



Life Skills Challenge: Kindergarten, First Grade

Choose three skills below to learn and do this week

Learn a parent's phone number	Fold towels and washcloths and put them away	Dust low shelves and furniture
Clear all the dishes from the table after a meal. Help wash and dry dishes.	Learn your address	Set the table for a family meal together
Make your bed	Make a list of things to do each day and check them off as you complete them each day: take a bath, brush your teeth, fix your hair	Learn to tie your shoes