



Tolland Intermediate School Digital Back January 22, 2015



From the Principal's Office

Power School Parent Portal Closing

The Tolland Intermediate School Parent Portal will be closing on Tuesday, January 27. The portal will reopen shortly after the close of the second trimester. Requests for copies of report cards after January 27, should be forwarded to Mrs. Ginger White at gwhite@tolland.k12.ct.us

T.I.S. HAWK Community News

Fifth Grade Assembly

Last week, the fifth grade team held their latest grade-level HAWK Community assembly. The purpose of our HAWK Community assemblies is to provide an opportunity for students and staff to come together to celebrate their community. Last week's assembly included an entire grade-level hula-hoop challenge as well as T.I.S. paraprofessional Mrs. Patty Jones conducting a Minute-to-Win-It game show.

During the hula-hoop challenge, students and staff created a chain by joining hands, followed by attempting to pass a hula-hoop around the entire cafeteria. Minute-to-Win-It, involved students and staff playing games that required them to bounce pencils into cups, move cotton balls from one plate to another, and place ziti on straws...without the use of hands!

Thanks to Mrs. Jones and the team of fifth grade teachers for this wonderful community building assembly.



Northwest Evaluation Association (NWEA) Measures of Academic Progress (MAP) Testing

All Tolland Intermediate School students will soon begin our second round of Measures of Academic Progress (MAP) testing. MAP testing is a computer adaptive assessment that will be used, in conjunction with a variety of other assessments, to monitor the progress of students and to provide us with valuable information relative to our instruction.

TIS UPCOMING EVENTS

JANUARY

- 22 Grade 4 and Grade 5 Band Concert AT THE MIDDLE SCHOOL**
- 28 Half Day of School**
- 30 Sports Team Day**

Unified Arts Update for January 2015

Art ~ Health ~ Library ~ Music ~ Physical Education ~
Technology



Mrs. Bezzina - Art

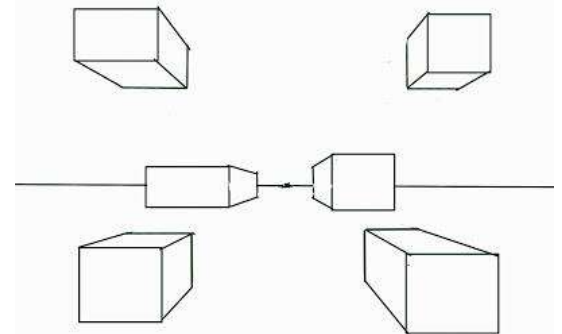
Third grade: Third graders are exploring radial, concentric, spiral, and bi-lateral designs. They just created original sketches using these ideas and are now transferring the images to foil. Their designs will have a low relief (like a license plate) as they learn the technique of Repousse. Basically, they will work on the back side of the foil to indent it. When it is turned over, the raised relief will appear.

Fourth grade: Fourth graders have completed self-portraits and are studying masks and their various purposes. Students are just beginning to create their own masks that are based on characters in Greek Mythology such as Athena and Zeus. This is a multi-media project that will incorporate many skills learned in previous classes.

Fifth grade:



Students in fifth grade are learning the basics of transforming shapes into forms using one point perspective. They are creating 3-D objects in a 2-D space using lines that seem to “disappear” at a vanishing point on the horizon line. Ask your child to explain this technique; you will be surprised how easy it is to make these forms.

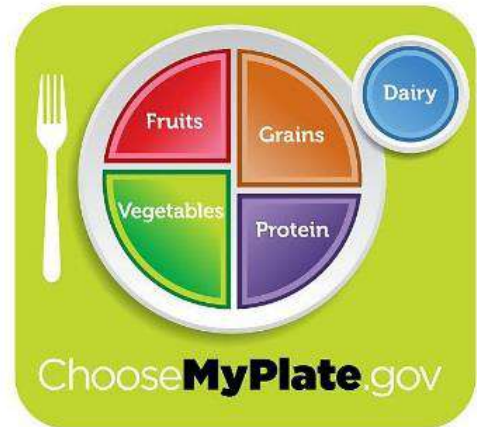
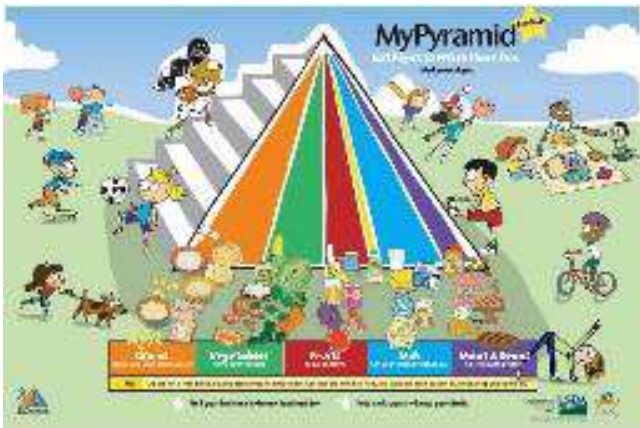


Mrs. Logsdan – Health/Physical Education

3rd, 4th and 5th Health - **Trooper Steve Corradi, Tolland Public Schools**

Student Resource Officer has come into each class to meet the students of TIS. The students have enjoyed meeting him and have asked some really great questions about his job and duties in the district. There are still a few more classes on the schedule, so if your child has not had the opportunity to meet Trooper Corradi yet, it will be coming up shortly.

Third grade: We are currently working on a nutrition unit using information from both *MyPyramid* and *MyPlate*. While maintaining focus on the nutritional basics, this unit allows us to work on other skills as well. Many games and activities are utilized throughout the nutrition unit also incorporating physical activity, math skills, social skills and proper game play etiquette. The book series, *Food is Categorical* by Brian P. Cleary is also embedded throughout the unit to support English and Language Arts.



Fourth grade: We are currently working on a nutrition unit using information from both *MyPyramid* and *MyPlate*. We have used information previously learned in third grade to advance further into the complexity of choosing the proper foods that provide growing bodies with the best nutrients. Vocabulary and knowing how we supply our body with the proper food energy sources are a large part of our nutrition unit. Nutrition based games and activities will be used to reinforced learned information and provide opportunities to practice social skills and proper game play etiquette. Ask your fourth grader to name the six essential nutrients, I have a feeling they will be proud to be able to tell you.

5th grade Physical Education – We are currently in a badminton unit. After a few days of skill work, fifth graders will be playing badminton games with modified rules. For some, serving the birdie has been a real challenge. In just two classes, so far there has been an amazing improvement from the students and their racquet skills. Some students will continue to work on making contact with the birdie, while others have advanced to controlling the birdie to reach a variety of targets. Your fifth grader should be proud of the improvement that they have made so quickly.



Mrs. Hill - Library

If you have questions about your child's library day, volunteering in the library, current Nutmeg Book Award nominees, or one of the Library Book Challenges, please visit the Tolland Intermediate School website at: <http://www.tis.tolland.k12.ct.us/> Once there, Click Contacts, Unified Arts, then click on Mrs. Hill.



Third grade continues the Biography Unit with the life of Dr. Martin Luther King Jr. Last week students told me what they knew about MLK and then heard “The Picture Book of Martin Luther King”. This week students will view and listen to a timeline of historical events so as to place MLK in the appropriate time period in history. In the following weeks, students will view video clips of Rosa Parks, the “*I have a Dream*” speech and the “*Mountaintop*” speech. Throughout the MLK lessons, students are encouraged to ask questions and to participate in discussions.

Fourth grade students have begun a hands-on “how do I find this book in the library” lesson. Students are asked to look up three titles in Destiny, one fiction, one non-fiction and one biography, then students must independently find these titles on the shelf. Finding the books is done in very small groups to allow complete independence and for Mrs. Hill to help, if needed.

Fifth grade Mr. Dineen has posted many book review posters written and designed by fifth graders. These posters can be found on the bulletin board in the school vestibule hallway, before the stairs leading up to the fifth grade classrooms. These book reviews are the first of many that will be posted throughout the year to promote our school-wide goal of reading improvement. All TIS students should be sure to check them out as most of the books that have been reviewed are excellent choices for grades 3, 4 or 5.

Mrs. Baker - Music/Chorus



Third grade general music: The students are learning how to read and play sixteenth note rhythm patterns while singing songs, playing instruments, stories, and writing rhythms. They are also learning about Mozart and Martin Luther King Jr. who were both born in January. While learning about Mozart the students be introduced to the musical forms of Rondo and Concerto.

Fourth grade general music: We have started our unit on the music of Africa. The students will be using syncopated and sixteenth note rhythm patterns in African songs, games, and recorder pieces. The students will play and learn about many of the instruments of Africa while singing, dancing, and learning folktales of the culture.

Fifth grade general music: The fifth grade students are learning how to number count more complex rhythms like one eighth note with two sixteenth notes and dotted quarter note rhythms. We will be reviewing the notes on the treble clef staff using multiple instruments and tonal activities. In preparation for composing on pitched instruments.



Fifth grade Chorus: We are off to an exciting start learning songs based on Aaron Copland, African culture, rap, patriotic and much more. **Our concert on May 7, 2015 is sure to be tons of fun.** Mark your calendars!!!

Mrs. Bazzano - Music/Chorus



Upcoming Concert: Grade 4 and Grade 5 Winter Band Concert Thursday January 22, 7pm at Tolland Middle School. All band students please report to the band room by 6:30. Looking forward to the concert!!!



Fourth grade Chorus: The students are learning new music! They are doing a lot of fun pieces, such as "Papa Loves Mambo" and "Step In Time."

Fourth grade Band: The students are finishing up their rehearsals for their first band concert coming up next week! Almost all of the groups are learning eighth note rhythms, which is a brand new rhythm for them to start identifying in their music. Starting the last week of January, they will be given new music to work on for the next concert. This music will be actual music pieces, not pieces from the Standard of Excellence Book.

Fifth grade Band: The students are finishing up their rehearsals for their band concert coming up next week! Everyone is getting further in their Standard of Excellence Book 1. I am very proud of all of their hard work! They will be learning new pieces after next week's concert that will be a bit more challenging for their spring concert.

Mr. Downing – Physical Education



Third grade are now in the basketball unit. Students will be reviewing dribbling, passing and shooting.

Fourth grade is also into the basketball unit. Throughout the unit, the students will play a variety of games in order to reinforce the basketball skills of dribbling, passing and shooting.

Fifth grade has begun the badminton unit. Students will be introduced to basic racket skills and game play.





Mrs. Kirk - Technology Integration

January

Students have been very busy with the ReadWorks program, learning how to use digital media to enhance and support their reading skills. Students are working on problem solving skills and using tutorials to review and self-monitor skills taught. Technology affords the students the ability to learn perseverance and that mistakes often lead to greater learning and understanding.

Students are encourage to continue practicing their typing skills on a regular basis as well as their coding skills that began during the Hour of Code in December.

I encourage you to sit with your student and have them show you what they've been doing. Be the student and see if they can teach you something new.





Name:
Grade:
Teacher:

Please tape Box Tops to the “tickets” below. See the back of this paper for instructions.

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Book Clubs Book Clubs Book Clubs Book Clubs Book Clubs

Every Child Deserves a Good BookEvery Child Deserves a Good BookEvery Child Deserves a Good BookEvery Child Deserves a Good BookEvery Child Deserves a Good Book

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Box Tops for Education CONTEST



Help support our schools by clipping Box Tops!

My name is Jessica Burney and I'm thrilled to be the Box Tops Coordinator for Birch Grove and Tolland Intermediate School. Clipping Box Tops is an easy way for you to help our school buy what it needs. Box Tops are each worth 10¢ and they quickly add up to real cash for our school. This school year, our school's earnings goal is \$6000. I know that we can hit this!

*Please tape Box Tops for Education to the tickets on the back of this paper. Check the expiration dates, since expired Box Tops don't count!

*For every sheet of 25 filled, your child's name will be entered into a drawing for a prize. If you send in 3 sheets, your child will have 3 chances!

*If you have more than 25 Box Tops, your child's teacher will have extra sheets or you can find a copy in the digital backpack.

*Bags of Box Tops will also be accepted for submission, though not counted in the contest.

*If you have only a few, please send them in, since every one counts!

*If you have any questions, please email me at
jessburney13@comcast.net

**There will be six winners for this contest: 1 from EACH grade!
The prizes are \$15 gift certificates to use towards the Scholastic
Book Fairs!!**

Contest ends February 27, 2015

Welcome Reception

for
Dr. Walter Willett
Superintendent of
Tolland Public Schools

The Tolland Board of Education invites the community to a meet and greet event with Dr. Willett, our new Superintendent of schools.

JOIN US!

Thursday, January 29, 2015
6:00 – 7:30pm
Tolland High School Cafeteria

Coffee, tea and light refreshments will be served.

All are welcome!

Breakfast with Superintendent Willett!

**Come enjoy coffee and donuts. Bring your
questions, comments and conversation!!**



January 21, February 18, March 18, April 15, May 20

9:00am - 10:00am

Tolland Board of Education

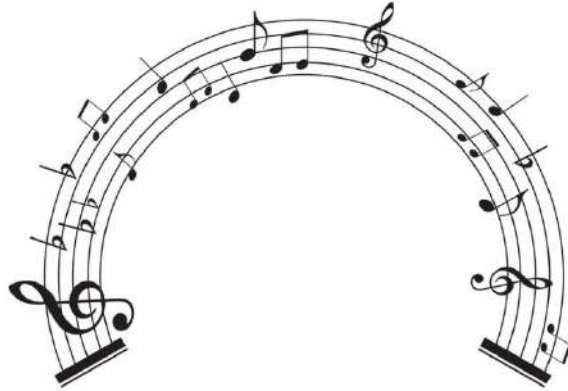
51 Tolland Green

RSVP only if childcare is Requested

jpalumbo@tolland.k12.ct.us

Timeline for Preparation of 2015-2016 Budget

1/15/15	Community Budget Workshop	Superintendent/School Admins/BOE
1/20/15	Community Budget Workshop	Superintendent/School Admins/BOE
1/21/15	Community Budget Workshop	Superintendent/School Admins/BOE
1/28/15	Board of Education Budget Review Session	Superintendent/Business Manager
1/28/15	Presentation to BOE of Superintendent's proposed Superintendent/Business Manager Fiscal Year 2015 – 2016 Budget to Board of Education Board of Education Budget Review Session	
1/29/15	Board of Education Budget Review Session	Superintendent/Business Manager
2/04/15	Board of Education Budget Review Session	Superintendent/Business Manager
2/11/15	Regular BOE meeting -Adoption of Board of Education Budget	BOE
2/17/15	Superintendent submits Board of Education Budget to Town Manager (by February 21, per Town Charter)	Superintendent
3/3/15	Manager convenes joint meeting between Council and Town Board of Education (by April 11 per Charter requirement) Council Room – 7:00 p.m.	 BOE
5/6/15	Budget Referendum	Town
7/1/15	Fiscal year 2015-2016 budget year begins	



GRADE 4 AND GRADE 5 BANDS WINTER CONCERT

Concert date: Thursday, January 22, 2015
Place: **Tolland Middle School in the Auditorium**
Students arrive: **6:30 p.m. and report to the band room**
Concert begins: **7pm**
Concert dress: Ladies: a dress or dress pants/skirt and dress shirt, nice shoes
Gentlemen: dress pants, dress shirt, nice shoes
No sneakers, sweatpants or sweatshirts!!

Please remember to be respectful of middle school equipment, since we are using their facilities.

There are so many beginner band students, that I am in need of a few chaperones to help in the band room while I am warming them up ☺

We are looking forward to a fun-filled concert with your wonderful young musicians!

Please email me at rbattersby@tolland.k12.ct.us if you are interested in helping out in the band room during the concert and I will get back to you and give you all the information ☺

Please contact me with any questions or concerns!

Thank you!

Mrs. Rebekah Bazzano, Grade 4 and Grade 5 Band Director

BAND INFO:

**4th and 5th Grade Small Group Lessons
On Scheduled Half Days**

<u>Original Lesson Time</u>	<u>Half Day Schedule</u>
8:00-8:30	8:00-8:25
8:30-9:00	8:25-8:50
9:00-9:30	8:50-9:15
9:30-10:00	9:15-9:40
10:00-10:30	9:40-10:00
11:45-12:15	10:30-11:00
1:45-2:15	12:15-12:45
2:15-2:45	12:45-1:05

NO RECESS BAND and NO RECESS CHORUS on half days

Dear Fifth Grade Parents:

On Thursday, February 26th, the fifth grade students will have the unique opportunity to spend the day and evening with a group of students from Canton High School. These high school students are trained counselors who work with younger children as part of a program known as ***Esteem***.

Some of the topics covered in the ***Esteem*** program are:

- Self-esteem
- Awareness of drug and alcohol-related issues
- Helping others
- Understanding feelings
- Developing coping skills

The Canton students and their two teacher-advisors will work along with our students and teachers throughout the day in the TIS gymnasium. Our students will also take part in a group presentation for parents that night. Please mark your calendar and plan to attend this special program on **Thursday, February 26th**, from **6:00 - 7:15 PM**. (Snowdate: March 12th)

An *Esteem* t-shirt will be ordered for each fifth grader. Students will wear the shirt during the day and at the evening presentation to show their team wide commitment to this program. Since the Canton students spend the entire day with us, we will also provide dinner for the ***Esteem*** team. The cost for the program and t-shirt is \$10 per child. Please send cash or make a check payable to TIS SAA by Friday, January 30th.

We look forward to having you and your child experience this memorable day.

Sincerely,

The Fifth Grade Teachers



I read the Esteem letter and have included the \$10.00 payment.

Student Name

Parent Signature

Food & Nutrition Services

is looking for substitute workers. Work only while your student is in school. Apply now for positions for the school year.

Opportunities to move into permanent, part-time positions are available. Please contact Mary Layman at 860-870-6853 or mLAYMAN@TOLLAND.K12.CT.US



Tolland Community Women Invite You To: 4th Grade Valentine Dance

♥ **WHO:** All 4th grade students and their favorite adult!
(Girls - bring your father, uncle, grandfather, etc.)
(Boys - bring you mothers, aunt, grandmother, etc.)
All children must be accompanied by an adult

♥ **WHAT:** Come join your classmates for a great night out! A DJ will be there playing all your favorite songs! Snacks and drinks will be provided. Carnations and "Glo Jewelry" will be available for purchasing.

♥ **WHERE:** Tolland Intermediate School All Purpose Room

♥ **WHEN:** Friday, February 6th, 2015

♥ **TIME:** 7:00 - 9:00 pm

♥ **Admission:** \$15.00 per couple, payable at the door.

♥ **Questions?** Call Kathy Aldrich 860-870-0306 for more details.



Tolland Tykes Preschool OPEN HOUSE

Wednesday, January 21, 2015

(Snow date January 28th)

Between 6:00 and 7:30pm

At the Tolland Recreation Center
(104 Old Post Road)

We offer a fun, hands-on, developmentally appropriate learning environment where the individuality of every child is valued and respected. We have openings in our three year old class and our four year old class for the 2015-16 school year. Stop by on January 21st to meet the teachers, see the classroom, and learn more about our program.

For more information or questions, please contact the Recreation Office at (860) 871-3610 or Kgrimes@tolland.org.

An Equal Opportunity Program Provider and Employer

WINDHAM-TOLLAND 4-H CAMP
326 Taft Pond Rd Pomfret, CT 06259
www.4hcampct.org

PUT SOME FUN IN YOUR 2014 SUMMER!
June 21st to August 14th, 2015

Windham-Tolland 4-H Camp, located in Pomfret Center, Connecticut, has provided summer camp experiences for thousands of youngsters for 60 years. The camp has both overnight and day camp programs for boys and girls 6-15 years of age. The camp is located on 270 acres containing woodlands, cabins, recreation areas and scenic lakes. The Windham-Tolland 4-H Camp maintains a state license and ACA accreditation. Campers need not be 4-H members. *Our caring, camper-centered, college-aged and trained staff is committed to providing a safe, educational, and fun experience for every child.*

All campers have the opportunity to participate in a variety of programs each week including:

- Arts & crafts
- Ropes course & Horizontal Climbing wall
- Swimming
- Self-defense
- Fishing
- Sports
- Drama
- Dance
- Archery
- Outdoor Education
- Zip-line
- Canoeing & Kayaking

4-H Camp offers a variety of specialty programs are also available on a weekly basis for an additional cost.

Horseback riding, wood fiber crafts, goat camp, and introduction to draft horses.

CAMP PRICING 2015

- Day Camp (ages 6-15)\$235 per week
- Resident Camp (ages 6-15)\$445 per week
- Teen Leadership Program (ages 15-17)\$445 (for the 1stweek & 1st Yr TL- \$200 or 2nd Yr TL \$175 for add'l wks)
- Overnight Clover Camp (ages 7-8) \$170-\$230 per week

THEME WEEKS FOR 2015

- **Week 1- Game Show Week**
- **Week 2- Superhero Week**
- **Week 3- Mystery Clue Week**
- **Week 4- Hawaiian Week**
- **Week 5 – Western Week**
- **Week 6- International Week**
- **Week 7- Carnival Week**
- **Week 8- Capture the Flag Week**

A **stayover weekend** (July 11th-July 12th) will include a **FUN TRIP to the Science Museum in Boston for campers who attend both weeks 3 & 4.**

Call the **Camp Registrar** at **(860) 974-3379**

or e-mail us at **windham4h@earthlink.net** for a camp brochure or additional information.

Visit our **website** at **www.4hcampct.org** for updates

OPEN HOUSES

Saturday, April 18, 2015 & Sunday, April 19, 2015

Saturday, June 6, 2015 & Sunday, June 7, 2015

From 2:00 to 4:00 PM Each Day

OPEN HOUSE EXTRA – SATURDAYS ONLY!

Please join us from 1:30 PM-2 PM for an informational parent panel on the benefits of Windham-Tolland 4-H Camp

for you and your child. Hosted by Heather Logee, Camp Director and Daryn Tenenbaum, LCSW/camper parent.

Fold this flyer, place a stamp on the reverse side, with your return address in the left-hand corner, mail to us, and a brochure will be forwarded to you.

CAMPERSHIPS
AVAILABLE
EARLY BIRD
DISCOUNTS



Please Join Us For an Open House

When: Thursday, January 22nd, 2015

(Snow Date: Thursday, January 29th, 2015)

Time: 6:30 - 7:30 pm

Place: St. Matthew Preschool

111 Tolland Green

Tolland, CT

Classroom #4 in the Parish Center

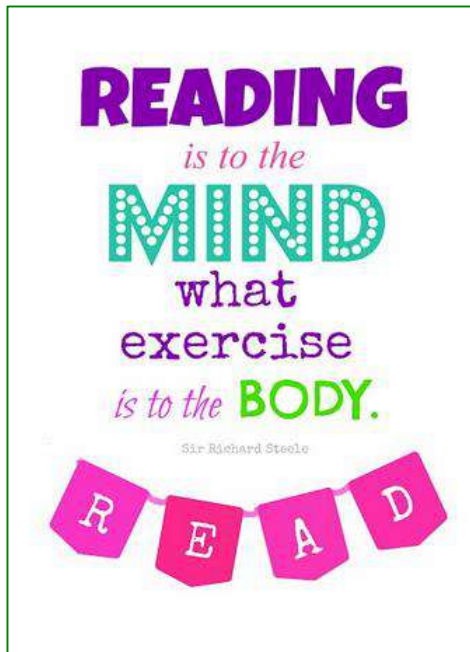
Everyone is welcome to join us and take this opportunity to see our classroom, learn about our program and talk with our teachers.

If you cannot make it on this evening, please feel free to contact us to schedule another time to chat and see our classroom.

Eveline Siebesma

By phone: (860) 872-0200 ext. 357

By email: eveline.siebesma@stmatthewct.org



Dear TIS Parents,

Do you love books? Do you love seeing kids get excited about books? The TIS Book Fair needs your enthusiasm!

As the current co-chair of this TEPTO sponsored event, I will have to step down due to a work opportunity. But this is YOUR chance to STEP UP! The book fair is NOT just a fundraiser. First and foremost, it is an opportunity for students to get excited about reading, and for adults to encourage them along the way. My favorite part of the book fair....seeing that child that is not really interested in reading, get super excited about the fair! "Yay! The book fair is coming!" And finding that book that just might get them reading!

The book fair also helps TIS reach their goal to increase the volume of reading for every child in the building. This is a great event to do with a friend or two or three, and creates a book fair team to help manage this week-long book extravaganza for the students!

We are all parents.....and together with the school staff, we are all here to help our children be successful students. A *team effort* makes the book fair fun and successful for everyone! Please help if you can!

If you'd like more information, contact Karen Moran at 4morans@gmail.com or Jess Burney at jessburney13@comcast.net



Happy New Year from Stop & Shop

Important Reminder ...

School enrollments and registrations END January 31, 2015. No new school enrollments or registrations will be accepted after January 31, 2015.

It's Not Too Late to Register your Stop & Shop Card

Encourage your family, friends and neighbors to designate your school today.

Bonus Trivia

In the same way that humans are identified by their fingerprints, dogs are identified by what kind of prints?

Do you think you know the answer?

Five correct entries will be chosen at random and will win 500 points for the registered school of their choice. The answer MUST be submitted via e-mail by 1/23/15 at askaplus@cranecommunications.com

Winners will be announced in
next month's Newsletter.

See official rules for details
stopandshop.com/aplus

Bonus Challenge

December Winners: 500 points each

1. Mount Pleasant High School Providence, RI
2. Carlton M Viveiros Elementary School
Fall River, MA
3. West Babylon Junior High School

Join the thousands of satisfied customers who enjoy the quality, value and convenience of online grocery shopping and delivery with Peapod, while earning A+ School Rewards™ for your school. Visit www.peapod.com to see if you are within the current delivery areas.

Now you can shop anytime, anywhere! Download the **FREE** Peapod app!

Tolland Little League 2015 Winter Clinics

Tolland Little League will be offering 4 winter clinics that will be run by Tolland High School's Baseball/Softball Staff in February & March. Registration is now open for the 2015 Winter Clinics.

NOTE: DUE TO SUPER BOWL SUNDAY WE HAVE CHANGED THE START TIME ON THE FEBRUARY 1st CLINIC TO 2:00-4:00 p.m.

Clinic #1: Infield/Outfield Fundamentals:

Baseball: 8-12 year olds

Sundays in February: 2/1, 2/8, 2/15, 2/22

TIME: 2:00-4:00 pm (FEBRUARY 1ST ONLY)

TIME: 6:15-8:00 pm (February 8, 15, 22)

Place: Tolland High School

Cost: \$85.00

This program is designed to help improve all around defensive baseball skills from throwing and catching the ball properly, to improving footwork for infield/outfielder's, and attacking the baseball. Fielding drills will stress the importance of creeping on every pitch, anticipation/reaction, ground balls/fly balls, double plays, cutoff drills, communication, and basic game situations. **Limited to 40 players ran by Todd Euliano (Coaching Coordinator/Director of Training and Development)**

Clinic #2: Softball Clinic: (Hitting/Fielding):

Softball: 8-12 year olds

Wednesdays in February: 2/4, 2/11, 2/18, 2/25

TIME: 6:30pm - 8:00pm @ Tolland High School

Cost: \$85.00

Players will learn the correct swing plane, proper grip and stance through tee work and soft toss. Also, players will learn the art of bunting from both sides of the plate. We will focus on good throwing mechanics from a ready position, fielding position (while moving) along with cut off and ground ball drills. This clinic will also cover catching with 2 hands with and without gloves, communicating and base running techniques.

Limited to 40 players ran by Bill Pompa (Head Coach Varsity Softball)

Clinic #3: Offensive Clinic (Hitting/Bunting/Base Running):

Baseball 8-12 year olds

March: 3/2, 3/3, 3/4, 3/5

TIME: 6:30-8:00 pm @ Tolland High School

Cost: \$85.00

This program is designed to help improve your child's ability and confidence on the offensive side of the baseball. They will get 4 sessions of pure offensive instruction where they will learn the importance of balance and timing throughout their swing, how to bunt a ball properly, and aggressive base running skills. In addition, they will learn the importance of pitch counts and pitch selection. **Limited to 50 players ran by Scott Czerwinski (Head Coach Varsity Baseball)**

Clinic #4: Pitchers/Catchers:

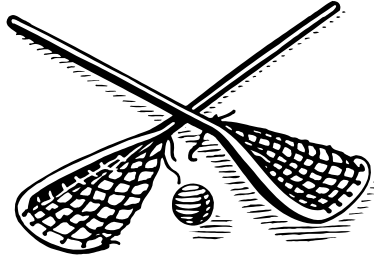
Baseball 8-12 year olds

March: 3/10, 3/12/ 3/17, 3/19

TIME: 6:30-8:00 pm @ Tolland High School

Cost: \$85

This program is designed to help improve players who want to have a focus on pitching/catching. The clinic will be led by Tolland High School baseball coaching staff and current players who will focus on all areas of importance for each position. Pitchers will work on arm circle, grips, balance drills, pitching delivery, follow thru and completion of motion. Clinic will cover drills and techniques to improve consistency and velocity on the mound. Catchers will work on stance set up, proper receiving of pitches, blocking, fielding their position, proper technique for catching pop-ups, and throwing to bases. Clinic will cover drills and techniques for young catchers to improve defensively in all aspects of the position. Seven coaches from the high school staff and numerous players will allow each camp member plenty of instruction and attention over the course of the clinic. **Limited to 50 players ran by Scott Czerwinski (Head Coach Varsity Baseball)**



Free Girls Lacrosse Clinics For Grades 1-5

(No experience necessary)

We have sticks and goggles available if needed.

When: January 21st, 26th and February 2nd from 6:30-7:30pm

Where: Hick's Gym in the Tolland Town Offices Building

Please contact:

Kate Tellers (ktellers@yahoo.com) to register.

Gail Otis (gailotis0103@gmail.com)

****We are looking for volunteers interested in coaching at this grade level or helping out.

The End

Winter Fact:

Snow



The all-time world record for the largest snowfall in a single day was set in the United States on December 4, 1913, when Georgetown, Colorado received a staggering 63 inches of snow – more than five feet.