# Liberty Middle School Basketball Cheer Try Out Packet

# Forms are due <u>no later</u> <u>than</u> APRIL 10th, 2023.

### Dear Interested Cheerleaders and Parents,

At Liberty Middle School, we have two separate squads: Football/Competition Cheer and Basketball Cheer. The *competition cheer squad* attends local, state, and national competitions and cheers at football games. The *basketball cheer squad* attends summer camps and cheers for the basketball games and pep rallies. To try out for either team, the student must be enrolled at Liberty Middle School for the 2023-2024 school year. Cheerleading is a very time-consuming activity and will require a lot of time outside of school hours. Attendance is mandatory at all cheerleader activities. Parents of basketball cheerleaders must accept all monetary obligations at the beginning of the season. A mandatory parent meeting for all selected 2023-2024 cheerleaders will occur on *Wednesday, April 26th at 5:00 pm*. At this time, *the \$150.00 uniform usage fee will be due.* 

Being a **basketball cheerleader** requires time and commitment. We practice two days a week during the fall. The season lasts from October until the end of January. During the season, we often cheer two to three nights a week for four teams. This means that girls' time will be occupied from the moment they get out of school until the last game is over (around 9/10 pm depending on the number of games each night). We also travel to <u>in-county</u> away games, so these are usually late nights. We participate in at least one school-wide pep rally each year. The majority of games will be on Monday, Tuesday, and Thursday nights. **Please be aware that parents will be expected to pick up their daughters from all games-- including away games**. Transportation to away games will be done by parent carpool or bus sharing with the basketball players. We do not yet know which option will be available to us, so please be prepared to carpool if necessary. Details regarding transportation will be discussed closer to the first game.

Being part of the basketball cheer squad has many rewards. Valuable experiences include teamwork, determination, encouragement by peers, development of friendships, increased self-confidence, learning to set and meet individual short and long-term goals, cultivating tumbling skills, and improving physical conditioning. One of our many goals is to prepare the cheerleader for future cheerleading at the high school level. In return, the school gains pride, school spirit, and leadership through their participation. We are delighted to offer your child the opportunity to join one of the finest organizations at our school. We look forward to a successful and great year. Feel free to contact the coach below with any questions or clarifications. Please read through the application packet in its entirety before signing off on the requirements page. Both the cheerleading candidate and a parent guardian must sign the required places, including the physical and medical releases. Forms **must** be turned in no later than **April 10th, 2023**. If you have any questions, please contact either coach. Thank you so much! We look forward to growing and learning beside you this year.

### **Basketball Cheer Coaches**

LaParis James

ldjames@madisoncity.k12.al.us

Breanna Pratt

brpratt@madisoncity.k12.al.us

## **Mandatory Cheer Clinic and Tryouts**

**Who:** Any upcoming 7<sup>th</sup> or 8<sup>th</sup> grader who will attend Liberty Middle School during the 2023-2024 school year is interested in being a part of the basketball cheerleading squad.

When: Clinic: April 12th, 3:30-5:30 Closed Tryout: April 13<sup>th</sup>, 3:30-5:30

Where: Liberty Middle School ELC (You will be notified via email if the location changes).

Attire: <u>Clinic Day</u>: t-shirt, black shorts, and tennis shoes

<u>Tryout (Thursday)</u>: White shirt, black shorts, white socks, tennis shoes, ribbon (if desired), hair is worn out of face.

To participate in the clinic and tryouts, each cheerleader candidate must have the following forms filled out. These forms need to be completed, and all documents placed in an envelope with the candidate's name and delivered to one of the coaches by April 10<sup>th</sup>.

### 1. Cheerleading Tryout Application Google Form (found on our page of the LMS website)

- 2. Current Physical Form (from within the past calendar year and signed by a doctor)
- 3. Madison City Schools Athletic Insurance Waiver Form (on LMS website under Athletics)
- 4. Concussion Form (on LMS website under Athletics)
- 6. LMS Student-Athlete Contract (on LMS website under Athletics)
- 7. AHSAA Student Release (on LMS website under Athletics)
- 8. Emergency Information and Consent (on LMS website under Athletics)
- 9. Complete the NFHS Sportsmanship Course (on LMS website under Athletics)--Print off certificate
- 10. Copy of Birth Certificate
- 11. Teacher Recommendation Form\*

\*\*\*\*<u>The teacher recommendation forms will be sent from coaches directly to teachers when candidates complete the Cheerleading Tryout Application.\*\*\*\*</u>

All forms should be printed, completed, and returned by April 10<sup>th</sup>, to coach:

LaParis James Red Pod 248 Liberty Middle School

Scan here to be taken to the Basketball Cheerleader Application!



# Requirements for 2023-2024 Basketball Cheerleading Squad

Students/Parents,

Please read the following requirements carefully. Failure to meet the needs could result in suspension or dismissal from the squad.

- 1. You must be a Liberty Middle School student entering either the  $7^{th}$  or  $8^{th}$  grade for 2023-2024 school year.
- 2. You must maintain a 70 overall average in each subject area. This average must be kept in order to remain an active cheerleader.
- 3. You must be in attendance at the cheer clinic day before try-outs.
- 4. You must be able to attend summer practices, camps, and events involving the LMS Cheerleaders throughout the year.
- 5. You must be physically able to try out.
- 6. You must accept all monetary obligations.
- 7. Parents must work a designated number of times in the concession stand.
- 8. Parents must be willing to participate in a carpool.
- 9. You must cheer at every game unless a parent notice and valid excuse have been given in advance.
- 9. You must abide by the Liberty Middle School Student-Athlete Contract.
- 10. You must turn all of the required forms in by April 10<sup>th</sup>, 2023.

<u>Please complete the agreement on the Basketball Cheerleader Application to complete this page.</u>

## **Projected Monetary Commitments**

\*All costs are subject to change depending on vendors and circumstances.\*

ITEM	AMOUNT
- Uniform Fee (\$150) - THIS IS A RENTAL FEE. - SCHOOL OWNS UNIFORM	\$150.00
-Stunt Camp @ ACE	\$70.00
- Dining Fee (provides meals for some games)	\$30.00
- Game Day Shirts	\$35.00
- Practice Shirts	\$35.00
- Black & White Bows	\$25.00
- Supplement Fee - Asst. Coach	\$50.00
- Catastrophic Insurance - State Required	\$25.00
Total	\$ 420
REQUIRED VARSITY ORDER (New members only)	AMOUNT
<ul> <li>Varsity Spark Shoes (\$65.95)</li> <li>(Will be purchased directly from Varsity)</li> </ul>	\$65.95
GRAND TOTAL	\$485.95

### **Additional Required Items**

- 1. Black Bloomers (these can be ordered from Varsity or purchased from a local store (Walmart, Target, Amazon, etc.)
- 2. Black Sports Bra
- 3. No-Show White Socks

**OPTIONAL** Varsity Items available for purchase (<u>NOT</u> required or covered in dues)

- 1. Varsity Spirit Backpack VBP15 (\$60)
- 2. Warm-Up Jacket (\$73)
- 3. Loop Front Sweatshirt LFSS (\$72)
- 4. Fleece LMS Sweatshirt (\$100)
- 5. Varsity Black Shorts (\$27)

### **OPTIONAL** Tumbling Classes at ACE Cheer

Monetary Expectations will be reviewed in detail at the mandatory parent meeting on April 26th at 5 PM.