals are small, every little bit helps. I find that breaking a large task into manageable pieces helps that urge to procrastinate.
- **2. Set deadlines**: I often set alarms on my phone for things I'm afraid I'll forget to do otherwise. The same goes for your student—help him or her set (and stick to) deadlines. Meeting deadlines quickly helps students feel more in-control and hopefully less likely to procrastinate. As your student sets goals, remind them to build in some extra time before the item is really due—there's nothing like a last-minute deadline to tempt fate!
- **3. Figure out what motivates your student:** Help your student understand how important it is to reward themselves for checking items off the to-do list. Students who can delay gratification until the work is finished will be better prepared to get work done be-

fore taking time off in college. Have your student reward him/herself with a movie, a meal, or something else pleasant when they hit certain milestones.

4. Encourage your senior to talk to his/her Career and College Advisor: I'm happy to meet with your student and help him/her set up a game plan so that he/she knows what to do next! I have college resources, job opportunities, scholarships, and more to help take some of the pain out of the process.

Maybe it is sitting down with your student and working on it together, or encouraging him/her to get a group of friends together to help each other and keep each other accountable, or even just hunkering down at their favorite coffee shop with earbuds in and cranking it out on their own. However your student works best, we want him or her to feel more confident when asked, "What are you doing after high school?

Sincerely, Zach Clute-Reinig

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Oficina Aprendices de Idioma Ingles Si Ud. Necesita una traduccion en Espanol favor de llamar a 254-5484. Estamos para servirle.

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Come Join Us!

Wednesday, March 4th

for this month's Dining at Dos night! These occur on the first Wednesday of each month from 4-9 p.m. at the Dos Hombres Restaurant in Clifton. A portion of the receipt is donated to that months' PHS organization at no extra cost to the customer.

This month's Dining at Dos will benefit the PHS Speech and Debate Team!

We are always looking for volunteers and assistance with supporting our students through the Booster Cub.

Please email <u>palisadebooster@gmail.com</u> for information!











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YOU ARE COLORADO

You're proud to call Colorado home. So are we. Since 1973, we've been giving back to the communities where we live, work and play across our great state. Did you know Alpine Bank customers can stay on top of their finances anywhere they are with our AlpineMobile® app? Learn more at any Alpine Bank or alpinebank.com.

Take us with you!







Allpoint® ATM Network*



Mobile Banking**

- *if using any international, non-Allpoint or non-Alpine Bank ATM, the \$2.00 ATM fee per withdrawal will still apply as well as any fee charged by the third-party ATM holder.
- ***Alpine Bank does not charge you a fee for using AlpineMobile®; however, your wireless carrier's standard web access and text message rates may still apply. Mobile deposit limitations apply. Please refer to product terms and conditions.



INDEPENDENCE - COMMUNITIES - COMPASSION - INTEGRITY - LOYALTY

40 LOCATIONS IN COLORADO WITH 5 LOCATIONS IN MESA COUNTY

ALPINEBANK.COM | MEMBER FDIC

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