

March 2023

# Vernon Elementary School

This Institution is a equal opportunity provider.  
 .\*\*Vegetable Bar every Tuesday N Thursday. Juice is 100%.  
 Menus Subject to change. Milk Served with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
*****	*****	1 Scrambled eggs,Sausage Applesauce, Milk ***** Teriyaki Chicken Steamed Rice Broccoli Red Apple, Milk	2 Biscuit W/Sausage Gravy Blueberries, Milk, ***** Ham Spinach pinwheel Sweet Potato fries Baked beans Peaches, Milk	*****
6 Scrambled Eggs W/Toast Peaches, Milk ***** Orange Chicken Steamed Rice Peas N Carrots Peaches, Milk	7 Bagel W/Cream cheese Mixed fruit, Milk ***** Nachos supreme Spanish Rice, Beans Diced Lettuce, Tomatoes Mixed fruit, Milk	8 Pancakes W/ Blueberries Applesauce, milk ***** Beef Stroganoff Steamed Broccoli Mixed Salad Cinnamon apples, Milk	9 Biscuit W/ Gravy Sausage Peaches, Milk ***** Hamburger W/Pickles Baked Beans Veggie Bar Peaches, Milk	*****
13 *****  <b>No School!!!!</b>	14 *****  <b>Spring Break!!</b>	15 *****  <b>No School!!!</b>	16 *****  <b>Spring Break!!!!</b>	*****
20 Oatmeal W/Toast Blueberries, Milk *****  Oven Roasted Chicken Mashed Potatoes Carrots Peaches, Milk	21 Cheese crisp W/Salsa Mixed fruit, Milk *****  Tacos W/Lettuce Veggie Bar Beans, Spanish Rice Mixed fruit, Milk	22 Pancakes W/Sausage Applesauce, Milk *****  Chicken N Noodles Mixed salad, WG Roll Steamed Broccoli Apples, Milk	23 Biscuit W/Sausage gravy Peaches, Milk *****  Cheese Pizza Cookie Veggie Bar Peaches, Milk	
28 Scrambled Eggs,Sausage Peaches,Toast, Milk *****  Salisbury Steak Mashed Potatoes, WG Roll Mixed Vegetables Peaches, Milk	29 Breakfast Burrito/ Salsa Mixed fruit, Milk *****  Chili Cheese Fries WG crackers Veggie Bar Mixed fruit, Milk	30 French Toast Strawberries, Milk *****  Spaghetti W/Garlic bread Steamed Broccoli Carrots Apple, Milk	31 Diced Potato casserole Peaches, milk *****  Chili Dog French Fries Veggie Bar Peaches, Milk	

--	--	--	--	--