



THE JAGUAR JOURNAL

Respect, Ready, Responsible, Proud

February 22, 2019



Feb 25, 2019
PTO Meeting
9:15 am

Feb 28, 2019
Parent
University
BMS

See attachment
for more info

March 13, 2019
Chorus Concert
7:00 pm
BMS

March 14, 2019
Reading
Rockstars
Kickoff
1:30 pm
BMS

March 19, 2019
Art Show
5:00-7:00 pm
JES

March 20-22,
2019
Parent/Teacher
Conferences
Early Dismissal
12:20 pm

Dear Parent, Guardians, and Caregivers,

When we consider the skills and habits of mind that our children must develop, resilience is an attribute which rises to the top of the list. As we begin to prepare children so that ultimately they will be ready for college and career, resilience has been heralded as an essential life skill. So how then do we as parents and educators help our students?

Research shows that we all can develop resilience, and we can help our children develop it as well. It involves behaviors, thoughts and actions that can be learned over time. In essence, through our actions and reactions, we can build and hone this attribute.

The following are tips to building resilience.

1. *Make connections with your child.*

- Teach your child how to make friends, including the skill of empathy, or feeling another's pain. Encourage your child to be a friend in order to get friends. Build a strong family network to support your child through his or her inevitable disappointments and hurts.

2. *Help your child by having him or her help others*

- Children who may feel helpless can be empowered by helping others. Engage your child in age-appropriate volunteer work, or ask for assistance yourself with some task that he or she can master.

3. *Maintain a daily routine*

- Sticking to a routine can be comforting to children, especially younger children who crave structure in their lives. Encourage your child to develop his or her own routines.

4. *Take a break*

- While it is important to stick to routines, endlessly worrying can be counterproductive. Teach your child how to focus on something besides what's worrying him/her. Be aware of what your child is exposed to that can be troubling, whether it be news, the internet or overheard conversations, and make sure your child takes a break from those things if they trouble him/her.

5. *Teach your child self-care*

- Make yourself a good example, and teach your child the importance of making time to eat properly, exercise and rest. Make sure your child has time to have fun, and make sure that your child hasn't scheduled every moment of his or her life with no "down time" to relax. Caring for oneself and

even having fun will help your child stay balanced and better deal with stressful times.

6. *Move toward your goals.*

- Teach your child to set reasonable goals and then to move toward them one step at a time. Moving toward that goal — even if it's a tiny step — and receiving praise for doing so will focus your child on what he or she has accomplished rather than on what hasn't been accomplished, and can help build the resilience to move forward in the face of challenges.

7. *Nurture a positive self-view.*

- Help your child remember ways that he or she has successfully handled hardships in the past and then help him understand that these past challenges help him build the strength to handle future challenges. Help your child learn to trust himself to solve problems and make appropriate decisions. Teach your child to see the humor in life, and the ability to laugh at one's self.

8. *Keep things in perspective and maintain a hopeful outlook.*

- Even when your child is facing very painful events, help him look at the situation in a broader context and keep a long-term perspective. Although your child may be too young to consider a long-term look on his own, help him or her see that there is a future beyond the current situation and that the future can be good. An optimistic and positive outlook enables your child to see the good things in life and keep going even in the hardest times.

9. *Look for opportunities for self-discovery.*

- Tough times are often the times when children learn the most about themselves. Help your child take a look at how whatever he is facing can teach him "what he is made of."

10. *Accept that change is part of living.*

- Change often can be scary for children and teens. Help your child see that change is part of life and new goals can replace goals that have become unattainable.

Very truly yours.
Alison Salerno
Principal

ATTENTION PARENTS!

Our lost and found is OVERFLOWING with lost items! (Hats, coats, lunch boxes, etc!) Please feel free to come in and look if your child is missing anything (chances are they are in the bin!)

ALL ITEMS WILL BE DONATED TO GOODWILL MARCH 1, 2019

PARENT UNIVERSITY

There's something for everyone – grades K-12!

Topics include:

- *Kindergarten Orientation* • *Internet Safety*
 - *Preparing for College* • *Healthy Coping Skills*
- And so many more!*

Newly
updated!

See the full list and register now:

<https://pickatime.com/client?ven=11614002>

2.28.19* • 6:30–8:30 PM • BMS

*Interested in learning what's being done physically
and emotionally to keep our kids safe?*

Join us for a valuable pre-session
5:30–6:20 PM in the auditorium!

FREE CHILDCARE:

Must be 4 years old and potty trained.



*Snow date: 3.6.19



Thank You!

To the families who have donated to our montly coffee cart.
Special thanks to the Patten and Yale families for their generous contributions!
And a belated thanks to those who volunteered with the Winter Fling.

PTO Board 2019-2020

Our board is retiring this year - All positions available!
Please come to a meeting or reach out to us if you're interested.

Events:

- **Coffee Cart** – Donations are needed for the coffee cart! Cash donations can be sent in an envelope marked "PTO Coffee Cart" and are used for last minute needs (fruit, milk, creamer, etc.) Thank you to the families who have already contributed!
<https://www.signupgenius.com/go/30E0A4BACA629A6FE3-johnson2>

Fundraisers:

- **Spring Spirit Wear** – Forms are heading home this week and due back by March 8th.
- **Box Tops** – Box tops have been collected and the winners will be announced when the counts are done. Thank you for your support!
- **Amazon Smile** –Shop smile.amazon.com to support Ralph M T Johnson PTO.
Not set up? Go to: <https://smile.amazon.com/SupportJohnsonSchool>

PTO Meetings:

- Feb 25th, 9:15am – Raise a Reading Rockstar! with Mrs. Siladi
- March 21st, 7pm – Budget discussions with Dr. Carver
- April 29th, 9:15am – End of year activity planning

Have questions, ideas or want to be involved?
The PTO is a very family-friendly - All are welcome, big and small!

Contact us at rmtjohnsonpto@gmail.com
<https://sites.google.com/view/rmt-johnson-pt0>
<https://www.facebook.com/RmtJohnsonSchoolPto>

PTO FUNDRAISING *Spring Spirit Wear 2019*



R.M.T. JOHNSON SCHOOL
RESPECT • READY • RESPONSIBLE • PROUD



Royal Blue Short Sleeve
 100% Cotton T-Shirt with
 Johnson Jaguars design
 printed in Golden Yellow
 on front.



Heather Grey/Royal 3/4 Sleeve
 100% Ringspun Cotton Jersey
 with Johnson Jaguars design
 printed in Golden Yellow
 on front.



Light Pink Short Sleeve
 100% Cotton T-shirt
 with Johnson Peace Love design
 printed in Royal Blue on front.



Carolina Blue Short Sleeve
 100% Cotton T-shirt
 with Johnson Peace Love design
 printed in Royal Blue on front.



Maroon Tie-Dye
 Short Sleeve T-Shirt with
 BETHEL design printed
 in White on front.



17.75 H x 14.5 W
 Athletic Heather 50/50
 "sweatshirt" Cinch Pack
 with BETHEL Paw Print
 Design embroidered on
 Front.



Chino Twill unstructured,
 low profile, Charcoal
 cap with self-fabric tri-glide
 buckle closure with
 BETHEL Paw Print Design
 embroidered on Front.

YOUTH VEST



ADULT VEST



LADIES VEST



Iron Grey 100% Polyester
 Midweight Fleece Vest
 with BETHEL Paw Print
 Design embroidered on
 Left Chest.



Johnson Pride
 Oval
 Vehicle Magnet



BETHEL
 20 oz BPA Free
 Water Bottle

DESCRIPTION	ADULT					COST	QUANTITY	TOTAL AMOUNT			
	YM	YL	YXL	AS	AM				AL	AXL	2XL
Royal Blue S/S T-Shirt									\$10.00		
Grey/Royal Blue 3/4 Sleeve Jersey									\$15.00		
Light Pink S/S T-shirt									\$10.00		
Carolina Blue S/S T-shirt									\$10.00		
Maroon Tie-Dye S/S T-Shirt									\$15.00		
Athletic Heather Cinch Pack						\$15.00					
Charcoal Baseball Cap	One Size Fits Most					\$12.00					
Iron Grey Polyester Fleece Vest									\$22.00		
LADIES Iron Grey Polyester Fleece Vest									\$22.00		
Johnson Oval Vehicle Magnet						\$5.00					
BETHEL 20oz Water Bottle						\$3.00					
2XL T-Shirts & Jersey add \$2.50 / 2XL Fleece Vests add \$1.00									Total		

FOR QUESTIONS PLEASE CONTACT : RMTJohnsonPTO@gmail.com



SPRING SPIRIT WEAR ORDER FORM

All order forms, along with your payment, should be returned to school as soon as possible, but no later than **Friday, March 8, 2019.**

If you are interested in purchasing a product for your student, yourself or both, simply fill out the order form and return it to the school with the correct amount of your purchase. If you wish to pay by check, please make it payable to

JOHNSON P.T.O.

All order forms, along with your payment, should be returned to school as soon as possible, but no later than **Friday, March 8, 2019.**

Orders sent without payment cannot be processed.
Thank you for your cooperation

IMPORTANT: We suggest ordering a size larger if concerned about how sizes run. Please be sure to order proper size, as they cannot be exchanged!
Thank You

STUDENT'S NAME _____

PARENT/GUARDIAN _____

GRADE _____ TEACHER _____

EMAIL: _____

TOTAL ITEMS ORDERED _____

AMOUNT REMITTED _____

- 1. HAVE YOU FILLED OUT THE ORDER FORM CORRECTLY? (SIZE, STYLE, COLOR)**
- 2. HAVE YOU RETURNED THE CORRECT AMOUNT OF YOUR PURCHASE?**
- 3. IF YOU WISH TO PAY BY CHECK, PLEASE MAKE IT OUT TO JOHNSON P.T.O.**

ALL ABOVE INFO NEEDED TO PROCESS

Board of Directors 2018-2019

Officers

Laura Flachbart, *President*
Joyce Flanagan, *Vice President*
Joan Howard, *Secretary*
Peg Heetmann, *Treasurer*

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Danbury Concert Chorus
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Danbury Community Orchestra
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Music Directors Emeriti
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Danbury Concert Chorus
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Lifetime

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February 22, 2019

Principals,

I am writing to offer grade 2-12 students in the district an opportunity to write creative verses and draw artistic renditions to accompany a performance of Carnival of the Animals by Camille Saint-Saens.

This piece features musical depictions of 13 animals. The Danbury Music Centre will perform a concert live on May 11, at 7:30 p.m. at The Visual and Performing Arts Center on Westconn's new campus. The Danbury Symphony will perform, the student winner of the Danbury Music Centre's Concerto competition will perform accompanied by the Danbury Symphony, and Danbury Centre Strings will combine with the Danbury Symphony performing Camille Saint-Saens' Carnival of the Animals.

In 1949, Ogden Nash penned humorous verses to announce the musical depiction of each animal. This will be a wonderful opportunity to highlight and integrate our arts. To further the fun, the music will be accompanied by the Robert Rogers puppets live and on stage!

Students in grades 2 – 12 will have the opportunity to depict the list of 14 animals that follows. Students can write a poem for each animal, or just a particular animal or animals.

ANIMALS:

- | | |
|---------------------------------|---------------------------------|
| 1. The Royal March of the Lions | 8. Personages with Long Ears |
| 2. The Cuckoo in the Deep Woods | 9. The Cuckoo in the Deep Woods |
| 3. Swift Animals (Wild Asses) | 10. Aviary |
| 4. Tortoises (Turtles) | 11. Pianists |
| 5. The Elephant | 12. Fossils |
| 6. Kangaroos | 13. The Swan |
| 7. Aquarium | 14. Finale |

MUSICAL LINK: You Tube, then search Carnival of the Animals, Ogden Nash

Students can draw an artistic vision for each animal or just a particular animal or animals. These will accompany the winning verses.

The necessary deadlines and details follow.

Deadline for entries: April 15, 2019. Please include your name, address and phone number. Poems can be sent to:

Danbury Music Centre
256 Main Street
Danbury, Ct 06810
e mail: dmc@danburymusiccentre.org
Please include your name, age, grade, school, address and phone number.

Entries Selected will be announced by May 1. Winning poetic verses will introduce each animal at the Concert on May 11. These will be narrated by the conductor of the Danbury Symphony. Winning art depictions will be pictured in the concert program and displayed in the lobby of the concert hall.

All students and families are invited to attend this concert free of charge. It is a great family event.

Sincerely,
Glen Lebetkin, Danbury Music Center

HELP WANTED!



CAFETERIA SUBSTITUTES WANTED

We are currently looking for friendly individuals who are interested in working in all five of the Bethel Public Schools cafeterias on an on-call basis. Ideal candidates will be able to work well in a fast-paced group environment, be able to lift up to 40 lbs., enjoy children and have previous kitchen experience. Perfect opportunity for parents of Bethel students. Training is provided to the right candidates. Hourly rate of \$13.73.

Please apply at bethel.k12.ct.us under the About BPS tab, Employment in Bethel, Job Openings, Cafeteria - Cafeteria Sub.

SAVE THE DATE: FOURTH GRADE SPRING FIELD TRIP

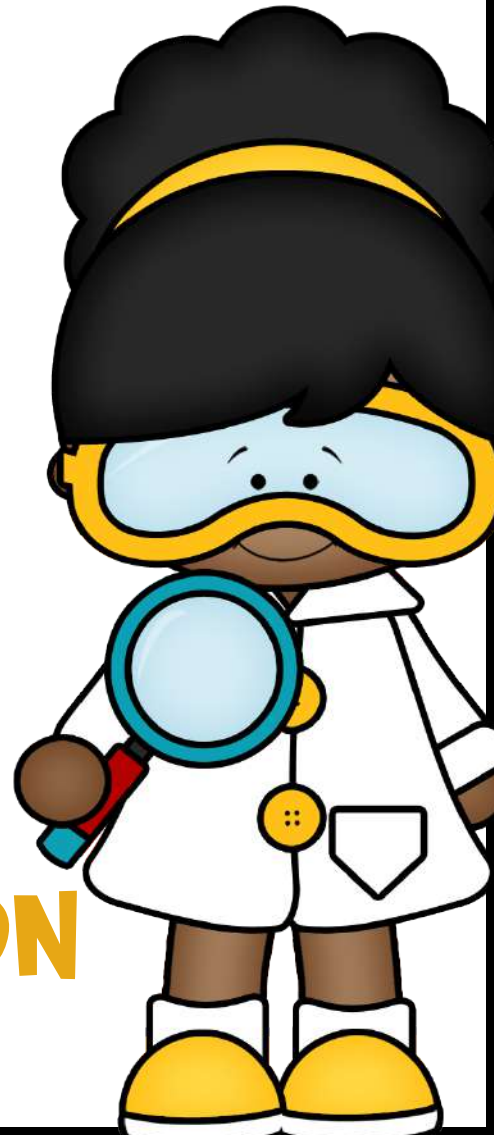
Who: All 4th Grade Classes

What: A fun filled,
educational day at the
Discovery Museum in
Bridgeport, CT.

When: April 30, 2019

Price: \$30.00/student

**MORE INFORMATION
WILL FOLLOW**



**R.M.T. JOHNSON SCHOOL
PRESENTS**



FRI. MAY 31 @7PM

SAT. JUNE 1 @2PM & @7PM

AT BETHEL MIDDLE SCHOOL

TICKETS \$7.00 AT THE DOOR (CASH ONLY)

DOORS OPEN 45 MINUTES PRIOR TO SHOW TIME



PICK A PROJECT !

LEARN !

HAVE FUN !

STEM ROCKS!



SCIENCE | TECHNOLOGY | ENGINEERING | ARTS | MATHEMATICS

EXPO 2019

APRIL 8TH - 5:30- 8:30 (TENTATIVELY SCHEDULED)

K-5 PRESENTERS WANTED!

[Click here to find out more information on the EXPO website](#)

QUESTIONS???
CONTACT ME

Kit Nielsen

nielsenk@bethel.k12.ct.us

Johnson School's Yearbook Fourth Grade

January 14, 2019

Dear Fourth Grade Parents,

Johnson School will be sponsoring a "Memory Book." The 2018-2019 yearbook is available for order by all students and staff.

This **year's book** will have individual students pictures, staff pictures, as well as over 35 pages of 1400 candid pictures highlighting various Johnson's activities. Due to a lot of hard work by a team of fifth graders, this year's book is sure to be an enjoyable success!

The cost of the book is \$16.00. Students and staff need to pre-order their book by returning order form, which can be found below.

Books will not be available for purchase in June!!

Students voted for the cover two weeks ago.

Michele Carpentier
Yearbook Advisor

Johnson School's Yearbook Form Due Monday, February 4th in the Office.

Child's Name: _____ Teacher: _____

Paid by: check _____ Cash _____
(\$16.00 per book) Parent/Guardian Signature _____

Checks are to be made payable to the Johnson School Activity Fund

CC: Alison Salerno



It's Softball Season!!



Bethel Softball Association
invites you to register for the
2019 Spring season!

Registration is open from January 21 - March 4

Fees:
\$100 per player
\$125 max per family
Register by **MARCH 4**
to avoid \$20 late fee
and/or waiting list
** NO REFUNDS **



Registration fees include uniform shirt, socks & FUN!

Coaches! Volunteers!
Team/League Sponsors!
We need you!
Email if you are interested



We offer recreational teams for ages PreK 4 - 16.
Spring Season runs April - June.
All skill levels are welcome!!

Sign up today using our **ONLINE** Registration System
www.BethelCTSoftball.com

Questions? BethelCTSoftball@gmail.com



Come celebrate the Sport of the Arts!



Friends and Family

*March 8th 6 pm
Bethel High School*



*All three Winter Guard Units will
perform their 2019 programs!*

This event is Free to All!

Also featuring a debut performance from BMS SoundSport
and musical interludes by the BHS Jazz Band.

Concessions • Merchandise for purchase & more!

For ways to support our event and program, please visit

www.bethelwinterguard.com