

**PHYSICAL EXAMINATIONS OF STUDENTS**

Parents shall be encouraged to have their children physically examined prior to entering school and again prior to the fourth, seventh, and tenth grades. A dental examination shall also be strongly suggested.

Any pupil engaging in any competitive athletics shall, PRIOR to his/her participation in any form of exercises leading to such athletics, be given a physical examination by a physician, at the expense of the parents/guardians.

In any case where the physical exercise is rather strenuous (such as physical education classes), and a student has any physical impairment whatsoever, he/she may be required to present authorization for such participation from a physician.

Youngsters may be excused from physical education activities and also from curricular requirements to relating to physical education activities upon the statement from a physician that such participation would be injurious to their health.

Teachers shall be alert to the general well-being of pupils, and shall refer any questionable situations to the school nurse or principal. It will also be their responsibility to aid in the investigation of such conditions and possibly to refer pupils for further medical attention.

**Parental Consent:**

Parental consent will be required for all examinations noted above if given by a school nurse or under the auspices of the school. However, parental consent will not be mandatory to refer a student to a public health or other doctors for medical services in connection with pregnancy, venereal disease, alcohol use, or drug abuse. It shall be the policy of the District to encourage students to seek health services related to such problems with or without parental consent.

LEGAL REFS: CRS 18-6-101  
CRS 25-4-402  
CRS 25-6-102

ADOPTED: 8/85