



## Eagle Canyon's Kindergarten Readiness

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## How can Parents Help?

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- One of the most important things you can do over the summer to prepare your five-year-old for kindergarten is to help your child to become more independent.

# Ultimately, it's all about balance

“Even if my preschooler is already reading, he's not ready for kindergarten if he cries at every turn, doesn't know how to play independently, and lacks self control.”

<http://www.themeasuredmom.com/10-ways-to-get-ready-for-kindergarten/>





# Foster Independence

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- Your kindergartner should be able, without assistance, to take care of their personal needs such as:
  - Care for their toilet needs and remember to wash their hands.
  - Use tissue to blow their nose.
  - Zip and button pants and jacket independently.
  - Tie shoelaces.



# Independence and Responsibility

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- Your 5-year-old will gain a sense of independence and responsibility if you teach and expect your child to:
  - Put their own clothes away.
  - Help set the table.
  - Help with laundry and shopping.
  - Help care for pets.
  - Clean up after themselves, putting toys away.
  - Listen when others are speaking to them.
  - Follow simple directions.





# Incidental Learning

- **Field Trips**
  - Take a walk, go to the store, post office, park
  - In the car: “I spy,” rhyming, 2 minute stories...
- **Role Play at Home**



# Local Resources / Activities

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- Public Library <http://www.sbclib.org/CoursesandEvents.aspx>
  - <http://colapublib.org/libs/diamondbar/index.php>
- Barnes & Noble <http://stores.barnesandnoble.com/store/2300>
- Home Depot <http://www.homedepot.com/workshops/#store/6645>
- Chino Creek Wetlands & Educational Park
  - Earth Day Event: <https://www.ieua.org/event/10936/>
- Amy's Farm <http://www.amysfarm.com/>
- Chino Youth Museum <http://www.chinoyouthmuseum.com/>
- Parks and Recreation <https://recreation.chinohills.org/wbWSC/webtrac.wsc/splash.html>







You will never look back on  
life and think, "I spent too  
much time with my kids."





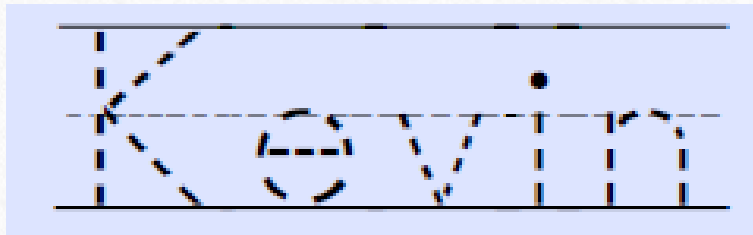
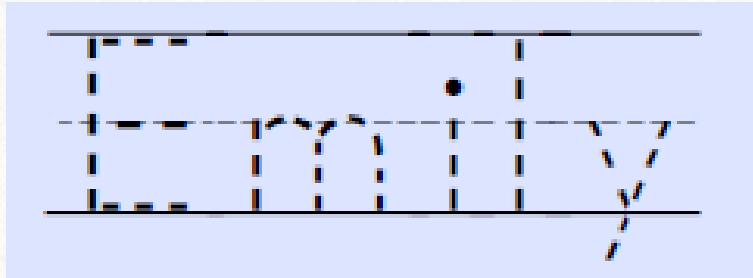
Kindergarten  
ROCKS

# Important Skills in Preparation for Kindergarten

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# Write & Recognize First Name

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It is very important for children to learn early on to write a capital letter for only the first letter of their name.

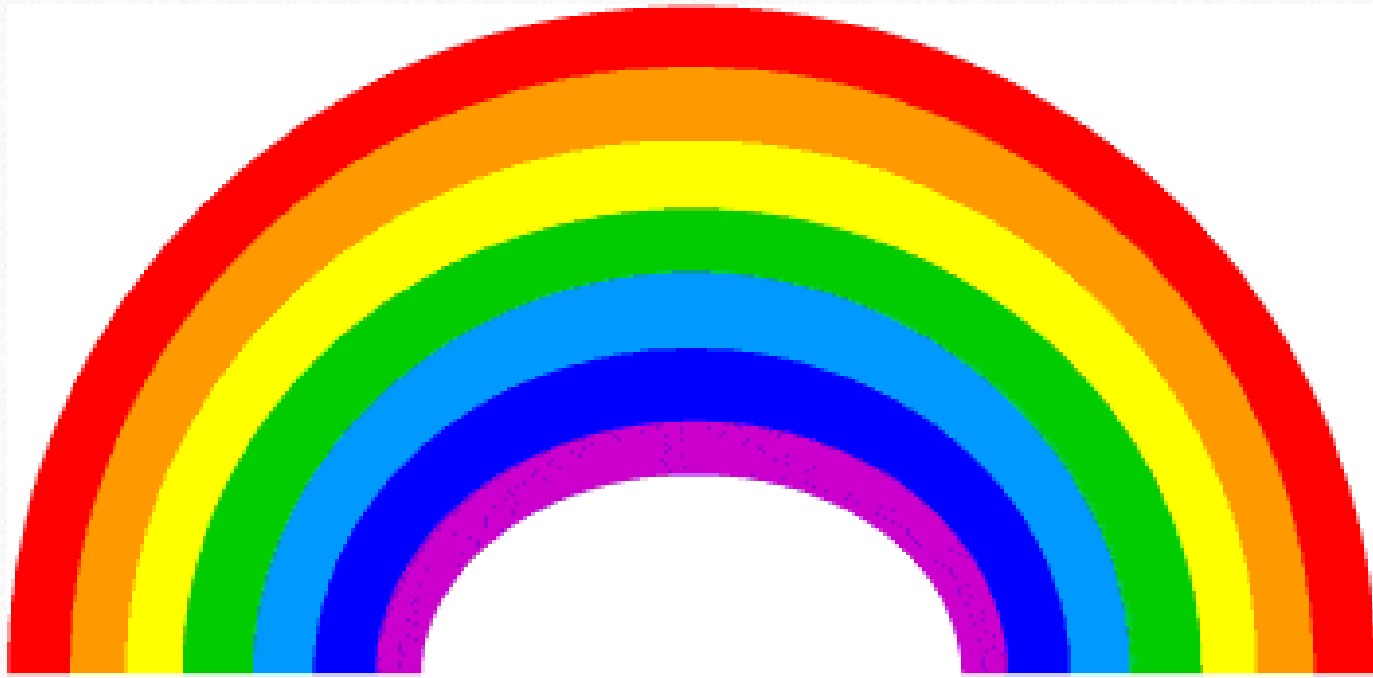
Letters should be written top to bottom, left to right.

Students should be able to recognize their name.



# Identify the Colors

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# Count & Recognize Numbers to Ten





# Letter Names



Environmental Print



# Rhyming

## Nursery Rhymes



at



sat

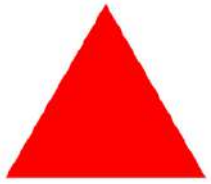
flat

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# Recognize Shapes



Triangle



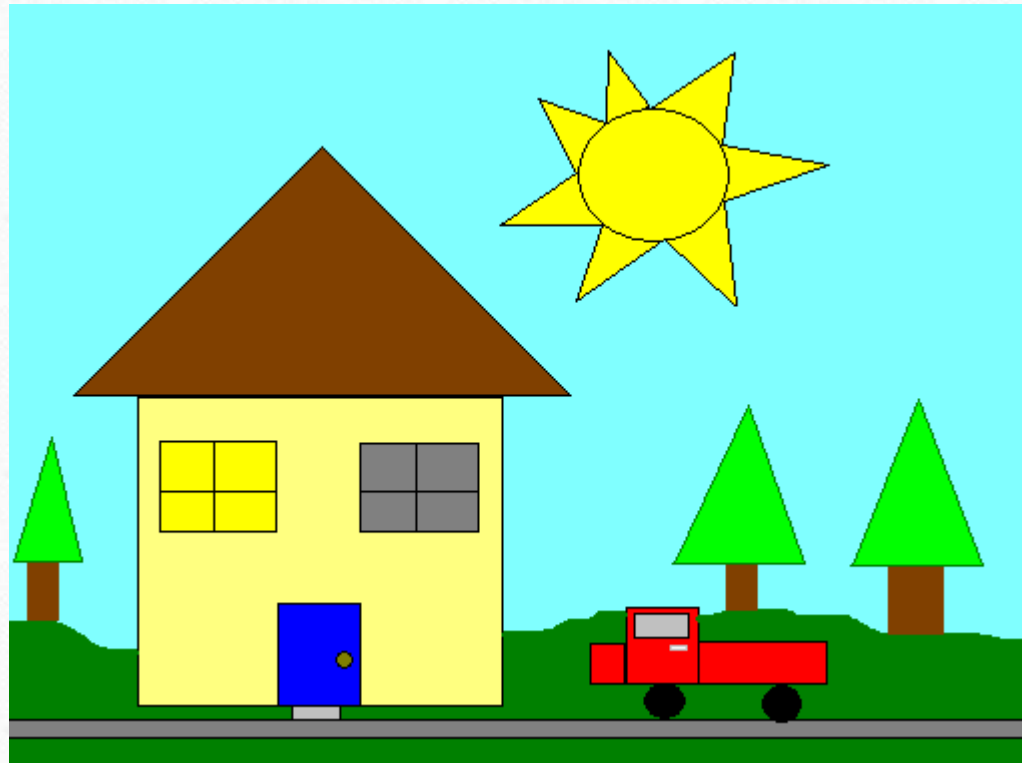
Square



Circle



Rectangle



# Follow 3 Directions

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“Go upstairs”

“Put your  
pajamas on”

“Put your  
clothes in the  
hamper”



Teach Your  
Child How  
to Hold  
a Pencil  
Correctly



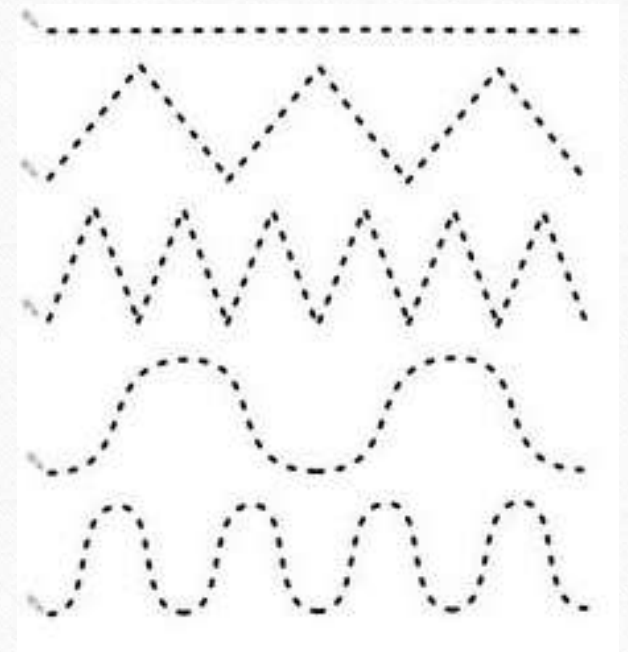
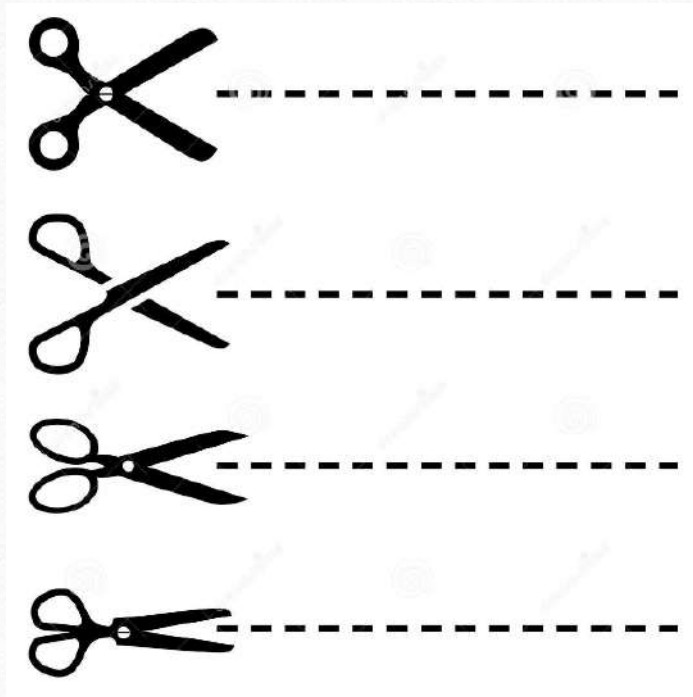
# Hold Scissors Correctly

- Thumb on top





# Cut on Lines



# Color Within the Lines

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# Sit Quietly for 15 Minutes

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# WHY READ 20 MINUTES AT HOME?

Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 50 <sup>th</sup> percentile on standardized tests.	❖ Scores in the 10 <sup>th</sup> percentile on standardized tests.

If they start reading for 20 minutes per night in Kindergarten, by the end of 6<sup>th</sup> grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.

(Nagy and Herman, 1987.)

**WANT TO BE A BETTER READER? SIMPLY READ.**



## IT ADDS UP!

If you read just  
15 minutes a day,  
in one year you  
will have read  
over 1,000,000  
words!

Source: [Statisticbrain.com](http://Statisticbrain.com)



Let your children go...

They'll never be strong  
unless they get hurt.

They'll never learn  
without making mistakes.

They'll never be successful  
without a few failures.

So, take a deep breath,  
and LET THEM GO...

[Facebook.com/AFineParent](https://www.facebook.com/AFineParent)

# Online Resources

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- <http://www.themeasuredmom.com/10-ways-to-get-ready-for-kindergarten/>
- <http://www.themeasuredmom.com/teach-child-write-name-kindergarten/>
- <http://thisreadingmama.com/free-cutting-practice-with-scissors/>
- <http://www.learnwithplayathome.com/?m=1>
- <http://growingbookbybook.com/101-books-read-kids-kindergarten/>
- [http://www.merakilane.com/10-scissor-activities-for-preschoolers/#\\_a5y\\_p=3661011](http://www.merakilane.com/10-scissor-activities-for-preschoolers/#_a5y_p=3661011)
- <http://www.pre-kpages.com/teach-scissor-cutting-skills/>



**Thank You for Working  
with your Child!**

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**We can't wait to see  
you at  
Back To School Night  
August 5, 2020  
6:30 pm.**

