

HOW TO STAY INFORMED

- Website: www.somerville.k12.ma.us/shs
- CCR Twitter: @sville_CCR
- SHS Twitter: @SomervilleHigh
- Facebook:
www.facebook/SomervillePublicSchools
- Blackboard Connect5: District-wide voicemail/email messages
- Naviance
- Counseling, College and Career Newsletter



COLLEGE AND CAREER READINESS EVENTS

- PSAT/Post Secondary Day (*tentative for 2020-2021 school year*)
- Post High School Planning Night
- College and Career Day (*tentative for 2020-2021 school year*)

SOMERVILLE PUBLIC SCHOOLS NONDISCRIMINATION POLICY

The Somerville Public Schools policy of nondiscrimination will extend to students, staff, the general public, and individuals with whom it does business; No person shall be excluded from or discriminated against in admission to a public school of any town or in obtaining the advantages, privileges, and courses of study of such public school on account of race, color, sex, gender identity, religion, national origin, sexual orientation or disability.

SCHOOL COUNSELING STAFF

Traci Small, Director
tsmall@k12.somerville.ma.us

Melanie Kessler, Dir. of College & Career Readiness
mkessler@k12.somerville.ma.us

Simone Braga, SHS Registrar
sbraga@k12.somerville.ma.us

Melanie Banks, College & Career Counselor
mbanks@k12.somerville.ma.us

Anne Herzberg Eden, ELL Counselor
aeden@k12.somerville.ma.us

Justin LaBerge, Counselor, Beacon House
jlaberge@k12.somerville.ma.us

Jeremy Rischall, Counselor, Elm House
jrischall@k12.somerville.ma.us

Paula Keymont, Counselor, Highland House
pkeymont@k12.somerville.ma.us

Cathy Maguire, Counselor, Broadway House
cmaguire@k12.somerville.ma.us

Meghan Sousa, CTE Counselor
mgsousa@k12.somerville.ma.us

Elly Mullins, Redirect
emullins@k12.somerville.ma.us

Anne Irwin, Adjustment Counselor
airwin@k12.somerville.ma.us

**Nancy Macias-Smith,
Bilingual Adjustment Counselor**
nmaciassmith@k12.somerville.ma.us

Julie Phylis, Admin. Assistant
jphylis@k12.somerville.ma.us

Somerville High School

School Counseling Department



What is counseling?

It is a professional relationship which empowers diverse individuals, families, and groups to accomplish mental health, wellness, education and career goals.

-American Counseling Association

**81 Highland Avenue
Somerville, MA 02143
Phone: 617-625-6600
Fax: 617-628-8413**

OUR SUPPORT SERVICES:

Personal, Social & Emotional Support

Academic Advising

Postsecondary Planning

Career Exploration

Coordination of Services

College Application Support

Referrals to Community/School Resources

Collaboration and Consultation

Crisis Intervention

Enrichment Opportunities

Awards and Scholarships

9th, 10th, 11th & 12th Grade
Individual Meetings

Small and Large Group Meetings

Redirect/Bridge Programs

Adjustment Counseling

CCR Events

The American School Counselors Association (ASCA) encourages school counselors to design and deliver a comprehensive school counseling program that promotes student achievement.

OUR MISSION:

To facilitate the academic, personal/social and career development of all students through a School Counseling program that is comprehensive, preventative and developmentally appropriate.

COMPREHENSIVE:

A comprehensive program specifically identifies what students should know and understand in order to enhance their academic, personal/social and career competencies.

PREVENTATIVE:

School counseling programming seeks to identify predictable challenges and prepare students with the knowledge and skills necessary to navigate these challenges when they arise.

DEVELOPMENTAL:

School counseling programming is designed and implemented with full awareness of the developmental needs of adolescence.

CORE VALUES:

Strengths-Based

Comprehensive

Developmental

Preventative

Proactive



BOUND BY CONFIDENTIALITY

A counseling relationship involves the development of trust and confidentiality, which must not be breached by the counselor except where there is bullying or a clear and present danger to the individual receiving counseling, or to other persons. The counselor may share information gained during the counseling process in essential consultation with other appropriate persons specifically concerned with the individual. Confidential information may be released only with the consent of the individual being counseled, except when required by law or when a clear and present danger exists.