



## **T.I.S. Digital Backpack**

**June 3, 2019**



**FROM THE PRINCIPAL'S OFFICE**

# **GRADE 5 PROMOTION CEREMONY**

**JUNE 13, 2018 9:30 AM -11:30 AM**

We would like to take this opportunity to invite you to the fifth grade promotion ceremony. The ceremony will be on June 13 in the T.I.S. gymnasium. The promotion ceremony will be an opportunity to reflect upon this school year and wish our 5th grade students success in the future. Due to space constraints, no more than two people per family may attend the ceremony. Casual attire is preferred; children will be seated on the gymnasium floor during the ceremony.





## **JUNE**

- 3 PTO MEETING AT BIRCH GROVE**
- 5 BEACH DAY!!**
- 7 GRADE 5 HANDPRINTS**
- 7 GRADE THREE TO OLD STURBRIDGE VILLAGE**
- 11 GRADE 5 TO STAR HILL**
- 13 LAST DAY OF SCHOOL – 12:45 DISMISSAL**
- 13 GRADE 5 PROMOTION CEREMONY**

# TOLLAND INTERMEDIATE SCHOOL MEET AND GREET SCHEDULED!



PLEASE JOIN US ON AUGUST 26<sup>TH</sup>, 2019, FOR MEET AND GREET BEFORE THE FIRST DAY OF SCHOOL.

THE MEET AND GREET GIVES PARENTS AND STUDENTS AN OPPORTUNITY TO MEET THEIR TEACHERS FOR THE 2019-2020 SCHOOL YEAR, VIEW THEIR NEW CLASSROOM AND TOUR THE SCHOOL.

THE SCHEDULE FOR THE MEET AND GREET IS AS FOLLOWS:

12:00-1:00 – GRADE THREE STUDENTS VISIT

1:00-2:00 – GRADE FOUR STUDENTS VISIT

2:00-3:00 – GRADE FIVE STUDENTS VISIT

**PUT THIS EVENT ON YOUR CALENDAR NOW!**



**Free Summer Meals!**  
**Comidas de Verano Gratis!**

**Kids and teens 18 and under**  
**Niños y adolescentes de 18 años y menos**



FOR SITES NEAR YOU, CALL/LLAME **211**  
TEXT **CTmeals** TO **877877**  
**www.CTSummerMeals.org**

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

# LUTZ CHILDREN'S MUSEUM

247 South Main Street  
Manchester, CT 06040  
860-643-0949

[www.LutzMuseum.org](http://www.LutzMuseum.org)

## MUSEUM HOURS

Tuesday–Friday.....9:00AM–5:00PM  
Saturday–Sunday.....12:00–5:00PM

### CLOSED:

Independence Day – Thursday, July 4  
Fall Maintenance – September 1-7

## MUSEUM ADMISSION

Members.....Free  
Adults.....\$7.00  
Children.....\$7.00

**Free Admission to Dads & Grandfathers on Father's Day!**

## MUSEUM STAFF

**Bob Eckert**  
Executive Director  
[beckert@lutzmuseum.org](mailto:beckert@lutzmuseum.org)

**Lauren Prior**  
Education Services Manager  
[lprior@lutzmuseum.org](mailto:lprior@lutzmuseum.org)

**Kate Morrissey**  
Visitor Services Manager  
[kmorrissey@lutzmuseum.org](mailto:kmorrissey@lutzmuseum.org)

**Greta Yrissis**  
Program Manager  
[gyrissis@lutzmuseum.org](mailto:gyrissis@lutzmuseum.org)

**Ashley Little**  
Animal Program Coordinator  
[alittle@lutzmuseum.org](mailto:alittle@lutzmuseum.org)

**Liz Clark**  
Membership Coordinator  
[frontdesk@lutzmuseum.org](mailto:frontdesk@lutzmuseum.org)

**Reagen Holt**  
Arts Educator  
[rreutman@lutzmuseum.org](mailto:rreutman@lutzmuseum.org)

**Michelle Deering**  
Science Educator  
[mdeering@lutzmuseum.org](mailto:mdeering@lutzmuseum.org)

**Jada Bygrave**  
**Ashley Cain**  
**Jessica Gilbert**  
Animal Program Staff

**Brian Colbath**  
**Lucas Pierson**  
Exhibits Staff

## BOARD OF TRUSTEES

**Officers**  
**Eddie Widothky**  
President

**Kathleen Rudzik**  
Vice President

**Michael Porcuro**  
Treasurer

**Andrea Williams**  
Secretary

**Ex Officio**  
**Bob Eckert**

**Members-At-Large**  
**Memo Alejandro**

**Jeff Currey**

**Candice Irwin**

**Amy Radikas**  
**Kevin Sullivan**

# LUTZ UP!

SUMMER 2019



## FARM DAY 2019

Don't miss this end-of-summer tradition held at the Fish Family Farm in Bolton. Children of all ages will love the farm animals, hayrides, games, live musical performances, vendor market, and all the farm-fresh ice cream you can eat! Special thanks to Don & Sharon Fish and the Fish Family Farm for inviting us back.

**Saturday, August 31 9:00am-5:00pm; (Rain Date: 9/7)**

**Admission (Ages 2+): Members \$8, Non-members \$10**

## VOLUNTEER NEWS

Our featured volunteer opportunity this edition is Farm Day. Our biggest event of the year requires hundreds of volunteers. We are seeking individuals and groups to lend a hand at the farm on August 31. Please ask your friends, work group, church organization, sports team, band, social organization, or fraternity to join you. Working together at Farm Day is a lot of fun and a great team building exercise. Contact us by email ([frontdesk@lutzmuseum.org](mailto:frontdesk@lutzmuseum.org)) or phone (860-643-0949) for more information.

## BRONX ZOO

Call now to reserve your seats for our popular bus trip to the Bronx Zoo. Your "Total Experience" ticket includes admission to special attractions including the Children's Zoo, Jungle World, 4D Theater, Bug Carousel, Congo Gorilla Forest, Wild Asia Monorail, Zoo Shuttle and more. We will offer kid-friendly activities on the luxury coach bus, but people of all ages are welcome on this trip. We will depart from the Spencer Street commuter lot at 8:00 AM and will return at about 6:00 PM.

**Saturday, June 22**  
**Members \$60; Non-members \$70**



## SPECIAL MEMBER BENEFIT

Our members will receive free admission at the Connecticut Trolley Museum in East Windsor during the months of July and August. Just show your membership card. Another good reason to join!



## TOUCH-A-TRUCK & OPEN HOUSE DAY

We will be one of many sites celebrating Open House Day across Connecticut. The Lutz Children's Museum will offer free admission all day and a variety of big trucks outside for the hours between 12:00 – 3:00 PM. Come and join the fun! To find out more about events statewide visit [www.ctvisit.com](http://www.ctvisit.com). **Free Admission!**

**Saturday, June 8**

## DOG DAYS OF SUMMER



Long hot days getting you down? We have something that will definitely put a smile on your face: Puppies! Each day a different organization will visit the museum with real dogs. We will meet the dogs and learn about what makes them special.

Some may have an important job in law enforcement or assisting someone with a disability; others may do tricks or have a special skill, some might even be looking for a forever home. You may also learn something about your own best friend, or make a treat to bring home to him too. Check our website or Facebook page for a daily schedule. This program is free with museum admission (or completely free to museum members)!

**Friday, August 16 & Saturday, August 17**

# Summer Classes at LCM

Classes are free with admission but they are on a first come first serve basis, so please arrive on time! Please dress your child in play clothes since many activities will be messy. Parents are not required to stay for classes, unless otherwise noted. Please advise us if your child has any food allergies.

## WEDNESDAYS

**Ages 2-5 with Caregiver**

### Weaving

Groups of people have been weaving baskets and textiles for over 11,000 years. Share in this ancient art as we tell stories and weave with reclaimed materials.

3:30-4:00PM

Wednesdays – June 5, 12

**Ages 5-10**

### Weaving

Groups of people have been weaving baskets and textiles for over 11,000 years. Share in this ancient art as we tell stories and weave with reclaimed materials.

4:00-4:30PM

Wednesdays – June 5, 12



**Ages 2-5 with Caregiver**

### The Shape of Animals

Visit us on Wednesday mornings to meet and greet our popular animal residents. After learning some natural history, we will try our hand at deconstructing each animal into basic shapes. We will then recreate each animal using various art mediums.

10:00-10:30AM

Wednesdays – July 24, 31; August 7, 14, 21

**Ages 5-10**

### Influential Scientists

History is filled with brilliant minds, ideas, and practices. Students will be exposed to the many faces and names of the people who have contributed to scientific theories and fields. We will recreate experiments and compare them to modern practices in this series on Wednesdays.

2:00-2:45PM

Wednesdays – July 24, 31; August 7, 14, 21

## ART WEEK

### Relief Sculptures

Explore everyday materials in a new way as we build relief sculptures inspired by Art History. We will construct a new sculpture each week.

July 16, 17, 18, 19

10:30-11:00AM **Ages 2-5 with Caregiver**

11:30AM-12:00PM **Ages 5-10**



## ART WEEK

### The Art of Color Mixing

How many different colors can we make? Let's mix and explore the surprising ways a color can change. We will explore primary colors, complementary mixes, and their tints, tones, and shades.

August 13, 14, 15, 16

10:30-11:00AM **Ages 2-5 with Caregiver**

11:30AM-12:00PM **Ages 5-10**



## FULL DAY



# Immersion Program

Slow down mid-summer and take a moment to look at the art around you. We'll be making stops all around history to learn about influential painters, puppeteers, sculptors, photographers, illustrators, and so many more. Students will try their hand at collage, mosaics, and drawing in various mediums.

Sign up for one or both weeks! Each morning is reserved for educational activities. Afternoons are devoted to play, exploring art in nature, and field trips to exciting fine and performing arts destinations.

For ages 6-10

**REGISTER NOW...  
SPACE IS LIMITED!**

### DAILY SCHEDULE

8:30 - 9:00 Drop-Off  
9:00 - 12:00 Educational Programs  
12:00 - 1:00 Lunch  
1:00 - 3:00 Organized Recreation  
3:00 Pick-Up

**WEEK ONE:** July 29 to August 2  
**WEEK TWO:** August 5 to August 9

*Held at the Lutz Children's Museum.  
After care may be available upon request.*

\$200 per week for Members  
\$250 per week for Non-Members

## FRIDAYS

**2-5 year olds**

### **Guided Nature Walk @ Oak Grove Nature Center**

Start each morning by turning over rocks, leaves, and logs to explore the micro environments at the Oak Grove Nature Center! Then we'll hike through the macro environment, discovering how living and non-living components of an ecosystem all work together.

10:00-11:30AM

June 7, 14, 21, 28; July 5, 12, 19, 26; August 2, 9, 16, 23, 30

**5-10 year olds**

### **Guided Nature Walk @ Oak Grove Nature Center**

This exciting and unique experience will take students on an adventure to investigate the natural features right here in Connecticut. We will explore the biotic and abiotic parts of an ecosystem, search for evidence of animals out in the wild, learn general trail safety, and more!

4:00-5:00PM June 7, 14, 21, 28

2:00-3:30PM July 5, 12, 19, 26; August 2, 9, 16, 23, 30



## CT Trails Day

at the

### **Oak Grove Nature Center**



Saturday, June 1 • 10:00AM-12:00PM

Sunday, June 2 • 2:00-3:30PM

Get a head start on summer and hit the trails! Join the Lutz Children's Museum for CT Trails Day – one of the largest Trail Days in the country. Take a relaxing walk around the Oak Grove Nature Preserve, guided by a museum educator. We'll take a close look at native wildlife and decode what challenges they may face.

**Free and Open to the Public!**



*Download and print these monthly calendars filled with museum classes and events.*

[www.luzmuseum.org/june2019](http://www.luzmuseum.org/june2019)

[www.luzmuseum.org/july2019](http://www.luzmuseum.org/july2019)

[www.luzmuseum.org/august2019](http://www.luzmuseum.org/august2019)

**SAVE THE DATE!**

**Touch a Truck:  
Saturday, June 8**

**Bronx Zoo Bus Trip:  
Saturday, June 22**

**Farm Day:  
Saturday, August 31**

LUTZ  
CHILDREN'S  
MUSEUM

247 South Main Street  
Manchester, CT 06040  
(860) 643-0949  
[www.luzmuseum.org](http://www.luzmuseum.org)

NON-PROFIT ORG.  
U.S. POSTAGE PAID  
HARTFORD, CT  
PERMIT # 1754



SUMMER 2019

## FAMILY CAMPOUT 2019

Are you an avid camper or are you hoping the kids will never ask for a night under the stars? That's okay. Everyone is welcome and we will help each other out.

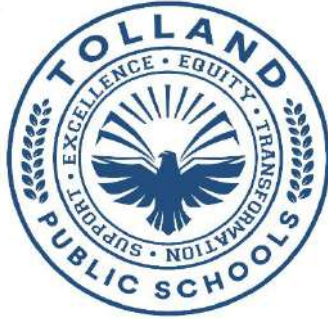
We will meet at a Connecticut State Park (to be determined), where the kids will have a blast playing in the water, fishing, or hiking. The museum will provide dinner on Friday night. Kids can play until it gets dark and then we will meet around the campfire for a singalong and storytelling.

Saturday meals are on your own but we encourage everyone to bring enough to share and trade. Museum staff will organize some fun activities or just relax and take it at your own pace. We meet back at the campfire at sunset for songs and s'more. Cost is only \$10 per person for everything, but we do need an accurate headcount. Please call the museum to make your reservation. This will be an experience that your family will always remember.

**Friday, August 2 – Sunday, August 4**







Tolland Public Schools

51 Tollard Green  
Tollard, Connecticut 06084

---

Tollard Intermediate School

96 Old Post Road

James Dineen, Principal

Tollard, Connecticut 06084

Jennifer Merritt, Asst. Principal

(860) 870-6885 – Office  
(860) 872-7126 - Fax

## Grade 5 Promotion Ceremony Invitation

April 12, 2019

Dear Fifth Grade Families,

In just a few short months, your child will be getting ready to leave Tollard Intermediate School and continue their educational adventures as a middle schooler. As the year comes to a close, we will be hosting a Fifth Grade Promotion Ceremony on the morning of June 13<sup>th</sup>. More information will be forthcoming as we get closer to promotion, but there are many preparations that we begin now in order to provide a wonderful experience for our students and their families.

Each year, we create a slideshow with student photographs that will be presented during the promotion ceremony. As part of the slideshow, we would like to show a **baby picture** of each fifth grader. Please use one of the two following options: Send in a printed photograph of your child **OR** e-mail a baby picture to [klester@tolland.k12.ct.us](mailto:klester@tolland.k12.ct.us). Please be sure to check which option you are using on the form below. Each printed picture will be scanned and returned. Your child's name and teacher's name should be on the back of the picture or included **in the subject line** of the e-mail.

Regardless of the submission option you chose, please return the lower portion of this document, as we do need *written* permission for using your child's pictures (baby and candid) in the slideshow. Please be advised that granting permission also pertains to allowing your child's photograph to be distributed, as copies of the presentation will be available to each fifth grader after the promotion ceremony. Please return the form and submit your picture by Friday, May 10, 2019.

Sincerely,

James Dineen  
Principal

**Grade 5 Promotion Ceremony Photograph Release Waiver**

Student Name: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

\_\_\_\_\_ I want photographs of my child to be included in the presentation.

\_\_\_\_\_ I do not want photographs of my child to be included in the presentation.

\_\_\_\_\_ I have e-mailed my child's picture as instructed above      \_\_\_\_\_ My child's picture is enclosed

Parent/Guardian Signature: \_\_\_\_\_



Dear Parents,

Each year, the exiting 5<sup>th</sup> grade students stamp their handprints on the hallways and doors of TIS. We will stamp handprints on Friday, June 7 beginning at 9:00. We have the process down to a science and with the right number of volunteers we can finish the entire 5<sup>th</sup> grade in about 90 minutes. Please consider volunteering to help with this activity. If you are able to help, please complete the appropriate portion of the permission slip below. All volunteers will be notified either way by May 31. ALL STUDENTS WILL NEED A PERMISSION SLIP TO PARTICIPATE IN THIS ACTIVITY. Questions can be directed to Tonya Lyon at [Lyonnos@comcast.net](mailto:Lyonnos@comcast.net).

Tonya Lyon and Adrienne Ernest

\*\*\*\*\*

Please complete and return the permission slip below no later than Wednesday, May 29.

My child \_\_\_\_\_, has my permission to stamp his/her handprint with latex paint on a chosen hallway wall at TIS.

Homeroom Teacher \_\_\_\_\_

\_\_\_\_\_

Parent Signature

\_\_\_\_\_ is available to help on June 7 at 9:00.

I can be reached at (phone or email) \_\_\_\_\_



## FROM THE NURSE'S OFFICE

Hello from the nurse's office ,

It's getting to the end of the year fast here at Tolland Intermediate School.

It has been a busy year here at the health room.

Just some reminders for the end of the year.

If your child has medication in our health room, it will need to be picked up by June 13th, the last day of school at 2pm. The parent/guardian of students with medication in school will also receive a robo call on June 10th so they have ample time to arrange pickup. Office is open 8am daily.

The State of CT and BOE policy 5120 say that after June 13th any remaining medication not picked up will be discarded.

When the medication is picked up we will provide parents with paperwork needed for upcoming 2019/2020 year, to make it more convenient for all MD orders/parent consents/or pertaining health information forms to be done during summer and be ready for start of school.

Feel free to ask the nurses any questions you may have by contacting them at 860-870-6891 Ext 2.

Here are some flyers from National Association of School Nurses on Back to School Family Checklist (especially if your child has medication needs or health concerns) and helpful tips that other schools may use for attendance tips and when to send your child to school. Power School generates letters after 5 absences (9 unexcused absences are allowed by State of CT and BOE). MD notes will excuse days for illness, and dental MD notes excuse time of appointments. Attendance refers to 4 hours of academic learning daily per State of CT.

The Power school attendance letters are generated to remind parents of days missed from academic learning. Of course there are circumstances that change things. Always feel free to call the administration, health room or office to discuss Power School rules.

As we are heading to the finish fast know that we as nurses are here for to support all the students and their families to the best of our abilities.

860-870-6891 Ext 1 for absences and Ext 2 for nurses.

Rose Hierl RN and Susan Trimble LPN



### For All Parents/Caregivers

- Make sure required and recommended immunizations are up-to-date including an annual flu vaccine.
- Review hygiene tips to prevent the spread of infections.
- Establish a bedtime and wake-up time to ensure adequate and consistent sleep.
- Develop a routine for homework and after-school activities.
- Eat breakfast each day at home or at school.
- Help make appropriate clothing choices, e.g., wear comfortable and safe shoes.
- Keep an open line of communication with your child to ensure that he/she remains safe at school. If a concern arises, e.g., bullying, contact the appropriate school officials immediately.
- Get involved! Sign up for the parent organization (PTA/PTO), school Wellness Committee, and mark events such as back-to-school night and parent/teacher meetings on your calendar.
- Ask about the school or district's wellness policy, e.g., how are nutrition, activity, stress and/or mental health concerns addressed?
- Know the specialized instructional support personnel available to your child including the school nurse and school counselor.
- Know your school's policy regarding when to keep a sick child home and make arrangements for sick child care.

### If Your Student Has a Health Concern

- Make your child's health concern known to the school and school nurse.
- Bring current, signed healthcare provider orders for treatments and all medications to be given at school. Bring the medical supplies and medication in the original container.
- Together with the school nurse and other appropriate school officials, develop an individualized healthcare plan or other educational plan as needed, e.g., 504 and IEP.
- Give permission for the school nurse to communicate with your family's healthcare provider.
- Provide parent/caregiver contact information and update the school with any changes.
- Ask if non-nurses will be providing care and how these authorized individuals will be supervised, e.g., verify who will administer medication.
- Confirm the school's disaster and/or emergency plan. Make sure your child's medication and/or medical devices, e.g., epinephrine auto-injectors, asthma inhalers, and insulin, will be readily available in an emergency.
- Let the school know how important it is to have a full-time registered school nurse in the building all day, every day.
- Introduce yourself and your child to the school nurse. Your school nurse is \_\_\_\_\_

#### National Association of School Nurses

1100 Wayne Avenue Suite 925  
Silver Spring, Maryland 20910  
www.nasn.org

*BETTER HEALTH. BETTER LEARNING.™*





**H.E.A.L.**  
HEALTH, EDUCATION &  
ATTENDANCE FOR LIFE

## A HEALTH FLYER FOR PARENTS

When students miss too many days of school, they fall behind and struggle to keep up with their classmates. Whether the days missed are due to illness, truancy or for any other reason, the end result for the student is the same — learning time is lost. Children and adolescents will get sick at times and may need to stay at home, but we want to work with you to help minimize the number of days your student misses school.

### Missed Days Add Up Quickly!

- Just a few missed days a month adds up to several school weeks missed in a year.
- Both excused and unexcused absences can make it more difficult for your child to keep up with other students, especially in math and reading.
- Kindergarten and first grade are critical for your child. Missing school during these early years makes it more difficult for children to learn in later years and they often have trouble reading by the end of third grade.

### Work with Your Child and Your School

- As the parent, be strong with your child and don't let your child stay home when it is not necessary. This will help your child succeed.
- If your child has a chronic disease, make sure that the school staff is aware of the disease so the staff can assist your child if he or she becomes ill. Information about your child's chronic disease should be noted on the school emergency or health information card.
- For students with asthma: if your child has asthma, the school needs an Asthma Action Plan completed by his or her doctor that includes permission to carry an inhaler at school. Make sure that all supplies (inhaler, spacer, etc.) needed to manage your child's asthma are at the school.
- For students with diabetes: if your child has diabetes, the school needs a Diabetes Management Plan completed by his or her doctor. Make sure that all supplies (insulin, blood sugar meter, test strips) needed to manage your child's diabetes are at the school.
- **Keep an open line of communication with school staff and teachers. The more the school knows about your child's health, the better prepared everyone will be to work together for your child.**

### Helpful Ideas:

- Make appointments with the doctor or dentist in the late afternoon so your child misses as little school as possible.
- If your child must miss school, make sure you get his or her home work assignments and follow up to see if the work is completed and turned in.
- Call the school as soon as you know your child will be absent and tell school staff why your child will be out and for how long.
- Be prepared to get a doctor's note when requested by school personnel.
- If you need medical advice after business hours, most doctors' offices have answering services 24 hours a day to assist you.
- If your child has an emergency, call 911.

- **For additional information contact:**

Attach Contact Information Sticker

Produced by:



The Office of the  
District Attorney,  
Alameda County



INTERAGENCY CHILDREN'S  
POLICY COUNCIL  
ALAMEDA COUNTY

ALAMEDA COUNTY  
PUBLIC HEALTH  
DEPARTMENT



Alameda County Health Care Services Agency

Center for Healthy Schools and Communities

Linking Health and Education to Change Lives and Advance Equity

## WHEN SHOULD I SEND MY CHILD TO SCHOOL?

The suggestions below are for children 5 to 18 years of age.  
Recommendations may be different for infants and younger children.

| Symptoms and illnesses  | Should My Child Go To School?   |
|---|---|
| <b>Parent is Sick, Stressed, Hospitalized</b>   | <b>YES</b> - If you are sick, your child still needs to attend school. Your illness does not excuse your child from attending. We all are sick at times so plan ahead for these days. Get a neighbor, relative or spouse to take your child to school and pick him or her up.   |
| <b>Chronic Diseases (Asthma, Diabetes, Sickle Cell, Epilepsy etc.)</b><br>Chronic disease is a long-lasting condition that can be controlled but not cured.   | <b>YES</b> - Your child should attend school. School personnel are trained to assist your child with his or her chronic disease and associated needs.   |
| <b>Child Doesn't Want to go to School</b><br>Frequent crying, fear, anger, not wanting to socialize, behavior change, stomach ache, nausea<br>(These can be signs of depression, anxiety, post-traumatic stress, or fear)   | <b>YES</b> - You should keep your child in school, but try to determine what is causing the changes. Talk to school personnel and consult a health care provider. Your child may be experiencing bullying or trauma, may be behind in his or her school work or not getting along with others. These and other issues may require your or school personnel's attention. |
| <b>Cold Symptoms</b><br>Stuffy nose/runny nose, sneezing, mild cough  | <b>YES</b> - If your child is able to participate in school activities send him or her to school.   |
| <b>Conjunctivitis (Pink Eye)</b><br>The white of the eye is pink and there is a thick yellow/green discharge.   | <b>YES</b> - Your child can attend school, but call a health care provider to prescribe medication/treatment.   |
| <b>Head Lice</b><br>Intense itching of the head; may feel like something is moving  | <b>YES</b> - Your child can be in school if he or she has had an initial treatment of shampooing of hair with a product for lice.   |
| <b>Strains, Sprains and Pains</b>   | <b>YES</b> - If there is no known injury and your child is able to function (walk, talk, eat) he or she should be in school. If pain is severe or doesn't stop, consult a health care provider.   |
| <b>Menstrual Issues</b>   | <b>YES</b> - Most of the time menstrual (periods) issues should not be a problem. If they are severe and interfering with your daughter attending school, consult with a health care provider.  |
| <b>Fever</b><br>Fever usually means illness, especially if your child has a fever of 101 or higher as well as other symptoms like behavior change, rash, sore throat, vomiting etc.   | <b>NO</b> - If your child has a fever of 101 or higher, keep them at home until his or her fever is below 101 for 24 hours without the use of fever reducing medication. If the fever does not go away after 2-3 days or is 102.0 or higher, you should consult a health care provider.   |
| <b>Diarrhea</b><br>Frequent, loose or watery stool may mean illness but can also be caused by food and medication   | <b>NO</b> - If, in addition to diarrhea, your child acts ill, has a fever or is vomiting, keep him or her at home. If stool is bloody, if the child has abdominal pain, fever or vomiting, you should consult a health care provider.   |
| <b>Vomiting</b><br>Child has vomited 2 or more times in a 24 hour period  | <b>NO</b> - Keep your child at home until the vomiting has stopped for 24 hours. If vomiting continues, contact a health care provider.   |
| <b>Coughing</b><br>Severe, uncontrolled, rapid coughing, wheezing, or difficulty breathing  | <b>NO</b> - Keep your child home and contact a health care provider. Asthma - if symptoms are due to asthma, provide treatment according to your child's Asthma Action Plan and when symptoms are controlled send your child to school.   |
| <b>Rash With Fever</b>  | <b>NO</b> - If a rash spreads quickly, is not healing, or has open weeping wounds, you should keep your child at home and have him or her seen by a health care provider.   |
| <b>Strep Throat</b><br>Sore throat, fever, stomach ache, and red, swollen tonsils   | <b>NO</b> - Keep your child at home for the first 24 hours after an antibiotic is begun.  |
| <b>Vaccine Preventable Diseases</b><br><b>Chicken Pox</b> - fever, headache, stomach ache or sore throat, then a red itchy skin rash develops on the stomach first and then limbs and face.<br><b>Measles &amp; Rubella (German Measles)</b> - swollen glands, rash that starts behind ears then the face and the rest of the body, sore joints, mild fever and cough, red eyes<br><b>Mumps</b> - fever, headache, muscle aches, loss of appetite, swollen tender salivary glands<br><b>Pertussis (Whooping Cough)</b> - many rapid coughs followed by a high-pitched "whoop", vomiting, very tired | <b>NO</b> - Keep your child at home until a health care provider has determined that your child is not contagious.  |



<http://atschool.alameda.org>

This information is based upon recommended guidelines from reliable sources to include the Centers for Disease Control (CDC), American Academy of Pediatrics, Public Health Association and has been reviewed by Alameda County Public Health Department.



# SUMMER READING BUCKET LIST

[www.notimeforflashcards.com](http://www.notimeforflashcards.com)

read in a tent READ A BOOK ABOUT WILD ANIMALS read at breakfast

**read a book about a city far away**

read at the park READ A BOOK WITH CHAPTERS read a book about bugs

**read a book then act it out**

read a book to a pet **read at dinner** READ A BIOGRAPHY

**READ IN THE BATH** READ A MAGAZINE

read a book that makes you laugh

read in a blanket fort read an ebook **read a book you wrote**

**read a book about space** READ A BOOK ABOUT FRIENDSHIP

READ UNDER A TREE **READ ON VIDEO** read by flashlight

READ A BOOK WITHOUT WORDS **read a book about your country**

READ A BOOK AS A FAMILY

**read an alphabet book** **READ A COMIC BOOK**

read a book in a funny accent **read a pop up book**

**read at the beach** READ A BOOK ABOUT ART

**READ ALL SUMMER LONG**



# Prevent the Summer Reading Slide

*A Guide for Parents*

*“I know my students covered important reading skills last school year, but I still need to spend so much time reviewing those same skills at the start of each new school year.”*

Adrienne Snow  
K-12 Reading and  
Library Coordinator



The “summer slide” is an all-too-common frustration for teachers and parents. Students who don’t read during the summer are likely to lose crucial ground.

Help prevent your child from the “summer slide” and provide them with opportunities to strengthen reading skills during the break from school. Here are some suggestions

## **Have your child read 20+ minutes each day.**

Research proves that reading just 20 minutes each day outside of school can increase a student’s vocabulary by almost 2 million words!

## **Set a good example.**

When your child sees you reading and enjoying a book, magazine, or newspaper, you are sending a message that reading is an important and valuable activity.

## **Read with your child.**

Introduce a variety of book genres and writing styles.

## **Read for different purposes.**

Reading a recipe or directions for assembling a toy are fun ways of incorporating reading into everyday activities.

## **Make reading and writing a regular part of your daily home activities.**

If reading isn't one of your child's top priorities, consider setting up an incentive program to help them stay motivated.

## **Make reading and writing a regular part of your daily home activities.**

If reading isn't one of your child's top priorities, consider setting up an incentive program to help them stay motivated.

## **Talk to your child about what he or she is reading.**

Ask open-ended questions such as, "What do you think about that story?" or, "What would you have done if you were that character?" to encourage meaningful discussions.

## **Visit your public library.**

Most community libraries run summer reading programs to inspire and engage students of all ages.

## **Play word games.**

Play games such as thinking of different words to describe the same things.

## **Set limits for screen time.**

Reducing screen time creates opportunities for reading.



[www.readingplus.com](http://www.readingplus.com)

All Rights Reserved. Copyright © 2017 Taylor Associates/Communications, Inc.



TOLLAND MIDDLE SCHOOL PTO IS  
LOOKING FOR OFFICERS FOR THE 2019-  
2020 SCHOOL YEAR. PLEASE CONTACT  
LESLIE PRIOR AT:  
[firedogemb@comcast.net](mailto:firedogemb@comcast.net)

# TEPTO FAMILY



Walk, run, wheel, skip or hop...  
thru an (untimed) 1 mile course.  
Start wearing white, finish with color !

Along the route, participants pass through vibrant color zones, making it a “colorful experience.” Each pre-registered participant is provided with a single powder color packet that will be thrown in the air for a final color celebration at the finish line.

Where: Birch Grove Field  
When: June 8, 2019 at 10:30 am

Why: **Fun!** \*

\* All Tolland Elementary PTO funds raised during the 2018/2019 school year are applied towards the Birch Grove and Tolland Intermediate Community for the 2019/2020 school year. These funds provide field trips, assemblies, recess equipment, teacher stipends, technology and classroom materials, new library books and SO MUCH MORE! Please come support our schools!



## TEPTO Color Fun Run Registration DUE by May 20, 2019

Complete the following information and return to school with payment.  
**ALL PARTICIPANTS MUST PRE-REGISTER!**

Date of Event: June 8, 2019  
Check in Time: 9:30 am - 10:30 am  
Start Time: 10:30 am

Registration fee: \$15 per participant.  
Includes a tshirt and individual color packet.

Name: \_\_\_\_\_

T-shirt Size: **SELECT ONE** -  
**YOUTH** - Small Medium Large or **ADULT** - Small Medium Large XL 2XL

Name: \_\_\_\_\_

T-shirt Size: **SELECT ONE**  
**YOUTH** - Small Medium Large or **ADULT** - Small Medium Large XL 2XL

Name: \_\_\_\_\_

T-shirt Size: **SELECT ONE**  
**YOUTH** - Small Medium Large or **ADULT** - Small Medium Large XL 2XL

Name: \_\_\_\_\_

T-shirt Size: **SELECT ONE**  
**YOUTH** - Small Medium Large or **ADULT** - Small Medium Large XL 2XL

Phone: \_\_\_\_\_

**\*\*\*\*Please be sure to include an email address so that you can receive any necessary details prior to the event.**

Email: \_\_\_\_\_

Optional: Extra Color Packet: \_\_\_\_\_ x \$3 (payment due with registration / offer ends 05/20/18)

Signature: \_\_\_\_\_

Payment may be in the form of cash or check; payable to TEPTO

Contact Bethany Lescoe with any questions: [bethanylescoe@gmail.com](mailto:bethanylescoe@gmail.com) or 860-836-6890

## C.E.R.T. Training Announced for May & June

You are invited to join your friends and neighbors as they participate in Community Emergency Response Team (C.E.R.T.) training classes. Tolland Emergency Management is pleased to announce the newest C.E.R.T. class training schedule:

**5\* Thursday Classes: 6:30 pm to 9:00 pm**  
May 16<sup>th</sup>, May 23<sup>rd</sup>, May 30<sup>th</sup>, June 20<sup>th</sup>, June 27<sup>th</sup>  
and  
**3\* Saturday Classes: 8:00 am to 12:00 pm**  
May 18<sup>th</sup>, June 8<sup>th</sup>, June 15<sup>th</sup>

**\*Please Note: Participants must attend all classes**

C.E.R.T. participants learn valuable skills such as: How to recognize hazards that are most likely to affect your home, workplace, and neighborhood, steps you can take to prepare for a disaster, identifying and reducing potential fire hazards in your home and what to do when disaster strikes.

C.E.R.T. participants also learn how to: Assist Emergency Management and First Responders in meeting the needs of the community during disasters and learn to be part of an important team serving the community.

If you are interested in this exciting opportunity please email [keuliano@tolland.org](mailto:keuliano@tolland.org) with your name, address and telephone number to reserve your seat. Class size is limited, be sure to reserve your seat by May 10th.

All classes will be held at the Tolland Fire Department Training Center located at 191 Merrow Road, Tolland, Connecticut.



Dear Tolland Parents,

The Tolland Project Graduation committee is asking parents of students in grades K-11 to consider making a donation of any amount to help fund the **ALL-NIGHT** graduation party that is **FREE** for seniors. Time passes in the blink of an eye and soon your child will be graduating too. Parents of seniors may donate if they wish, but there's no obligation. Many businesses in Tolland and neighboring towns have already given money to support this special event. With your help, we can provide a **SAFE** place for our young adults to celebrate their accomplishments with friends before leaving for college and the work force.

**Donations can be made 2 ways:**

1. Check payable to **Tolland Project Graduation**; PO Box 366; Tolland, CT 06084
2. With PayPal to **TollandProjectGrad@gmail.com**

Please feel free to reach out to **Dan Carmody** (860) 874-5597 with any questions.

**Thank you** for your anticipated support for our mission:

***Keeping our graduates safe since 1987***

TPG, Inc. is a federally registered 501(c)(3) non-profit organization.

**Donations are tax deductible**





## Every Second Counts In Cardiac Arrest

### FREE Hands-Only CPR/AED Training (For Adults, Children, & Infants)

June 1-7 is National CPR and AED Awareness Week

We're pleased to support the American Heart Association and its mission to increase survival from cardiac arrest. We're asking our community members to please take some time out of your day to learn skills that can save a life.\*

**Please Join Us:**  
**Tolland Fire Department**  
Training Center / 191 Merrow Rd.  
Monday, June 3<sup>rd</sup>  
Thursday, June 6<sup>th</sup>  
6:30pm – 8:00pm



\*This is not a certification level class. Participants need only attend one session.  
Registration is REQUIRED. Please contact [CPR@tollandfire.org](mailto:CPR@tollandfire.org)



CPR WEEK IS JUNE 1-7

To learn more, visit [heart.org/handsonlycpr](http://heart.org/handsonlycpr)



Tolland Intermediate School

Photo Release Form

2018/2019

**Please do not release any photos of my student in the following media**

**(check all that apply):**

\_\_\_\_\_ Yearbook

\_\_\_\_\_ Outside Media Sources

\_\_\_\_\_ Tolland Public Schools Superintendent's Bulletin/**T.I.S. Digital Backpack**

\_\_\_\_\_ Tolland Intermediate School Website

**\*\*\*This form does not need to be returned if photos can be used in any of the above areas.**

Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

## UPCOMING SPIRIT DAYS

NOVEMBER 20 - HAT DAY



DECEMBER 20 - CRAZY SWEATER DAY



JANUARY 11 - DECADES DAY



FEBRUARY 1 - SPORTS TEAM DAY



MARCH 1 DR. SEUSS DAY/BOOK CHARACTER DAY



APRIL 2 - AUTISM AWARENESS DAY

*Wear blue!*

APRIL 12 - COLLEGE DAY



APRIL 22 - EARTH DAY

*Wear green!*

MAY 10 - TEACHER LOOK-ALIKE DAY!!

MAY 24 - PATRIOTIC DAY



JUNE 5 (TBD) - BEACH DAY





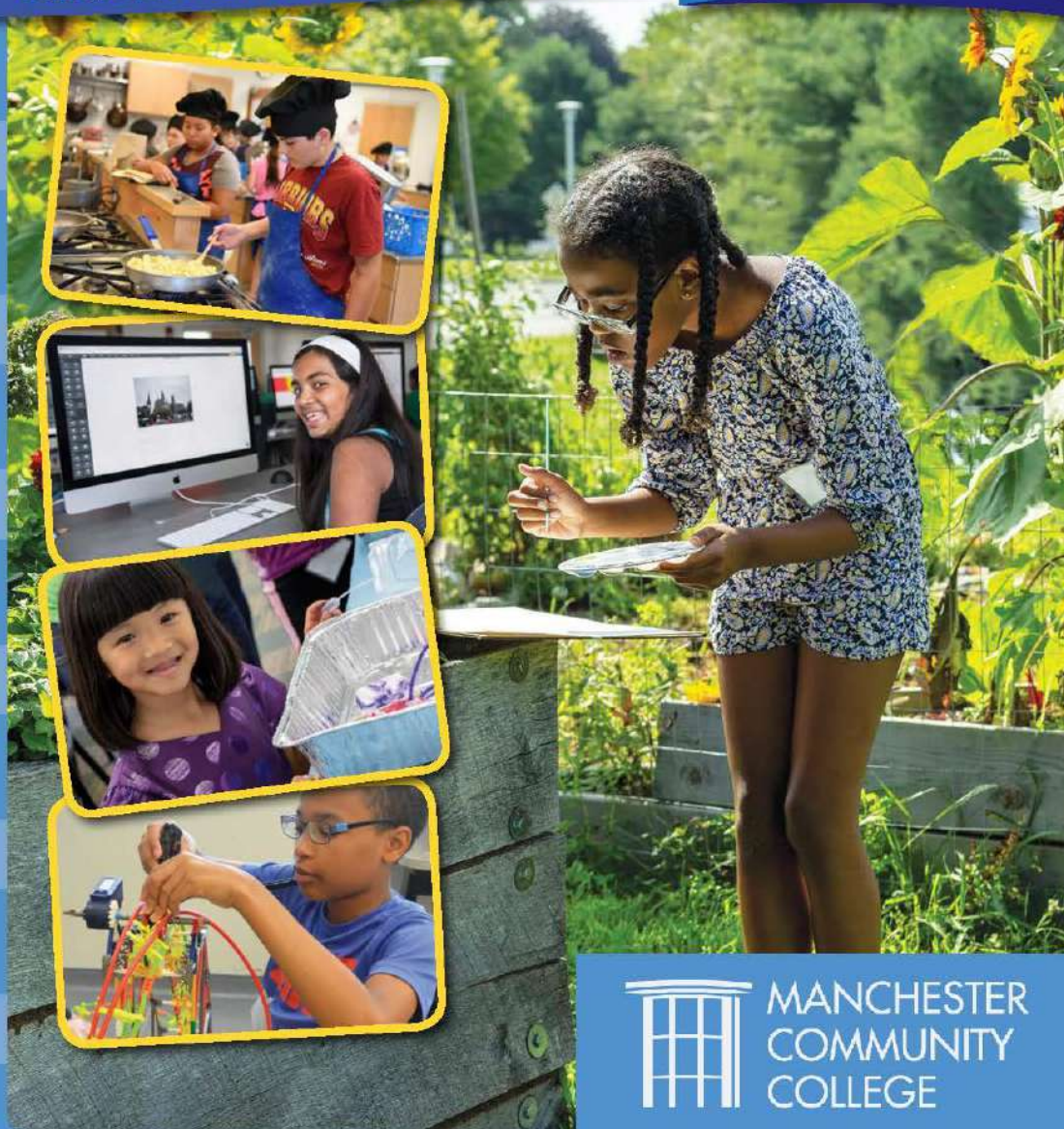
# Excursions in Learning

Manchester Community College

YOUTH  
PROGRAMS

**SUMMER 2019**  
**Grades K-8**

**Enrichment Classes for Inquisitive and Creative Minds**



MANCHESTER  
COMMUNITY  
COLLEGE

# MANCHESTER COMMUNITY COLLEGE YOUTH PROGRAMS

Excursions in Learning

## SUMMER ACADEMY FOR GIFTED & TALENTED YOUTH

**JULY 29-AUGUST 9 | GRADES K-8 | HALF DAY OR FULL DAY**

A student's grade level is the grade he or she has just completed in the 2018-2019 school year; sorry, no exceptions.

Our youngest students must have completed kindergarten.

**CHOOSE HALF DAY OR FULL DAY**

**HALF DAY:** PICK ONE CLASS (EITHER MORNING OR AFTERNOON) • **FULL DAY:** PICK TWO CLASSES (ONE IN THE MORNING AND ONE IN THE AFTERNOON)

Academy AM  
Extended Day  
8-9 AM

### MORNING CLASSES 9 AM-12 NOON

**Grades K-2**

Animals Around the World  
Cooking with Math  
Insect STEM Exploration  
Ooey Goopy Science and Art  
Seasonal STEM Stories  
STEM-tastic First Steps!

**Grades 3-5 - unless noted**

Builders of the Future (Grades 2-4)  
Brain Games  
Clay Creations  
Scratch Computer Programming  
This is Rocket Science (Grades 4-6)  
Comic Books and Super Heroes (Grades 4-6)  
Acting and Playwriting (Grades 3-8)

**Grades 5-8 - unless noted**

Comic Books and Super Heroes (Grades 4-6)  
This is Rocket Science (Grades 4-6)  
After Effects™ Animation  
Getting to Know Graphics  
MCC Junior Jazz Ensemble  
Transportation Design

### LUNCH 12-1 PM

*Full-day students  
are supervised by  
Excursions staff.*

*Students, please  
pack a lunch.*

*Sorry, purchasing  
a lunch is not  
available.*

### AFTERNOON CLASSES 1-4 PM

**Grades K-2**

Crazy Concoctions  
Engineering Fairy Tales  
LEGO® Learners  
Nature's Canvas  
Ooey Goopy Science & Art

**Grades 3-5 - unless noted**

Cartooning for Kids (Grades 2-4)  
Cooking Road Trip Adventure  
Stem-tastic  
Simple Machines (Grades 4-6)  
Amusement Park Exploration (Grades 4-6)  
Paints, Props, and More (Grades 3-8)

**Grades 5-8 - unless noted**

Amusement Park Exploration (Grades 4-6)  
Simple Machines (Grades 4-6)  
Digital Photography and Editing  
Intro to Architecture  
Video Game Design  
Advanced Clay and Ceramics (Grades 6-8)

Academy PM  
Extended Day  
4-5 PM



DO YOU NEED AN EXTENDED DAY TO HELP WITH DROP OFF OR PICK UP?



## EXTENDED DAY PROGRAM FOR THE SUMMER ACADEMY (GRADES K-8)

SEE EXCURSIONS SUMMER 2019 CATALOG PAGE 8 FOR DETAILS.

[www.manchestercc.edu/excursions](http://www.manchestercc.edu/excursions)



MANCHESTER  
COMMUNITY  
COLLEGE  
CONTINUING EDUCATION

Linda Armstrong  
Coordinator of Youth Programs  
larmstrong@manchestercc.edu  
860-512-2804

[www.manchestercc.edu/excursions](http://www.manchestercc.edu/excursions)



**Excursions  
in Learning** YOUTH  
PROGRAMS  
Manchester Community College

# 2019 SUMMER EXCURSIONS IN LEARNING REGISTRATION

Today Date: \_\_\_\_\_

Student's Name: \_\_\_\_\_ (Last) \_\_\_\_\_ (First) Name for name tag: \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Are you a new Excursions student?  Yes  No Banner ID# (if known) \_\_\_\_\_  Male  Female Birth Date: \_\_\_\_\_

Grade (2018/2019 Year): \_\_\_\_\_ Age: \_\_\_\_\_ Parent/Guardian Name(s): \_\_\_\_\_ Home Phone: \_\_\_\_\_

Preferred Email: \_\_\_\_\_ Preferred cell phone #: \_\_\_\_\_

## JUNE-JULY PROGRAMS

| CRN# | COURSE TITLE | COURSE DATES | TIME | ROOM | FEE |
|------|--------------|--------------|------|------|-----|
|      |              |              |      |      |     |
|      |              |              |      |      |     |
|      |              |              |      |      |     |

## SUMMER ACADEMY FOR GIFTED AND TALENTED YOUTH JULY 29-AUGUST 9

| MORNING CLASS                                |             |      |     | AFTERNOON CLASS                              |             |      |     |
|--|-------------|------|-----|--|-------------|------|-----|
|  | CLASS TITLE | CRN# | FEE |  | CLASS TITLE | CRN# | FEE |
| 1st Choice                                   |             |      |     | 1st Choice                                   |             |      |     |
| 2nd Choice<br><i>(if 1st choice is full)</i> |             |      |     | 2nd Choice<br><i>(if 1st choice is full)</i> |             |      |     |

| CHECK HERE               | AUGUST EXTENDED DAY PROGRAMS |       |                      |
|--------------------------|------------------------------|-------|----------------------|
| <input type="checkbox"/> | 7/29-8/9                     | 20551 | AM Extended Day \$80 |
| <input type="checkbox"/> | 7/29-8/9                     | 20552 | PM Extended Day \$80 |

### TUITION DISCOUNT OPTIONS • FOR ACADEMY CLASSES ONLY

SAVE \$15 PER COURSE (See page 3)

CHOOSE 1 OPTION ONLY

EARLY REGISTRATION (postmarked by 4/24/19)

OR

MULTIPLE SIBLING DISCOUNT Sibling's Name \_\_\_\_\_

Subtotal: \_\_\_\_\_

Discount: (FOR ACADEMY CLASSES ONLY) \_\_\_\_\_

Total: \_\_\_\_\_

Applying for a scholarship? (for the TAG Academy only) see page 3

All students in The Academy receive a free T-shirt.

#### Child Size

- small (6-8)  medium (10-12)  large (14-16)

#### Adult Size

- small (S)  large (L)  extra large (XL)

Where did you hear about us? (Check all that apply.)

- Mall Cart at Buckland  Internet Search  Facebook  
 Newspaper Ad  Our Child's School  Other: \_\_\_\_\_

#### Make checks payable to MCC.

##### Mail to:

Excursions in Learning  
Manchester Community College  
Great Path MS #16  
P.O. Box 1046  
Manchester, CT 06045-1046

#### Have you included?

- Payment  T-Shirt Size  Scholarship Application (TAG Academy only)  
 Health & Safety Form  Student Recommendation Form (TAG Academy only)

Check/money order # \_\_\_\_\_ enclosed. I authorize the use of my  MasterCard  Visa  Discover Card  American Express

cardholder name (print) \_\_\_\_\_ cardholder signature \_\_\_\_\_

credit card # \_\_\_\_\_ cvv (3 or 4 digit code) \_\_\_\_\_ exp. date (month/year) \_\_\_\_\_

**Office Use Only** \_\_\_\_\_ Regis. \_\_\_\_\_ Conf. \_\_\_\_\_ Receipt # \_\_\_\_\_

Banner ID \_\_\_\_\_ Date \_\_\_\_\_

# Tolland Middle School Student Government

Invites all TIS 5<sup>th</sup> & TMS 6<sup>th</sup> graders to a

**SESSIONS:** 8 one week sessions; Monday-Friday, beginning Monday, June 17, 2019 and ends on Friday, August 9, 2019.

**SCHEDULE:** 8:00am – 4:00pm. Campers should arrive at Camp no later than 8:40am and be picked up no later than 4:00pm. Please Note: A late fee of \$10 per child per day will be assessed for any child not picked up at 4:00 pm and who is not registered in the Extended Hours Camp Program.

**SIGN-IN AND SIGN-OUT PROCEDURES:** A parent or guardian MUST sign-in each child each morning and sign-out upon pick-up. The staff will request identification when someone other than a known parent or guardian picks up a camper. For your child's protection, we ask that you provide us with advance written notice:

- 1) If you plan to pick up your child early.
- 2) You authorize someone to pick up your child other than yourself.
- 3) You know your child will be absent from camp on a particular day.

**THINGS TO BRING:** Bag lunch, thermos or water bottle with plenty to drink, sneakers, hat, sweatshirt, bathing suit(s) and towel, sunscreen, & bug spray. We do not refrigerate lunches, please plan accordingly. Please mark all possessions with the camper's name.

**LUNCHESS AND SNACK:** Lunches are not refrigerated at camp. Campers may choose to buy chips, drinks, ice cream, etc. at the Concession Stand every day. There will be a brief morning snack period, please include a drink and light snack.

**MEDICINE:** The Recreation Dept. has a registered nurse on site. Any medication must follow the state guidelines of administration. Please contact the main office for further information.

**RAINY DAY INFORMATION:** In the event of rain, parents will be notified via email and campers are to report to the Tolland Recreation Department located at 104 Old Post Road. Please bring gear to participate in some outdoor activities. Sign-in and sign-out procedures will still apply. End of day pickup will be at the Recreation Department unless you are notified otherwise.

**BEFORE CAMP & AFTER CAMP CARE:** Before and/or After camp care is available for participants of the Crandall Park Day Camp and will be held at Crandall Park Monday through Friday from 7:30-8:00AM & 4:00 - 5:30PM.

**BEHAVIOR:** All children enrolled in camp are expected to behave in a proper and respectful manner. We will not tolerate any hitting, name-calling, foul language or any other behavior deemed inappropriate by the staff. In accordance with the severity and frequency of the behavior, the Recreation Department reserves the right to dismiss any child from the program. No refunds will be made in these situations.

**SWIMMING:** Campers will be swimming in Crandall Park Pond daily weather permitting. Campers will be given a swim test their first time at camp this year to determine their ability to swim out to the raft.

Tolland Recreation Department

## 2019 SUMMER CAMP BROCHURE



**GOOD TIMES!**

**LAUGHTER & FUN!**

**REGISTERED NURSE ON SITE!**

**THEMES/SPECIAL EVENTS!**

**Join the FUN and be a part of the Tolland  
Recreation Department's Summer Camp!**

**REGISTER AT: [WWW.TOLLANDREC.COM](http://WWW.TOLLANDREC.COM)**



## Registration Process

**On-Line:** On-line registration will begin March 11, 2019. Log onto the Tolland Recreation Department's website at [www.tollandrec.com](http://www.tollandrec.com), click on "Activities", then click on "Crandall's Summer Camp"; follow the prompts on our website. It's quick, it's easy and you can register any time of day!

**Payments are due in full on-line.**

**Mail-In:** Mail-in registrations are processed the day they are received in the mail. Please fully complete the registration form on-line. Incomplete forms will NOT be processed until all items are received. The Tolland Recreation Department is NOT responsible for lost or untimely mail delivery. Mail the registration form and payment to the Tolland Recreation Department; 21 Tolland Green, Tolland, CT 06084.

**Walk-In:** Walk-in registration will be accepted at the Parks and Recreation Department beginning March 11, 2019.

**\*\*ALL REGISTRATIONS ARE DUE BY 12pm ON THE THURSDAY BEFORE A SESSION BEGINS IF SPACE IS AVAILABLE\*\***

## Payments

**Forms Of Payment:** Cash, Bank Checks, Personal Checks (payable to "Town of Tolland"), Money Orders, Visa, Mastercard, or Discover Card are accepted.

## Refunds/Transfer Policy

Unconditional full refunds if more than 7 days' notice is given prior to the start of the program. Refunds will be given for medical reasons only, upon the receipt of a doctor's note if less than 7 days' notice is received. No refunds or transfers are made once a program has started. There is a **\$10.00 charge** for any refund/transfer you make between programs (note that each session is a different program). If the Recreation Department cancels a program a full refund will be issued.



## Crandall's Summer Camp

We strive to engage your child in a variety of activities that include outdoor games, sports, nature, arts & crafts, creative games, swim time and special events. Children should bring a lunch, water bottle (please do not send glass), snacks, bathing suit and a towel each day. Please remember sunscreen and teach your child how to put it on properly. Rainy days will be at the Tolland Recreation Center.

- Register for camp on-line, by mail, or bring to the Recreation Office
- Camp Runs Monday – Friday and is for children in grades K – 9
- When enrolling in the 3 day week option, be sure to choose which three days your child will attend camp
- Participants are grouped by grade entering Fall 2019
- Deadline for registration is the Thursday prior to the week you wish your child to attend by 12:00pm (Noon).

## Crandall's Summer Camp 2019

**Day:** Monday – Friday ; Options: 5 DAYS or 3 DAYS (Must pick 3 days)

**Ages:** Grades K – 9th

**Date:** Week 1: June 17 – June 21                      Week 2: June 24 – June 28

Week 3: July 1– July 5 (No 7/4)                      Week 4: July 8 – July 12

Week 5: July 15 – July 19                              Week 6: July 22 – July 26

Week 7: July 29 – August 2                          Week 8: August 5 – August 9

**Location:** Crandall Park- (Rain location -Tolland Recreation Department)

## REGULAR DAY CAMP HOURS

**Time:** 8:00am - 4:00pm

(if you need extended hours you must also register for extended hours for each week)

**Fee:** \$170.00 Res. / \$180.00 Non-Res Regular Day (5 Days)

\$120.00 Res. / \$130.00 Non-Res. Regular Day (3 Days – must pick 3 days)

**Register and pay in full on or before May 11, 2018 for all weeks requested to receive a \$10.00 per week discount. Applies to Regular Day Camp ONLY.**

## EXTENDED DAY CAMP HOURS- (Must be registered for regular day camp hours)

**Time:** 7:30 am-8:00am 4:00pm–5:30pm

**Fee:** Additional \$30.00 Res. / \$35.00 Non-Res. (5Day)

Additional \$25.00 Res. / \$30.00 Non-Res(3 Days)

**REGISTER AT: [WWW.TOLLANDREC.COM](http://WWW.TOLLANDREC.COM)**

# REGISTER NOW



## **GIRLS & BOYS LACROSSE**

**- Grades K-8 -**

To register please go to <http://tollandlacrosse.org> and click "Registration Online" on the left side navigation panel. There are detailed instructions on how to register on the registration page.

Any questions regarding registration please contact Erin Perryman @ [erinperrygirl@yahoo.com](mailto:erinperrygirl@yahoo.com)

For additional information about Tolland Lacrosse please visit our site or contact the following:

- Boys program contact Damien Berthiaume @ [ddberth@gmail.com](mailto:ddberth@gmail.com)
- Girls program contact Lance Doyle @ [ldtollandlax@gmail.com](mailto:ldtollandlax@gmail.com)

**<http://www.tollandlacrosse.org>**

---

# Band Home Practice Log

*Inside front cover of:*

**Red Book 1 Standard of Excellence**

**Goal: 60 minutes per week**

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Total | Parent Initial |
|--------|---------|-----------|----------|--------|----------|--------|-------|----------------|
|        |         |           |          |        |          |        |       |                |
|        |         |           |          |        |          |        |       |                |
|        |         |           |          |        |          |        |       |                |
|        |         |           |          |        |          |        |       |                |



1. Practice goal: Example: 10 minutes per day x 6 days = 60 minutes; 15 minutes x 4 days = 60 minutes
2. Write down # of minutes practiced each day. Use a "0" if you did not practice.
3. Write the total # of minutes: the Total should be 60 minutes or more.
4. Have your parent or guardian initial the log.
5. Plan for and maintain a regular home practice schedule.
6. Questions? Concerns? Contact Mrs. Marchesani:  
[nmarchesani@tolland.k12.ct.us](mailto:nmarchesani@tolland.k12.ct.us) 860-870-6885 x 40226



*The End*